

All Hong Kong Schools

Jing Ying Athletics (Team) Tournament 2024-2025

2024-2025 年度全港學界  
精英田徑(團體)比賽

全港學界

主辦機構  
Organiser



贊助  
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飲品贊助  
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資助機構  
Subvented by



精英田徑(團體)比賽

All Hong Kong Schools Jing Ying Athletics (Team) Tournament

<b>Date:</b>	<b>10, 12 Mar 2025</b>
<b>Time:</b>	<b>9:00am - 6:00pm (Day 1)</b>
	<b>9:00am - 6:00pm (Day 2)</b>
<b>Venue:</b>	<b>Kai Tak Youth Sports Ground</b>

主辦機構

Organiser



HKSSF  
中國香港學界體育聯會

資助機構

Subvented by



康樂及文化事務署  
Leisure and Cultural  
Services Department

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ALL HONG KONG SCHOOLS JING YING ATHLETICS (TEAM) TOURNAMENT 2024-2025

2024-2025 年度全港學界精英田徑(團體)比賽

ATHLETICS TECHNICAL AND SELECTION COMMITTEE

田徑技術及遴選小組

Mr.	LEE Siu Leung (Convenor)	Tin Shui Wai Methodist College
Mr.	CHAN Chin Wan (Deputy Convenor)	Wah Yan College (Hong Kong)
Ms.	HO Ka Man	Hong Kong Sheng Kung Hui Bishop Hall Secondary School
Mr.	HO Man Lok	Kwok Tak Seng Catholic Secondary School
Mr.	LI Kwong Ling	Jockey Club Ti-I College
Mr.	SZETO Man Ho Timothy	La Salle College
Mr.	WU Wai Ho	TWGHs Mrs. Wu York Yu Memorial College
Ms.	YAU Lin Tai	HHCKLA Buddhist Ma Kam Chan Memorial English Sec. Sch.
Mr.	YIP Chung Wa	STFA Leung Kau Kui College
Ms.	VUT Tsz Ying	Ma On Shan Ling Liang Primary School
Ms.	WONG Yuen Nam	Pui Ching Primary School
Mrs.	SIU CHOW Sau Wah	Adviser
Mr.	DONG Ka Chung	Adviser
Mr.	TAM Yiu Chung	Adviser
Mr.	TANG Kun Loi	Adviser
Mr.	TSE Ping Sin	Adviser
Dr.	YEUNG Sai Mo, Simon	Hong Kong, China Association of Athletics Affiliates

\*\*\*\*\* **Acknowledgements** \*\*\*\*\*

The Athletics T&S Committee wishes to express its appreciation to the following parties for their support and assistance to make this event every success: 田徑技術及遴選小組委員在此感謝以下各單位的鼎力支持 (In alphabetical order):

- ~ ECO Lifestyle Fitness (HK) Limited for sponsoring the Tournament 贊助本賽事
- ~ Hong Kong, China Association of Athletics Affiliates for sanctioning the event and providing technical support, and Mr. Chan Man Hau as Technical Manager 中國香港田徑總會提供技術支援
- ~ Banitore for providing first aid services 便利妥提供急救服務
- ~ Wah Yan College, Hong Kong for providing student helpers 香港華仁書院派出服務生
- ~ Diocesan Girls' School for providing student helpers 拔萃女書院提供服務生
- ~ Tin Shui Wai Methodist College for providing student helpers 天水圍循道衛理中學提供服務生
- ~ STFA Leung Kau Kui College for providing student helpers 順德聯誼總會梁銶琚中學提供服務生
- ~ for providing student helpers 賽馬會體藝中學提供服務生
- ~ La Salle College for providing student helpers 喇沙書院提供服務生
- ~ HKMA David Li Kwok Po College for providing student helpers 香港管理專業協會李國寶中學提供服務生
- ~ Yuen Long Merchants Associate School for providing student helpers 元朗商會中學提供服務生
- ~ for providing student helpers 佛教大雄中學提供服務生
- ~ Leisure and Cultural Services Department for subventing the event 康樂及文化事務署資助本賽事
- ~ Kai Tak Sports Park staffs for their co-operation and keen support 啟德體育園員工鼎力協助
- ~ All Officials, Judges & individual helpers of the event 所有工作人員及裁判員的參與

