

AQUARIUS All Hong Kong Schools

Jing Ying Athletics (Team) Tournament 2025-2026

2025-2026 年度水動樂全港學界
精英田徑(團體)比賽

水動樂全港學界

主辦機構
Organiser



HKSSF
中國香港學界體育聯合會

冠名贊助
Title sponsor



資助機構
Subvented by



精英田徑(團體)比賽

AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament

日期 Date:	10 & 12/03/2026
時間 Time:	第一日及第二日 Day 1 & 2 8:00am – 6:00pm
地點 Venue:	灣仔運動場 Wan Chai Sports Groud

主辦機構
Organiser



HKSSF
中國香港學界體育聯合會

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康樂及文化事務署
Leisure and Cultural
Services Department



政府資助
Government-funded
programme

AQUARIUS ALL HONG KONG SCHOOLS JING YING ATHLETICS (TEAM) TOURNAMENT 2025-2026

2025-2026 年度水動樂全港學界精英田徑(團體)比賽

ATHLETICS TECHNICAL AND SELECTION COMMITTEE

田徑技術及遴選小組

Mr. LEE Siu Leung (Convenor)	Tin Shui Wai Methodist College
Mr. CHAN Chin Wan (Deputy Convenor)	Wah Yan College (Hong Kong)
Ms. HO Ka Man	Hong Kong Sheng Kung Hui Bishop Hall Secondary School
Mr. HO Man Lok	Kwok Tak Seng Catholic Secondary School
Mr. Hui Wai Hei Ricky	Diocesan Boys' School
Mr. LI Kwong Ling	Jockey Club Ti-I College
Mr. SZETO Man Ho Timothy	La Salle College
Mr. WU Wai Ho	TWGHs Mrs. Wu York Yu Memorial College
Ms. YAU Lin Tai	HHCKLA Buddhist Ma Kam Chan Memorial English Sec. Sch.
Mr. YIP Chung Wa	STFA Leung Kau Kui College
Ms. VUT Tsz Ying	Ma On Shan Ling Liang Primary School
Ms. WONG Yuen Nam	Pui Ching Primary School
Mrs. SIU CHOW Sau Wah	Adviser
Mr. DONG Ka Chung	Adviser
Mr. TAM Yiu Chung	Adviser
Mr. TANG Kun Loi	Adviser
Mr. TSE Ping Sin	Adviser
Dr. YEUNG Sai Mo, Simon	Hong Kong, China Association of Athletics Affiliates

******* Acknowledgements *******

The Athletics T&S Committee wishes to express its appreciation to the following parties for their support and assistance to make this event every success: 田徑技術及遴選小組委員在此感謝以下各單位的鼎力支持 (*In alphabetical order*):

- ~ AQUARIUS for title sponsoring the Tournament 水動樂冠名贊助本賽事
- ~ Hong Kong, China Association of Athletics Affiliates for sanctioning the event and providing technical support, and Mr. Chan Man Hau as Technical Delegate 中國香港田徑總會提供技術支援
- ~ Auxiliary Medical Service for providing first aid services 醫療輔助隊提供急救服務
- ~ Wah Yan College, Hong Kong for providing student helpers 香港華仁書院派出服務生
- ~ Diocesan Girls' School for providing student helpers 拔萃女書院提供服務生
- ~ Diocesan Boys' School for providing student helpers 拔萃男書院提供服務生
- ~ Tin Shui Wai Methodist College for providing student helpers 天水圍循道衛理中學提供服務生
- ~ Jockey Club Ti-I College for providing student helpers 賽馬會體藝中學提供服務生
- ~ La Salle College for providing student helpers 喇沙書院提供服務生
- ~ Yuen Long Merchants Associate School for providing student helpers 元朗商會中學提供服務生
- ~ Lam Tai Fai College for providing student helpers 林大輝中學提供服務生
- ~ Buddhist Tai Hung College for providing student helpers 佛教大雄中學提供服務生
- ~ Yu Chun Keung Memorial College for providing student helpers 余振強紀念中學提供服務生
- ~ Leisure and Cultural Services Department for subventing the event 康樂及文化事務署資助本賽事
- ~ Wan Chai Sports Ground staffs for their co-operation and keen support 灣仔運動場員工鼎力協助
- ~ All Officials, Judges & individual helpers of the event 所有工作人員及裁判員的參與

AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025 - 2026
10/3 & 12/3/2026

Wan Chai Sports Ground

Official List (DAY 1 10/3/2026)

Convenor : Mr. Lee Siu Leung (TSWMC)
Management Committee : All Athletics T&S members
Competition Director : Mr. Lee Siu Leung(TSWMC), Mr. Chan Chin Wan(WYHK)
Technical Delegate : Mr. Chan Man Hau(HKAAA)
Jury of Appeal : Mr. Tang Kun Loi(HKSSF), Dr. Tsang Cheuk Kuen, Eric
First Aid : Auxiliary Medical Service (AMS) x 4
Record Rm helpers: : Helper X 6 (DGS)

Announcers : 1. Ms. Cheng Ka Po, Mabel(MASS) 2. Ms. Poon Yan Ki(TSWMC)
Prize Presentation : 1. Mrs. Siu Chow Sau Wah(HKSSF) - Chief
Award Collection Point : 1. Helper X 5 2. HKSSF Staff

Field Events

Jump Event Referee : Mr. Ho Ho Yee, Alex(HKAAA)
Long Jump/Triple Jump : 1. Ms. Chan Shannon Vera(GHS) - Chief 2. Ms. Ho Ka Man(BHSS)
3. Chan Hiu Shuen(PLKNPL) 4. Mr Mathew Shum(DLKP)
5. Ms. Yau Fung Ting(SCGS) 6. Mr. Chim Lung Fung(SMS)
7. Mr. Yau Sheung Yung(HPCCSS) 8. Mr. Chan Hon Yin(TKPSS)
Helper X 8
High Jump : 1. Mr. Wong Kwun Chung(MKPSS) - Chief 2. Ms. Wong Yuen Nam(PCPS)
3. Mr. Li Ka Chun(DMS-BW)
Helper X 3
Throw Event Referee : Mr. Alex Yiu
Discus/Javelin : 1. Mr. Lam Chun Kit(BTHC) - Chief 2. Mr. Chan Ho Yan Caleb(WYY)
3. Mr. Chow Ka Wa(YCKMC) 4. Ms. Chau Shun Wah(SHDC)
5. Mr. Kong Chi Wai(FLSS) 6. Mr. Chan Ka Hung(QUALIED)
Helper X 8
Shot Put : 1. Mr. Lau Sai Man(HKSSF) - Chief 2. Ms. Wan Cheuk Ping(HKUGA)
2. Ms. Chan Wing Yee(PTSS) 4. Mr. Tsoi Chi Ho(FYW)
Helper x 4

Track Events

Track Events Referee : Mr. HO Shiu Kei, James - Chief
Starter : 1. Mr. Liu Hang Chiu - Chief 2. Mr. Kwong Kwan Yin(SPCC)
3. Mr. Loo Chun Yu
Starters' Assistants : Helper X 8
Call Rm Judges (Roll Call) : 1. Mr. Yip Chung Wa(LKKC) - Chief 2. Mr. Ip Chun Kwan(LSTC)
3. Mr. Chan Long Ting(LSKC) 4. Mr. Rowan Varty(KGV)
Helper X 8
Track Umpires : 1. Mr. Wu Wai Ho(NCC) - Chief 2. Ms. Chu Sze Sze(SMCESPS)
3. Ms. Wong Mei Sze(STSS) 4. Ms. Yeung Kai Ling(CPU)
5. Mr. Lam Sum Yiu(TCCS) 6. Ms. Yu Wing Wing(POHCKMC)
Helper X 10
Photo Finishing Judge : 1. Ms. Cheung Lai Ching 2. Mr. Cheung Chun Ching(HKAAA)
Position Judges : 1. Mr. Li Kwong Ling(JCTIC) 2. Ms. Vut Tsz Ying, Crystal (MOSLLPS)
3. Ms. Lau Tsz Fan, Yoko(PKMS) 4. Mr. Wong Chi Tang Charlton(SWC)
Helper x 2
Time keeper : 1. Ms. Chan Hoi Yi(WYHK) - Chief 2. Mr. Chan Chun Yin(LSC)
Helper x 15 (WYHK)
Wind Gauge Operators : 1. Mr. Leung Tat Shing(YYC)
Helper x 2
EDM Operators : 1. Ms. Chung Wai Wa (DBS)
2. Ms. Rachel Cheung(SPCS)
3. Mr. Liu Kwok Ho(HYS)
4. Mr. Ng Chi Wai(CSWCSS)
EDM Technical Support : 1. Mr. Ng Wai Shing, Watson

中國香港學界體育聯會
2025-2026 年度全港學界精英田徑(團體)比賽
比賽章則

1. 比賽資料

日期	時間	地點
10 / 3 / 2026 (二)	0830 – 1800	灣仔運動場
12 / 3 / 2026 (四)	0830 – 1800	

2. 參賽資格及人數

2.1 比賽以公開組別進行。

2.2 獲邀參賽學校

2.2.1 獲邀參賽學校共 48 隊(男子組 24 隊，女子組 24 隊): 包括該年度港九區第一組總團體前六名、第二組總團體冠、亞軍、第三組四區總團體冠軍；新界六區總團體冠、亞軍。每間獲邀參賽學校於個人項目可派出最多兩名運動員參賽，接力項目只可派出一隊接力隊參賽。

2.2.2 獲邀請參賽學校如放棄參賽資格，其名額將由同組/同區餘下最多兩隊最佳名次隊伍順序補上。若所有後補學校放棄參賽，該組/區將會輪空。

2.3 外卡 (不適用於獲邀參賽學校)

2.3.1 公開報名外卡名額每項 8 名(已獲邀參賽的 48 支隊伍不適用)，將挑選於報名運動員中最佳成績首 8 名獲參賽資格(外卡名額只適用於個人項目)。

2.3.2 外卡提名

提名人需提供其在 **2025 年 9 月 1 日至 2026 年 2 月 8 日 (包含首尾兩日)** 期間，由中國香港學界體育聯會*及中國香港田徑總會 (田總) 主辦及/或由田總認可的其他賽事中取得的最佳個人比賽成績。成績證明須附上以供核實。必要時，成績須包含風速讀數資料。

*短跑項目的最佳成績須經電子計時及在有效風速記錄 ($\leq +2.0$ 公尺/秒) 下取得，並經中國香港田徑總會認可。

*跳遠及三級跳遠項目的最佳成績須在有效風速記錄 ($\leq +2.0$ 公尺/秒) 下取得，並經中國香港田徑總會認可。

2.3.3 外卡提名截止日期：2026 年 2 月 10 日 (二)

2.3.4 接獲外卡提名的運動員將收到通知。每項賽事的報名費為 130 元。

2.4 每名運動員最多可參加兩項個人項目。

2.5 不論以獲邀參賽學校身份或以外卡身份報名，每所學校於各個人項目上最多只有兩名運動員參賽。獲邀參賽學校代表，不能參與外卡提名。

2.6 各個人項目參與人數不多於 56 人。

若以外卡身份報名的第九名或往後名次的運動員成績與第八名相同，賽會將會增加該項項目的參賽名額。

3. 換人

3.1 運動員因生病或受傷而有註冊醫生紙證明者，可在比賽當日向主委申請換人，被替補之運動員將不能參加當天的任何比賽。入選決賽之運動員不准以任何理由申請更換，如賽事為直入決賽除外。

3.2 外卡名額運動員不設替補。

4. 運動員註冊

- 4.1 運動員必須已註冊及在比賽時出示由中國香港學界體育聯會簽發之 2025 - 2026 年度運動員註冊證。未能出示註冊證者不准出賽。而違反註冊條例之運動員將被取消比賽資格。
- 4.2 本賽事屬中國香港田徑總會(田總)認可賽事，如運動員成績須獲田總認可，請於報名表上填寫田總註冊號碼。若發現虛報資料，其成績將被取消資格，並有機會被處分。
- 4.3 註冊詳情請參閱田總網頁 https://www.hkaaa.com/tc/athlete_registration_intro.php
- 4.4 田總屬會運動員可向田總申請註冊；如非田總屬會運動員，請先帶同田總註冊運動員申請表前往中國香港學界體育聯會蓋印，再自行向田總辦理手續。

5. 裁判及工作人員安排

所有獲邀之參賽學校必須於兩日比賽日派出至少一名體育教師或教師作裁判或大會工作人員。如獲邀之參賽學校同時受邀參加男子組及女子組比賽，則必須指派兩名教師。

6. 細則

6.1 比賽規則

除另行規定外，全部採用中國香港田徑總會依據世界田聯(WA)制定最新之比賽規則。

6.2 器材

6.2.1 所須器材由場地供應。

6.2.2 跳高及擲標槍釘鞋釘長不能超過 9mm，其他項目為 7mm。

6.3 ****報到程序****

6.3.1 各參賽學校到場後，請派負責老師前往記錄室報到及領取該校的號碼布。

6.3.2 大會不設現場宣布報到時間(召集時間將依照運動場展示板大鐘)，運動員請依時帶同學界証及號碼布自行前往召集處報到:(召集處設於 8 號看台)
運動員須到召集處報到，然後由工作人員帶往比賽場地；
如不依時往召集處報到者，即當作缺席棄權論。

項目	開始報到	報到結束
徑賽	項目開始前 25 分鐘	項目開始前 15 分鐘
田賽	項目開始前 45 分鐘	項目開始前 35 分鐘

6.3.3 兼項：如運動員兼項有衝突時，按 WA 技術規則 4.3 進行，但離開前或回來後必須知會裁判。

6.3.4 每名參賽者將獲發一張號碼布參賽（兩天比賽均須使用）。如比賽日需要補領號碼布，請到記錄室辦理，補領號碼布費用為港幣 50 元一張。

6.4 田賽項目

6.4.1 所有田項賽事設有資格賽及決賽。所有資格賽設於第 1 個比賽日，而決賽則設於第 2 個比賽日。

6.4.2 資格賽

每項資格賽均設有及格標準成績，運動員只須於資格賽中達到此成績均可進入決賽。除跳高賽事外，每名參加資格賽運動員，最多只有 3 次試跳（擲）。過程中，運動員一旦達到及格標準成績，不用繼續參加資格賽。及格標準成績如下：

及格標準成績

項目	男子	女子
跳遠	6.50 米	5.10 米
三級跳遠	13.40 米	
跳高	1.80 米	1.50 米
鉛球	11.40 米	9.40 米
鐵餅	33.00 米	28.00 米
標槍	42.00 米	33.50 米

標準分只給予在資格賽中達到標準（標準成績與及格標準成績不同，詳情請參閱第 15 項 -項目標準）之運動員。

資格賽成績不會計算在決賽內。

6.4.3 決賽名額及資格

每項田項賽事決賽名額為不少於十二名運動員，符合以下任何一項條件之資格賽參賽者，可獲得決賽資格。

- 於資格賽中達到及格標準成績。
- 若達到及格標準成績者不足十二名，則由資格賽所有運動員中，取得最佳前十二名進入決賽（已達標者包括在內）。

除跳高賽事，若因成績相同並列第十二名，則以次佳成績決定入決賽者。若次佳成績依然相同，則比較第三好的成績。如依然相同，則同成績者同入決賽。

跳高資格賽中若出現並列第十二名，會以最終成功越過的高度上，試跳失敗次數較少者名次在前。若上述次數相同，則計算運動員從起跳高度開始，直到最終成功高度為止的全場總失敗次數，失敗次數較少者名次在前。如依然相同，則同成績者同入決賽。

6.4.4 決賽

決賽將直接決定該賽事之最終名次，只有在決賽中取得前八名的運動員可獲名次分數。

6.4.5 項目三級跳只設 11 米起跳板。

6.4.6 試跳高度、跳高起跳高度和每次升幅：

女子組：

資格賽跳高起跳高度為 1.30 米，試跳高度為 1.30 及 1.50 米；1.30 至 1.50 米每次調整高度為 5 厘米。

決賽跳高起跳高度為 1.40 米，試跳高度為 1.30 及 1.50 米；1.40 至 1.50 米每次調整高度為 5 厘米，1.50 米或以上每次調整高度為 3 厘米。

男子組：

資格賽跳高起跳高度為 1.60 米，試跳高度為 1.60 及 1.80 米；1.60 至 1.80 米每次調整高度為 5 厘米。

決賽跳高起跳高度為 1.70 米，試跳高度為 1.60 及 1.80 米；1.70 至 1.80 米每次調整高度為 5 厘米，1.80 米或以上每次調整高度為 3 厘米。

6.4.7 跳高項目不進行決名次跳(Jump off)。

6.5 徑賽項目

6.5.1 由於大會使用起跑資訊系統，參加四百米或以下賽事之運動員必採用蹲踞式起跑及使用起跑器。

6.5.2 初賽成績最佳前八名會進入決賽，決賽運動員線道分配如下：

線道抽籤 次序	項目		
	100 米/ 100 米欄/110 米欄	200 米	400 米/400 米欄/ 4X100 米接力/ 4X400 米接力
最高排名	3,4,5,6	5,6,7	4,5,6,7
次高排名	2,7	3,4,8	3,8
最後排名	1,8	1,2	1,2

6.5.3 直入決賽

如報到時參賽運動員不超過 8 名/隊，所有運動員/隊伍直入決賽，並於原定決賽時間舉行，線道將以抽籤排定。

6.5.4 接力項目 – 提交名單

請於接力項目**比賽報到時間於召集處提交**接力隊運動員名單，逾時遞交者將被取消參賽資格。

6.5.5 5000 米 – 比賽時限

男子及女子 5000 米決賽，均設有比賽時限：男子組 25 分鐘；女子組 30 分鐘。

7. 計分方法

名 次	第一名	第二名	第三名	第四名	第五名	第六名	第七名	第八名
個人項目得分	9	7	6	5	4	3	2	1
接力項目得分	18	14	12	10	8	6	4	2

7.1 若名次相同，則以相關名次所得之分數總和平均分配。

7.2 團體總成績應包括各項賽事名次分數及標準分。標準分只給予資格賽/初賽成績達到標準之運動員，賽事為直入決賽除外。所有參賽運動員（包括外卡運動員）的成績，都計算團體總成績內。

