

# All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 1	Boys 400mH (H)		09:30AM	
	Record : 54.55		Standard :	01:07.5
Heat 1	2	Chen Ao Yu	LSKC	1046
	3	Tse Tsz Yui	CLS	1533
	4	Chan Hin Cha	HPCCSS	1168
	5	Chan Lai Yin	PLKNPL	1290
	6	Chee Ka Ki	POHCKMC	1344
	7	Cheung Chi Hin Hugo	DBS	1107
	Heat 2	2	Cheung Chi Kit	YCKMC
3		Cheung Jun Jonathan	LSC	1194
4		Chung Long Hei Cyrus	MSC	1531
5		Wong Ka Chun	ASMS	1267
6		Lai Hoi Kit	FLSS	1326
7		Koo Yat Nam	CPU	1004
8		Kan Chung Yat	LSKC	1053
Heat 3		2	Hui Yik Yeung Colby	HPCCSS
	3	Huang George	YYC	1407
	4	Guo Hai Feng	YWC	1083
	5	Lam Kit Lun	CMASS	1535
	6	Lau Chi Hong	WFN	1532
	7	Lau Yat Hei	JCTIC	1366
	8	Lau Yiu Hei	WYHK	1234
	Heat 4	2	Lee Tung Lam	CAL
3		Wen Him Shing	FLSS	1325
4		Shum Chun Hei Regan	YWC	1082
5		Ng Cyrus	WFN	1536
6		Li Shing Cheung Neo	CPU	1011
7		Li Kai King Justin	WYK	1254
8		Leung Ho Him	PKC	1534
Heat 5		2	Leung Kin Pan	YCKMC
	3	Li Chun Kit	YYC	1398
	4	Li Hok Yin	DBS	1108
	5	Tam Chun Hei	LKKC	1148
	6	Tsui Chi Lam	POHCKMC	1345
	7	So Hoi Nok	WYHK	1229
	8	Fong Chun Kit Jacky	LSC	1193
	Heat 6	2	Zhan Yulin	ASMS
3		Yu Hon Chiu	CGHC	1460
4		Yip Sheung Hei	PLKNPL	1291
5		Yeung Yat Tin Isaac	JCTIC	1364
6		Yee Ching Kwan	SWC	1529
7		Xu Yui Hang	LSTC	1033
8		Wong Man Hong	WYK	1253

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Event 2	Boys High Jump		09:30AM	
	Record : 2.04		Standard : 1.60m	
Final	1	Au Yeung Hey	LSC	1203
	2	Cai Hiu Tung	HPCCSS	1178
	3	Chan Hiu Lok	TSWMC	1393
	4	Chen Xi	YWC	1093
	5	Kan Jeremy	LKKC	1147
	6	Pang Yin Kwong	ASMS	1279
	7	Wong Chak Sum	YCKMC	1223
	8	Huang Hai Feng	PLKNPL	1297
	9	Ho Siu Fung	YYC	1416
	10	He Chi Ngai	ASMS	1280
	11	Fok Yui Chun	DBS	1119
	12	Lin Lung Kit	CHCLSC	1514
	13	Liang Tung Pui	YKYC	1511
	14	Li Zi Bin	LKKC	1146
	15	Li Man Long	POHCKMC	1353
	16	Li Ho Lam	WYK	1259
	17	Lam Ching Hei	CPU	1021
	18	Zheng Jeff	POHCKMC	1354
	19	Chow Tin Nok	HWC	1510
	20	Kwan Jayden	CMT	1516
	21	Kwong Yau Lam	PLKNPL	1298
	22	Lai Kit Hei	TSWMC	1394
	23	Lo Hoi Long	YYC	1415
	24	Low Ho Lum	DBS	1117
	25	Mai Kin San	WYK	1263
	26	Ng Paak Yu	JCTIC	1375
	27	Jiang Yuk Chun	HWC	1512
	28	Poon Chit Hei Harold	HPCCSS	1179
	29	Song Jia Jie Gavin	WFN	1515
	30	Sze Ho Yiu Gordon	CPU	1022
	31	Tsang Hong Yat Arthur	CSWCSS	1513
	32	Tsoi Hon Kan Hanz	WFN	1509
	33	Tung Wai Chin	FLSS	1335
	34	Hui Chi Man	YCKMC	1224
	35	Wu Kam Kuen	WYHK	1242
	36	Wu Tin Yeuk	JCTIC	1376
	37	Wu To Kuen	WYHK	1243
	38	Yu Chi Yan	YWC	1094
	39	Lai Pak Hei	LSC	1202