# The Schools Sports Federation of Hong Kong, China

## All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

### Notice to Participating Schools

#### 1. Competition Information

<u>Date</u>	<u>Time</u>	<u>Venue</u>
10 / 3 / 2025 (Mon)	0900 – 1800	Kai Tak Youth Sports Ground
12 / 3 / 2025 (Wed)	0900 – 1800	

#### 2. Entries

- 2.1.1 24 teams by invitation of Boys and Girls teams (12 teams for HKSSRC and 12 teams for ACs of NT). Each school may have 2 athletes to participate in each individual event, and only 1 team to participate in each relay event. If an invited school declines its qualification to participate, its spot will be filled by the next best-ranked teams from the same group/area, up to a maximum of two teams. If all substitute schools decline to participate, spot of that group/area will be left vacant.
- 2.1.2 There will be 8 wild card nominations for open registration for each individual event, and the top 8 athletes with the best results will be eligible to participate. (Not applicable to invited schools)
- 2.2 Each athlete may enter 2 individual events.
- 2.3 All entries included school by invitation or wild card nomination, a maximum of 2 athletes per school can participate in each individual event.  
The representative of the invited school cannot take part in the wild card nomination.
- 2.4 A maximum of 56 athletes in an individual event.  
If the 9<sup>th</sup> position or subsequent athlete who is nominate via wild card has the same result as the 8<sup>th</sup> place, the number of participants of that event will increase.

#### 3. Substitution

- 3.1 Substitution only consider in a case supported by registered doctor's certificate or obvious injuries on the day of the competition, the player who is replaced will be prohibited to participate in any event on the same day. This will only apply in preliminary round and no substitution may be made for individual finals. However, if an event is programmed as a straight final, substitution may be allowed.
- 3.2 Substitution is not allowed to make for any wild card athletes.

#### 4. Registration of Competitors

- 4.1 Athletes must be registered and must produce their HKSSF registration card 2024-2025 to the officials of the meet. Athletes with no registration card are not allowed to take part in the competition.
- 4.2 This Tournament is a sanctioned event of the Hong Kong, China Association of Athletics Affiliates (HKAAA). For results to be included in the Hong Kong Ranking and used for selection to Hong Kong Athletic Team, athletes must have current valid HKAAA registration number. Registered athlete please fills in the HKAAA registration number on the entry form. If has any false information, this result(s) will be disqualified and may have further punishment.
- 4.3 For registration details, please visit [https://www.hkaaa.com/en/athlete\\_registration\\_intro.php](https://www.hkaaa.com/en/athlete_registration_intro.php)
- 4.4 Athletes with HKAAA Affiliated clubs can apply for registration via their respective clubs, for non-member of HKAAA affiliated clubs athletes, athletes require to bring along the HKAAA Registered Athletes application form and endorsed by HKSSF before sending the application to HKAAA.

#### 5. Regulations

##### 5.1 Competition Rules

All events will be held in accordance with the competition rules of the HKAAA as per World Athletics (WA) unless otherwise specified.

5.2 Equipment

- 5.2.1 The venue will provide equipment for all events.
- 5.2.2 Maximum length of tartan spikes :-  
for High Jump and Javelin: up to 9mm :  
for other events: up to 7mm

5.3 \*\*\*Reporting Procedure \*\*\*\*

5.3.1 Teacher in charge of participating schools should report to the Record Keeper Room to collect athlete’s number bibs.

**5.3.2 There will be no announcement for the reporting time (Please refer to Main Clock at the Sports Ground) :**

**Athletes must report to the Roll Call Area on time by themselves, with their own registration card and number bibs. (The Roll Call Area is located at spectator stand near the Finish line.) Officials will escort the reported athletes to the competition area after the End of Roll Call. Athletes who fail to report to the Roll Call Area will be treated as absent and will not be allowed to compete in that event.**

Events	Start of reporting time	End of Reporting time
Track event	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

5.3.3 Simultaneous Entries

If athlete in both a Track Event and a Field Event, or in more than one Field Event taking place simultaneously, please follow WA technical rules 4.3. Athletes must report to the referee before leaving and going back to the competition area.

5.3.4 All athletes must wear the number bibs issued by the HKSSF (Required for both days of competition). Replacement of number bib can be made at the Record Keeper Room and HK\$50.00 will be charged per re-issue of a number bib.