標準分：個人項目：獲 1 分、接力項目：獲 2 分

7.3 如總分相同，則計算同分隊獲金牌數目多寡而定名次，如再相同則計算同分隊獲銀牌數目，如此類推。

8. 成績公布及獎項

8.1 請學校自行掃描場刊內的二維碼，獲取當日比賽之成績。二維碼只供比賽當日使用，全日之比賽成績將於 3 月 13 日（五）上載到中國香港學界體育聯會網頁 (www.hkssf.org.hk)內。

8.2 每組設男女子團體冠、亞、季、殿獎，得獎學校可獲頒發獎盃。

8.3 每項個人項目均設冠、亞、季、殿獎，得獎運動員可獲頒發獎牌及證書。

8.4 每隊接力得獎隊伍均獲六枚獎牌及四張證書。

8.5 破紀錄之運動員可獲頒發證書，證書將於賽後郵寄至學校。

9. 運動員服裝

所有參賽運動員須穿上印有該校校徽或簡寫之田徑運動服裝。接力隊隊員須穿著同色同款之運動上衣，違例運動員不准參加比賽。

10. 場外協助

10.1 如非比賽運動員，禁止進入比賽場區。比賽期間，教練禁止進入比賽場區與運動員溝通。運動員橫過跑道時必須留意比賽情況，如有阻礙或影響其他參賽者將被警告，嚴重者將會被直接取消比賽資格。

10.2 在比賽場區內禁止使用任何電子通訊器材。違規者將被警告，再犯者將會被取消比賽資格。

11. 上 訴

11.1 只有受有關影響的學校可進行上訴。由負責老師於宣布有關項目成績公布 30 分鐘內以書面交予大會，並繳交上訴費用港幣 200 元。如上訴得直費用將全數退還。其他人士上訴均不受理。

11.2 關於技術性事宜及賽例之演繹，由總裁判決定，如有上訴將交由上訴委員會作最終決定。

11.3 關於有關賽事管理工作，應呈交主委決定。而賽會之決定應為最終決定。

12. 熱身安排

所有熱身活動應在熱身區進行。

運動員須出示號碼布(只接受該時段需要作比賽準備的運動員進入)方可進入熱身區。

領隊老師/教練須出示教練證件，方可進入熱身區/教練區。(受邀學校最多派發 5 張，外卡學校按參賽學生人數派發，不多於 2 張)

13. 灣仔運動場使用守則

13.1 參賽運動員在完成比賽後必須立即離開田賽場區。

標槍和鐵餅項目可能發生意外。運動員必須待在等候區，直至開始比賽才能進入投擲區。

參加中長跑項目的選手亦應特別注意鐵餅項目。鐵餅圈位於 200 米起跑線的拐角處。場地提供的鐵餅圍網並不能百分之百保證安全。

13.2 除指定的工作人員和參賽運動員外，任何人不得進入田賽場區(草地區域)。田賽場區已用塑膠帶圍封，所有指定工作人員將配戴證件或背心以便辨識。如有學校的老師或學生不遵守此規定，該學校將有可能被取消資格。

13.3 小食亭 B(上午 9 時開始營業)

灣仔運動場內小食亭經營者擁有在運動場內售賣的特許權。禁止攜帶食物或飲料進入運動場進行銷售、轉售或免費分發。

13.4 所有進場人士必須遵守灣仔運動場內之場地守則。

14. 其他

14.1 運動場內嚴禁使用航拍。

14.2 運動場將不提供停車位。

14.3 運動會參加者之入場時間為上午 7 時 45 分。

14.4 請留意網上最新版本之賽事時間表。

15. 項目標準

項目	男子	標準成績	女子	標準成績
100 米	✓	12.20	✓	14.50
200 米	✓	25.50	✓	30.50
400 米	✓	57.80	✓	1:12.50
800 米	✓	2:20.00	✓	2:55.00
1500 米	✓	5:00.00	✓	6:15.00
5000 米	✓	20:00.00	✓	25:00.00
100 米欄			✓(0.762 米)	19.50
110 米欄	✓(0.914 米)	18.50		
400 米欄	✓(0.838 米)	1:07.50		
跳遠	✓	5.45 米	✓	4.10 米
三級跳遠	✓	11.20 米		
跳高	✓	1.60 米	✓	1.30 米
鉛球	✓(5 千克)	10.05 米	✓(4 千克)	6.90 米
鐵餅	✓(1.5 千克)	26.00 米	✓(1 千克)	18.80 米
標槍	✓(700 克)	30.00 米	✓(600 克)	19.00 米
4×100 米接力	✓	47.50	✓	56.80
4×400 米接力	✓	3:54.00	✓	4:55.00

~ 完 ~

The Schools Sports Federation of Hong Kong, China
All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026
General Rules

1. Competition Information

Date	Time	Venue
10 / 3 / 2026 (Tue)	0830 – 1800	Wan Chai Sports Ground (WCSG)
12 / 3 / 2026 (Thu)	0830 – 1800	

2. Eligibility for participation

2.1 The tournament will be contested in Open Grade.

2.2 Invited schools

2.2.1 48 teams by invitation of Boys and Girls teams (24 Boys and 24 Girls team): including Division One Overall results in 1st to 6th, Division Two Overall results in 1st to 2nd, Division Three of four Areas in 1st from HKSSRC; Overall results in 1st to 2nd from the six ACs of NT. A total of 24 teams will be invited to take part in the tournament.). **Each Invited school may have 2 athletes to participate in each individual event**, and only 1 team to participate in each relay event.

2.2.2 If an invited school declines its qualification to participate, its spot will be filled by the next best-ranked teams from the same group/area, up to a maximum of two teams. If all substitute schools decline to participate, spot of that group/area will be left vacant.

2.3 Wild Card (Not applicable to invited schools)

2.3.1 There will be 8 wild card places open for nomination for each individual event (not apply to 48 teams that have already received invitations to participate), and the top 8 athletes with the best results will be eligible for participation (Wild Card are only applicable to individual events).

2.3.2 Wild Card Nomination

Provision of nominees' competition BEST results of ALL individual events organized by the Schools Sports Federation of Hong Kong, China (HKSSF)* and the Hong Kong, China Association of Athletics Affiliates (HKAAA) and/or other sanctioned by the HKAAA **between 1st September 2025 and 8th February 2026 (both dates inclusive)**. Proof of results should be attached for verification. Results with Wind Speed should be provided whenever necessary.

*For sprint events of HKSSF competitions, the best result must be electronically timed with a valid wind speed reading ($\leq +2.0$ m/s) and sanctioned by the HKAAA.

*For long jump and triple jump of HKSSF competitions, the best result must be achieved with a valid wind speed reading ($\leq +2.0$ m/s) and sanctioned by the HKAAA.

2.3.3 **Closing Date of Nomination :10th February 2026 (Tue)**

2.3.4 **Successful wild card nomination will be notified individually. Entry fee for each event will be charged \$130.**

2.4 Each athlete may enter **2** individual events.

2.5 All entries included school by invitation or wild card nomination, a maximum of **2 athletes** per school can participate in each individual event. The representative of the invited school cannot take part in the wild card nomination.

2.6 A maximum of 56 athletes in an individual event.

If the 9th position or subsequent athlete who is nominate via wild card has the same result as the 8th place, the number of participants of that event will increase.

3. Substitution

3.1 Substitution only consider in a case supported by registered doctor's certificate or obvious injuries on the day of the competition, the player who is replaced will be prohibited to participate in any event on the same day. This will only apply in preliminary round and no substitution may be made for individual finals. However, if an event is programmed as a straight final, substitution may be allowed.

3.2 Substitution is not allowed to make for any wild card athletes.

4. Registration of Competitors

- 4.1 Athletes must be registered and must produce their HKSSF registration card 2025-2026 to the officials of the meet. Athletes with no registration card are not allowed to take part in the competition.
- 4.2 This Tournament is a sanctioned event of the Hong Kong, China Association of Athletics Affiliates (HKAAA). For results to be included in the Hong Kong Ranking and used for selection to Hong Kong Athletic Team, athletes must have current valid HKAAA registration number. Registered athlete please fills in the HKAAA registration number on the entry form. If has any false information, this result(s) will be disqualified and may have further punishment.
- 4.3 For registration details, please visit https://www.hkaaa.com/en/athlete_registration_intro.php
- 4.4 Athletes with HKAAA Affiliated clubs can apply for registration via their respective clubs, for non-member of HKAAA affiliated clubs athletes, athletes require to bring along the HKAAA Registered Athletes application form and endorsed by HKSSF before sending the application to HKAAA.

5. Referees and Official Arrangements

To assist in the arrangement for this competition, all invited participating schools must assign at least one P.E. teacher/ teacher to serve as referee or official in both competition days. If an invited school participates in both Boys & Girls group, two teachers must be assigned.

6. Regulations

- 6.1 Competition Rules
All events will be held in accordance with the competition rules of the HKAAA as per World Athletics (WA) unless otherwise specified.
- 6.2 Equipment
 - 6.2.1 The venue will provide equipment for all events.
 - 6.2.2 Maximum length of tartan spikes :-
for High Jump and Javelin: up to 9mm :
for other events: up to 7mm
- 6.3 ******Reporting Procedure ******

6.3.1 Teacher in charge of participating schools should report to the Record Keeper Room to collect athlete's number bibs.

6.3.2 There will be no announcement for the reporting time (Please refer to Main Clock at the Sports Ground) :

Athletes must report to the Roll Call Area on time by themselves, with their own registration card and number bibs. (The Roll Call Area is located at Block 8 of Spectator Stand.) Officials will escort the reported athletes to the competition area after the End of Roll Call.

Athletes who fail to report to the Roll Call Area will be treated as absent and will not be allowed to compete in that event.

Events	Start of reporting time	End of Reporting time
Track event	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

6.3.3 Simultaneous Entries
If athlete in both a Track Event and a Field Event, or in more than one Field Event taking place simultaneously, please follow WA technical rules 4.3. Athletes must report to the referee before leaving and going back to the competition area.

6.3.4 All athletes must wear the number bibs issued by the HKSSF (Required for both days of competition). Replacement of number bib can be made at the Record Keeper Room and HK\$50.00 will be charged per re-issue of a number bib.

6.4 Field Event

6.4.1 **All field events consist of a qualifying round and a final.** All qualifying rounds are held on the first competition day, with the finals scheduled on the second competition day.

6.4.2 Qualifying round

Each qualifying round has a designated qualifying standard. Athletes who achieve qualifying standard in the qualifying round will advance to the final. Apart from the High Jump, each athlete shall be allowed up to three trials. Once an athlete has achieved the qualifying standard, they shall not continue in the qualifying round. The qualifying standards are as follows:

Event	Boys	Girls
Long Jump	6.50 m	5.10 m
Triple Jump	13.40 m	/
High Jump	1.80 m	1.50 m
Shot put	11.40 m	9.40 m
Discus	33.00 m	28.00 m
Javelin	42.00 m	33.50 m

Standard points are only awarded to athletes who meet the standard in the qualifying round (the Standard is different from the Qualifying Standard, please refer to item 15 – Event Standards for details).

Qualification round results are not counted towards the Finals.

6.4.3 **Final Quotas and Qualification**

The finals quota for each field event is **no less than TWELVE athletes**. Athletes who meet ANY of the following two conditions during qualifying rounds will qualify for the finals.

- Achieve the Qualifying Standard in the qualifying round.
- If fewer than twelve athletes achieve the qualifying standard, the best TWELVE athletes from the qualifying round (including those who have already achieved the qualifying standard) will advance to the final.

For all events except the high jump, if there is a tie for 12th place, tying competitors shall be resolved by comparing the second best performance, or if necessary, the third best, and so on. If the tie remains, tying competitors shall both qualify for the final.

In high jump qualifying round, if there is a tie for 12th place, the athlete with the fewer number of failures at the last height successfully cleared will be ranked higher. If the number of failures is identical, the total number of failures throughout the entire qualifying round, starting from the initial height up to and including the last height cleared, will be compared. The athlete with the fewer total failures will be ranked higher. If the tie remains, tying competitors shall both qualify for the final.

6.4.4 **Final**

The final will directly determine the final position for the event. Only the TOP EIGHT athletes in the final will receive position points.

6.4.5 For Triple Jump only: ONLY an 11m take off board/mark is provided.

6.4.6 Warm up jump, High jump starting height and increasing height:

Girls:

Qualifying round: starting height at 1.30m, two warm up jumps at 1.30m and 1.50m respectively; each jump will increase 5cm from 1.30m to 1.50m.

Final: starting height at 1.40m, two warm up jumps at 1.30m and 1.50m respectively; each jump will increase 5cm from 1.40m to 1.5m, then 3cm increase onwards.

Boys:

Qualifying round: starting height at 1.60m, two warm up jumps at 1.60m and 1.80m respectively; each jump will increase 5cm from 1.60m to 1.80m.

Final: starting height at 1.70m, two warm up jumps at 1.60m and 1.80m respectively; each jump will increase 5cm from 1.60m to 1.80m, then 3cm increase onwards.

6.4.7 Jump off is not applicable in High Jump.

6.5 Track Event

6.5.1 **Start Information System is used in the tournament. A Crouch start with starting blocks will be used for all races up to 400m.**

6.5.2 The best 8 runners in heat will be qualified to final. Finalists will be seeded in lanes according

to time as follow:

Lane Draw Order	Events		
	100m/ 100mh/110mh	200m	400m/ 400mh/ 4x100m Relay / 4x400m Relay
Top ranked	3,4,5,6	5,6,7	4,5,6,7
Next ranked	2,7	3,4,8	3,8
Last ranked	1,8	1,2	1,2

6.5.3 Straight finals

If 8 or less athletes or teams are reported to the Call Room after the End of Call, the event will be declared a straight final and to be run at time scheduled for that final. Draws for lane will be made.

6.5.4 Relay Events

Schools are requested to submit their Relay Team lists to the Roll Call Area **before reporting time of the relay competition**. Any late submission will not be accepted and the team will be disqualified.

6.5.5 Competition time limit for 5000m finals

Boys Open: 25mins

Girls Open: 30mins

7. Points

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Individual Event	9	7	6	5	4	3	2	1
Relay Event	18	14	12	10	8	6	4	2

7.1 When tying for a position each competitor tying for that position will be credited with an average of points awarded to that position and the position(s) following it.

7.2 Standard points shall be counted towards the Overall Champions of the Tournament. Standard points may only be awarded during qualifying rounds/heats, unless the event(s) is/are declared as straight final(s), in which case standard points may be gained in the final in addition to position points. The results of all participating athletes (including wild card athletes) are included in the Overall Champions of the Tournament.

Standard point: Individual Event : 1 point \ Relay Event : 2 points

7.3 When tying for the overall, the ranking will be determined by the number of gold medals won by the same team, if still tie, determined by the number of silver medals, and so on.

8. Award and Results

8.1 Please scan the QR code on the program for the update results for the tournament day. Result will be removed from that link after the tournament day and the final results will upload to our website (<http://hkssf.org.hk/>) on 13th March 2026 (Fri).

8.2 Trophies will be awarded to the 1st, 2nd, 3rd and 4th places in Boys and Girls Overall.

8.3 Medals and Certificates will be awarded to the 1st, 2nd, 3rd and 4th places in each event.

8.4 Each relay winning team will be awarded 6 medals and 4 certificates only.

8.5 Certificate of Merit will be awarded to record breakers. The certificates will send to schools by post after the Tournament.

9. Uniform

Athletes are required to wear their athletics uniform bearing school name / abbreviation / badge. Teams will be disqualified in the event if they are not properly dressed.

10. Outside Assistance

- 10.1 Coaches are not allowed to communicate with athletes in competition area. Athletes must pay attention to the competition situation when crossing the track. If they obstruct or affect the competition, they will be warned, and in serious cases they will be disqualified.
- 10.2 Athletes are not allowed to use any electronic communication devices within the competition area. The offender will be warned. If there is any repetition, he/she will be disqualified.

11. Protest

- 11.1 Protest should be made in writing by the teacher(s) in charge of the school(s) being affected at an incident within 30 minutes of the announcement of the result of the event concerned. Protest fee of \$200 will be returned if the appeal is successful. No protest will be accepted from student and spectator.
- 11.2 All protests concerning technical rules and interpretation should be made to the Referees. The decision of the Jury of Appeal shall be final.
- 11.3 All protests concerning the management of the tournament should be made to the Convenor. The decision of the Committee of the tournament shall be the final.

12. Warm Up Arrangement

Warm Up arrangement: All warm up should be done in the warm up track area. Athletes must present their bib to enter the warm-up area (only athletes who need to prepare for competition during that time are allowed entry). For teachers and coaches, they must present their coach pass will be distributed on event day in order to enter the warm-up area/coaching zone. Coach pass will be distributed on event day (maximum 5 passes for invited school and no more than 2 passes for wild card school based on the number of wild card athletes)

13. Safety Precautions of Wan Chai Sports Ground

- 13.1 Athletes must leave the FIELD as soon as they finish their events.
Athletes participating in middle distance events should make special precaution to the Discus event. The Discus circle is located at the corner of the start of the 200m. Provision of discus net cannot be 100% safe.
Accidents can occur in Javelin and Discus events. The area around the Javelin Runway and Discus circle should be kept clear at all times. Athletes must station in the waiting area and can only enter the throwing area when he/she starts to compete.
- 13.2 Nobody will be allowed to go inside the field (grass area) except appointed officials & athletes of the events being held there. The field area has been roped off by plastic band and all appointed officials would wear official uniform for identification. If teachers or athletes do not follow regulation, the school concerned is liable to disqualification.
- 13.3 Refreshment Kiosk B (Open from 09:00 a.m.)
Neither food nor drink may be brought into the ground for sale, resale or free distribution.
- 13.4 All attendees must comply with the Conditions of Entry of Wan Chai Sports Ground.

14. Others:

- 14.1 Aerial photographing is not allowed within WCSG.
- 14.2 No parking will be available at WCSG.
- 14.3 Admission time for Participating Schools: 07:45 a.m.
- 14.4 Please check the latest version of competition schedule on HKSSF website.