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Event 3	Girls Discus (F)	09:30AM
	Record : 36.22	Standard : 18.80m
Final	1 Chan Cui Yi Cherie	TLHK 2336
	2 Chan Hiu Yan	TLHK 2337
	3 Ip Hong Lam Alexis	JCTIC 2159
	4 Hung On Kiu	HYS 2257
	5 Hui Hiu Naam	JCTIC 2158
	6 Huang Ka Ki	LSTC 2357
	7 Ho Hoi Lun Helen	YYC 2188
	8 He Ching Yi Cherry	POHCKMC 2140
	9 Chu Wai Ling	YKYC 2413
	10 Chiu Hoi Lam	LYC 2046
	11 Chiang Lok Tung	CPU 2026
	12 Cheng Hermione Pui Man	BPS 2011
	13 Chan Tung Yan Samantha	GHS 2239
	14 Leung Sze Nga	SMCESPS 2421
	15 Leung Cho Yan Chloe	CMT 2418
	16 Kwan Yan Yi	YMCA 2417
	17 Lee Lok Yau	UCC-KE 2411
	18 Chan Tsz Ying	WYY 2373
	19 Leung Wing Tung	SPCS 2295
	20 Chan Nga Man	SHDC 2203
	21 Lai Cheuk Kei	TTCA 2081
	22 Chan Megan Kaitlyn	SPCC 2074
	23 Lai Jing Jun	CPU 2027
	24 Li Ho Man Katrina	HKUGA 2276
	25 Li Ka Ki	BPS 2010
	26 Li Pui Ling	SHDC 2202
	27 Li Yue Kiu Sofie	SPCS 2296
	28 Liu Hoi Ching	DGS 2220
	29 Liu Wai Kiu Eunice	SPCC 2075
	30 Lo Wing Lam Venus	WYY 2371
	31 Lui Pak Yi	WFN 2313
	32 Mak Hiu Ching	POHCKMC 2141
	33 Mei Joy Casera Jover	TSWMC 2170
	34 Zeng Yuen Man	WTSMC 2459
	35 Yuen Hei Pui	MKPC 2419
	36 Yeung Yan Yu Erica	HKUGA 2274
	37 Xu Chuwei	DGS 2221
	38 Wu Jia Yi	FLSS 2123
	39 Wong Yuen Sim	YYC 2186
	40 Wong Ching	WFN 2315
	41 Tse Wing Shan	HYS 2255
	42 Tse Pui Yi	FLSS 2124
	43 Tsang Hau Ching	LYC 2048
	44 So Man Man	LKS 2420
	45 Siu Hiu Ka	LSTC 2356
	46 Poon Suen Man	GHS 2238
	47 Mok Ka Ying	TSWMC 2172

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Event 4	Girls 100m (H)	10:10AM	
	Record : 12.03	Standard :	14.5
Heat 1	2	Ngan Chloe Hoi Yiu	SSCS 2106
	3	Chung Wing Ching	LSTC 2345
	4	Chui Ming Tung	CSCMC 2386
	5	Chu Yun Yat	CPU 2014
	6	Sum Hei Lam Nicole	DGS 2207
	7	Chan Hong Yau	SPCC 2060
	8	Chan Hui Wing Nuria	MCS 2456
	Heat 2	2	Chan Kai Ni
3		Cheung Ka Yu	LKKC 2086
4		Wong Wan Chi	HKUGA 2263
5		Cheung Yan Tung	EVANGEL 2377
6		Hui Ching Grace	HYS 2247
7		Hung Tsz Yiu	JCTIC 2146
8		Jiang Yau Chun	BPS 2002
Heat 3		2	Ku Wing Ching Jasmine
	3	Kwok Tsz Tung	SHDC 2191
	4	Liu Hui Yuet	GHS 2227
	5	Cheung Yiu Gi Janice	CREATIVE 2376
	6	Cheung Shan Shan	ELCHKLA 2380
	7	Li Pui Yin	WFN 2303
	8	Leong Yu Ching	WYY 2361
	Heat 4	2	Lee Yuen Ying
3		Yip Man Yan	HKUGA 2262
4		Lau Hong Ching	SPCS 2283
5		Lau Hoi Ying	JCTIC 2145
6		Shi Hedy	FLSS 2113
7		Shek Xin Yi	TKHC 2379
8		Pau Pak Qiu	TLHK 2322
Heat 5		2	Chan Ying Wai
	3	Ng Hoi Ying Hannah	SSCS 2105
	4	Yau Sin Ting Nicole	SPCS 2282
	5	Man Hau Ching	POHCKMC 2131
	6	Wong Tsz Ling	FLSS 2112
	7	Wong Tsz Ching	TSWMC 2164
	8	Tsui Yan Tung	POHCKMC 2132
	Heat 6	1	Tsui Yan Hei
2		Sze Hei Man Joby	LTFC 2378
3		Lam Yin Tung	DGS 2208
4		Liu Jiazhen	YYC 2177
5		Lin Hei Tung Anisa	LYC 2035
6		Shum Man Huen	WFN 2302
7		Lee Yan Lum	YHKCC 2082
8		Zuo Yunshu Isabel	BPS 2001
Heat 7	1	Yeung Stacy	LSTC 2344
	2	Wong Wing Tung	HYS 2246
	3	Wun Hoi Lam Sapphire	IHMC 2462
	4	Luk Tsz Ching Katreena	TLHK 2323
	5	Yu Pui Yi	GHS 2226
	6	Wu Tsz Ching	LKKC 2087
	7	Li Yan Ning	TSWMC 2163
	8	Man Sin Ying	WYY 2362

