

# The Schools Sports Federation of Hong Kong, China

## All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

### Notice to Participating Schools

#### 1. Competition Information

<u>Date</u>	<u>Time</u>	<u>Venue</u>
10 / 3 / 2025 (Mon)	0900 – 1800	Kai Tak Youth Sports Ground
12 / 3 / 2025 (Wed)	0900 – 1800	

#### 2. Entries

- 2.1.1 24 teams by invitation of Boys and Girls teams (12 teams for HKSSRC and 12 teams for ACs of NT). Each school may have 2 athletes to participate in each individual event, and only 1 team to participate in each relay event. If an invited school declines its qualification to participate, its spot will be filled by the next best-ranked teams from the same group/area, up to a maximum of two teams. If all substitute schools decline to participate, spot of that group/area will be left vacant.
- 2.1.2 There will be 8 wild card nominations for open registration for each individual event, and the top 8 athletes with the best results will be eligible to participate. (Not applicable to invited schools)
- 2.2 Each athlete may enter **2** individual events.
- 2.3 All entries included school by invitation or wild card nomination, a maximum of **2 athletes** per school can participate in each individual event.  
The representative of the invited school cannot take part in the wild card nomination.
- 2.4 A maximum of 56 athletes in an individual event.  
If the 9<sup>th</sup> position or subsequent athlete who is nominate via wild card has the same result as the 8<sup>th</sup> place, the number of participants of that event will increase.

#### 3. Substitution

- 3.1 Substitution only consider in a case supported by registered doctor's certificate or obvious injuries on the day of the competition, the player who is replaced will be prohibited to participate in any event on the same day. This will only apply in preliminary round and no substitution may be made for individual finals. However, if an event is programmed as a straight final, substitution may be allowed.
- 3.2 Substitution is not allowed to make for any wild card athletes.

#### 4. Registration of Competitors

- 4.1 Athletes must be registered and must produce their HKSSF registration card 2024-2025 to the officials of the meet. Athletes with no registration card are not allowed to take part in the competition.
- 4.2 This Tournament is a sanctioned event of the Hong Kong, China Association of Athletics Affiliates (HKAAA). For results to be included in the Hong Kong Ranking and used for selection to Hong Kong Athletic Team, athletes must have current valid HKAAA registration number. Registered athlete please fills in the HKAAA registration number on the entry form. If has any false information, this result(s) will be disqualified and may have further punishment.
- 4.3 For registration details, please visit [https://www.hkaaa.com/en/athlete\\_registration\\_intro.php](https://www.hkaaa.com/en/athlete_registration_intro.php)
- 4.4 Athletes with HKAAA Affiliated clubs can apply for registration via their respective clubs, for non-member of HKAAA affiliated clubs athletes, athletes require to bring along the HKAAA Registered Athletes application form and endorsed by HKSSF before sending the application to HKAAA.

#### 5. Regulations

##### 5.1 Competition Rules

All events will be held in accordance with the competition rules of the HKAAA as per World Athletics (WA) unless otherwise specified.

5.2 Equipment

- 5.2.1 The venue will provide equipment for all events.
- 5.2.2 Maximum length of tartan spikes :-  
for High Jump and Javelin: up to 9mm :  
for other events: up to 7mm

5.3 \*\*\*Reporting Procedure \*\*\*\*

5.3.1 Teacher in charge of participating schools should report to the Record Keeper Room to collect athlete’s number bibs.

**5.3.2 There will be no announcement for the reporting time (Please refer to Main Clock at the Sports Ground) :**

**Athletes must report to the Roll Call Area on time by themselves, with their own registration card and number bibs. (The Roll Call Area is located at spectator stand near the Finish line.) Officials will escort the reported athletes to the competition area after the End of Roll Call. Athletes who fail to report to the Roll Call Area will be treated as absent and will not be allowed to compete in that event.**

Events	Start of reporting time	End of Reporting time
Track event	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

5.3.3 Simultaneous Entries

If athlete in both a Track Event and a Field Event, or in more than one Field Event taking place simultaneously, please follow WA technical rules 4.3. Athletes must report to the referee before leaving and going back to the competition area.

5.3.4 All athletes must wear the number bibs issued by the HKSSF (Required for both days of competition). Replacement of number bib can be made at the Record Keeper Room and HK\$50.00 will be charged per re-issue of a number bib.

5.4 Field Event

5.4.1 For Triple Jump only: There will be 2 take off boards/marks (9m/11m). Once the decisions are conveyed to the officials, the take off mark will apply to the competitors concerned throughout the competition.

5.4.2 Warm up jump, High jump starting height and increasing height

Girls:

Starting height at 1.30m, two warm up jump at 1.3m and 1.55m respectively; each jump will increase 5cm from 1.35m to 1.6m, then 3cm increase onwards.

Boys:

Starting height at 1.6m, two warm up jumps at 1.55m and 1.75m respectively; each jump will increase 5cm from 1.6m to 1.8m, then 3cm increase onwards.