5.4 Field Event

5.4.1 For Triple Jump only: There will be 2 take off boards/marks (9m/11m). Once the decisions are conveyed to the officials, the take off mark will apply to the competitors concerned throughout the competition.

5.4.2 Warm up jump, High jump starting height and increasing height

Girls:

Starting height at 1.30m, two warm up jump at 1.3m and 1.55m respectively; each jump will increase 5cm from 1.35m to 1.6m, then 3cm increase onwards.

Boys:

Starting height at 1.6m, two warm up jumps at 1.55m and 1.75m respectively; each jump will increase 5cm from 1.6m to 1.8m, then 3cm increase onwards.

5.4.3 Jump off is not applicable in High Jump.

5.5 Track Event

5.5.1 The best 8 runners in heat will be qualified to final. Finalists will be seeded in lanes according to time as follow:

Draws	All (old)	Straight (new)	200m (new)	400m (new)
Top ranked	3, 4, 5, 6	3, 4, 5, 6	5, 6, 7	4, 5, 6, 7
Next ranked	7, 8	2, 7	3, 4, 8	3, 8
Last ranked	1, 2	1, 8	1, 2	1, 2

### 5.5.2 Straight finals

If 8 or less athletes or teams are reported to the Call Room after the End of Call, the event will be declared a straight final and to be run at time scheduled for that final. Draws for lane will be made.

### 5.5.3 Relay Events

Schools are requested to submit their Relay Team lists to the Roll Call Area **before reporting time of the relay competition**. Any late submission will not be accepted and the team will be disqualified.

### 5.5.4 Competition time limit for 5000m finals

Boys Open: 25mins

Girls Open: 30mins

## 6. Points

Placing	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Individual Event	9	7	6	5	4	3	2	1
Relay Event	18	14	12	10	8	6	4	2

6.1 When tying for a position each competitor tying for that position will be credited with an average of points awarded to that position and the position(s) following it.

6.2 Standard points shall be counted towards the Overall Champions of the Tournament. Standard points may only be awarded during heats, unless the event(s) is/are declared as straight final(s), in which case standard points may be gained in the final in addition to position points. The results of all participating athletes (including wild card athletes) are included in the Overall Champions of the Tournament.

Standard point: Individual Event : 1 point \ Relay Event : 2 points

6.3 When tying for the overall, the ranking will be determined by the number of gold medals won by the same team, if still tie, determined by the number of silver medals, and so on.

## 7. Award and Results

7.1 Please scan the QR code on the program for the update results for the tournament day. Result will be removed from that link after the tournament day and the final results will upload to our website (<http://hkssf.org.hk/>) on 14<sup>th</sup> March 2025 (Fri).

7.2 Trophies will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> places in Boys and Girls Overall.

7.3 Medals and Certificates will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> places in each event.

7.4 Each relay winning team will be awarded 6 medals and 4 certificates only.

7.5 Certificate of Merit will be awarded to record breakers. The certificates will send to schools by post after the Tournament.

7.6 Prizes sponsored by ECO Lifestyle Fitness (HK) Ltd. will be presented to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> place in each event. (Both Individual and Relay Events)

## 8. Uniform

Athletes are required to wear their athletics uniform bearing school name / abbreviation / badge. Teams will be disqualified in the event if they are not properly dressed.

## 9. Outside Assistance

9.1 Coaches are not allowed to communicate with athletes in competition area. Athletes must pay attention to the competition situation when crossing the track. If they obstruct or affect the competition, they will be warned, and in serious cases they will be disqualified.

9.2 Athletes are not allowed to use any electronic communication devices within the competition area. The offender will be warned. If there is any repetition, he/she will be disqualified.

## 10. Protest

- 10.1 Protest should be made in writing by the teacher(s) in charge of the school(s) being affected at an incident within 30 minutes of the announcement of the result of the event concerned. Protest fee of \$200 will be returned if the appeal is successful. No protest will be accepted from student and spectator.
- 10.2 All protests concerning technical rules and interpretation should be made to the Referees. The decision of the Jury of Appeal shall be final.
- 10.3 All protests concerning the management of the tournament should be made to the Convenor. The decision of the Committee of the tournament shall be the final.