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Event 5	Boys 100m (H)		10:30AM	
	Record : 10.53		Standard :	12.2
Heat 1	2	Chan Lit Man	LSKC	1044
	3	Huang Chuanghao Eren	ASMS	1264
	4	Chan Ting Fong James	CHECSS	1445
	5	Chui Long Hei Rex	DBS	1096
	6	Lau Hiu Leong	PCMS	1121
	7	Lam Chun Ho	FSS-KT	1299
	8	Kuan Feng Yi	JCTIC	1356
	Heat 2	2	Cheng Pak Hei	LKKC
3		Chen Tsz Yuk Lemuel	LSC	1181
4		Chang Tin Hang Kyle	LSTC	1023
5		Cheung Chun Yin	LTFC	1452
6		Cheuk Kwan Yin	POHCKMC	1336
7		Kwok Chun Ting	TKHC	1444
8		Xu Wai Lok	YYC	1395
Heat 3		2	Fong Yat Hei	TSWMC
	3	Cheung Marcus	WFN	1450
	4	Lam Tsun Hei	WYHK	1226
	5	Fong Yu Hin Isaac	YHKCC	1066
	6	Lam Chun Ting	PLKNPL	1281
	7	Liu Ching	LSTC	1024
	8	Lau Tsun Yin	CAL	1428
	Heat 4	1	Po Ling Kit	CAL
2		Lo Chun Ho	CPU	1001
3		Sio King Tin	FLSS	1314
4		Ngan Pak Him	FSS-KT	1300
5		Wong Kwok Yau	WYK	1244
6		Lau Kai Kit	HPCCSS	1154
7		Man Him Ng	ISS	1447
8		Law Siu Hang	JCTIC	1355
Heat 5	1	Tong Kwok Fung	LKKC	1135
	2	Weng Ji Huan	LSKC	1043
	3	Lam Pak Ki	TSWMC	1377
	4	Koo Cheuk Fung Jasper	DBS	1095
	5	Law Ho Man	PCMS	1120
	6	Li Lok Hin	PLKNPL	1282
	7	Li Lok Tin	TTCA	1059
	8	Chan Hon Chiu	YCKMC	1204
Heat 6	1	Wan Fu Wang David	WYK	1245
	2	Wong Hoi Yuen	HKUGA	1449
	3	Tam King Hei	YCKMC	1205
	4	Tsang Yuk Pui	YHKCC	1067
	5	Leung Chi Hang	YWC	1073
	6	Tsang Tsz Hang	YYC	1396
	7	Wong Lai Fung	LSC	1180
	8	Jun Chaemin	TSIS	1446
Heat 7	1	Yau Leong Yan Nathan	YWC	1072
	2	Yip Chun Ho	WYHK	1225
	3	Yim Chi Yiu	POHCKMC	1337
	4	Zeng Yuen Cho	HPCCSS	1155
	5	Zhao Yam Mang	FLSS	1313
	6	Yeung Man Chun	CZM	1448
	7	Yang Zhao Zhi George	CPU	1002
	8	Wu Ming Fung	ASMS	1265

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Event 6		Girls 1500m (F)	10:55AM	
		Record : 04:51.1	Standard : 06:15.0	
Final 1	1	Lui Cheuk Lam	BPS	2007
	2	Cheung Kam Sau	CPU	2021
	3	Lau Ka Wai	DGS	2214
	4	Lee Wing Kiu Winki	FLSS	2119
	5	Chan Pak Yin	GHS	2233
	6	Chu Po Jewel	HKUGA	2270
	7	Man Lai Ki Nicole	HYS	2252
	8	Wong Lok Tung	JCTIC	2154
	9	Lo Ching Lam	LKKC	2094
	10	Tse Yi Lee Eliz	LSTC	2352
	11	Wong Hei Yu	LYC	2043
	12	Ng Pui Ka	POHCKMC	2136
	13	So Hiu Ting	SHDC	2197
	14	Lan Jacey Laura	SPCC	2067
	15	Chan Ching Laam Caanon	SPCS	2290
	16	Chan Ting Yeung	TLHK	2330
	17	Lam Lok Tung	TSWMC	2168
	18	Cao Jia En	WFN	2309
	19	Li Tsz Ki	WYY	2367
	20	Kam Ian Lam	YYC	2182
	21	Charlotte Megan Goldsmith	YHKCC	2085
	22	Hayley Tsang	LTFC	2401
	23	Han Xiuqi Elise	TCCS	2402
	24	Lam Tsz Ki	TPSY	2394
	25	Tan Nim Chun	YMCA	2400
Final 2	1	Mang Hin Ki	YYC	2181
	2	Tse Tung Ling	YLLSS	2399
	3	So Tsz Wing	WYY	2366
	4	Chan Wing Tung	WFN	2308
	5	Chan Ming Sum	TTCA	2079
	6	Cheung Nga Ching	TSWMC	2167
	7	Chan Tung Yan	TLHK	2329
	8	Ackber Bertha	SPCS	2289
	9	Fong Yan Lam	SPCC	2066
	10	To Nga Yi Hailey	SHDC	2196
	11	Lee Wing Sze	SHCC	2392
	12	Luo Tsz Yee	POHCKMC	2135
	13	Cheng Yi Tung Hilary	LYC	2042
	14	Lau Shuk Kwan	LSTC	2351
	15	Leung Hui Ching	LKKC	2093
	16	Wong Wan Tung	JCTIC	2153
	17	Ng Yuet Hei	HYS	2251
	18	Yeung Shu Kiu	HKUGA	2269
	19	Wong Wan Ki	GHS	2232
	20	Chung Yuet Ching	FLSS	2117
	21	Modiano Sarah Elise	FIS	2390
	22	Chow Kiu	DGS	2213
	23	Wan Hay Yuet Jayden	CPU	2019
	24	Chan Yui Yin	BPS	2005
	25	Shen Tong	AGHSS	2398

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Event 7 Boys 1500m (F) 11:10AM  
Record : 04:17.6 Standard : 5:00.00