15. Events Standards

Event	Boys	Standard	Girls	Standard
100m	✓	12.20	✓	14.50
200m	✓	25.50	✓	30.50
400m	✓	57.80	✓	1:12.50
800m	✓	2:20.00	✓	2:55.00
1500m	✓	5:00.00	✓	6:15.00
5000m	✓	20:00.00	✓	25:00.00
100mh			✓(0.762m)	19.50
110mh	✓ (0.914m)	18.50		
400mh	✓(0.838m)	1:07.50		
Long Jump	✓	5.45m	✓	4.10m
Triple Jump	✓	11.20m		
High Jump	✓	1.60m	✓	1.30m
Shot put	✓(5kg)	10.05m	✓(4kg)	6.90m
Discus	✓(1.5kg)	26.00m	✓(1kg)	18.80m
Javelin	✓(700g)	30.00m	✓(600g)	19.00m
4x100m Relay	✓	47.50	✓	56.80
4x400m Relay	✓	3:54.00	✓	4:55.00

- End -

All Hong Kong Schools Jing Ying Athletics (Team) Tournament - RECORD

BOYS OPEN GRADE (under 19)

Event	Record	Year	Holder	School
100m	10.53	2023-2024	Kwok Chun Ting	Tai Kwong Hilary College
200m	21.22	2024-2025	Leung Ching Hang Wesley	Diocesan Boys' School
400m	49.39	2023-2024	Huang Yau Nam	Shun Tak Fraternal Association Yung Yau College
800m	1:54.54	2024-2025	Wang Nok Wang	Diocesan Boys' School
1500m	4:02.72	2024-2025	Wang Nok Wang	Diocesan Boys' School
5000m	15:47:19	2024-2025	Chung Tak Chak	Sing Yin Secondary School
110m Hurdles (0.914m)	14.01	2024-2025	Mak Tsz Ching	HKSYCIA Wong Tai Shan Memorial College
400m Hurdle (0.838m)	53.88	2024-2025	Chung Long Hei Cyrus	Munsang College
4 x 100m Relay	41.85	2022-2023	Zheng Wang Kei Leung Ching Hang Wesley Johannsson Magnus Prostur Koo Cheuk Fung Jasper	Diocesan Boys' School
4 x 400m Relay	3:23.14	2024-2025	Lau Hoi Tsun Leung Ching Hang Wesley Leung Ching Shun Jensen Wang Nok Wang	Diocesan Boys' School
Long Jump	7.26	2022-2023	Lin Mingfu	Chan Sui Ki (La Salle) College
Triple Jump	14.41	2022-2023	Cheung Wing Lok	TWGHs Yow Kam Yuen College
High Jump	2.09	2024-2025	Lai Pak Hei	La Salle College
Shot Put (5Kg)	15.44	2023-2024	Zhang Weidong	Cheung Sha Wan Catholic Secondary School
Discus (1.5Kg)	49.36	2021-2022	Wong Kwan Yu	Hoi Ping Chamber of Commerce Secondary School
Javelin (700g)	63.50	2023-2024	Wong Yi Hin	Diocesan Boys' School

All Hong Kong Schools Jing Ying Athletics (Team) Tournament - RECORD

GIRLS OPEN GRADE (under 19)

Event	Record	Year	Holder	School
100m	12.03	2023-2024	Yu Pui Yi Yip Man Yan	Good Hope School HKUGA College
200m	24.98	2022-2023	Li Tsz To	HKUGA College
400m	56.73	2022-2023	Karlsson Jane Christa Ming Suet	Diocesan Girls' School
800m	2:18.29	2022-2023	Karlsson Jane Christa Ming Suet	Diocesan Girls' School
1500m	4:51.09	2016-2017	Tong Lok Yu	St. Margaret's Co-Educational English Secondary and Primary School
5000m	18:57.71	2024-2025	Chan Pak Yin	Good Hope School
100m Hurdles (0.762m)	13.89	2022-2023	Pak Hoi Man Chloe	Diocesan Girls' School
4 x 100m Relay	47.81	2022-2023	Chow Chi Kiu Sum Hei Lam Nicole Tang Cheuk Man Serena Pak Hoi Man Chloe	Diocesan Girls' School
4 x 400m Relay	3:59.21	2022-2023	Tseng, Hailey Li Man Ching Yip Yik Tung Karlsson Jane Christa Ming Suet	Diocesan Girls' School
Long Jump	6.14	2023-2024	Jia Wai Yin	St. Margat Co-Educational English Secondary And Primary School
High Jump	1.71	2016-2017	Cheung Ching Laam P.	Heep Yunn School
Shot Put (4Kg)	10.63	2016-2017	Cheung Yuet Ting	YCH Law Chan Chor Si College
Discus (1Kg)	36.22	2023-2024	Man Ho Lam Hina	Diocesan Girls' School
Javelin (600g)	48.38	2024-2025	Kwong Sze Oi Sarah	Baptist Lui Ming Choi Secondary School

The Schools Sports Federation of Hong Kong, China
AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026
Participating School List

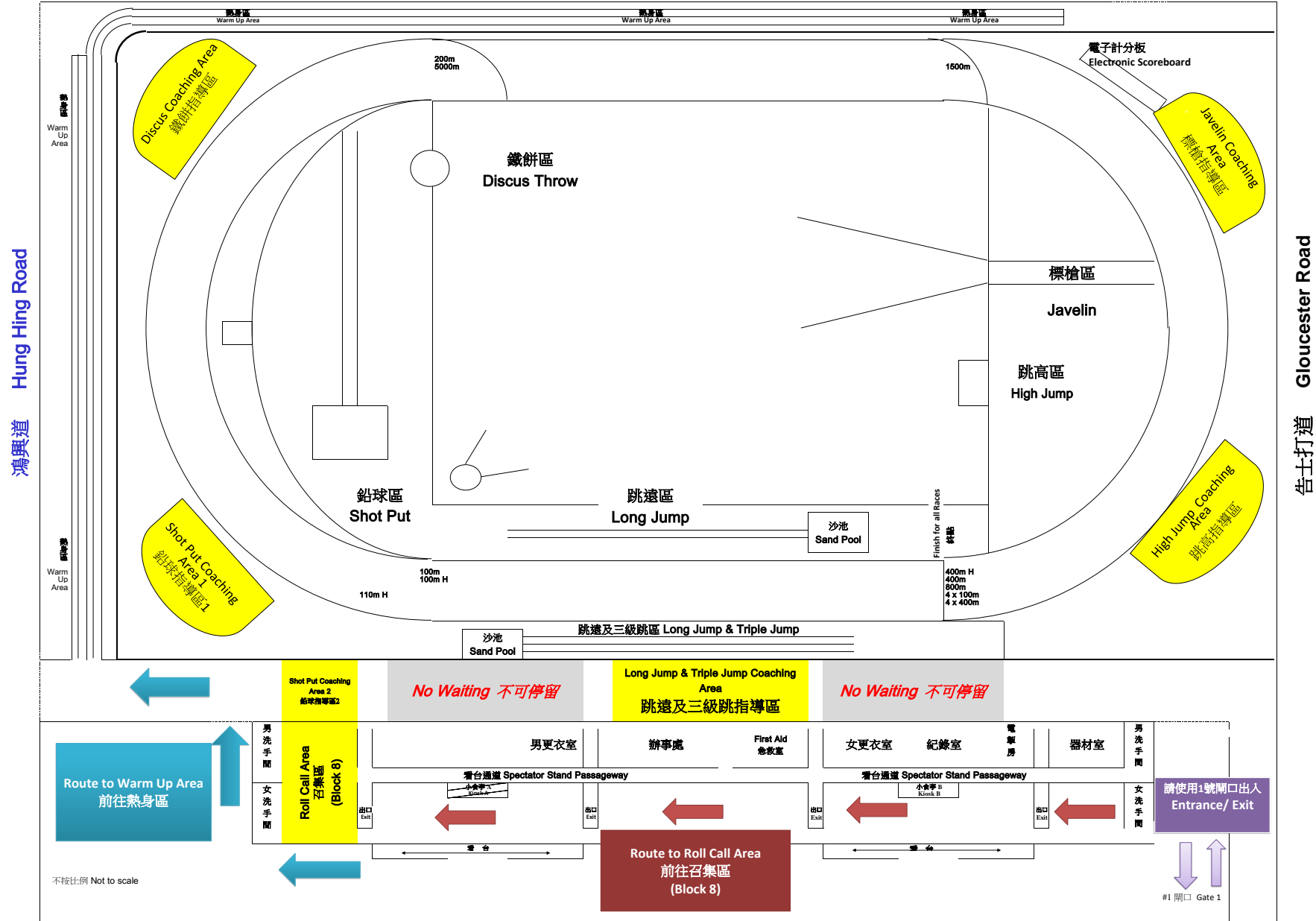
No.	Abbrevia	School	Boys Open	Girls Open
1	ASMS	SKH All Saints' Middle School	2	1
2	BCKSS	HHCKLA Buddhist Ching Kok Secondary School	1	-
3	BHSC	Buddhist Hung Sean Chau Memorial College	2	-
4	BMFMC	Buddhist Mau Fung Memorial College	2	-
5	BPS	Belilios Public School	-	2
6	CCASS	Chiu Chow Association Secondary School	1	-
7	CCCRSS	CCC Rotary Secondary School	1	-
8	CCCSS	Cheng Chek Chee Secondary School	1	1
9	CFCCH	Caritas Fanling Chan Chun Ha Secondary School	1	-
10	CGHC	Chong Gene Hang College	2	-
11	CHECSS	Choi Hung Estate Catholic Secondary School	2	-
12	CLS	Concordia Lutheran School (Kowloon)	1	-
13	CMASS	CMA Secondary School	3	-
14	CMT	TWGHs Chang Ming Thien College	-	1
15	CPU	Carmel Pak U Secondary School	19	15
16	CSCMC	Christian Alliance S. C. Chan Memorial College	-	1
17	CSK	Chan Sui Ki (La Salle) College	4	-
18	CSL	HKWMA Chu Shek Lun Secondary School	1	-
19	CSWCSS	Cheung Sha Wan Catholic Secondary School	25	-
20	CZM	TWGHs Chen Zao Men College	1	-
21	DBS	Diocesan Boys' School	22	-
22	DGS	Diocesan Girls' School	-	21
23	DMS-BW	Delia Memorial School (Broadway)	18	-
24	DMS-HW2C	Delia Memorial School (Hip Wo No.2 College)	1	-
25	EC	Elegantia College (Sponsored by Education Convergence)	-	1
26	EVANGEL	Evangel College	-	1
27	FIS	French International School	-	2
28	FK1	Fung Kai No. 1 Secondary School	1	-
29	FLSS	Fanling Lutheran Secondary School	-	17
30	FSS-KT	Fukien Secondary School (Kwun Tong)	1	2
31	FSS-SSW	Fukien Secondary School (Siu Sai Wan)	-	1
32	FYW	CCC Fong Yun Wah Secondary School	18	-
33	GHS	Good Hope School	-	17
34	GSIS	German Swiss International School	1	-
35	HDC	Ho Dao College (Sponsored by Sik Sik Yuen)	1	-
36	HFC	Ho Fung College (Sponsored By Sik Sik Yuen)	2	-
37	HFTC	CCC Hoh Fuk Tong College	-	1
38	HGC	The Mission Covenant Church Holm Glad College	1	-
39	HKBUAS	HK Baptist University Affiliated School Wong Kam Fai Secondary & Primary School	-	1
40	HKUGA	HKUGA College	3	17
41	HNC	Ho Ngai College (Sponsored By Sik Sik Yuen)	2	-
42	HPCCSS	Hoi Ping Chamber of Commerce Secondary School	24	3
43	HTC	Holy Trinity College	-	1
44	HTCSS	SKH Holy Trinity Church Secondary School	1	-
45	HTSS-TKO	Heung To Secondary School (Tseung Kwan O)	1	-
46	HWC	CCC Heep Woh College	2	-
47	HYS	Heep Yunn School	-	20
48	IS	Island School	-	1
49	ISFA	The Independent Schools Foundation Academy	-	1
50	JCC	Ju Ching Chu Secondary School (Kwai Chung)	1	-
51	JCTIC	Jockey Club Ti-I College	20	21
52	KGV	King George V School	7	-
53	KYS	Shap Pat Heung Rural Committee Kung Yik She Sec. Sch.	1	-
54	KYWC	TWGHs Kwok Yat Wai College	1	-
55	LA	ELCHK Lutheran Academy	-	2
56	LCW	LST Leung Chik Wai Memorial School	1	-
57	LIYMSS	CNEC Lee I Yao Memorial Sec. Sch.	1	-
58	LKKC	STFA Leung Kau Kui College	20	21
59	LKYMS	Lee Kau Yan Memorial School	2	-
60	LLMC	YPICA Lee Lim Ming College	1	-
61	LSC	La Salle College	22	-
62	LSKC	STFA Lee Shau Kee College	21	13
63	LSTC	AD & FD POHL Leung Sing Tak College	18	19
64	LSTLKK	Lok Sin Tong Leung Kau Kui College	-	2
65	LSTWCM	Lok Sin Tong Wong Chung Ming Secondary School	-	1
66	LSTYKHL	LST Young Ko Hsiao Lin Secondary School	1	-

The Schools Sports Federation of Hong Kong, China
AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026
Participating School List

No.	Abbrevia	School	Boys Open	Girls Open
67	LTFC	Lam Tai Fai College	4	3
68	LTPSS	Law Ting Pong Secondary School	-	1
69	LWLC	The Methodist Lee Wai Lee College	-	2
70	LYC	TWGHs Lui Yun Choy Memorial College	-	1
71	MCS	Maryknoll Convent School	-	1
72	MKPMC	SMKMCF Ma Ko Pan Memorial College	14	-
73	MSC	Munsang College	2	2
74	NCC	Newman Catholic College	2	-
75	NYSS	Ng Yuk Secondary School	1	-
76	PCMS	Pui Ching Middle School	-	2
77	PKC	Pui Kiu College	1	1
78	PKMS	Pui Kiu Middle School	19	2
79	PLKCHYT	Po Leung Kuk Celine Ho Yam Tong College	-	1
80	PLKNPL	Po Leung Kuk Ngan Po Ling College	-	16
81	POHCKMC	POH Chan Kai Memorial College	20	13
82	PTSS	Stewards Pooi Tun Secondary School	9	1
83	QUALIED	Man Kwan QualiEd College	-	15
84	RC	Renaissance College	-	1
85	RCPHKMC	Rhenish Church Pang Hok Ko Memorial College	-	1
86	S.C.	Sha Tin College	-	1
87	SCGS	St. Clare's Girls' School	-	15
88	SFAC	St. Francis of Assisi's College	1	-
89	SHCC	Sacred Heart Canossian College	-	1
90	SHDC	TWGHs Sun Hoi Directors' College	-	16
91	SJACS	St. Joseph's Anglo-Chinese School	2	-
92	SJSS	Ma On Shan St. Joseph's Secondary School	1	-
93	SKHKH	SKH Kei Hau Secondary School	-	1
94	SMCESPS	St. Margaret's Co-Educational English Secondary and Primary School	23	3
95	SMS	St. Mark's School	23	-
96	SPC	St. Paul's College	1	-
97	SPCC	St. Paul's Co-educational College	-	20
98	SPCS	St. Paul's Convent School (Secondary Section)	-	20
99	SPS	St. Paul's School (Lam Tin)	-	1
100	SSCS	St. Stephen's College	1	1
101	STC	Shung Tak Catholic English College	-	1
102	STCC	ECF Saint Too Canaan College	1	1
103	STS	Sai Kung Sung Tsun Catholic School (Secondary Section)	-	1
104	STSS	St. Teresa Secondary School	-	12
105	STTSS	Sha Tin Tsung Tsin Secondary School	-	2
106	SWC	STFA Seaward Woo College	2	22
107	SYSS	Sing Yin Secondary School	1	-
108	TCCS	Tung Chung Catholic School	20	15
109	TCGSS	Tack Ching Girls' Secondary School	-	1
110	TKOGSS	Tseung Kwan O Government Secondary School	-	1
111	TKPSS	Tin Ka Ping Secondary School	15	-
112	TLHK	The True Light School of Hong Kong	-	2
113	TLLF	CCC Tam Lee Lai Fun Memorial Sec. Sch.	1	-
114	TMCSS	Tuen Mun Catholic Secondary School	-	1
115	TPSY	Tai Po Sam Yuk Secondary School	-	1
116	TPYC	STFA Tam Pak Yu College	-	1
117	TSIS	The South Island School	1	1
118	TSWMC	Tin Shui Wai Methodist College	3	16
119	TTCA	Tsung Tsin Christian Academy	-	1
120	UCC-KE	United Christian College (Kowloon East)	-	1
121	WBSS	The Salvation Army William Booth Secondary School	1	-
122	WFLC	TWGHs Wong Fung Ling College	-	1
123	WFN	TWGHs Wong Fut Nam College	24	18
124	WIS	West Island School	3	1
125	WSCSS	POCA Wong Siu Ching Secondary School	-	1
126	WTSMC	HKSYCIA Wong Tai Shan Memorial College	1	2
127	WYHK	Wah Yan College (Hong Kong)	5	-
128	WYK	Wah Yan College (Kowloon)	3	-
129	WYY	TWGHs Mrs. Wu York Yu Memorial College	19	1
130	YCKMC	Yu Chun Keung Memorial College	22	2
131	YKN	Buddhist Yip Kei Nam Memorial College	1	-
132	YKYC	TWGHs Yow Kam Yuen College	1	2
133	YMCA	Chinese Y.M.C.A. Secondary School	-	1
134	YMCAC	Chinese Y.M.C.A. College	-	1
135	YWC	Ying Wa College	1	-
136	YWG	Ying Wa Girls' School	-	1
137	YYC	Shun Tak Fraternal Association Yung Yau College	21	16
138	YYNo.2	HKTA The Yuen Yuen Institute No. 2 Sec. Sch.	1	-

2025-2026年度水動樂全港學界精英田徑(團體)比賽 AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026
座位分配表 Seating Plan