5.4.3 Jump off is not applicable in High Jump.

5.5 Track Event

5.5.1 The best 8 runners in heat will be qualified to final. Finalists will be seeded in lanes according to time as follow:

Draws	All (old)	Straight (new)	200m (new)	400m (new)
Top ranked	3, 4, 5, 6	3, 4, 5, 6	5, 6, 7	4, 5, 6, 7
Next ranked	7, 8	2, 7	3, 4, 8	3, 8
Last ranked	1, 2	1, 8	1, 2	1, 2

### 5.5.2 Straight finals

If 8 or less athletes or teams are reported to the Call Room after the End of Call, the event will be declared a straight final and to be run at time scheduled for that final. Draws for lane will be made.

### 5.5.3 Relay Events

Schools are requested to submit their Relay Team lists to the Roll Call Area **before reporting time of the relay competition**. Any late submission will not be accepted and the team will be disqualified.

### 5.5.4 Competition time limit for 5000m finals

Boys Open: 25mins

Girls Open: 30mins

## 6. Points

Placing	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Individual Event	9	7	6	5	4	3	2	1
Relay Event	18	14	12	10	8	6	4	2

6.1 When tying for a position each competitor tying for that position will be credited with an average of points awarded to that position and the position(s) following it.

6.2 Standard points shall be counted towards the Overall Champions of the Tournament. Standard points may only be awarded during heats, unless the event(s) is/are declared as straight final(s), in which case standard points may be gained in the final in addition to position points. The results of all participating athletes (including wild card athletes) are included in the Overall Champions of the Tournament.

Standard point: Individual Event : 1 point \ Relay Event : 2 points

6.3 When tying for the overall, the ranking will be determined by the number of gold medals won by the same team, if still tie, determined by the number of silver medals, and so on.

## 7. Award and Results

7.1 Please scan the QR code on the program for the update results for the tournament day. Result will be removed from that link after the tournament day and the final results will upload to our website (<http://hkssf.org.hk/>) on 14<sup>th</sup> March 2025 (Fri).

7.2 Trophies will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> places in Boys and Girls Overall.

7.3 Medals and Certificates will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> places in each event.

7.4 Each relay winning team will be awarded 6 medals and 4 certificates only.

7.5 Certificate of Merit will be awarded to record breakers. The certificates will send to schools by post after the Tournament.

7.6 Prizes sponsored by ECO Lifestyle Fitness (HK) Ltd. will be presented to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> place in each event. (Both Individual and Relay Events)

## 8. Uniform

Athletes are required to wear their athletics uniform bearing school name / abbreviation / badge. Teams will be disqualified in the event if they are not properly dressed.

## 9. Outside Assistance

9.1 Coaches are not allowed to communicate with athletes in competition area. Athletes must pay attention to the competition situation when crossing the track. If they obstruct or affect the competition, they will be warned, and in serious cases they will be disqualified.

9.2 Athletes are not allowed to use any electronic communication devices within the competition area. The offender will be warned. If there is any repetition, he/she will be disqualified.

## 10. Protest

- 10.1 Protest should be made in writing by the teacher(s) in charge of the school(s) being affected at an incident within 30 minutes of the announcement of the result of the event concerned. Protest fee of \$200 will be returned if the appeal is successful. No protest will be accepted from student and spectator.
- 10.2 All protests concerning technical rules and interpretation should be made to the Referees. The decision of the Jury of Appeal shall be final.
- 10.3 All protests concerning the management of the tournament should be made to the Convenor. The decision of the Committee of the tournament shall be the final.

## 11. Warm Up Arrangement

Warm Up arrangement: All warm up should be done in the warm up track area. Athletes must present their bib to enter the warm-up area (only athletes who need to prepare for competition during that time are allowed entry). For teachers and coaches, they must present their coach pass will be distributed on event day in order to enter the warm-up area/coaching zone. Coach pass will be distributed on event day (maximum 5 passes for invited school and no more than 2 passes for wild card school based on the number of wild card athletes)

## 12. Safety Precautions

- 12.1 Athletes must leave the FIELD as soon as they finish their events.  
Athletes participating in middle distance events should make special precaution to the Discus event. The Discus circle is located at the corner of the 1<sup>st</sup> baton area. Provision of discus net cannot be 100% safe.  
Accidents can occur in Javelin and Discus events. The area around the Javelin Runway and Discus circle should be kept clear at all times. Athletes must station in the waiting area and can only enter the throwing area when he/she starts to compete.
- 12.2 Nobody will be allowed to go inside the field (grass area) except appointed officials & athletes of the events being held there. The field area has been roped off by plastic band and all appointed officials would wear official uniform for identification. If teachers or athletes do not follow regulation, the school concerned is liable to disqualification.
- 12.3 All attendees must comply with the Conditions of Entry of Kai Tak Youth Sports Ground

## 13. ECO Lifestyle Fitness (HK) Limited - Exhibition Booth

Event Sponsor ECO fitness consultant will be available at Exhibition Booth situated at the venue to provide professional advice and introduction on muscle relaxation and recovery devices and its products. Attendees are welcome to pay a visit and experience.

## 14. Others:

- 14.1 Aerial photographing is not allowed within KTYSG.
- 14.2 No parking will be available at KTYSG.
- 14.3 Admission time for Participating Schools: 8:15 a.m.
- 14.4 Please check the latest version of competition schedule on HKSSF website.

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