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Final 1	1	Leung Tze Yui Darryl	SJC	1477
	2	Sze Sum Tik	NAMS	1479
	3	MIRZA, Kabir Neil	ISFA	1541
	4	Ip Wan Hin	CPU	1008
	5	Yu Haorong	LSTC	1028
	6	Chan Chun Pang	LSKC	1051
	7	Wong Tsz Chung	YWC	1080
	8	Au Ho Chun	DBS	1102
	9	Ng Kwan Chak Bosco	LKKC	1143
	10	Chow Yik Ming	HPCCSS	1163
	11	Fong Yuk Ning Matthew	LSC	1188
	12	Ho Chun Hang	YCKMC	1211
	13	Wong Cheuk Him	WYHK	1231
	14	Chan Ching Hei	WYK	1251
	15	Pan Ka Him	ASMS	1270
	16	Thai Klemens	PLKNPL	1287
	17	Yung Pu Chak	FSS-KT	1306
	18	Chan Cheuk Him Daniel	FLSS	1321
	19	Sung Man To	POHCKMC	1341
	20	Kwok Wai Lun	JCTIC	1363
	21	Leung Yat Hei	TSWMC	1383
	22	Luo Zihao	YYC	1402
	23	Chan Cheuk Long	SHDC	1420
	24	Loi Chun Man	CAL	1436
	25	Ng Ho Wai	YMCA	1484
	26	Orh Shing Yan	TTCA	1062
	27	Christopher Charles Whitehead	YHKCC	1070
Final 2	1	Li Zhao Li	CPU	1007
	2	Chow Chi Yin	LSTC	1027
	3	Kwok Siu Hin	LSKC	1050
	4	Ho Tsz Him Stanley	YWC	1079
	5	Wang Nok Wang	DBS	1100
	6	Tse Hei Yiu	PCMS	1125
	7	Cheung Kit Ming Jacob	PCMS	1126
	8	Tang Tsz Hei	LKKC	1142
	9	Li Shun Hang	HPCCSS	1162
	10	Ho Hoi Wai Howard	LSC	1186
	11	Chen Yik Fan	YCKMC	1210
	12	Law Tsun Lam	WYHK	1230
	13	Wong Kin Long	WYK	1250
	14	Fang Yuyan	ASMS	1269
	15	Chu Ho Ting	PLKNPL	1286
	16	Chau Yu Hoi	FSS-KT	1305
	17	Choy Wing Yip	FLSS	1320
	18	Wong Lok Ching	POHCKMC	1340
	19	Wong Nok Hei	JCTIC	1362
	20	Cheung Chu Yuen	TSWMC	1382
	21	Chen Ko Kin	YYC	1401
	22	Wong Chun Long	SHDC	1419
	23	Yeung Yun Sing	CAL	1435
	24	Lai Chun Ching	CCCSS	1465
	25	Lai Tai Long	SJA	1474
	26	Lai Pak Long	CYMCA	1475
	27	Yip Ka Kui	YKN	1476

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Event 8	Girls 400m (H)	11:30AM		
	Record : 56.73	Standard : 01:12.5		
Heat 1	2	Zuo Yunshu Isabel	BPS	2001
	3	Ng Cheuk Yiu	CLS	2452
	4	Ku Lok Yin	HYS	2249
	5	Siu Ho Kiu	KTLS	2453
	6	So Sum Cheuk Kasey	WYY	2365
	7	Sy Mei Han Sabrina	PKMS	2388
	Heat 2	2	Tsang Lok Yan	BPS
3		Wong Chin Wai	TSWMC	2165
4		Yung Nga Man	POHCKMC	2134
5		Yuen Tsz Ching	SPCS	2286
6		Lee Fay Yee	GHS	2230
7		Yu Tsz Yan Serina	SHDC	2195
8		Mak Man Yuet	PKC	2454
Heat 3		2	Leung Ka Yui Kami	HYS
	3	Wong Tsz Ching	JCTIC	2150
	4	Man Kit Yin	SWC	2455
	5	Mak Wing Yi	SHDC	2194
	6	Yip Yik Tung	DGS	2211
	7	Dai Yongshan	WFN	2306
	8	Lai Melissa	LSTC	2348
	Heat 4	2	Lam Wing Chi	TPYC
3		Lam Wing Sum	FLSS	2115
4		Lau Yee Tung Macy	LYC	2038
5		Lee Tsz Yiu	GHS	2229
6		Lee Tsam Yi	LKKC	2089
7		Yim Sum Yu	LYC	2039
8		Lui Ellen	SPCC	2063
Heat 5		2	Li Ho Kiu	LSTC
	3	Chiu Yan To	TSWMC	2166
	4	Chui Jiao	CPU	2018
	5	Fung Pui Wai Shell	WFN	2305
	6	Kwong Hiu Yau	TLHK	2326
	7	Fong Tsz Yi	LKKC	2090
	8	Cheung Tsz Ching	JCTIC	2149
	Heat 6	2	Hui Wing Laam	LSKC
3		Cheng Tsz Yan	HKUGA	2264
4		Luk Pui Ching	WYY	2363
5		Lui Lauren	SPCC	2064
6		Chung Ho Lam Leona	CPU	2017
7		Li Wing Chi	YYC	2179
8		Li Hoi Ching	LA	2389
Heat 7		2	Ng Zitelia	LSKC
	3	Cheung Yuet Hei	TLHK	2325
	4	Karlsson Jane Christa Ming Suet	DGS	2210
	5	Yuen Long Ching	SPCS	2285
	6	Chan Suen Fei	FLSS	2116
	7	Chan Lok Yi	YHKCC	2084
	8	Chan Chi Ching	HKUGA	2266