Zone 1		Zone 2		Zone 3		Zone 4		Zone 5		Zone 6		Zone 7		Zone 8						
Exit to G/F ⇨				⇨ Exit to G/F				Exit to G/F ⇨				⇨ Exit to G/F								
		Control Room																		
<i>PLKNPL</i>	<i>LKKC</i>		<i>SMCESPS</i>	<i>TKPSS</i>	<i>SWC</i>	<i>PKMS</i>	<i>SCGS</i>	<i>MKPMC</i>	<i>WILD CARD</i>	<i>WILD CARD</i>	Roll Call Area									
<i>STSS</i>		<i>TSWMC</i>	<i>SPCC</i>	<i>KGV</i>		<i>FYW</i>	<i>SMS</i>	<i>FLSS</i>	<i>TCCS</i>											
<i>WYY</i>		<i>SPCS</i>	<i>CSWCSS</i>	<i>LSKC</i>		<i>PTSS</i>	<i>DMS-BW</i>	<i>QUALIED</i>												
<i>CPU</i>		<i>POHCKMC</i>	<i>YYC</i>		<i>LSTC</i>	<i>JCTIC</i>		<i>WFN</i>	<i>SHDC</i>											
Exit				Exit			Exit			Exit										
看台通道 Spectator Stand Passageway																				
<i>YCKMC</i>	<i>HYS</i>	<i>HKUGA</i>	<i>DBS</i>	<i>GHS</i>	<i>VIP</i>	<i>LSC</i>	<i>DGS</i>	<i>HPCCSS</i>	<i>WILD CARD</i>											
Exit																Exit				



The Schools Sports Federation Of Hong Kong, China
AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026
Competition Schedule
(10 & 12 March 2026)

Updated on 4 March 2026

DAY1 (10/3/2026)

Event time	Reporting time		Boys		Girls	
	Track event	Field event	Track event	Field event	Track event	Field event
8:45		8:00-8:10		⁽¹⁾ Shot Put (QR) Gp1		⁽²⁾ Javelin (QR) Gp1
9:00		8:15-8:25		⁽³⁾ Triple Jump (QR) Gp1		⁽⁴⁾ Long Jump (QR) Gp1
9:30	9:05-9:15		⁽⁵⁾ 400mH(Heat)			
9:45		9:00-9:10		⁽⁶⁾ High Jump (QR) Gp1 ⁽⁸⁾ Shot Put (QR) Gp2		⁽⁷⁾ Javelin (QR) Gp2
10:10	9:45-9:55				⁽⁹⁾ 100m (Heat)	
10:30	10:05-10:15	9:45-9:55	⁽¹²⁾ 100m (Heat)	⁽¹⁰⁾ Triple Jump (QR) Gp2		⁽¹¹⁾ Long Jump (QR) Gp2
10:45		10:00-10:10		⁽¹³⁾ Javelin (QR) Gp1		⁽¹⁴⁾ Shot Put (QR) Gp1
10:55	10:30-10:40				⁽¹⁵⁾ 1500m (Final)	
11:15	10:50-11:00	10:30-10:40	⁽¹⁷⁾ 1500m (Final)	⁽¹⁶⁾ High Jump (QR) Gp2		
11:30	11:05-11:15				⁽¹⁸⁾ 400m (Heat)	
11:45		11:00-11:10		⁽¹⁹⁾ Javelin (QR) Gp2		⁽²⁰⁾ Shot Put (QR) Gp2
11:50	11:25-11:35		⁽²¹⁾ 400m (Heat)			
LUNCH						
13:30	13:05-13:15	12:45-12:50	⁽²⁵⁾ 400mH(Final)	⁽²²⁾ Long Jump (QR) Gp1 ⁽²³⁾ Discus (QR) Gp1		⁽²⁴⁾ High Jump (QR) Gp1
13:45	13:20-13:30				⁽²⁶⁾ 800m (Heat)	
14:05	13:40-13:50		⁽²⁷⁾ 800m (Heat)			
14:20	13:55-14:05				⁽²⁸⁾ 200m (Heat)	
14:30		13:45-13:55		⁽²⁹⁾ Discus (QR) Gp2		
14:45	14:20-14:30		⁽³⁰⁾ 200m (Heat)			
15:05	14:40-14:50	14:20-14:30		⁽³¹⁾ Long Jump (QR) Gp2	⁽³³⁾ 4x400mRelay (Heat)	⁽³²⁾ High Jump (QR) Gp2
15:30	15:05-15:15	14:45-14:55	⁽³⁵⁾ 4x400mRelay (Heat)			⁽³⁴⁾ Discus (QR) Gp1
16:30		15:45-15:55				⁽³⁶⁾ Discus (QR) Gp2
17:30	End of Day 1					

Remark : () Event No.

Reporting Time

Events	Start of reporting time	End of Reporting time
Track event (Including Hurdle & Relay)	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

以上比賽時間表，將按各項目的報名人數而有機會作出修改。

Event time may be changed depending on number of participants.

AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026

Day One 10 March 2026

Event 1	Boys Shot Put (QR) Gp 1		08:45AM		
	Record : 15.44m		Standard : 10.05m		
	Qualifying Standard :11.40m				
Qualifying	1	WONG TSZ KWAN	王子鈞	CGHC	1476
Round	2	WANG ZHIBO	王志博	LSTC	1229
Group 1	3	WANG TAK YU	王德裕	WFN	1393
	4	BILLIMORIA CHEUK HIN	利卓軒	TCCS	1356
	5	NG TSZ LOK DANIEL	吳祉樂	SMCESPS	1310
	6	DU HING MAN TO	杜慶文韜	LKKC	1166
	7	CHOW PAK YIN	周柏言	BMFMC	1469
	8	CHOW KI HIN	周淇軒	HPCCSS	1117
	9	CHOW, David	周瑋曦	PKMS	1258
	10	LAM CHAK KWAN	林澤鈞	POHCKMC	1280
	11	YIU Pak Kiu	姚柏翹	JCTIC	1138
	12	HU WENXUAN	胡文旋	LSTC	1228
	13	Tong Chun Kit	唐俊杰	SWC	1532
	14	YUNG KA KIT	翁家杰	NCC	1522
	15	YUEN NGO LONG	袁傲朗	POHCKMC	1281
	16	Ma Chun Ho	馬俊豪	LSKC	1207
	17	MA CHING	馬政	CFCH	1474
	18	COLLTON SEAN DIK HIN	高迪顯	SMCESPS	1311
	19	Zhang Man Fai	張文輝	LSKC	1208
	20	CHEUNG Shing Hei	張承熹	JCTIC	1139
	21	Zhang Weidong	張偉東	CSWCSS	1036
	22	LEUNG YU HIN	梁宇軒	TKPSS	1374
	23	LEUNG YU TO KIAN	梁裕韜	DBS	1059
	24	XU, Hoi Ming	許凱銘	YCKMC	1436
	25	Kwok Cheuk Ming	郭卓銘	LKKC	1165
	26	CHAN Issac	陳以信	SMS	1333

AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026

Day One 10 March 2026

Event 2	Girls Javelin (QR) Gp 1		08:45AM		
	Record : 48.38m		Standard : 19.00m		
	Qualifying Standard :33.50m				
Qualifying	1	Yip Hau Chee	葉巧至	SPCC	2272
Round	2	Yeung Shun Ki	楊巽祺	SCGS	2237
Group 1	3	Xiao Jingjing	肖晶晶	HPCCSS	2411
	4	Wong Sze Nga Lavina	黃詩雅	LSKC	2160
	5	Wong Ching Yau	黃靖攸	HYS	2104
	6	WONG CHEUK NING	黃焯婷	TCCS	2332
	7	Wang Cho Ham	汪楚涵	LKKC	2145
	8	WAN CHEUK YIU	溫卓瑤	POHCKMC	2209
	9	TUNG Hin Ching	董衍鈺	JCTIC	2123
	10	TSANG MAN CHI	曾憫智	FLSS	2051
	11	TONG WING YAN MICHELLE	湯穎欣	FSS-KT	2407
	12	Tang Wing Yu	鄧穎瑜	SCGS	2238
	13	Tam Wing Yu	譚穎瑜	CPU	2014
	14	CHAN WING YU	陳穎瑜	SWC	2326
	15	Sze Hei Nam Jacy	施晞嵐	LTFC	2423
	16	POEK YING LAM	卜映林	GHS	2065
	17	Chan Megan Kaitlyn	陳盈希	SPCC	2273
	18	NG Cheuk Ying	吳卓瑩	JCTIC	2124
	19	Ma Yung Wai Jocelyn	馬裕蔚	DGS	2032
	20	LIU YI KI	廖衣棋	SHDC	2255
	21	LIN HUI CHING	連栩滢	SPCS	2292
	22	LI YAN NING	李欣寧	TSWMC	2360
	23	LI WAI KI	黎煒琪	TCCS	2344
	24	Li Ho Man Katrina	李灝汶	HKUGA	2083
	25	LI CHEUK WING	李卓穎	LYC	2428

AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026

Day One 10 March 2026

Event 3	Boys Triple Jump (QR) Gp 1		09:00AM		
	Record : 14.41m		Standard : 11.20m		
	Qualifying Standard :13.40m				
Qualifying	1	ZHAO Haojun	趙浩駿	CPU	1016
Round	2	XIE JERRY	謝宜叡	LKKC	1171
Group 1	3	Wong Yik Hin	黃奕軒	LSKC	1216
	4	WONG TSE CHUN	黃梓俊	YKYC	1554
	5	WONG CHAK SUM	黃澤森	YCKMC	1441
	6	WILLIAM'S HO YU	林皓渝	WYY	1419
	7	Wai Cheong Lok	韋昌樂	FK1	1490
	8	Tsui Chung Yi	徐仲貽	HKUGA	1499
	9	TSANG NOK HANG	曾諾恆	LKKC	1170
	10	SO CHUNG LEONG	蘇仲亮	LSTC	1233
	11	CHAN PA YIN	陳帕言	TKPSS	1376
	12	POON WAI SUM	潘瑋琛	LSC	1191
	13	Ng Lok Hei	吳諾熹	CSWCSS	1042
	14	NG Chun Ming	吳晉銘	JCTIC	1144
	15	LEUNG KIN CHAI	梁建齊	DBS	1064
	16	Lam King Chung Andrew	林競松	HFC	1494
	17	LEUNG SIN PUN	梁善本	HPCCSS	1125
	18	LAM Kai Yip	林啟燁	LTFC	1516
	19	Hui chun ming	許雋銘	WYY	1403
	20	LI TSZ KIN	利子健	TCCS	1343
	21	LEE YIN CHUN	李彥進	SMCESPS	1317
	22	LEE CHUN HIN	李俊軒	POHCKMC	1277

AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026

Day One 10 March 2026

Event 4	Girls Long Jump (QR) Gp 1		09:00AM		
	Record : 6.14m		Standard : 4.10m		
	Qualifying Standard :5.10m				
Qualifying	1	ZHANG SIN MAN	章倩雯	WFN	2377
Round	2	Yung Sze Wai	容思蔚	SPCC	2258
Group 1	3	YIP PUI YAN	葉沛昕	POHCKMC	2210
	4	YEUNG WUN YI	楊煥兒	TSWMC	2355
	5	YAU RUBY HIU CHING	邱曉晴	SPCS	2294
	6	Wong, Cheuk Lok Cherish	黃卓樂	SCGS	2228
	7	Wong Wing Tung	黃詠瞳	HYS	2088
	8	WONG MING KIT	黃銘潔	GHS	2067
	9	WONG HOI CHING	王鎰澄	PLKNPL	2183
	10	WONG Hei Sen	黃希晨	JCTIC	2125
	11	WONG HEI CHING	黃熙澄	MSC	2431
	12	WAN TSZ YAN	尹芷欣	YKYC	2472
	13	TSUI YAN TUNG	徐欣彤	POHCKMC	2200
	14	TSUI YAN HEI	徐恩熙	CPU	2003
	15	Tsang Tsz Ying Laura	曾梓瑩	QUALIED	2211
	16	TSANG JIA LI	曾嘉麗	LSTC	2173
	17	TANG YING TUNG	鄧映潼	YYC	2395
	18	TANG KATRINA	鄧家晴	FLSS	2052
	19	Sze Hei Man Joby	施晞敏	LTFC	2422
	20	CHEUNG YUET	張悅	MSC	2430
	21	CHEUNG YAT KIU	張日喬	SWC	2328
	22	CHENG CHEUK LAM ADELE	鄭卓琳	PLKNPL	2184
	23	CHEN NIZI	陳霓孜	TCCS	2331
	24	MOK WING KI	莫穎綺	PTSS	2438
	25	Ma Hoi Ching	馬凱晴	SPCC	2274
	26	Lo Yuet Ching	羅悅澄	DGS	2034

AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026

Day One 10 March 2026

Event 5	Boys 400mH (H)		09:30AM		
	Record : 53.88		Standard :	01:07.50	
Heat 1	2	TONG Pak Hin Issac	唐柏軒	PKC	1524
	3	Chu Chi Wah	朱志鏘	CSWCSS	1035
	4	YU HAORONG	余浩榕	LSTC	1227
	5	KAM CHAK WANG	甘澤泓	DBS	1057
	6	Li Shing Cheung Neo	李成章	CPU	1011
	7	LEE CHIN HO	李展灝	SMCESPS	1309
	8	SHUM PUI KIT	沈培杰	TKPSS	1372
	Heat 2	2	Lam Jayden	林忻慶	CSWCSS
3		LAM LOK HIM ERNEST	林洛謙	HPCCSS	1115
4		HONG WEIKAI	洪煒凱	YCKMC	1433
5		XU Tianting	胥天瑋	SMS	1322
6		Fan Yichen	范奕辰	NYSS	1523
7		WAI YU YEUNG	韋宇揚	POHCKMC	1278
8		Wu Henry	吳縉樺	LSKC	1206
Heat 3		2	Yee Ching Kwan	庾靖鈞	SWC
	3	CHEUNG Tsz Yui	張梓銳	SMS	1331
	4	CHEUNG JUN JONATHAN	張進	LSC	1185
	5	CHEUNG Ching Fung	張靖風	WYY	1412
	6	LEUNG TSZ HO	梁子濠	TKPSS	1371
	7	KHAN SARIM MEHMOOD		DMS-BW	1075
	8	LEUNG PO HONG CEDRIC	梁溥匡	WFN	1390
	Heat 4	2	LEUNG KIN PAN	梁鍵彬	YCKMC
3		XU YUI HANG	許睿桁	LSTC	1225
4		Guo Juanhao	郭雋昊	FYW	1093
5		CHAN NOK HEI	陳諾晞	DBS	1056
6		Chen Aoyu	陳奧宇	LSKC	1205
7		Leung Wai Kwan	梁偉鈞	CSK	1484
8		TSANG CHUN HEI	曾俊稀	YYC	1454
Heat 5		2	ZENG HEI	曾曦	TCCS
	3	COLOSSA ZWELIBANZI	賀文信	SMCESPS	1307
	4	Huang Ziqian	黃子謙	LLMC	1513
	5	CHAN HIN CHAI	陳衍齊	HPCCSS	1116
	6	HUANG GEORGE	黃靖遠	YYC	1453
	7	WONG WAI KWAN	黃維鈞	JCC	1506
	8	WONG WAI SHING	黃蔚丞	PTSS	1289
	Heat 6	2	YEUNG Yat Tin Isaac	楊日天	JCTIC
3		LAU CHI HONG	劉志杭	WFN	1391
4		LAU HIN WAI	劉軒璋	LSC	1186
5		LAU Kin Wai	劉健威	WYY	1414
6		LAU Yat Hei	劉溢熙	JCTIC	1137
7		CHEUNG CHEUK HEI ISAAC	蔣卓熹	MSC	1519
Heat 7		2	Xie Chenghong	謝承宏	FYW
	3	Ngai Yin Wang	魏彥泓	MKPMC	1238
	4	TAN HI WAI	譚喜威	POHCKMC	1279
	5	WONG KA PO	黃家寶	CSL	1487
	6	KHAN MOHAMMED MAHRAN		DMS-BW	1077
	7	ELLA KRISTHIEN YVRIENNE GUBALANI		TCCS	1354

AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026

Day One 10 March 2026

Event 6	Boys High Jump (QR) Gp 1		09:45AM		
	Record : 2.09m		Standard : 1.60m		
	Qualifying Standard :1.80m				
Qualifying	1	ZHENG JEFF	鄭峻文	POHCKMC	1287
Round	2	Yiu Shing Hei	姚丞禧	HFC	1495
Group 1	3	Yan Masaki	甄正希	CSWCSS	1044
	4	WU Zelin	吳澤林	PKMS	1267
	5	WONG YIN POK	黃彥博	MSC	1520
	6	Wong Yik Hin	黃奕軒	LSKC	1216
	7	WONG LIM HO	王簾皓	LKYMS	1511
	8	WONG KING TO	王敬滔	HPCCSS	1126
	9	WONG CHAK SUM	黃澤森	YCKMC	1441
	10	TSOI HON KAN HANZ	蔡翰勤	WFN	1401
	11	TSANG HONG YAT ARTHUR	曾康溢	CSWCSS	1043
	12	SZE HO YIU GORDON	施皓堯	CPU	1019
	13	SONG JIA JIE GAVIN	宋嘉杰	WFN	1400
	14	PADDA PARMBEER SINGH		DMS-BW	1082
	15	NGAN WAI LUN	顏煒倫	SMCESPS	1318
	16	NG Paak Yu	吳珀羽	JCTIC	1145
	17	NAVJOT-SINGH		DMS-BW	1084
	18	MEI TIM	梅天	LSC	1195
	19	MATTHIAS EMMANUEL STEFAN NOEL	馬彥彬	SMCESPS	1319
	20	Man Chun Long	文俊朗	LSKC	1215
	21	Luk Chun Kit Jacky	陸焯傑	FYW	1094
	22	LU WEI YU	陸維譽	SFAC	1525