## 11. Warm Up Arrangement

Warm Up arrangement: All warm up should be done in the warm up track area. Athletes must present their bib to enter the warm-up area (only athletes who need to prepare for competition during that time are allowed entry). For teachers and coaches, they must present their coach pass will be distributed on event day in order to enter the warm-up area/coaching zone. Coach pass will be distributed on event day (maximum 5 passes for invited school and no more than 2 passes for wild card school based on the number of wild card athletes)

## 12. Safety Precautions

- 12.1 Athletes must leave the FIELD as soon as they finish their events.  
Athletes participating in middle distance events should make special precaution to the Discus event. The Discus circle is located at the corner of the 1<sup>st</sup> baton area. Provision of discus net cannot be 100% safe.  
Accidents can occur in Javelin and Discus events. The area around the Javelin Runway and Discus circle should be kept clear at all times. Athletes must station in the waiting area and can only enter the throwing area when he/she starts to compete.
- 12.2 Nobody will be allowed to go inside the field (grass area) except appointed officials & athletes of the events being held there. The field area has been roped off by plastic band and all appointed officials would wear official uniform for identification. If teachers or athletes do not follow regulation, the school concerned is liable to disqualification.
- 12.3 All attendees must comply with the Conditions of Entry of Kai Tak Youth Sports Ground

## 13. ECO Lifestyle Fitness (HK) Limited - Exhibition Booth

Event Sponsor ECO fitness consultant will be available at Exhibition Booth situated at the venue to provide professional advice and introduction on muscle relaxation and recovery devices and its products. Attendees are welcome to pay a visit and experience.

## 14. Others:

- 14.1 Aerial photographing is not allowed within KTYSG.
- 14.2 No parking will be available at KTYSG.
- 14.3 Admission time for Participating Schools: 8:15 a.m.
- 14.4 Please check the latest version of competition schedule on HKSSF website.

End -

## All Hong Kong Schools Jing Ying Athletics (Team) Tournament - RECORD

### BOYS OPEN GRADE (under 19)

Event	Record	Year	Holder	School
100m	10.53	2023-2024	Kwok Chun Ting	Tai Kwong Hilary College
200m	21.61	2021-2022	Yip King Wai	Diocesan Boys' School
400m	49.39	2023-2024	Huang Yau Nam	Shun Tak Fraternal Association Yung Yau College
800m	1:57:56	2022-2023	Chu Lok Yin	Diocesan Boys' School
1500m	4:17.64	2022-2023	Wang Nok Wang	Diocesan Boys' School
5000m	16:26:28	2016-2017	Yu Shing Him	Fukien Secondary School (Kwun Tong)
110m Hurdles (0.914m)	14.08	2021-2022	Liu Hiu Long	Hoi Ping Chamber of Commerce Secondary School
400m Hurdle (0.838m)	54.55	2023-2024	Chu Lok Yin Ryan	Diocesan Boys' School
4 x 100m Relay	41.85	2022-2023	Zheng Wang Kei Leung Ching Hang Wesley Johannsson Magnus Prostur Koo Cheuk Fung Jasper	Diocesan Boys' School
4 x 400m Relay	3:26.67	2022-2023	Wong Ho Chuen Hugo Tsang Man Chi Lee Cheuk Hei Chu Lok Yin	Diocesan Boys' School
Long Jump	7.26	2022-2023	Lin Mingfu	Chan Sui Ki (La Salle) College
Triple Jump	14.41	2022-2023	Cheung Wing Lok	TWGHs Yow Kam Yuen College
High Jump	2.04	2016-2017	Lam Hin Chak Timothy	La Salle College
Shot Put (5Kg)	15.44	2023-2024	Zhang Weidong	Cheung Sha Wan Catholic Secondary School
Discus (1.5Kg)	49.36	2021-2022	Wong Kwan Yu	Hoi Ping Chamber of Commerce Secondary School
Javelin (700g)	63.50	2023-2024	Wong Yi Hin	Diocesan Boys' School