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Event 9	Boys 400m (H)	11:50AM	
	Record : 49.39	Standard :	57.8
Heat 1	2	Chen Ao Yu	LSKC 1046
	3	Aryan Chu Denace Docherty	YHKCC 1069
	4	Choi Ho Cheung	YWC 1076
	5	Ma Yung Sang	WYHK 1228
	6	Koo Yat Nam	CPU 1004
	7	Lai Ho Ting	LSTC 1026
	8	Lam Lok Him Ernest	HPCCSS 1159
	Heat 2	2	Wong Tsz Ngo
3		Lau Hoi Tsun	DBS 1099
4		Lau Ho Lam	POHCKMC 1338
5		Law Chi Hin	FLSS 1317
6		Michael Prem Hiran Hart	YHKCC 1068
7		Leung Kin Pan	YCKMC 1208
8		Ren Jiaqi	TTCA 1060
Heat 3		2	Tam Wai Pong
	3	Tam Wan Yiu	HPCCSS 1158
	4	Lee Lok Chit	WYHK 1227
	5	Ho Yik San	YWC 1075
	6	Tang Hao Cheng	LKKC 1139
	7	Tsang Hoi Kwong	PCMS 1124
	8	Lam Chun Hei	LSTC 1025
	Heat 4	1	Wong Ka Chun
2		Ho Yu Hei	PLKNPL 1285
3		Wu Zewei	TSWMC 1380
4		Lau Ka Lun Hamish	LSC 1184
5		Leung Ching Shun Jensen	DBS 1098
6		Ng Cheuk Yin	PLKNPL 1284
7		Ng Pak Ki	POHCKMC 1339
8		Kwok Lok Hei	FLSS 1316
Heat 5	1	Chau Hoi Tim	CYC 1457
	2	Cheung Cheuk Hei Isaac	MSC 1458
	3	Li Chun Kit	YYC 1398
	4	Vrijmoed Justin	SPC 1459
	5	Wong Siu Chung	CAL 1431
	6	Xiang Zhexing	JCTIC 1358
	7	He Junxi	ASMS 1266
	8	Tsang Ngo Shun	LKKC 1138
Heat 6	1	Shi Jiahui	KTKLGSS 1461
	2	Tong Pak Hin Issac	PKC 1542
	3	Wong Kwok Man	WYK 1247
	4	Lau Hin Wai	LSC 1185
	5	Wan Sze Chai	TSWMC 1379
	6	Yeung Chun Kiu	PCMS 1123
	7	Yeung Ho Lai	CPU 1003
	8	Yeung Hoi To	YCKMC 1206
Heat 7	1	Ying Lok Dio	CAL 1432
	2	Lai Yat Hin	LTFC 1455
	3	Huang Yau Nam	YYC 1397
	4	Li Wai Ting	SHDC 1417
	5	Liem Ho Yat Isaac	SMS 1453
	6	Ngan Pak Him	FSS-KT 1300
	7	Yau Cheuk Nam Scott	JCTIC 1359
	8	Yu Hon Chiu	CGHC 1460

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Event 10	Boys Long Jump (F)		01:30PM	
	Record : 7.26		Standard :	5.45m
Final	1	Zhao Haojun	CPU	1019
	2	Wong Chun Keung	YCKMC	1221
	3	Wong Man Kit	FLSS	1332
	4	Wong Ngo Fung	YWC	1090
	5	Wong Nok Kwan Leo	TSWMC	1390
	6	Yang Chun Kit	WYK	1260
	7	Ng Ching Wang Markus	LSTC	1040
	8	Ng King Yin	YYC	1414
	9	Ng Tsz Ho	YWC	1091
	10	Poon Wai Sum	LSC	1199
	11	Shing Ka Hei	DBS	1115
	12	Siu Paak Man	KTSCSS	1517
	13	Siu Tsz Lai	LKKC	1152
	14	Zhang Ka Chun	ASMS	1278
	15	Yip Long Hei	YHKCC	1071
	16	Yeung Man Long	HPCCSS	1176
	17	Tsui Kai Yin	TTCA	1065
	18	Tsang Yuk Pui	YHKCC	1067
	19	Tan Kwan Ho	WYHK	1241
	20	Sun Zhen Hang Neil	YCKMC	1222
	21	Mok Nai Tin Victor	SMCESPS	1518
	22	Mak Tsz Ching	WTSMC	1537
	23	Mai Chin Wai	DBS	1116
	24	Loi Hoi Yin	POHCKMC	1350
	25	Lo Chung Wang	SJC	1519
	26	Liu Guanfeng	YYC	1413
	27	Li Ho Lam	WYK	1259
	28	Kwok Yuk Lam	LSC	1200
	29	Lai Ching To	FSS-KT	1311
	30	Lau Kwok Hay	HPCCSS	1175
	31	Lau Yu Sum	POHCKMC	1351
	32	Lee Cheuk Hin	JCTIC	1373
	33	Leung Tsz Hin Bosco	WYHK	1240
	34	Leung Cheuk Yu	SHDC	1427
	35	Leong Chi Kan Kanny	TSWMC	1391
	36	Lee Yuen Hon Brendan	PLKNPL	1296
	37	Hui Pak Hin Keith	CPU	1018
	38	Chan Yat Cho	SPC	1520
	39	Chen Benito	DMS-HW	1540
	40	Cheng Pak Hei	LKKC	1134
	41	Cheung King Fung	SHDC	1426
	42	Cheung Marcus	WFN	1450
	43	Chung, Ethan	PLKNPL	1295
	44	Fang Chuangyu	ASMS	1277
	45	Fu Cheong Ho	LSTC	1041
	46	Hui Ho Tai Brandon	EVANGEL	1539
	47	Chan Lok Wai	JCTIC	1372
	48	Chan Chun Ting	FLSS	1333
	49	Chan Hoi Chiu	LSKC	1057