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Event 7	Girls Javelin (QR) Gp 2		09:45AM		
	Record : 48.38m		Standard : 19.00m		
	Qualifying Standard :33.50m				
Qualifying	1	LEUNG WING TUNG	梁穎彤	SPCS	2290
Round	2	Leung Wan Chi	梁韻姿	LSTC	2179
Group 2	3	Leung Pin Pin Sophie	梁翩翩	HKUGA	2084
	4	Lee Phyllis	李珞瑜	DGS	2029
	5	Lee Lok Lam	李洛琳	QUALIED	2223
	6	Lau, Sze Ying Celia	劉思熒	LSTC	2178
	7	LAM SZE WING	林思穎	PLKNPL	2194
	8	KWAN YAN YI	關恩懿	YMCAC	2475
	9	HUNG MAN TING	洪雯婷	SHDC	2256
	10	HUI SUET YING	許雪盈	EC	2402
	11	Huang Yaying	黃雅茵	LSKC	2161
	12	HO HOI LUN HELEN	何鎧倫	YYC	2392
	13	HO CHING YIN	何婧妍	WFN	2375
	14	FONG TSZ HUEN	方芷萱	PLKNPL	2195
	15	CHUNG TSING SUM	鍾清心	YYC	2393
	16	Chung Hoi Tung	鍾凱彤	LKKC	2146
	17	Chong Chi Hang	莊知行	HYS	2103
	18	CHOI SAN YI	蔡申怡	WFN	2376
	19	Cheung Mimzy Hoi Ching	張凱晴	LTPSS	2425
	20	Cheung Cheuk Ying Stephanie	張卓滢	QUALIED	2221
	21	CHENG HERMIONE PUI MAN	程沛汶	BPS	2398
	22	CHAN YUEN CHING	陳琬晴	SWC	2325
	23	Tam Kiu Chun Seles	譚翹津	CPU	2013
	24	POEK WAI CHING	卜卉晴	GHS	2066
	25	BOAHENE ADESIDA OLAMIDE BELLA	龐貝拉	TSWMC	2358
	26	AU HUEN YI	歐煊宜	FLSS	2048

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Event 8 Boys Shot Put (QR) Gp 2

09:45AM

Record : 15.44m

Standard : 10.05m

Qualifying Standard :11.40m

Qualifying	1	Chan Chun Yin	陳俊彦	FYW	1096
Round	2	Wong Chin Yin	黃展賢	CSWCSS	1037
Group 2	3	FUNG SIU CHO	馮紹祖	CCASS	1471
	4	WONG TSZ CHUN	黃子俊	YYC	1456
	5	Wong Man Chun	黃文俊	WYY	1416
	6	WONG LOK YIN	黃浩然	DBS	1058
	7	CAI KAI LIN	蔡凱霖	TCCS	1355
	8	Cheng Tai Wan	鄭大運	FYW	1097
	9	CHENG YAT FUNG	鄭逸楓	YCKMC	1435
	10	CHOI KAI CHUN	蔡佳俊	TKPSS	1373
	11	IP HONG CHING	葉匡正	LSC	1187
	12	LAU TSZ YUI	劉子睿	WYY	1415
	13	LI CHIT HEI		DMS-BW	1078
	14	LO, Jason Hin Wah	盧衍鏘	PKMS	1259
	15	POON PAK WAI	潘柏維	HDC	1493
	16	WONG CHUN HEI	黃駿羲	MKPMC	1244
	17	WONG Ho Hoi George	黃皓愷	SMS	1334
	18	WONG KIN MING	黃健銘	TSWMC	1539
	19	YAN JASON TSZ SHING	燕梓誠	WFN	1392
	20	Zhao Hung Pan	趙鴻彬	CPU	1012
	21	LO CHEUK HIM	羅焯謙	YYC	1455
	22	SAMUS Viktor		KGV	1152
	23	SIU YUK NAM	蕭煜楠	LSC	1188
	24	SU MINGJIA	蘇銘佳	MKPMC	1245
	25	TSE MING HONG	謝銘康	HPCCSS	1118
	26	WAQAS MUHAMMAD		DMS-BW	1079

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Event 9	Girls 100m (H)		10:10AM	
	Record : 12.03		Standard :	14.50
Heat 1	1	Yung Sze Wai	容思蔚	SPCC 2258
	2	YUEN LONG CHING	阮朗澄	SPCS 2277
	3	YIU HOI LAM	姚凱嵐	TSWMC 2346
	4	Yip Man Yan	葉泯妍	HKUGA 2072
	5	YIM PUI YU	嚴珮洳	SWC 2310
	6	YEUNG STACY	楊卓潼	LSTC 2163
	7	Wong Wing Tung	黃詠瞳	HYS 2088
	8	Sze Hei Man Joby	施晞敏	LTFC 2422
Heat 2	1	WONG TIA	黃穎	FLSS 2038
	2	WONG HOI CHING	王鎰澄	PLKNPL 2183
	3	WONG CHEUK NING	黃焯婷	TCCS 2332
	4	Wong Bo Kiu Belinda	黃寶嶠	HFTC 2409
	5	WANG YUHUA	王鈺華	SWC 2309
	6	WONG TSZ CHING	黃芷澄	TSWMC 2347
	7	Tsang Lok Tung Vanice	曾銘潼	STSS 2297
	8	Tsang Ching	曾晴	QUALIED 2212
Heat 3	1	Tongan Zhu	朱同安	ISFA 2416
	2	Tam Man Wai	談敏蔚	SCGS 2227
	3	Tsang Tsz Ying Laura	曾梓瑩	QUALIED 2211
	4	Sun Man Ching Karina	孫敏澄	SPCC 2257
	5	Ngan Chloe Hoi Yiu	顏愷瑤	SSCS 2448
	6	NG YUI YIN	吳睿妍	SHDC 2242
	7	Ng Wing Kiu	吳詠蕎	HKUGA 2071
	8	Man Yu Sze	文雨詩	LKKC 2129
Heat 4	1	LIU HUI YUET	廖玥玥	GHS 2055
	2	LI PUI YIN	李配賢	WFN 2362
	3	LEUNG SIN TUNG	梁善童	POHCKMC 2198
	4	LAM SUM YU	林心瑜	YYC 2380
	5	Leung Ka Yui Kami	梁珈睿	HYS 2089
	6	Lee Yi Kwan	李懿君	PLKNPL 2182
	7	Lee Tsz Yiu	李芷瑤	LKKC 2130
	8	Law Tin Hei	羅天晞	S.C. 2441
Heat 5	2	LAU Tsz Wun Amber	劉芷垣	STCC 2450
	3	LAM WING SUM	林詠心	FLSS 2037
	4	LAM WING SUET	林穎雪	YYC 2381
	5	LEUNG SIN KI	梁善淇	POHCKMC 2199
	6	LAM SIU YI	林紹怡	WFN 2363
	7	HUNG Tsz Yiu	洪梓瑤	JCTIC 2108
	8	HO SUM KIU CASSIDY	何心喬	GHS 2054
	Heat 6	2	CHUNG WING CHING	鍾詠晴
3		CHU Yun Yat	朱潤逸	CPU 2001
4		CHAN KAI NI	陳佳妮	SHDC 2241
5		Chiu Yui Sze	趙睿詩	SCGS 2226
6		Cheung Yan Tung	張欣彤	DGS 2017
7		CHOW SZE LOK JOELLE	周施樂	CPU 2002
8		CHEUNG HOI CHING	張凱靜	FSS-SSW 2408
Heat 7		2	CHEUNG HEI LAM	張希臨
	3	Cheng Yuen Yung	鄭琬融	LSKC 2150
	4	CHEUNG Shan Shan	張珊嫻	LA 2418
	5	CHAN Sze Wing	陳思穎	JCTIC 2109
	6	Chan Hay Yee Jessy	陳係而	DGS 2016
	7	CHEN NIZI	陳霓孜	TCCS 2331
	8	Chan Ying Wai	陳映慧	LSKC 2151

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Event 10	Boys Triple Jump (QR) Gp 2		10:30AM		
	Record : 14.41m		Standard : 11.20m		
	Qualifying Standard :13.40m				
Qualifying	1	KONG, Man Ki	江文琪	PKMS	1265
Round	2	Man Chun Long	文俊朗	LSKC	1215
Group 2	3	NG Chun Fai Isaac	吳晉輝	JCTIC	1143
	4	MAK CHIN WAI	麥展璋	DBS	1063
	5	FUNG BALLARD	馮汐潮	WFN	1399
	6	IP Long	葉朗	PKMS	1263
	7	LIU CHUN HUNG	廖振雄	PTSS	1296
	8	LAU YU SUM	劉宇琛	POHCKMC	1285
	9	LO HOI LONG	盧凱朗	YYC	1461
	10	CHUN SZE CHUN	秦思進	LSTC	1234
	11	CHU PAK HIN	朱柏軒	SMCESPS	1316
	12	Chow Tsz Fung	周梓峰	CSWCSS	1041
	13	CHONG Ho Lun	莊浩麟	YCKMC	1431
	14	CHEUNG Man Hin	張文軒	SMS	1341
	15	CHAN YU PUN	陳宇濱	YYC	1462
	16	CHAN WAI KIT	陳煒杰	TKPSS	1377
	17	SHUM Chun Shing	岑晉丞	SMS	1340
	18	CHAN CHUN YUEN	陳晉源	WFN	1398
	19	CAI HIU TUNG	蔡曉東	HPCCSS	1124
	20	AU YEUNG Tin	歐陽天	WYK	1550
	21	AU YEUNG HEY	歐陽希	LSC	1193
	22	GAO JESSE	高臻	TCCS	1361

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Event 11	Girls Long Jump (QR) Gp 2			10:30AM	
	Record : 6.14m			Standard :	4.10m
	Qualifying Standard :5.10m				
Qualifying	1	Lo Ching Yi	羅靖兒	STSS	2306
Round	2	Lim Ching Tung Tiffany	林靖桐	SCGS	2239
Group 2	3	Li Tin Yan Tesia	李天恩	QUALIED	2225
	4	LEUNG SIU TUNG	梁小冬	FLSS	2045
	5	LEE YEE CHING	李苡澂	SPCS	2293
	6	Lau Tsz Ching	劉紫晴	YCKMC	2471
	7	LAU Hoi Ying	劉鎧盈	JCTIC	2126
	8	LAM HEI MAN HAZEL	林熙雯	WFN	2378
	9	LAM CHI HUEN	林芷萱	TCCS	2345
	10	Kwok Kwan Ching	郭君澄	HKUGA	2085
	11	HUANG SIXIN	黃思欣	TSWMC	2348
	12	Chow Wan Hei	周韻晞	LKMC	2147
	13	CHONG PUI YU CHLOE	章珮茹	YYC	2394
	14	Choi Ming Yan	蔡明殷	LSTC	2174
	15	CHOI CHEUK WING	蔡卓穎	SWC	2327
	16	Ching Hei Tung Hillary	程晞桐	DGS	2033
	17	Sum Hau Kiu	沈考翹	HYS	2105
	18	Shih Wing Hei	施泳希	SPS	2447
	19	Shi Sum Yuet Sally	石心玥	LSKC	2162
	20	Ng Hau Ching	吳巧澄	CPU	2004
	21	Chan Ying Wai	陳映慧	LSKC	2151
	22	Chan Wing Kiu	陳穎翹	LKMC	2148
	23	Chan Wing	陳泳	STSS	2305
	24	CHAN SZE CHING	陳思晴	GHS	2068
	25	CHAN KAI NI	陳佳妮	SHDC	2241
	26	Chan Chi Ching	陳芷晴	HKUGA	2086
	27	CHAN CHEUK YING	陳卓盈	PCMS	2432

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Event 12	Boys 100m (H)		10:30AM		
	Record : 10.53		Standard :	12.20	
Heat 1	1	MAN Sau Ching Isaac	文守正	KGV	1147
	2	FONG CHUN KIT JACKY	方俊傑	LSC	1174
	3	FONG, Cheston	方嗣淳	PKMS	1249
	4	WONG Kwok Yau	王國祐	WYK	1552
	5	Li Ho Pang	李浩鵬	CSWCSS	1021
	6	KOO CHEUK FUNG JASPER	古緯峰	DBS	1045
	7	KON King Long	江景朗	JCTIC	1128
	8	LI TSZ KIN	利子健	TCCS	1343
Heat 2	1	SUNG TSZ FAI	宋梓輝	POHCKMC	1268
	2	LI CHEUK HIM	李卓謙	TKPSS	1364
	3	Lee Yung Hei	李勇希	CSWCSS	1020
	4	LOK KAI CHUNG	駱啟聰	NCC	1521
	5	WANG, Jingran	王境然	PKMS	1250
	6	Lee Cheuk Yin	李緯然	FYW	1085
	7	LI HO HIN	李灝軒	MKPMC	1235
	8	LAM PAK KIU	林柏喬	PTSS	1288
Heat 3	1	LIEM Ho Yat Isaac	林皓壹	SMS	1321
	2	Tong Kwok Fung	唐國峰	LKKC	1155
	3	TSUI MAN HIN	徐文軒	HPCCSS	1103
	4	CHUI LONG HEI REX	崔朗希	DBS	1046
	5	CHUI KA YAU	崔嘉祐	LSTC	1218
	6	CHUI LOK HEI	崔樂曦	HGC	1496
	7	CHAN SZE LONG	陳思朗	WFN	1379
	8	CHEUNG CHI PING	張治平	WYY	1402
Heat 4	1	Cheing Chun Yin	張俊然	LTFC	1515
	2	Cheung Shing Hin	張誠軒	LSKC	1196
	3	CHEUNG MARCUS	張銳程	WFN	1378
	4	XU WAI LOK	許偉洛	YYC	1443
	5	Hui chun ming	許雋銘	WYY	1403
	6	CHAN HO CHUN	陳昊駿	POHCKMC	1269
	7	CHANG TIN HANG KYLE	張天桁	LSTC	1217
	8	CHEN TSZ YUK LEMUEL	陳祉煜	LSC	1175
Heat 5	1	Chan Lit Man	陳烈文	LSKC	1197
	2	CHAN TSZ WANG	陳梓弘	TKPSS	1363
	3	CHAN Yat Long	陳逸朗	CPU	1002
	4	CHAN HON CHIU	陳漢釗	YCKMC	1422
	5	Huang Ho Yeung	黃浩洋	FYW	1086
	6	Yeung Man Chun	楊汶臻	CZM	1488
	7	LIU GUANFENG	劉冠烽	YYC	1444
	8	YIP YU HIN	葉宇軒	SMCESPS	1297
Heat 6	2	Yang Zhao Zhi George	楊昭智	CPU	1001
	3	LAU KAI KIT	劉榮傑	HPCCSS	1104
	4	Pan Choi Chun	潘才俊	LTFC	1518
	5	CHEUNG PAK HEI	鄭柏晞	LKKC	1154
	6	LI ZHUOXIN	黎卓信	SMCESPS	1298
	7	LI CHUN HO	李晉嵩	MKPMC	1236
	8	Sit Lok Yin Pasco	薛諾言	HKUGA	1498
	Heat 7	2	KWONG Chun Hin Jaden	鄺雋軒	SMS
3		LAW Siu Hang	羅兆亨	JCTIC	1127
4		Tam King Hei	譚景禧	YCKMC	1421
5		GURUNG, ADARSH		DMS-BW	1068
6		JUN, Chaemin		TSIS	1536
7		MUHAMMAD SHAYAAN MIR		DMS-BW	1067
8		NUEVAS MHARCLYDE JAIRUZ		TCCS	1344

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Event 13	Boys Javelin (QR) Gp 1		10:45AM		
	Record : 63.50m		Standard : 30.00m		
	Qualifying Standard :42.00m				
Qualifying	1	KAN ETHAN	簡栢翹	YCKMC	1438
Round	2	Wong Ching Ho	王靖皓	CSWCSS	1040
Group 1	3	NG CHI TIN	伍智天	DBS	1061
	4	ZHU, Guangshuo	朱廣碩	PKMS	1261
	5	JIANG TO HEI	江道熙	TCCS	1359
	6	Ho Huen Chung	何綯充	CPU	1015
	7	CHEUNG YU YIU	張宇堯	PTSS	1014
	8	HA MING HEI	夏銘希	POHCKMC	1295
	9	Lam Cho Hei	林祖熹	CSWCSS	1283
	10	LEE NOK HEI	李諾滄	SMCESPS	1039
	11	LEE WING TO	李穎滔	YCKMC	1313
	12	Leung Ka Fung	梁家鋒	LSKC	1437
	13	LEUNG TIN LONG	梁天朗	LSC	1211
	14	Leung Wing Hoi	梁穎愷	FYW	1190
	15	LI DANIEL	李榮	SMCESPS	1099
	16	LIANG HO YIN	梁皓然	TCCS	1312
	17	NG PIERCE ANREW LIN	吳駿穎	POHCKMC	1360
	18	SIU CHUN YIN	邵俊諺	WFN	1282
	19	WU, Steven	吳思賢	PKMS	1396
	20	YAN CHEUK WING CHRISTOPHER	言卓榮	LSTC	1262
	21	Yu Chun Hei	余鎮希	CPU	1232
	22	YUNG Chi Long	翁智朗	SMS	1337
	23	Hui Kin Cheung	許健璋	LKKC	1168
	24	HUI Hiu Fung	許曉峯	JCTIC	1136
	25	Kwok Wing Fung	郭泳鋒	CLS	1479
	26	KWOK KIN LUN	郭建麟	TLLF	1535

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Event 14	Girls Shot Put (QR) Gp 1		10:45AM		
	Record : 10.63m		Standard : 6.90m		
	Qualifying Standard :9.40m				
Qualifying	1	Yeung Yan Yu Erica	楊殷瑜	HKUGA	2081
Round	2	YEUNG KARIN	楊香鈴	SPCS	2288
Group 1	3	YAU, Hiu Wai Brianne	邱曉蔚	PKMS	2436
	4	Xu Chuwei	許楚唯	DGS	2030
	5	WOO SIN YU	胡善渝	PLKNPL	2193
	6	Woo An Ngar	胡安雅	LKKC	2142
	7	WONG YUI KI	王睿琪	POHCKMC	2207
	8	Wong Wai Tung Bianca	黃蔚彤	SCGS	2234
	9	Wan Hiu Sin	溫曉倩	QUALIED	2222
	10	Wan Hei Kiu	尹晞翹	SCGS	2235
	11	Tse Wing Shan	謝泳珊	HYS	2099
	12	TSE HUI NOK	謝煦諾	SPCS	2289
	13	Tsang Tsz Tung	曾紫桐	HKUGA	2082
	14	TONG CHI WING	唐茲詠	YYC	2391
	15	To WING TUNG JAMIE	杜穎彤	TCCS	2342
	16	TING SUM YAT	丁心逸	WFN	2373
	17	TANG WING YAN	唐穎恩	LSTLKK	2420
	18	NG Hei Yiu	吳晞曦	JCTIC	2119
	19	MEI JOY CASERA JOVER	祖華美	TSWMC	2357
	20	Man Hei Tung	文湜潼	LKKC	2141
	21	MA SZE CHING	馬詩澄	SWC	2322
	22	LUO YAN NAM	羅恩楠	SHDC	2252
	23	IP CHARMAINE CHI MAAN	葉子漫	GHS	2064
	24	Lui Chun	雷臻	PLKNPL	2192
	25	LO WING LAM VENUS	盧咏琳	WYY	2469
	26	Lo Sze Yu Lynette	盧詩雨	LSKC	2158