## All Hong Kong Schools Jing Ying Athletics (Team) Tournament - RECORD

### GIRLS OPEN GRADE (under 19)

Event	Record	Year	Holder	School
100m	12.03	2023-2024	Yu Pui Yi Yip Man Yan	Good Hope School HKUGA College
200m	24.98	2022-2023	Li Tsz To	HKUGA College
400m	56.73	2022-2023	Karlsson Jane Christa Ming Suet	Diocesan Girls' School
800m	2:18.29	2022-2023	Karlsson Jane Christa Ming Suet	Diocesan Girls' School
1500m	4:51.09	2016-2017	Tong Lok Yu	St. Margaret's Co-Educational English Secondary and Primary School
5000m	-	-	-	-
100m Hurdles (0.762m)	13.89	2022-2023	Pak Hoi Man Chloe	Diocesan Girls' School
4 x 100m Relay	47.81	2022-2023	Chow Chi Kiu Sum Hei Lam Nicole Tang Cheuk Man Serena Pak Hoi Man Chloe	Diocesan Girls' School
4 x 400m Relay	3:59.21	2022-2023	Tseng, Hailey Li Man Ching Yip Yik Tung Karlsson Jane Christa Ming Suet	Diocesan Girls' School
Long Jump	6.14	2023-2024	Jia Wai Yin	St. Margat Co-Educational English Secondary And Primary School
High Jump	1.71	2016-2017	Cheung Ching Laam P.	Heep Yunn School
Shot Put (4Kg)	10.63	2016-2017	Cheung Yuet Ting	YCH Law Chan Chor Si College
Discus (1Kg)	36.22	2023-2024	Man Ho Lam Hina	Diocesan Girls' School
Javelin (600g)	40.87	2023-2024	Kwong Sze Oi Sarah	Baptist Lui Ming Choi Secondary School