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Event 11	Boys Discus (F)		01:30PM	
	Record : 49.36		Standard : 26.00m	
Final	1	Wong Shun Hei	LSKC	1055
	2	Lai Pak Chun	CAL	1442
	3	Chan Kwun Nam	CMASS	1496
	4	Chan Hoi Yin	PCMS	1131
	5	Lam Chak Kwan	POHCKMC	1347
	6	Chang Yi Tik	TSWMC	1381
	7	Chan Ming Hong	TTCA	1063
	8	Chan Sing Yeung	WYK	1257
	9	Cheng Yat Fung	YCKMC	1216
	10	Cheng Wai Lok	YYC	1410
	11	Lau Ka Yu Andy	CAL	1440
	12	Li Ho Him	JCTIC	1370
	13	Lam Chung Hei Moses	FLSS	1329
	14	Lau Chun Yin	PLKNPL	1292
	15	Lee Wing To	YCKMC	1218
	16	Leung Tin Long	LSC	1198
	17	Lau Shing Cheung	HPCCSS	1172
	18	Liao Chi Fung	CPU	1015
	19	Hu Wenxuan	LSTC	1036
	20	Lam Yau Shing	LSTC	1037
	21	Leung Yu To Kian	DBS	1112
	22	Chow Conan Chun Kiu	PCMS	1129
	23	Chan Yuk Pan	HPCCSS	1171
	24	Liu In Hei	LSC	1197
	25	Wong Hou	YWC	1086
	26	To Man Tik	FLSS	1328
	27	Xue Junhui	FSS-KT	1308
	28	Wong Tsz Chun	FYW	1500
	29	Liu Xinhang	JCTIC	1369
	30	Tsang Hok Ming	LKKC	1149
	31	Tam Hoi Fu	PLKNPL	1294
	32	Ou Chun Ngai	WYHK	1238
	33	Tse Cedrick	WYK	1255
	34	Lo Yee Ka Caden	YWC	1087
	35	Wan Chi Ho	CSWCSS	1495
	36	Tsui Ho Sing	CGHC	1497
	37	Lu Ka Chun	CCCRSS	1494
	38	Wu Zhihao	ASMS	1275
	39	Poon Pak Wai	HDC	1499
	40	Wong Kin Ming	TSWMC	1386
	41	Yip Tin Ching Walter	WYHK	1237
	42	Yu Nok Him	LW	1498
	43	Yu Tak Wai	WYY	1501
	44	Yuen Ngo Long	POHCKMC	1346
	45	Zhou Zidun	CPU	1014
	46	Zhu Jiahao	DBS	1111
	47	Zou Yu Shen	YYC	1411

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Event 12	Girls High Jump (F)		01:30PM	
	Record : 1.71		Standard : 1.30m	
Final	1	Bareng Chau Wei Ying Rhianna	LTPSS	2432
	2	Kam Yee	BPS	2003
	3	Chan Yuk Lam	CPU	2033
	4	Chan Tsz Kiu	LKKC	2103
	5	Chen Jia Lan	JCTIC	2156
	6	Chan Lok Yan	TSWMC	2176
	7	Choy Ceci	HYS	2260
	8	Chan Him Yau Janus	SPCS	2301
	9	Fung Cheuk Li	HKUGA	2281
	10	Hou Sheung Yi Cathy	YLLSS	2435
	11	Hung Tsz Ying	LSTC	2360
	12	Kwok Cho Sze Leann	MCS	2429
	13	Lam Nok Yin	HYS	2261
	14	Lau Hong Ching	SPCS	2283
	15	Lee Ming Ki	SPCC	2071
	16	Lui Yui Ching Karis	DGS	2225
	17	Mak Hiu Ting	HPCCSS	2430
	18	Leung Nga Yin	TKOGSS	2428
	19	Tong Ching Tung	WYY	2375
	20	Wong Suet	LYC	2050
	21	Wong Nok Yiu	LKKC	2104
	22	Wong Ho Ching Emily	GHS	2245
	23	Wong Hei Sen	JCTIC	2162
	24	Wong Ching Tung	CPU	2032
	25	Tang Pui Lam	TLHK	2343
	26	Tang Katrina	FLSS	2130
	27	So Tsz Ying	WYY	2374
	28	Li Simiao Emily	WFN	2320
	29	Shing Yuet Kwai	TSWMC	2175
	30	Yim Nga Ting	TLHK	2342
	31	Yip Hau Chee	SPCC	2076
	32	Siu Brianna	HKUGA	2280
	33	Woo Sum Yau	GHS	2244
	34	Wu Mengni	FLSS	2129
	35	Li Tsz Yee	MCS	2434
	36	Zhao Kaitong	TMCSS	2433
	37	Zhang Sin Man	WFN	2321
	38	Yip Pui Yan	POHCKMC	2144
	39	Yang Zhichu	DGS	2224
	40	Xie Peiyu	BCKSS	2431

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Event 13	Boys 400mH (F)	01:30PM
	Record : 54.55	Standard : 01:07.5

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Final	1
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Event 14	Girls 800m (H)		01:45PM
	Record : 02:18.3		Standard : 02:55.0
Heat 1	1	Kay Yan Mei	BPS 2006
	2	Jiang Tsz Kei	CPU 2020
	3	Kong Jerika	DGS 2212
	4	Ye Tingting Angel	FLSS 2118
	5	Wong Wan Ki	GHS 2232
	6	Chan Ching Man	HKUGA 2268
	7	Ip Heung Ching	HYS 2250
	8	Lee Tsz Yau	JCTIC 2152
	9	Choi Pik Yi	LKKC 2092
	10	Lau Yee Pui	LSTC 2350
	11	Lam Ying Kwan	LYC 2041
	12	To Nga Yi Hailey	SHDC 2196
	13	Fong Yan Lam	SPCC 2066
	14	Li Yee Kiu Audrey	SPCS 2288
	15	Chiu Tsz Ching	TLHK 2328
	16	Cheung Nga Ching	TSWMC 2167
	17	Lo Chung Yin Chloe	TTCA 2080
Heat 2	1	Chan Wing Tung	WFN 2308
	2	Pudwill Christine Vipa	WIS 2393
	3	So Tsz Wing	WYY 2366
	4	Chan Yi Chun	YYC 2180
	5	Li Hoi Ching	LA 2389
	6	Wong Kok Yuet	PLKLFC 2451
	7	Au Oi Yu Angelina	SSCS 2107
	8	Shum Chung Ning	STTSS 2395
	9	Lam Tsz Ki	TPSY 2394
	10	Chan Yui Yin	BPS 2005
	11	Zhang Qiaoruo	TLHK 2327
	12	Yung Nga Man	POHCKMC 2134
	13	Yu Yanxin	LSTC 2349
	14	Yiu Wing Hei	JCTIC 2151
	15	Wan Hay Yuet Jayden	CPU 2019
	16	Tang Tsz Kiu	LKKC 2091
	17	So Sum Cheuk Kasey	WYY 2365
Heat 3	1	Modiano Sarah Elise	FIS 2390
	2	Mak Wing Yi	SHDC 2194
	3	Magrath, Naia Mei	WIS 2391
	4	Luo Tsz Yee	POHCKMC 2135
	5	Li Wing Chi	YYC 2179
	6	Li Tsz Wai	SPCS 2287
	7	Lee Wing Sze	SHCC 2392
	8	Lan Jasmine Lauren	SPCC 2065
	9	Lai Tsz Sen	WFN 2307
	10	Ku Lok Yin	HYS 2249
	11	Karlsson Jane Christa Ming Suet	DGS 2210
	12	Ho Cheuk Kiu	LYC 2040
	13	Fan On Wing	GHS 2231
	14	Chung Yuet Ching	FLSS 2117
	15	Chiu Yan To	TSWMC 2166
	16	Cheung Cheuk Ning	HKUGA 2267
	17	Chan Ming Sum	TTCA 2079
	18	Wang Yan Lam	LSKC 2055