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Event 15	Girls 1500m (F)		10:55AM		
	Record : 04:51.09		Standard : 06:15.00		
Final 1	1	Tse Ka Nam	謝迦嵐	CPU	2007
	2	Cheng Yu Chun Valerie	鄭羽津	DGS	2023
	3	LEE WING KIU WINKI	李泳蕎	FLSS	2043
	4	LEUNG HAU YAN	梁巧欣	GHS	2060
	5	Lee Pui Wan	李沛灃	HKUGA	2075
	6	Yeung Hiu Yau	楊曉悠	HYS	2095
	7	WONG Lok Tung	王樂彤	JCTIC	2115
	8	Lo Ching Lam	勞靖琳	LKKC	2135
	9	Lam Wing Hei	林泳希	LSTC	2170
	10	YEUNG LOK TUNG	楊潔彤	PLKNPL	2188
	11	CHEUNG HEI KIU	張曦翹	POHCKMC	2202
	12	Chan Lok Yan	陳樂殷	QUALIED	2217
	13	Lui Lok Hei	呂樂曦	SCGS	2232
	14	TO NGA YI HAILEY	陶雅兒	SHDC	2247
	15	Lan Jacey Laura	藍啟希	SPCC	2264
	16	CHAN WING MIU	陳穎苗	SPCS	2282
	17	YEUNG SHEUNG CHIN	楊尚芊	SWC	2315
	18	HAN XIUQI ELISE	韓修齊	TCCS	2337
	19	CHIU YAN TO	趙欣陶	TSWMC	2351
	20	NGAN LOK YI	顏樂誼	WFN	2368
	21	MANG HIN KI	孟憲琪	YYC	2385
	22	LAU Sze Ching, Serene	劉思晴	LTFC	2424
	23	Shum Chung Ning	岑頌寧	STSS	2452
	24	LAM TSZ KI	林子淇	TPSY	2459
	25	Chan Ming Sum	陳明心	TTCA	2462
Final 2	1	WONG YUET TUNG	黃侖佟	CPU	2008
	2	Lau Ka Wai	劉嘉慧	DGS	2024
	3	CHU HEI YUI HAZEL	朱希睿	FLSS	2044
	4	CHAN PAK YIN KATIE	陳柏延	GHS	2059
	5	Liu Yuen Lam	廖婉霖	HKUGA	2077
	6	Ng Yuet Hei	吳悅曦	HYS	2094
	7	WONG Wan Tung	黃允彤	JCTIC	2116
	8	Chan Chloris Ho Shuen	陳可璇	LKKC	2136
	9	Xiao Qiyun	肖淇勻	LSKC	2156
	10	Lau Shuk Kwan	劉淑坤	LSTC	2171
	11	Lau Hong Ching	劉康澄	PLKNPL	2190
	12	LUO TSZ YEE	羅梓綺	POHCKMC	2203
	13	Lau Ka Ching	劉珈晴	QUALIED	2216
	14	SO HIU TING	蘇曉婷	SHDC	2248
	15	Wong Tsz Huen	黃子萱	SPCC	2263
	16	ACKBER BERTHA	區曉彤	SPCS	2284
	17	FONG NGA YIN	方雅賢	SWC	2316
	18	XIE XIN YI	謝欣怡	TCCS	2338
	19	LAM LOK TUNG	林洛彤	TSWMC	2352
	20	NG PUI YU	吳佩如	WFN	2369
	21	TSOI WAI KIU	蔡蕙蕎	YYC	2386
	22	MODIANO, Sarah Elise		FIS	2405
	23	LUK TSZ YIN	陸梓嫣	HPCCSS	2412
	24	CHEUNG WAN SHUN	張蘊淳	SMCESPS	2445
	25	KOO HIU LAM	顧曉琳	STS	2451

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Event 16	Boys High Jump (QR) Gp 2		11:15AM		
	Record : 2.09m		Standard : 1.60m		
	Qualifying Standard :1.80m				
Qualifying	1	LOW HO LUM	劉濶霖	DBS	1065
Round	2	LO YAT SING	盧逸昇	WYY	1413
Group 2	3	LO HOI LONG	盧凱朗	YYC	1461
	4	Li Zi Hao	李梓昊	LKKC	1173
	5	Lee Tin Ho Avery	李天灝	SSCS	1530
	6	LEE Chun Po	李俊寶	WYY	1420
	7	LAU LIK CHUN	劉力臻	LSC	1194
	8	Lam Ching Hei	林政熹	CPU	1018
	9	Lai Yin Hei	賴延希	FYW	1101
	10	LAI TSZ HEI RAIN	賴梓希	POHCKMC	1286
	11	KAN JEREMY	簡靈璋	LKKC	1172
	12	JIANG, Jiaqing	江嘉慶	PKMS	1266
	13	Jiang Yuk Chun	江毓晉	HWC	1505
	14	HUI King Chi	許景智	JCTIC	1146
	15	HUI CHI MAN	許智文	YCKMC	1442
	16	HO YAN TSUNG	何胤璁	YYC	1463
	17	HO Kui Hoi	何鉅海	SMS	1342
	18	FOK YUI CHUN	霍銳縉	DBS	1066
	19	Chow Tin Nok	周天諾	HWC	1504
	20	CHAN Long Yin	陳朗賢	SMS	1324
	21	CAI HIU TUNG	蔡曉東	HPCCSS	1124
	22	AU CHING YEUNG	區靖洋	CSK	1483
	23	ARJUN SINGH		TCCS	1362

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Event 17 Boys 1500m (F) 11:15AM Updated on 5/3
 Record : 04:02.72 Standard : 05:00.00

Final 1	Rank	Name	Chinese Name	School	Time
	1	Li Zhao Li	黎釗立	CPU	1009
	2	Lo Ka Wai	盧嘉威	CSWCSS	1029
	3	WAN CHAK YAN	溫澤仁	DBS	1053
	4	EHAN MD SHAH NEWAZ		DMS-BW	1071
	5	Lok Yui Shun	駱銳迅	FYW	1091
	6	Kuang Jie Zhi	鄺傑治	HPCCSS	1111
	7	WONG Nok Hei	王諾熙	JCTIC	1133
	8	MONGIA Atharva		KGV	1150
	9	Ng Kwan Chak Bosco	吳均澤	LKKC	1162
	10	HO HOI WAI HOWARD	何海懷	LSC	1179
	11	Mak Cheuk Kiu	麥焯喬	LSKC	1200
	12	LAI HO TING	賴皓鼎	LSTC	1221
	13	YUE CHEUK NAM	姚焯楠	MKPMC	1241
	14	BEI, Ji Ming	北濟銘	PKMS	1256
	15	OUYANG TIN YAU	歐陽天佑	POHCKMC	1273
	16	LAU KAN YIP	劉根業	PTSS	1291
	17	CHAN TSZ LONG	陳梓朗	SMCESPS	1303
	18	CHAN Yan Chuen	陳恩泉	SMS	1327
	19	LEUNG MIU FUNG	梁淼楓	TCCS	1350
	20	LEE PAK HIM	李柏謙	TKPSS	1369
	21	NG CHEUK HIM	吳卓謙	WFN	1385
	22	FUNG ZHIJIE	馮智傑	WYY	1408
	23	Ho Chun Hang	何駿鏗	YCKMC	1429
	24	LUO ZIHAO	羅梓灝	YYC	1448
	25	MOK TSZ HIM	莫子謙	KYWC	1508
	26	Ilias Tობback		WIS	1541
	27	Yip Ka Kui	葉錄駒	YKN	1553

Final 2	Rank	Name	Chinese Name	School	Time
	1	Ip Wan Hin	葉雲軒	CPU	1008
	2	Wong Chun Hei	黃俊僖	CSWCSS	1028
	3	AU HO CHUN	區皓駿	DBS	1052
	4	MUHAMMAD HAMZA		DMS-BW	1072
	5	Chu Ka Ming	朱家洺	FYW	1090
	6	LI SHUN HANG	李信恒	HPCCSS	1110
	7	LAM Wik Derek	林域	JCTIC	1134
	8	Tang Tsz Yeung	鄧子揚	LKKC	1163
	9	CHAN HAU CHUN	陳孝濬	LSC	1181
	10	Lu Yanda	呂彥達	LSKC	1202
	11	CHOW CHI YIN	周知言	LSTC	1222
	12	Chan Chun Hym Joshua	陳雋謙	MKPMC	1242
	13	YU, Yi Lok	余懿洛	PKMS	1254
	14	WONG LOK CHING	黃樂政	POHCKMC	1272
	15	TONG WING HEI MOSES	湯穎羲	PTSS	1292
	16	HO KWONG KAI	何光啟	SMCESPS	1304
	17	HUI Chun	許臻	SMS	1328
	18	XUE HO CHEUNG	薛浩翔	TCCS	1351
	19	FONG CHUNG KIU	房仲翹	TKPSS	1370
	20	PO CHUN HEI	布振熙	WFN	1386
	21	WONG CHUN	黃浚	WYY	1410
	22	Yang, Ho Vincent	楊皓	YCKMC	1427
	23	LEE HIN CHING MATTHEW	李衍正	YYC	1450
	24	LAI CHUN CHING	黎晉澄	CCCSS	1473
	25	WANG HO CHING	王昊程	KYS	1507
	26	Yu Ka Yui	余家睿	SYSS	1534
	27	Wong Chak Lam	黃澤林	WBSS	1540
	28	Koppány Szentés		WIS	1542

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Event 18	Girls 400m (H)		11:30AM	
	Record : 56.73		Standard :	01:12.50
Heat 1	1	YUEN YAT YI HANNAH	原逸誼	SWC 2313
	2	YUEN TSZ CHING	原梓晴	SPCS 2281
	3	YUEN HO NAM	袁可嵐	YYC 2383
	4	LEE PUI YAN SELINA	李貝恩	RCPHKMC 2440
	5	Lau Ka Hei	劉珈晞	QUALIED 2213
	6	Yip Yik Tung	葉奕彤	DGS 2019
	7	Yip Pui Kiu	葉佩翹	LSKC 2154
	8	YE TINGTING ANGEL	葉婷婷	FLSS 2039
Heat 2	1	XIE ZIYAO	謝梓瑤	HKUGA 2074
	2	Wu Hoi Lam	吳凱琳	STSS 2298
	3	WONG Tsz Ching	黃芷晴	JCTIC 2112
	4	WONG CHIN WAI	黃千慧	TSWMC 2349
	5	Wang Jiaxin	王嘉馨	LSKC 2155
	6	Shum Yan Wing	岑昕穎	DGS 2020
	7	PANG HOI CHING	彭凱晴	SMCESPS 2446
	8	Ng Tsz Tung	吳芷彤	LSTC 2166
Heat 3	1	MAN KIT YIN	文潔妍	SWC 2311
	2	MAK WING YI	麥穎怡	SHDC 2245
	3	LYDIA HASNA		TCCS 2335
	4	LI WING CHI	李穎芝	YYC 2382
	5	Li Laura	李佳茹	PLKNPL 2187
	6	LI HOI CHING	李凱晴	LA 2417
	7	Li Ho Kiu	李可翹	LSTC 2167
	8	Leung Shin Yau Esther	梁善柔	SPCC 2259
Heat 4	2	Leung Lok Yu	梁樂瑜	SCGS 2230
	3	LEE TSZ YIU	李紫瑤	GHS 2057
	4	Lee Tsam Yi	李沁怡	LKKC 2131
	5	Chu Wing Yi	朱穎怡	QUALIED 2215
	6	CHU HOI NA	朱凱娜	SHDC 2246
	7	LAM WING CHI	林穎姿	TPYC 2460
	8	LAI TSZ SEN	黎紫晨	WFN 2365
	Heat 5	2	Ko Yui Ching	高睿晴
3		HUI FUNG YEE	許鳳儀	TCCS 2336
4		HERMINJARD, Chloe Anna		TSIS 2461
5		Fung Wing Tsun	馮穎濠	CPU 2005
6		FUNG PUI WAI SHELL	馮貝惠	WFN 2364
7		FAN ON WING	樊安詠	GHS 2058
8		Chung Ho Lam Leona	鍾皓琳	CPU 2006
Heat 6		2	CHEUNG Tsz Ching	張芷晴
	3	CHEUNG TSZ KI BELLE	張梓琪	TSWMC 2350
	4	CHEUNG YUET HEI	張悅禧	TLHK 2456
	5	Choi Yi Tung	蔡伊桐	SCGS 2231
	6	Zhuo Yijing	卓奕靜	HYS 2091
	7	YU TSZ KIU	余子蕎	SPCS 2280
	8	CHONG HEI YU	莊稀渝	PLKNPL 2186
	Heat 7	2	CHEUNG KWONG LAI	張光麗
3		Cheng Tsz Yan	鄭芷殷	HKUGA 2073
4		Chan Sum Yiu	陳芯瑤	LKKC 2133
5		CHAN SUEN FEI	陳宣霏	FLSS 2040
6		Chan Hong Yau	陳濂悠	SPCC 2260
7		Chan Alena Wai Yan	陳慧恩	STSS 2299
8		BRUNEAU, Romane Sophie		FIS 2404

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Event 19	Boys Javelin (QR) Gp 2		11:45AM		
	Record : 63.50m		Standard : 30.00m		
	Qualifying Standard : 42.00m				
Qualifying	1	CHAN MING CHI	陳明治	HPCCSS	1109
Round	2	CHAN CHUN MAN	陳駿文	TKPSS	1365
Group 2	3	Chan Pak Yin	陳柏言	WYHK	1545
	4	Chen Hoi Pok	陳海博	LSKC	1212
	5	CHEN YAT HIN	陳逸軒	HPCCSS	1121
	6	CHENG WAI LOK	鄭煒樂	YYC	1457
	7	Fok Chun Yin	霍俊賢	FYW	1100
	8	IP Ho	葉皓	JCTIC	1140
	9	LIU YIN BOK	廖彥博	TKPSS	1375
	10	LUI CHEUK NAM	雷卓男	LSTC	1231
	11	MOHAMMAD HUZAIFAH		DMS-BW	1081
	12	PAN YAT LONG	潘逸朗	WFN	1395
	13	RASHAD MUHAMMAD FARHAN		DMS-BW	1080
	14	SIU YUK NAM	蕭煜楠	LSC	1188
	15	SO Ting Hei	蘇庭希	STCC	1531
	16	Su Cheuk Hei	蘇焯熙	YYN0.2	1556
	17	SU MINGJIA	蘇銘佳	MKPMC	1245
	18	Tang Ting Hin	鄧廷軒	WYY	1417
	19	Zheng Wai Hon Yohann	鄭偉瀚	HNC	1500
	20	ZHAN YIMIN	詹益民	YYC	1459
	21	Yip Tin Ching Walter	葉天正	WYHK	1549
	22	YEUNG SAMUEL CHUN YIP	楊俊業	LKKC	1167
	23	YAN TSZ TO	甄梓滔	MKPMC	1247
	24	WONG MAN HEI MAX	黃文熙	SJACS	1527
	25	WONG LOK YIN	黃洛然	DBS	1058
	26	TSAI Yiu Hon	蔡耀漢	SMS	1335
	27	To Ka Cheung	陶嘉翔	WYY	1418

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Event 20	Girls Shot Put (QR) Gp 2		11:45AM	
	Record : 10.63m		Standard :	6.90m
	Qualifying Standard :9.40m			
Qualifying	1	LO HANG YI	羅幸兒	YYC 2390
Round	2	Liu Yi Wan	劉伊芸	HTC 2414
Group 2	3	Liu Karol	廖嘉鷺	STSS 2301
	4	LI PUI LING	黎佩玲	SHDC 2253
	5	Leung Wa Yan	梁華恩	HYS 2100
	6	Lee Phyllis	李珞瑜	DGS 2029
	7	Lee Lok Yau	李樂悠	UCC-KE 2463
	8	Lee Lok Lam	李洛琳	QUALIED 2223
	9	LEE HOI CHING HAZEL	李海晴	FLSS 2047
	10	Lee Ariane Cheuk Wai	李卓蔚	SPCC 2270
	11	Lam Sze Yuen	林思遠	LSKC 2157
	12	LAI JING JUN	賴敬軍	CPU 2011
	13	LUI PAK YI	呂柏誼	WFN 2372
	14	HUANG KA KI	黃嘉琪	LSTC 2176
	15	HE CHING YI CHERRY	何靜宜	POHCKMC 2206
	16	Chu Wai Ling	朱瑋玲	YKYC 2473
	17	CHONG HOI FEI	莊凱斐	SWC 2321
	18	Chiang Lok Tung	蔣樂瞳	CPU 2012
	19	CHEUNG YEE TING	張綺婷	TCCS 2341
	20	Chen Ziyu	陳子煜	LSTC 2175
	21	Chau Hong Wing	周康穎	SPCC 2269
	22	Chan Yeuk Hang	陳若行	STSS 2302
	23	CHAN Yan Ki	陳欣淇	JCTIC 2120
	24	CHAN TUNG YAN SAMANTHA	陳彤葭	GHS 2063
	25	Chan Hiu Ching	陳曉澄	PLKCHYT 2437
	26	BOAHENE ADESIDA OLAMIDE BELLA	龐貝拉	TSWMC 2358
	27	AU HUEN YI	歐煢宜	FLSS 2048