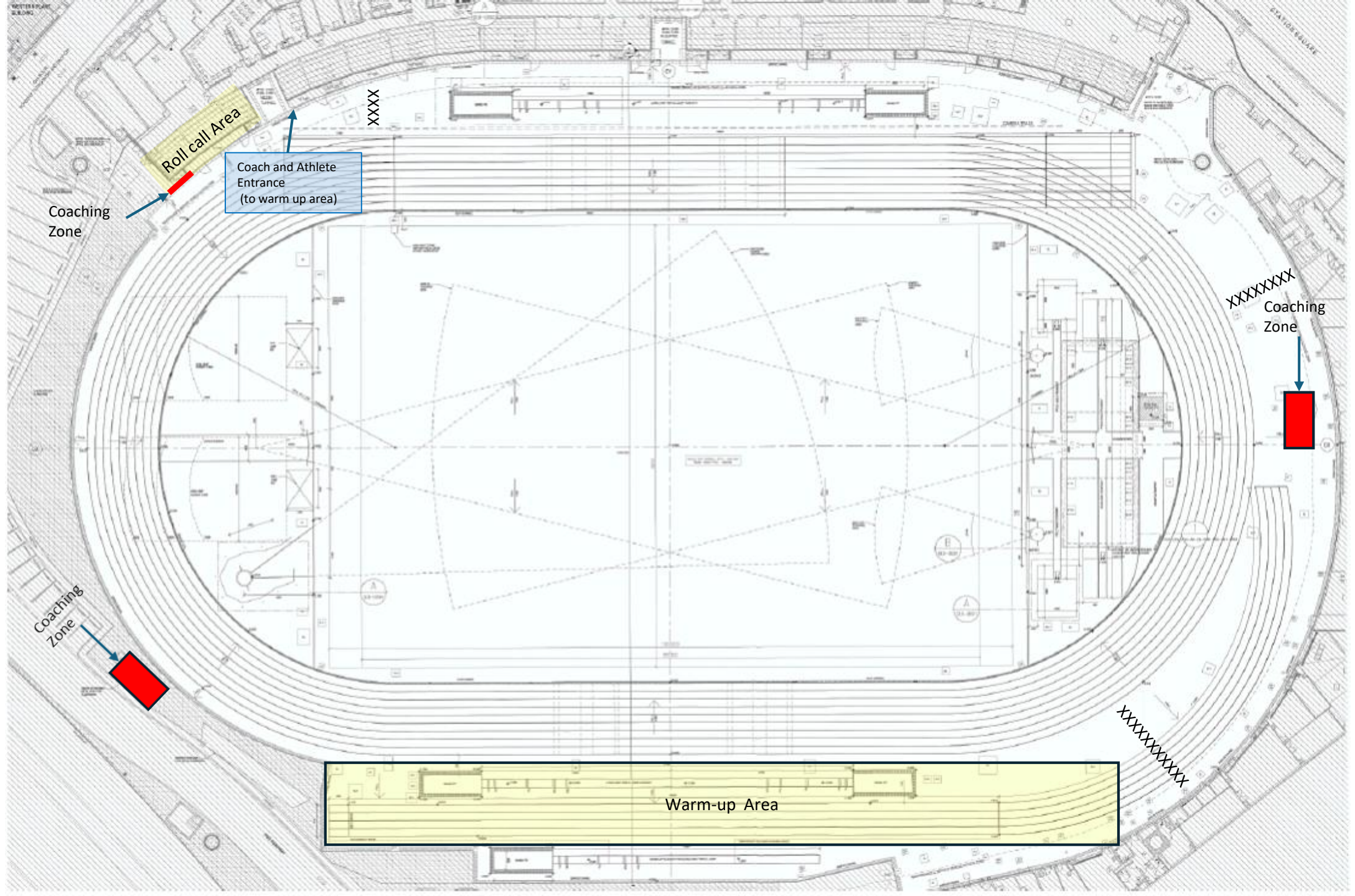


**The Schools Sports Federation of Hong Kong, China**  
**All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025**  
 Participating School List

	School	Boys Open	Girls Open
AGHSS	Assembly of God Hebron Secondary School	-	1
ASMS	SKH All Saints' Middle School	17	-
BCKSS	HHCKLA Buddhist Ching Kok Secondary School	1	2
BHJS	Bishop Hall Jubilee School	1	-
BHSC	Buddhist Hung Sean Chau Memorial College	1	-
BLMCSS	Baptist Lui Ming Choi Secondary School	1	1
BMFMC	Buddhist Mau Fung Memorial College	1	-
BPS	Belilios Public School	-	13
BWLSS	Baptist Wing Lung Secondary School	1	-
CAL	Carmel Alison Lam Foundation Secondary School	16	-
CCCRSS	CCC Rotary Secondary School	1	-
CCCSS	Cheng Chek Chee Secondary School	1	-
CGHC	Chong Gene Hang College	2	-
CHECSS	Choi Hung Estate Catholic Secondary School	1	-
CLS	Concordia Lutheran School (Kowloon)	2	1
CMASS	CMA Secondary School	3	-
CMT	TWGHs Chang Ming Thien College	1	1
CPU	Carmel Pak U Secondary School	22	20
CREATIVE	Creative Secondary School	-	1
CSCMC	Christian Alliance S. C. Chan Memorial College	-	1
CSK	Chan Sui Ki (La Salle) College	2	-
CSWCSS	Cheung Sha Wan Catholic Secondary School	4	-
CYC	CCC Chuen Yuen College	1	-
CYMCA	Chinese Y.M.C.A. Secondary School	2	-
CZM	TWGHs Chen Zao Men College	1	-
DBS	Diocesan Boys' School	25	-
DGS	Diocesan Girls' School	-	19
DLKP	HKMA David Li Kwok Po College	-	1
DMS-HW	Delia Memorial School (Hip Wo)	1	-
ELCHK-LA	ELCHK Lutheran Academy	-	1
EVANGEL	Evangel College	1	1
FIS	French International School	-	1
FK1	Fung Kai No. 1 Secondary School	1	-
FLSS	Fanling Lutheran Secondary School	23	19
FSS-KT	Fukien Secondary School (Kwun Tong)	14	-
FYW	CCC Fong Yun Wah Secondary School	3	-
GHS	Good Hope School	20	-
GSIS	German Swiss International School	1	-
HDC	Ho Dao College (Sponsored by Sik Sik Yuen)	1	-
HKTLC	Hong Kong True Light College	-	1
HKUGA	HKUGA College	2	20
HPCCSS	Hoi Ping Chamber of Commerce Secondary School	26	3
HTC	Holy Trinity College	-	3
HTSS-TKO	Heung To Secondary School (Tseung Kwan O)	2	-
HWC	CCC Heep Woh College	2	-
HYS	Heep Yunn School	-	16
IHMC	Immaculate Heart of Mary College	-	2
ISFA	The Independent Schools Foundation Academy	1	-
ISS	Invictus Secondary School	1	-
JCTIC	Jockey Club Ti-I College	22	18
KSLBY	Kit Sam Lam Bing Yim Secondary School	-	1
KSSS	CCC Kei San Secondary School	1	-
KTKLGSS	Kwun Tong Kung Lok Government Secondary School	1	-
KTLS	Kowloon True Light School	-	1
KTSCSS	Kwok Tak Seng Catholic Secondary School	1	-
KYD	TWGHs Kap Yan Directors' College	-	1
KYWC	TWGHs Kwok Yat Wai College	1	-
LA	HKCCCU Logos Academy	1	1
LKKC	STFA Leung Kau Kui College	20	19
LKS	TWGHs Li Ka Shing College	-	1
LKYMS	Lee Kau Yan Memorial School	1	2
LSC	La Salle College	25	-
LSKC	STFA Lee Shau Kee College	16	8
LSTC	AD & FD POHL Leung Sing Tak College	20	17
LSTLKK	Lok Sin Tong Leung Kau Kui College	-	2
LSTWCM	Lok Sin Tong Wong Chung Ming Secondary School	2	-