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Event 15	Boys 800m (H)	02:05PM		
	Record : 1:57:56	Standard : 02:20.0		
Heat 1	1	Cheung Ho Wai	FLSS	1319
	2	Chan Chin Yeung	FSS-KT	1304
	3	Han Tsun Kwong	HPCCSS	1161
	4	Wong Tin Chak	JCTIC	1361
	5	Tsang Lok	KSSS	1470
	6	Cheang King Hei	LKKC	1141
	7	Li Cheuk Long	LSC	1187
	8	Lam Ching Hei	LSKC	1049
	9	Thai Klemens	PLKNPL	1287
	10	Wong Chun Long	SHDC	1419
	11	Tam Yuk Hon	SSCS	1469
	12	Wu Zewei	TSWMC	1380
	13	Ren Jiaqi	TTCA	1060
	14	Ma Yung Sang	WYHK	1228
	15	Cheung Long Hin	WYK	1249
	16	Chen Yik Fan	YCKMC	1210
	17	Zainudeen Rahim Abbas	YWC	1078
	18	Chak Yuk Chit	YYC	1400
Heat 2	1	Li Sing Ngo	SHDC	1418
	2	Fang Yuyan	ASMS	1269
	3	Huang Kwan Ho	BCKSS	1466
	4	Law Ho Shing Andrew	CAL	1434
	5	So Ka Hang	CPU	1006
	6	Sy Kwan Hon Johann	DBS	1101
	7	Colin-Jones Jack William Russ	GSIS	1467
	8	Lai Ho Ting	LSTC	1026
	9	Wong Lok Ching	POHCKMC	1340
	10	Chang Yi Tik	TSWMC	1381
	11	Ma Chun Yin	TTCA	1061
	12	Hall, Tomas Zionede	WIS	1464
	13	So Hoi Nok	WYHK	1229
	14	Lo Cheuk Him	WYK	1248
	15	Yang, Ho Vincent	YCKMC	1209
	16	Christopher Charles Whitehead	YHKCC	1070
	17	Wong Chun Him	YWC	1077
	18	Wong Tsz Wa	YYC	1399
Heat 3	1	Liang Jiahao	ASMS	1268
	2	Lee Ngai Nam	CAL	1433
	3	Lai Chun Ching	CCCSS	1465
	4	Feng Weitao	CPU	1005
	5	Wang Nok Wang	DBS	1100
	6	Wang Kelvin	FLSS	1318
	7	Zheng Chin Yik Robin	FSS-KT	1303
	8	Chan Ming Chi	HPCCSS	1160
	9	Mak Yan Cheuk	JCTIC	1360
	10	Law Wing Lap	LKKC	1140
	11	Xie Shing Chun	LKYMS	1463
	12	Ho Hoi Wai Howard	LSC	1186
	13	Mak Cheuk Kiu	LSKC	1048
	14	Chow Chi Yin	LSTC	1027
	15	Chu Ho Ting	PLKNPL	1286
	16	Chan Pak Sum	NCC	1468
	17	Ng Pak Ki	POHCKMC	1339