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Event 21	Boys 400m (H)		11:50AM		
	Record : 49.39		Standard :	57.80	
Heat 1	1	SO KA HANG	蘇家恆	CPU	1004
	2	CHAN KE QI	陳柯棋	LSTC	1220
	3	CHAN Long Yin	陳朗賢	SMS	1324
	4	Chan Rio	陳曉楠	HKUGA	1497
	5	Chen Jianxin	陳健鑫	FYW	1087
	6	CHEUNG POK MAN	鄭博文	YCKMC	1426
	7	CHEUNG KAM PUI	張錦沛	TCCS	1348
	8	CHIO SEE LONG	趙思朗	DBS	1048
Heat 2	1	CHONG SHING CHI	莊承志	SMCESPS	1300
	2	CHU TSZ LOK	朱梓樂	WFN	1381
	3	DIWAKAR Sumukh	-	KGV	1148
	4	MAK YIU WING	麥耀榮	LIYMSS	1510
	5	HAU CHIT LONG	侯詰朗	HPCCSS	1106
	6	HO CHEUK SAN	何卓榮	TKPSS	1366
	7	HU, Lap Hang	胡立衡	PKMS	1253
	8	HUANG MAN CHUN VINCENT	黃文駿	YYC	1447
Heat 3	1	YAU Cheuk Nam Scott	邱卓楠	JCTIC	1129
	2	JIANG Haoen	蔣昊恩	WYY	1407
	3	LAM CHEUK HANG	林偉行	DBS	1049
	4	LAM CHUN HEI	林俊熹	LSTC	1219
	5	Lam Chung Sum	林宗琛	WYY	1406
	6	WONG KA PO	黃家寶	CSL	1487
	7	THAPA NISHCHAL		DMS-BW	1070
	8	LAM PAK KIU	林柏喬	PTSS	1288
Heat 4	1	LAU HO LAM	劉昊臨	POHCKMC	1270
	2	Lau Shing Hei	劉承滸	MKPMC	1239
	3	Lee Kin Hei	李鍵希	LSKC	1198
	4	LEE YAT HEI	李逸禧	LSC	1177
	5	LIN, Ziqian	林紫謙	PKMS	1252
	6	LU JINYE	盧晉業	WFN	1382
	7	Ma Yung Sang	馬榕生	WYHK	1548
	8	Fong Cheuk Yu	方卓宇	CSWCSS	1024
Heat 5	1	NG PAK KI	吳柏其	POHCKMC	1271
	2	Ngai Yin Wang	魏彥泓	MKPMC	1238
	3	PANG Tsz Hin	彭梓軒	SMS	1323
	4	PUMICPIC ZHERAFIN		DMS-BW	1069
	5	RICO MARC CHESTER	潘政峴	TCCS	1347
	6	Tam Wai Pong	譚緯邦	LSKC	1199
	7	LAM KWAN MING	林筠銘	LSC	1178
	8	TONG Pak Hin Issac	唐柏軒	PKC	1524
Heat 6	2	Tsang Ngo Shun	曾傲舜	LKKC	1158
	3	Tse Ka Hei	謝迦晞	CPU	1005
	4	WONG CHEUK NAM MARCUS	黃焯楠	SMCESPS	1301
	5	Lam Ho Yeung	林昊洋	CSWCSS	1025
	6	WONG Kwok Man	黃崢文	WYK	1551
	7	WONG SIN MING MATTHEW	黃善銘	HPCCSS	1107
	8	XIANG Zhexing	項哲興	JCTIC	1130
	Heat 7	2	Yang Zili	楊子立	FYW
3		HUANG YAU NAM	黃佑楠	YYC	1446
4		YAU PAK HIN	丘栢軒	TKPSS	1367
5		Yeung Hoi To	楊愷滔	YCKMC	1425
6		Yeung Kit Chuen	楊傑全	CMASS	1481
7		Zhong Junxiang	鍾俊翔	BHSC	1468
8		ZHONG MING HO	鍾銘灝	LKKC	1159

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Event 22	Boys Long Jump (QR) Gp 1		01:30PM		
	Record : 7.26m		Standard : 5.45m		
	Qualifying Standard :6.50m				
Qualifying	1	GAO JESSE	高臻	TCCS	1361
Round	2	Chan Chun Sui	陳俊穗	CMASS	1480
Group 1	3	CHAN Ho Fung	陳皓風	YCKMC	1439
	4	CHAN PA YIN	陳帕言	TKPSS	1376
	5	Fang Chuangyu	方創宇	ASMS	1464
	6	Chow Tsz Fung	周梓峰	CSWCSS	1041
	7	KO SZE WANG	高斯泓	SJACS	1526
	8	CHEUNG CHI PING	張治平	WYY	1402
	9	CHEUNG MARCUS	張銳程	WFN	1378
	10	CHIK KI YEE	戚其頤	YCKMC	1440
	11	Chan Yat Cho	陳日初	SPC	1529
	12	CHAN WAI KIT	陳煒杰	TKPSS	1377
	13	CHAN, KAR FU	陳嘉富	PKMS	1264
	14	Kong Chun Lai	江俊禮	MKPMC	1248
	15	MOK CHEUK LAM KENNETH	莫卓霖	CSK	1485
	16	Ng Lok Hei	吳諾熹	CSWCSS	1042
	17	MAK CHIN WAI	麥展璋	DBS	1063
	18	PADDA PARMBEER SINGH		DMS-BW	1082
	19	ZHAO Haojun	趙浩駿	CPU	1016
	20	LEE HO KUEN	李浩權	HPCCSS	1123
	21	LEE Cheuk Hin	李卓軒	JCTIC	1141
	22	Lai Yin Hei	賴延希	FYW	1101
	23	LAU KWOK HAY	劉國熙	HPCCSS	1122
	24	NG Cheuk Him Matthew	吳卓謙	JCTIC	1142
	25	KWOK YUK LAM	郭育林	LSC	1192
	26	Li King Ho	李景皓	LSKC	1213
	27	MOK NAI TIN VICTOR	莫乃天	SMCESPS	1314

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Event 23	Boys Discus (QR) Gp 1		01:30PM		
	Record : 49.36m		Standard : 26.00m		
	Qualifying Standard :33.00m				
Qualifying	1	KAN ETHAN	簡栢翹	YCKMC	1438
Round	2	Wong Tsz Chun	王子俊	FYW	1098
Group 1	3	Ng Chun Hei	伍俊羲	LSKC	1209
	4	ZHU JIAHAO	朱家浩	DBS	1060
	5	HO CHEUK SAN	何卓榮	TKPSS	1366
	6	Yu Tak Wai	余德威	CMASS	1482
	7	NG TSZ LOK DANIEL	吳祉樂	SMCESPS	1310
	8	LUI SHING HIN	呂承軒	LSTYKHL	1514
	9	LI DANIEL	李榮	SMCESPS	1312
	10	LEE WING TO	李穎滔	YCKMC	1437
	11	CHOW, David	周瑋曦	PKMS	1258
	12	CHOW LOK YIN	周諾言	WFN	1394
	13	LAM YAU SHING	林宥丞	LSTC	1230
	14	LAM CHAK KWAN	林澤鈞	POHCKMC	1280
	15	YAU Shek Lam	邱碩林	SMS	1336
	16	YIU Pak Kiu	姚柏翹	JCTIC	1138
	17	HU WENXUAN	胡文旋	LSTC	1228
	18	YUEN NGO LONG	袁傲朗	POHCKMC	1281
	19	ZHANG BOWEN	張文博	MKPMC	1246
	20	CHEUNG Shing Hei	張承熹	JCTIC	1139
	21	Zhang Weidong	張偉東	CSWCSS	1036
	22	CHEUNG KIN FUNG	張健鋒	CHECSS	1477
	23	LEUNG YU TO KIAN	梁裕韜	DBS	1059
	24	Chan Chun Yin	陳俊彥	FYW	1096
	25	CHAN SZE YU	陳思宇	HPCCSS	1120

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Event 24	Girls High Jump (QR) Gp 1			01:30PM	
	Record : 1.71m			Standard :	1.30m
	Qualifying Standard :1.50m				
Qualifying	1	ZHAO kaitong	趙凱彤	TMCSS	2458
Round	2	ZHANG SIN MAN	章倩雯	WFN	2377
Group 1	3	YIU HOI LAM	姚凱嵐	TSWMC	2346
	4	YIP PUI YAN	葉沛昕	POHCKMC	2210
	5	Yim Nga Ting	嚴雅婷	TLHK	2457
	6	WOO SUM YAU	胡芯攸	GHS	2069
	7	Wong Yuet Yan	黃悅甄	LSTC	2181
	8	Wong Nok Yiu	黃諾瑤	LKKC	2149
	9	WONG HO CHING EMILY	黃浩澄	GHS	2070
	10	WONG CHING TUNG	黃靖桐	CPU	2015
	11	Wong Cherise	黃悅芯	STSS	2307
	12	Tsang Hei Lam	曾希琳	PLKNPL	2196
	13	TANG KATRINA	鄧家晴	FLSS	2052
	14	Poon Tsz Yin	潘芷然	SCGS	2236
	15	Poon Tin Laam	潘天嵐	SPCC	2275
	16	Ng Yan Lam	吳恩霖	HKUGA	2079
	17	MAK Hiu Ting	麥曉婷	HPCCSS	2413
	18	Lui Yui Ching Karis	呂睿晴	DGS	2035
	19	LU ZIYAN	盧紫妍	SWC	2329
	20	Kam Yee	甘怡	BPS	2397
	21	LEUNG Nga Yin	梁雅賢	TKOGSS	2455
	22	LEUNG Chun	梁臻	JCTIC	2128
	23	LEE SZE HEI HEIDI	李思曦	RC	2439

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Event 25	Boys 400mH (F)	01:30PM
	Record : 53.88	Standard : 01:07.5

Final	1
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Event 26	Girls 800m (H)		01:45PM	
	Record : 02:18.29		Standard :	02:55.00
Heat 1	1	Chung Ho Lam Leona	鍾皓琳	CPU 2006
	2	CHUNG YUET CHING	鍾月晴	FLSS 2041
	3	Lee Pui Wan	李沛灃	HKUGA 2075
	4	LEE Tsz Yau	李紫悠	JCTIC 2113
	5	Lai Melissa	黎鎧鏵	LSTC 2168
	6	QIU ZHI TONG	仇芷潼	POHCKMC 2201
	7	Lui Lok Hei	呂樂曦	SCGS 2232
	8	Lui Ellen	呂晴昕	SPCC 2261
	9	YUEN YAT YI HANNAH	原逸誼	SWC 2313
	10	CHIU YAN TO	趙欣陶	TSWMC 2351
	11	CHAN YI CHUN	陳以臻	YYC 2384
	12	LI HOI CHING	李凱晴	LA 2417
	13	Tsang Lok Chi	曾樂之	STTSS 2453
Heat 2	1	Tse Ka Nam	謝迦嵐	CPU 2007
	2	YANG CANDY	楊欣恩	FLSS 2042
	3	Chan Ching Man	陳靖玟	HKUGA 2076
	4	YIU Wing Hei	姚穎希	JCTIC 2114
	5	Yu Yanxin	俞妍欣	LSTC 2169
	6	CHEUNG HEI KIU	張曦翹	POHCKMC 2202
	7	Wong Ashley	王心怡	SCGS 2233
	8	Chen Yike Sunny	陳奕可	SPCC 2262
	9	NGAI NGAI	魏艾	SWC 2314
	10	LAM LOK TUNG	林洛彤	TSWMC 2352
	11	MANG HIN KI	孟憲琪	YYC 2385
	12	LIN, Sheng Lan	林聲嵐	PKMS 2435
	13	LAM TSZ KI	林子淇	TPSY 2459
Heat 3	1	Chow Kiu	周蕎	DGS 2021
	2	LEE TSZ YIU	李紫瑤	GHS 2057
	3	Ku Lok Yin	古樂妍	HYS 2093
	4	Chan Sum Yiu	陳芯瑤	LKKC 2133
	5	YEUNG LOK TUNG	楊灝彤	PLKNPL 2188
	6	Lau Ka Ching	劉珈晴	QUALIED 2216
	7	MAK WING YI	麥穎怡	SHDC 2245
	8	CHAN WING MIU	陳穎苗	SPCS 2282
	9	HUI FUNG YEE	許鳳儀	TCCS 2336
	10	CAO JIA EN	曹加恩	WFN 2366
	11	MODIANO, Sarah Elise		FIS 2405
	12	LEE WING SZE	李穎思	SHCC 2442
Heat 4	1	Tu Tsz Wing	杜芷詠	DGS 2022
	2	FAN ON WING	樊安詠	GHS 2058
	3	Ng Yuet Hei	吳悅曦	HYS 2094
	4	Choi Pik Yi	蔡璧兒	LKKC 2134
	5	Yung Hei Laam	容羲嵐	PLKNPL 2189
	6	Chan Lok Yan	陳樂殷	QUALIED 2217
	7	TO NGA YI HAILEY	陶雅兒	SHDC 2247
	8	LI YEE KIU AUDREY	李倚喬	SPCS 2283
	9	HAN XIUQI ELISE	韓修齊	TCCS 2337
	10	CHAN WING TUNG	陳泳彤	WFN 2367
	11	LUK TSZ YIN	陸梓嫣	HPCCSS 2412
	12	CHEUNG WAN SHUN	張蘊淳	SMCESPS 2445

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Event 27	Boys 800m (H)		02:05PM		
	Record : 01:54.54		Standard : 02:20.00		
Heat 1	1	Feng Weitao	馮維韜	CPU	1006
	2	TING NGAI CHUN	丁毅臻	DBS	1050
	3	Yang Zili	楊子立	FYW	1088
	4	WONG Tin Chak	黃天澤	JCTIC	1131
	5	Ling Sheung Lim	凌尚濂	LKKC	1160
	6	Mak Cheuk Kiu	麥焯喬	LSKC	1200
	7	Lau Shing Hei	劉承滸	MKPMC	1239
	8	NG PAK KI	吳柏其	POCKMCMC	1271
	9	CHONG SHING CHI	莊承志	SMCESPS	1300
	10	RICO MARC CHESTER	潘政帆	TCCS	1347
	11	LEE CHUNG HAN JOHAN	李頌衡	WFN	1383
	12	Yang, Ho Vincent	楊皓	YCKMC	1427
	13	HUANG KWAN HO	黃均豪	BCKSS	1466
	14	Jack Colin-Jones		GSIS	1492
Heat 2	1	Wong Hoi Tik	黃鎰迪	CPU	1007
	2	SY KWAN HON JOHANN	施鈞瀚	DBS	1051
	3	Xu Tung Yuen	徐東炫	FYW	1089
	4	MAK Yan Cheuk	麥殷綽	JCTIC	1132
	5	Wong Yik Him	黃亦謙	LKKC	1161
	6	Tsui Cho Hin	徐楚軒	LSKC	1201
	7	SZE MATTHEW	施睿澄	MKPMC	1240
	8	WONG LOK CHING	黃樂政	POCKMCMC	1272
	9	CHAN TSZ FUNG	陳籽澧	SMCESPS	1302
	10	CHAN CHUN KI	陳俊其	TCCS	1349
	11	XU HOI POK	許凱博	WFN	1384
	12	LAM HADEN	林羲弦	YCKMC	1428
	13	LAI CHUN CHING	黎晉澄	CCCSS	1473
	14	CHI CHING YEUNG	池正陽	LCW	1509
Heat 3	1	LEUNG SING ZAN	梁昇	CSWCSS	1026
	2	EHAN MD SHAH NEWAZ		DMS-BW	1071
	3	HAN TSUN KWONG	幸浚光	HPCCSS	1108
	4	BYRNE Oliver Mo Yin		KGV	1149
	5	HO HOI WAI HOWARD	何海懷	LSC	1179
	6	LAI HO TING	賴皓鼎	LSTC	1221
	7	YU, Yi Lok	余懿洛	PKMS	1254
	8	LEUNG LONG	梁朗	PTSS	1290
	9	WONG Tsz Him	黃子謙	SMS	1325
	10	YAU PAK HIN	丘栢軒	TKPSS	1367
	11	FUNG ZHIJIE	馮智傑	WYY	1408
	12	LUO ZIHAO	羅梓灝	YYC	1448
	13	KWAN YIK YIN	關亦然	CHECSS	1478
	14	XIE SHING CHUN	謝城俊	LKYMS	1512
Heat 4	1	Ho Ka Yan	何嘉佑	CSWCSS	1027
	2	MUHAMMAD HAMZA		DMS-BW	1072
	3	CHAN MING CHI	陳明治	HPCCSS	1109
	4	MONGIA Atharva		KGV	1150
	5	LI CHEUK LONG	李卓朗	LSC	1180
	6	CHOW CHI YIN	周知言	LSTC	1222
	7	ZHANG, Zitong	張梓桐	PKMS	1255
	8	LAU KAN YIP	劉根業	PTSS	1291
	9	CHAN Sheung Chi	陳尚志	SMS	1326
	10	CHEN ZEEN	陳澤恩	TKPSS	1368
	11	Chow Yuen Yu	周炫宇	WYY	1409
	12	CHEN KO KIN	陳高健	YYC	1449
	13	LAU CHUN YIN	劉駿然	DMS-HW2C	1489
	14	Ma Yung Sang	馬裕生	WYHK	1548