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 Participating School List

	School	Boys Open	Girls Open
LTFC	Lam Tai Fai College	2	3
LTPSS	Law Ting Pong Secondary School	-	1
LW	SKH Lam Woo Memorial Secondary School	1	-
LYC	TWGHs Lui Yun Choy Memorial College	-	17
MCS	Maryknoll Convent School	-	5
MKPC	Man Kwan Pak Kau College	-	2
MSC	Munsang College	2	1
NAMS	New Asia Middle School	1	-
NCC	Newman Catholic College	1	-
PCMS	Pui Ching Middle School	14	1
PKC	Pui Kiu College	2	1
PKMS	Pui Kiu Middle School	-	1
PLKLFC	Po Leung Kuk Laws Foundation College	-	1
PLKNPL	Po Leung Kuk Ngan Po Ling College	18	1
POHCKMC	POH Chan Kai Memorial College	19	14
QUALIED	Man Kwan QualiEd College	-	1
SFAC	St. Francis of Assisi's College	1	-
SHCC	Sacred Heart Canossian College	-	1
SHDC	TWGHs Sun Hoi Directors' College	11	16
SJA	St. Joan of Arc Secondary School	1	-
SJACS	St. Joseph's Anglo-Chinese School	1	-
SJC	St. Joseph's College	3	-
SKHKH	SKH Kei Hau Secondary School	-	1
SLS	St. Louis School	1	-
SMCESPS	St. Margaret's Co-Educational English Secondary and Primary School	1	3
SMS	St. Mark's School	1	-
SPC	St. Paul's College	3	-
SPCC	St. Paul's Co-educational College	-	20
SPCS	St. Paul's Convent School (Secondary Section)	-	20
SSCS	St. Stephen's College	1	7
STCC	ECF Saint Too Canaan College	1	1
STS	Sai Kung Sung Tsun Catholic School (Secondary Section)	-	1
STSS	St. Teresa Secondary School	-	1
STTSS	Sha Tin Tsung Tsin Secondary School	-	1
SWC	STFA Seaward Woo College	1	1
SYSS	Sing Yin Secondary School	1	-
TCCS	Tung Chung Catholic School	-	1
TKHC	Tai Kwong Hilary College	1	1
TKOGSS	Tseung Kwan O Government Secondary School	-	1
TLHK	The True Light School of Hong Kong	-	22
TMCSS	Tuen Mun Catholic Secondary School	-	1
TPSY	Tai Po Sam Yuk Secondary School	-	1
TPYC	STFA Tam Pak Yu College	-	1
TSIS	The South Island School	1	-
TSWMC	Tin Shui Wai Methodist College	18	14
TTCA	Tsung Tsin Christian Academy	7	3
UCC-KE	United Christian College (Kowloon East)	-	1
VSA	Victoria Shanghai Academy (Secondary Section)	-	1
WFLC	TWGHs Wong Fung Ling College	1	-
WFN	TWGHs Wong Fut Nam College	7	20
WIS	West Island School	1	2
WTSMC	HKSYCIA Wong Tai Shan Memorial College	2	1
WYHK	Wah Yan College (Hong Kong)	19	-
WYK	Wah Yan College (Kowloon)	20	-
WYY	TWGHs Mrs. Wu York Yu Memorial College	1	15
YCH2	Yan Chai Hospital No. 2 Secondary School	-	1
YCKMC	Yu Chun Keung Memorial College	21	2
YHKCC	YMCA of Hong Kong Christian College	6	4
YKN	Buddhist Yip Kei Nam Memorial College	1	-
YKYC	TWGHs Yow Kam Yuen College	1	1
YLLSS	The Evangelical Lutheran Church of Hong Kong Yuen Long Lutheran Secondary School	-	2
YMCA	Chinese Y.M.C.A. College	1	2
YWC	Ying Wa College	23	-
YYC	Shun Tak Fraternal Association Yung Yau College	22	14