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Event 16	Girls 200m (H)		02:20PM	
	Record : 24.98		Standard :	30.50s
Heat 1	2	Bella Kashga Quigley	YHKCC	2083
	3	Chan Chi Yan	YCH2	2460
	4	Chan Hay Yee Jessy	DGS	2209
	5	Chan Ho Ching Mona	TLHK	2324
	6	Cheung Yan Tung	EVANGEL	2377
	7	Cheung Sin Yee Renee	JCTIC	2148
	8	Cheung Ka Yu	LKCC	2086
	Heat 2	2	Cheng Yuen Yung	LSKC
3		Cheng Tsz Yan	HKUGA	2264
4		Chan Hui Wing Nuria	MCS	2456
5		Chan Wa	FLSS	2114
6		Chan Wing Kiu	LKCC	2088
7		Cheung Yuet Hei	TLHK	2325
8		Chui Ming Tung	CSCMC	2386
Heat 3		2	Chung Wing Ching	LSTC
	3	Leung Sin Ki	POHCKMC	2133
	4	Leung Ka Yui Kami	HYS	2248
	5	Lau Tsz Wun Amber	STCC	2457
	6	Lam Wing Sum	FLSS	2115
	7	Lam Wing Suet	YYC	2178
	8	Kwok Yi Tak Amber	SPCC	2061
	Heat 4	2	Kwok Tsz Tung	SHDC
3		Fong Hei Ching	LYC	2036
4		Fung Kai Yung	LSTC	2346
5		Hui Ching Grace	HYS	2247
6		Gan Ho Yan	SPCC	2062
7		Ho Hiu Yuet Hayley	JCTIC	2147
8		Lum Hei Ching	WFN	2304
Heat 5		2	Kam Yee	BPS
	3	Tsui Yan Hei	CPU	2015
	4	Wong Chin Wai	TSWMC	2165
	5	Sum Hei Lam Nicole	DGS	2207
	6	Sze Hoy Lam Catherine	SPCS	2284
	7	Sze Hei Man Joby	LTFC	2378
	8	Tse Yu Yee	SHDC	2193
	Heat 6	2	Shum Man Huen	WFN
3		Ngan Chloe Hoi Yiu	SSCS	2106
4		Lin Ka Wai	WYY	2364
5		Liu Hui Yuet	GHS	2227
6		Luk Lin Sum	BCKSS	2461
7		Luk Pui Ching	WYY	2363
8		He Yin Lok	LYC	2037
Heat 7		1	Man Hau Ching	POHCKMC
	2	Ng Hoi Ying Hannah	SSCS	2105
	3	Ng Wing Kiu	HKUGA	2265
	4	Yau Sin Ting Nicole	SPCS	2282
	5	Wong Tsz Ching	TSWMC	2164
	6	Woo Joy Hei	GHS	2228
	7	Wun Hoi Lam Sapphire	IHMC	2462
	8	Tsui Nok Yin	CPU	2016



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Event 17	Boys 200m (H)		02:40PM	
	Record : 21.61		Standard :	25.50s
Heat 1	2	Cheung Chun Yin	LTFC	1452
	3	Yang Zhao Zhi George	CPU	1002
	4	Chang Tin Hang Kyle	LSTC	1023
	5	Huang Chuanghao Eren	ASMS	1264
	6	Wong Tsz Ngo	WYK	1246
	7	Lam Tsun Hei	WYHK	1226
	8	Siu Heung Shing	LKKC	1136
	Heat 2	2	Chak Karl Yau Jing	PCMS
3		Cheuk Kwan Yin	POHCKMC	1336
4		Fong Yu Hin Isaac	YHKCC	1066
5		Jun Chaemin	TSIS	1446
6		Kwok Chun Ting	TKHC	1444
7		Lam Chun Hei	LSTC	1025
8		Lam Chun Ting	PLKNPL	1281
Heat 3		2	Lam Pak Ki	TSWMC
	3	Yeung Ho Lai	CPU	1003
	4	Law Ho Man	PCMS	1120
	5	Law Siu Hang	JCTIC	1355
	6	Lee Ho Kuen	HPCCSS	1157
	7	Leung Ching Hang Wesley	DBS	1097
	8	Lu Ching Chiu	LKKC	1137
	Heat 4	2	Lung Yat Long Anskar	YWC
3		Man Him Ng	ISS	1447
4		Chen Junying	FLSS	1315
5		Leung Kwok Fung	LSC	1183
6		Ng Tsz Tai	YCKMC	1207
7		Koo Cheuk Fung Jasper	DBS	1095
8		Tsang Pak Yu	LSKC	1045
Heat 5		2	Tsui Man Hin	HPCCSS
	3	Wong Kwok Man	WYK	1247
	4	Lau Tsun Yin	CAL	1428
	5	Wu Pak Hang	LSC	1182
	6	Yau Leong Yan Nathan	YWC	1072
	7	Yeung Hoi To	YCKMC	1206
	8	Yim Chi Yiu	POHCKMC	1337
	Heat 6	2	Yip Chun Ho	WYHK
3		Zhao Yam Mang	FLSS	1313
4		He Junxi	ASMS	1266
5		Hu Tony	FSS-KT	1302
6		Law Chun Wo	PLKNPL	1283
7		Kon King Long	JCTIC	1357
8		Lai Yat Hin	LTFC	1455
Heat 7		2	Li Wai Ting	SHDC
	3	Liem Ho Yat Isaac	SMS	1453
	4	Tung Kiu Fung Paul	SJC	1454
	5	Wan Sze Chai	TSWMC	1379
	6	Yuen Pak Kiu	FSS-KT	1301
	7	Zhong Junxiang	BHSC	1456
	8	Zhong Man Chun	CAL	1430

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Event 18	Girls 4x400m (H)	03:05PM
	Record : 03:59.2	Standard : 04:55.0
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Heat 1	1	BPS
	2	CPU
	3	LYC
	4	GHS
	5	SPCC
	6	LKKC
	7	FLSS
Heat 2	2	POHCKMC
	3	WFN
	4	TSWMC
	5	JCTIC
	6	SHDC
	7	DGS
	8	LSKC
Heat 3	2	HYS
	3	LSTC
	4	SPCS
	5	YYC
	6	TLHK
	7	HKUGA
	8	WYY

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Event 19	Boys 4x400m (H)	03:25PM
	Record : 03:26.7	Standard : 03:54.0
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Heat 1	2 CPU	
	3 ASMS	
	4 YWC	
	5 LSTC	
	6 PCMS	
	7 LKKC	
Heat 2	2 HPCCSS	
	3 DBS	
	4 YCKMC	
	5 TSWMC	
	6 WYK	
	7 POHCKMC	
	8 PLKNPL	
Heat 3	2 FSS-KT	
	3 FLSS	
	4 LSC	
	5 JCTIC	
	6 WYHK	
	7 YYC	
	8 CAL	