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Event 28	Girls 200m (H)			02:20PM	
	Record : 24.98			Standard :	30.50
Heat 1	1	Cheng Ying Lee	鄭映莉	LSKC	2152
	2	CHAU HOI CHING	周凱澄	TCCS	2334
	3	CHEUNG CHEUK LAM ADELE	鄭卓琳	PLKNPL	2184
	4	Cheng Tsz Yan	鄭芷殷	HKUGA	2073
	5	Fung Kai Yung	馮皆融	LSTC	2165
	6	Cheung O Yee	張傲儀	WSSS	2466
	7	Cheung Sin	張茜	PLKNPL	2185
	8	CHEUNG Tsz Ching	張芷晴	JCTIC	2110
Heat 2	1	CHUI Ming Tung	崔銘童	CSCMC	2401
	2	CHUNG WING CHING	鍾詠晴	LSTC	2164
	3	Chan Hay Yee Jessy	陳雋而	DGS	2016
	4	HO Hiu Yuet Hayley	何曉悅	JCTIC	2111
	5	HUANG SIXIN	黃思欣	TSWMC	2348
	6	Hui Wing Laam	許穎嵐	LSKC	2153
	7	KWOK TSZ TUNG	郭祉彤	SHDC	2244
	8	Lau Ka Hei	劉珈晞	QUALIED	2213
Heat 3	1	Lam Hei In	林晞妍	QUALIED	2214
	2	LAM SIU YI	林紹怡	WFN	2363
	3	LAM WING SUET	林穎雪	YYC	2381
	4	WONG CHIN WAI	黃千慧	TSWMC	2349
	5	LEUNG SIN KI	梁善淇	POHCKMC	2199
	6	LAM WING SUM	林詠心	FLSS	2037
	7	Law Tin Hei	羅天晞	S.C.	2441
	8	LEE CHEUK YAN	李卓殷	SWC	2312
Heat 4	1	Lee Tsam Yi	李沁怡	LKKC	2131
	2	Leung Ka Yui Kami	梁珈睿	HYS	2089
	3	Leung Shin Yau Esther	梁善柔	SPCC	2259
	4	LAI YIK LING	賴翹翎	SHDC	2243
	5	LAU Tsz Wun Amber	劉芷垣	STCC	2450
	6	LI WING CHI	李穎芝	YYC	2382
	7	LIU HUI YUET	廖玥玥	GHS	2055
	8	Ng Hau Ching	吳巧澄	CPU	2004
Heat 5	2	TSUI YAN HEI	徐恩熙	CPU	2003
	3	Ng Yuen Fan	伍沅芬	DGS	2018
	4	YE TINGTING ANGEL	葉婷婷	FLSS	2039
	5	WOO JOY HEI	胡在曦	GHS	2056
	6	Wong Bo Kiu Belinda	黃寶嬌	HFTC	2409
	7	Yip Man Yan	葉泯妍	HKUGA	2072
	8	LI PUI YIN	李配賢	WFN	2362
	Heat 6	2	Sun Hiu Ching Alicia	孫曉澄	IS
3		Liu Kahei	劉嘉熹	LKKC	2132
4		TSUI YAN TUNG	徐欣彤	POHCKMC	2200
5		Lui Yat Hei	呂日晞	SCGS	2229
6		So Sin Hau Hilary	蘇倩巧	HYS	2090
7		Sun Man Ching Karina	孫敏澄	SPCC	2257
8		MOK CHIN YAT CHLOE	莫千逸	SPCS	2279
Heat 7		2	YUEN LONG CHING	阮朗澄	SPCS
	3	Ngan Chloe Hoi Yiu	顏愷瑤	SSCS	2448
	4	Tsang Lok Tung Vanice	曾銘潼	STSS	2297
	5	MAN KIT YIN	文潔妍	SWC	2311
	6	YEUNG CHIN WAI NANA	楊千慧	TCCS	2333
	7	Wong, Cheuk Lok Cherish	黃卓樂	SCGS	2228
	8	Wan Man Kei	溫文琦	WTSMC	2468

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Event 29	Boys Discus (QR) Gp 2		02:30PM		
	Record : 49.36m		Standard : 26.00m		
	Qualifying Standard :33.00m				
Qualifying	1	CHAN HONG LAI FIRUZ	陳劭灃	TCCS	1358
Round	2	CHAN YUK PAN	陳煜彬	HPCCSS	1119
Group 2	3	CHAN Chak Yu	陳澤雨	CPU	1013
	4	Wan Chi Ho	溫志豪	CSWCSS	1038
	5	Wong Man Chun	黃文俊	WYY	1416
	6	WONG MAN HEI	黃文滸	TCCS	1357
	7	Wong Hei Shun	黃熙舜	CGHC	1475
	8	WONG CHUN HEI	黃駿羲	MKPMC	1244
	9	IP HONG CHING	葉匡正	LSC	1187
	10	ZHAN, Yong Qi	詹永齊	PKMS	1260
	11	LIU YIN BOK	廖彥博	TKPSS	1375
	12	LIU IN HEI	廖絃稀	LSC	1189
	13	LAU TSZ YUI	劉子睿	WYY	1415
	14	CAI YU HIN	蔡宇軒	YYC	1458
	15	CHENG WAI LOK	鄭煒樂	YYC	1457
	16	Chung Ching Hei	鍾靄曦	LSKC	1210
	17	LU KA CHUN	盧嘉俊	CCCRSS	1472
	18	POON PAK WAI	潘柏維	HDC	1493
	19	RASHAD MUHAMMAD FARHAN		DMS-BW	1080
	20	TSAI Yiu Hon	蔡耀漢	SMS	1335
	21	WAQAS MUHAMMAD		DMS-BW	1079
	22	YAN JASON TSZ SHING	燕梓誠	WFN	1392
	23	Zheng Wen Tao	鄭文韜	HNC	1501
	24	LEE Sui Long		KGV	1153
	25	WONG KIN MING	黃健銘	TSWMC	1539

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Event 30	Boys 200m (H)		02:45PM		
	Record : 21.22		Standard :		25.50
Heat 1	1	CHUI KA YAU	崔嘉祐	LSTC	1218
	2	MAN Sau Ching Isaac	文守正	KGV	1147
	3	FONG CHUN KIT JACKY	方俊傑	LSC	1174
	4	FONG, Cheston	方嗣淳	PKMS	1249
	5	Wan Sze Chai	尹思齊	TSWMC	1538
	6	KOO CHEUK FUNG JASPER	古緯峰	DBS	1045
	7	KON King Long	江景朗	JCTIC	1128
	8	NG TSZ TAI	吳梓泰	YCKMC	1424
Heat 2	1	Ng Hok Lam	吳學林	CSWCSS	1023
	2	Song, Yuxuan	宋雨軒	PKMS	1251
	3	SUNG TSZ FAI	宋梓輝	POHCKMC	1268
	4	WONG Kwok Yau	王國祐	WYK	1552
	5	Lee Cheuk Yin	李緯然	FYW	1085
	6	Lee Kin Hei	李鍵希	LSKC	1198
	7	LI HO HIN	李灝軒	MKPMC	1235
	8	RUAN SHING CHI	阮承智	TCCS	1345
Heat 3	1	ZHOU Rui	周銳	WYY	1404
	2	LAM CHUN HEI	林俊熹	LSTC	1219
	3	LIEM Ho Yat Isaac	林皓壹	SMS	1321
	4	GURUNG, ADARSH		DMS-BW	1068
	5	TSUI MAN HIN	徐文軒	HPCCSS	1103
	6	YUEN TSZ HIN	袁子軒	WFN	1380
	7	LAU HO LAM	劉昊臨	POHCKMC	1270
	8	Cheing Chun Yin	張俊然	LTFC	1515
Heat 4	1	Cheung Shing Hin	張誠軒	LSKC	1196
	2	PANG MAVIS	彭承任	HTCSS	1502
	3	Chong Wan Hei	莊允熹	CPU	1003
	4	HUI HO HIN	許浩軒	DBS	1047
	5	XU WAI LOK	許偉洛	YYC	1443
	6	CHAN SZE LONG	陳思朗	WFN	1379
	7	Chen Jianxin	陳健鑫	FYW	1087
	8	CHAN TSZ WANG	陳梓弘	TKPSS	1363
Heat 5	1	CHAN CHUN MAN	陳駿文	TKPSS	1365
	2	LU HUGO	陸宇宸	TCCS	1346
	3	LU CHING CHIU	陸政釗	LKKC	1157
	4	MAK CHI LOK	麥智樂	YYC	1445
	5	LEUNG KWOK FUNG	梁國楓	LSC	1176
	6	WONG CHUNG YIN	黃仲賢	MKPMC	1237
	7	WONG, Chun Shing	黃焯丞	YCKMC	1423
	8	WONG Kwok Man	黃焯文	WYK	1551
Heat 6	2	WONG WAI SHING	黃爵丞	PTSS	1289
	3	Yang Zhao Zhi George	楊昭智	CPU	1001
	4	YIP YU HIN	葉宇軒	SMCESPS	1297
	5	LEE CHEUK LAM	李卓霖	HPCCSS	1105
	6	LIU WALDO	劉華渡	SJSS	1528
	7	Pan Choi Chun	潘才俊	LTFC	1518
	8	CHANG YU KIU ANSON	鄭宇喬	CSWCSS	1022
	Heat 7	2	SIU HEUNG SHING	蕭向成	LKKC
3		LOK KIN FUNG	駱健鋒	WYY	1405
4		LAW Siu Hang	羅兆亨	JCTIC	1127
5		LAW CHUN HEI	羅進熹	SMCESPS	1299
6		MUHAMMAD SHAYAAN MIR		DMS-BW	1067
7		XU Tianting	胥天瑋	SMS	1322
8		JUN, Chaemin		TSIS	1536

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Event 31	Boys Long Jump (QR) Gp 2		03:05PM		
	Record : 7.26m		Standard : 5.45m		
	Qualifying Standard :6.50m				
Qualifying	1	Mok Chun Ting Moses	莫俊霆	SMCESPS	1315
Round	2	LOI HOI YIN	雷海彥	POHCKMC	1284
Group 2	3	LIU CHUN HUNG	廖振雄	PTSS	1296
	4	LEUNG YIU SANG	梁耀生	LSTC	1226
	5	Leung Tsz Hin Bosco	梁梓軒	WYHK	1547
	6	LEONG CHI KAN KANNY	梁智勤	TSWMC	1537
	7	LAU YU SUM	劉宇琛	POHCKMC	1285
	8	Lau Pak Yiu	劉柏耀	LSKC	1214
	9	IP Long	葉朗	PKMS	1263
	10	CHENG PAK HEI	鄭柏晞	LKKC	1154
	11	LU Chun Sum	盧振琛	SMS	1338
	12	NUEVAS MHARCLYDE JAIRUZ		TCCS	1344
	13	LIU GUANFENG	劉冠烽	YYC	1444
	14	POON WAI SUM	潘瑋琛	LSC	1191
	15	SALONGA SAMUEL		DMS-BW	1083
	16	SHING KA HEI	成嘉熙	DBS	1062
	17	Siu Tsz Lai	蕭梓澧	LKKC	1169
	18	SO CHUNG LEONG	蘇仲亮	LSTC	1233
	19	Wai Cheong Lok	韋昌樂	FK1	1490
	20	WONG TSZ WA	黃梓華	YYC	1460
	21	YIP CHUNG YIN HOLDYN	葉聰賢	WFN	1397
	22	YIU Shun Yu Benjamin	姚舜禹	SMS	1339
	23	ZHANG CHEN MING	張宸銘	PTSS	1294
	24	Zhang Mong	张望	CPU	1017
	25	Lee Man Him	李汶謙	FYW	1102
	26	ZHENG WING LAM	鄭榮林	CSK	1486
	27	ZHOU Rui	周銳	WYY	1404

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Event 32	Girls High Jump (QR) Gp 2		03:05PM		
	Record : 1.71m		Standard : 1.30m		
	Qualifying Standard :1.50m				
Qualifying	1	Lee Sum Yuet	李琛悅	SPCC	2276
Round	2	LAU Shuk Ching Sophie	劉淑晴	JCTIC	2127
Group 2	3	LAM SUM YU	林心瑜	YYC	2380
	4	Lam Nok Yin	林諾言	HYS	2106
	5	Lam Hei In	林熾妍	QUALIED	2214
	6	Kwong Hay Tung Hayden	鄺希彤	DGS	2036
	7	Kwok Cho Sze Leann	郭楚斯	MCS	2429
	8	LI SIMIAO EMILY	李思渺	WFN	2379
	9	IP On Ting	葉安婷	PLKNPL	2197
	10	HUNG TSZ YING	洪子櫻	LSTC	2180
	11	Hung Pui Yan	洪珮恩	HKUGA	2087
	12	GAO HANKI	高茵熙	FLSS	2053
	13	Feng Yan	馮嬌	TCGSS	2454
	14	Chu Wing Yi	朱穎怡	QUALIED	2215
	15	CHU HIU YUET GLADYS	朱曉悅	SPCS	2296
	16	CHONG PUI YU CHLOE	章珮茹	YYC	2394
	17	CHONG KA YAN	莊嘉欣	SWC	2330
	18	Chen Lilingyuan	陳麗齡沅	SCGS	2240
	19	CHAN WING LIN	陳穎霖	LKKC	2139
	20	CHAN LOK YAN	陳樂殷	TSWMC	2361
	21	Chan Kei Yau Lyanne	陳己悠	STSS	2308
	22	CHAN HIM YAU JANUS	陳謙悠	SPCS	2295
	23	Cai Hing Yee	蔡馨儀	HYS	2107

AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026

Day One 10 March 2026

Event 33	Girls 4x400m (H)	03:05PM
	Record : 03:59.21	Standard : 04:55.00
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Heat 1	2	YYC
	3	WFN
	4	TSWMC
	5	TCCS
	6	GHS
	7	SPCS
Heat 2	2	SPCC
	3	SHDC
	4	SCGS
	5	QUALIED
	6	DGS
	7	LSTC
Heat 3	2	LKCC
	3	JCTIC
	4	HYS
	5	HKUGA
	6	PLKNPL
	7	FLSS
	8	SWC

AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026

Day One 10 March 2026

Event 34	Girls Discus (QR) Gp 1			03:30PM	
	Record : 36.22m			Standard :	18.80m
	Qualifying Standard :28.00m				
Qualifying	1	Yik Cheuk Yee	易卓儀	YMCA	2474
Round	2	Yeung Yan Yu Erica	楊殷瑜	HKUGA	2081
Group 1	3	YEUNG CHING YU	楊靜茹	TSWMC	2359
	4	Xu Chuwei	許楚唯	DGS	2030
	5	WOO SIN YU	胡善渝	PLKNPL	2193
	6	Wong Wai Tung Bianca	黃蔚彤	SCGS	2234
	7	Wong Sze Nga Lavina	黃詩雅	LSKC	2160
	8	WONG SHUK LAM	黃淑琳	SWC	2324
	9	WONG CHING	王晴	WFN	2374
	10	Wan Hiu Sin	溫曉倩	QUALIED	2222
	11	Tang Tsz Ching	鄧子晴	LSKC	2159
	12	Tam Hoi Ching	譚凱晴	LKKC	2143
	13	Poon Tsz Yin	潘芷然	SCGS	2236
	14	POEK YING LAM	卜映林	GHS	2065
	15	NG KA YEE	吳嘉儀	FLSS	2050
	16	Ng Hoi Ching	吳凱晴	HYS	2102
	17	MOK KA KEI	莫嘉琦	TCCS	2343
	18	MEI JOY CASERA JOVER	祖華美	TSWMC	2357
	19	Mak Ka Ki	麥嘉琪	QUALIED	2224
	20	MAK HIU CHING	麥曉晴	POHCKMC	2208
	21	LUI PAK YI	呂柏誼	WFN	2372
	22	Lui Chun	雷臻	PLKNPL	2192
	23	LO WING LAM VENUS	盧咏琳	WYY	2469
	24	LO HANG YI	羅幸兒	YYC	2390
	25	LIU Yuk Ham	柳鈺涵	JCTIC	2122
	26	LI YUE KIU SOFIE	李聿喬	SPCS	2291
	27	LI PUI LING	黎佩玲	SHDC	2253

AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026

Day One 10 March 2026

Event 35	Boys 4x400m (H)	03:30PM
	Record : 03:23.14	Standard : 03:54.00

Heat 1	1	JCTIC
	2	SMCESPS
	3	SMS
	4	LKKC
	5	YYC
	6	LSKC
	7	LSC
	8	LSTC
Heat 2	1	POHCKMC
	2	PKMS
	3	MKPMC
	4	HPCCSS
	5	PTSS
	6	CPU
	7	KGV
	8	CSWCSS
Heat 3	1	WFN
	2	WYY
	3	TCCS
	4	DBS
	5	YCKMC
	6	DMS-BW
	7	TKPSS
	8	FYW

AQUARIUS All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2025-2026

Day One 10 March 2026

Event 36	Girls Discus (QR) Gp 2		04:30PM		
	Record : 36.22m		Standard : 18.80m		
	Qualifying Standard :28.00m				
Qualifying	1	Li Ho Man Katrina	李瀨汶	HKUGA	2083
Round	2	LEUNG WING TUNG	梁穎彤	SPCS	2290
Group 2	3	Leung Wing Ching	梁詠明	STSS	2304
	4	Leung Cho Yan Chole	梁楚欣	CMT	2400
	5	Lau, Sze Ying Celia	劉思熒	LSTC	2178
	6	Lau I Shun	劉漪醇	DGS	2031
	7	LAI JING JUN	賴敬軍	CPU	2011
	8	KWAN YAN YI	關恩懿	YMCAC	2475
	9	Hung On Kiu	洪安喬	HYS	2101
	10	HUI Hiu Nam	許曉嵐	JCTIC	2121
	11	HUANG HEI MAN	黃熙雯	SWC	2323
	12	Ho Man Ka	何汶珈	LKKC	2144
	13	HO HOI LUN HELEN	何鎧倫	YYC	2392
	14	HE CHING YI CHERRY	何靜宜	POHCKMC	2206
	15	Ding Wing Sum	丁穎心	YCKMC	2470
	16	Chue Cathy Wai Ching	朱瑋澄	SPCC	2271
	17	Chu Wai Ling	朱瑋玲	YKYC	2473
	18	Chiang Lok Tung	蔣樂瞳	CPU	2012
	19	CHEUNG YEE TING	張綺婷	TCCS	2341
	20	Cheung Hei Man	張晞敏	LSTC	2177
	21	Cheng Pak Yan	鄭栢恩	STSS	2303
	22	CHEUNG MING MAN	鄭明敏	CCCSS	2399
	23	Chau Hong Wing	周康穎	SPCC	2269
	24	Chan Wing Kiu	陳穎翹	YWG	2476
	25	CHAN TUNG YAN SAMANTHA	陳彤葭	GHS	2063
	26	CHAN NGA MAN	陳雅雯	SHDC	2254
	27	CHAN HOI YEE	陳凱怡	FLSS	2049