Roll call Area

Coach and Athlete Entrance (to warm up area)

Coaching Zone

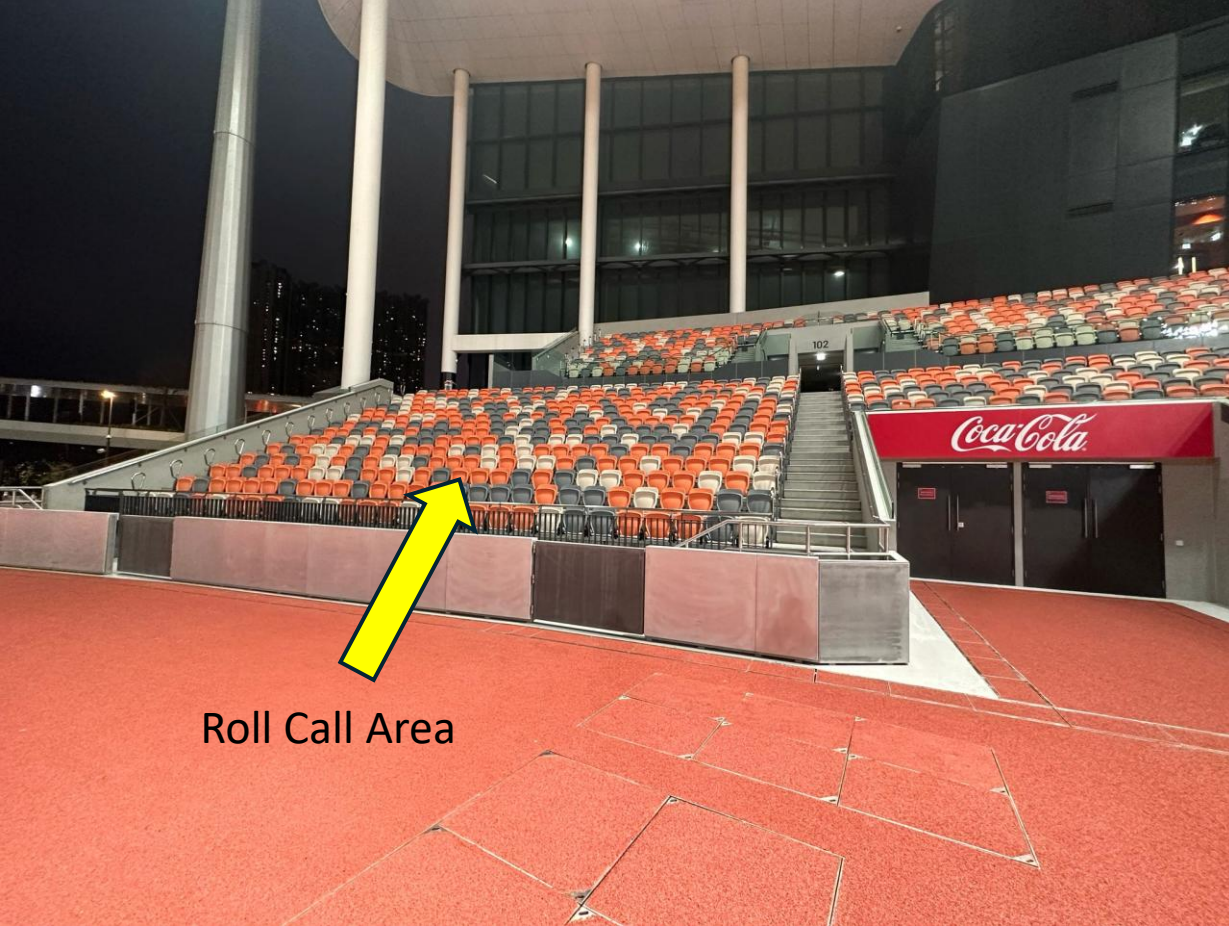
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Coaching Zone

Coaching Zone

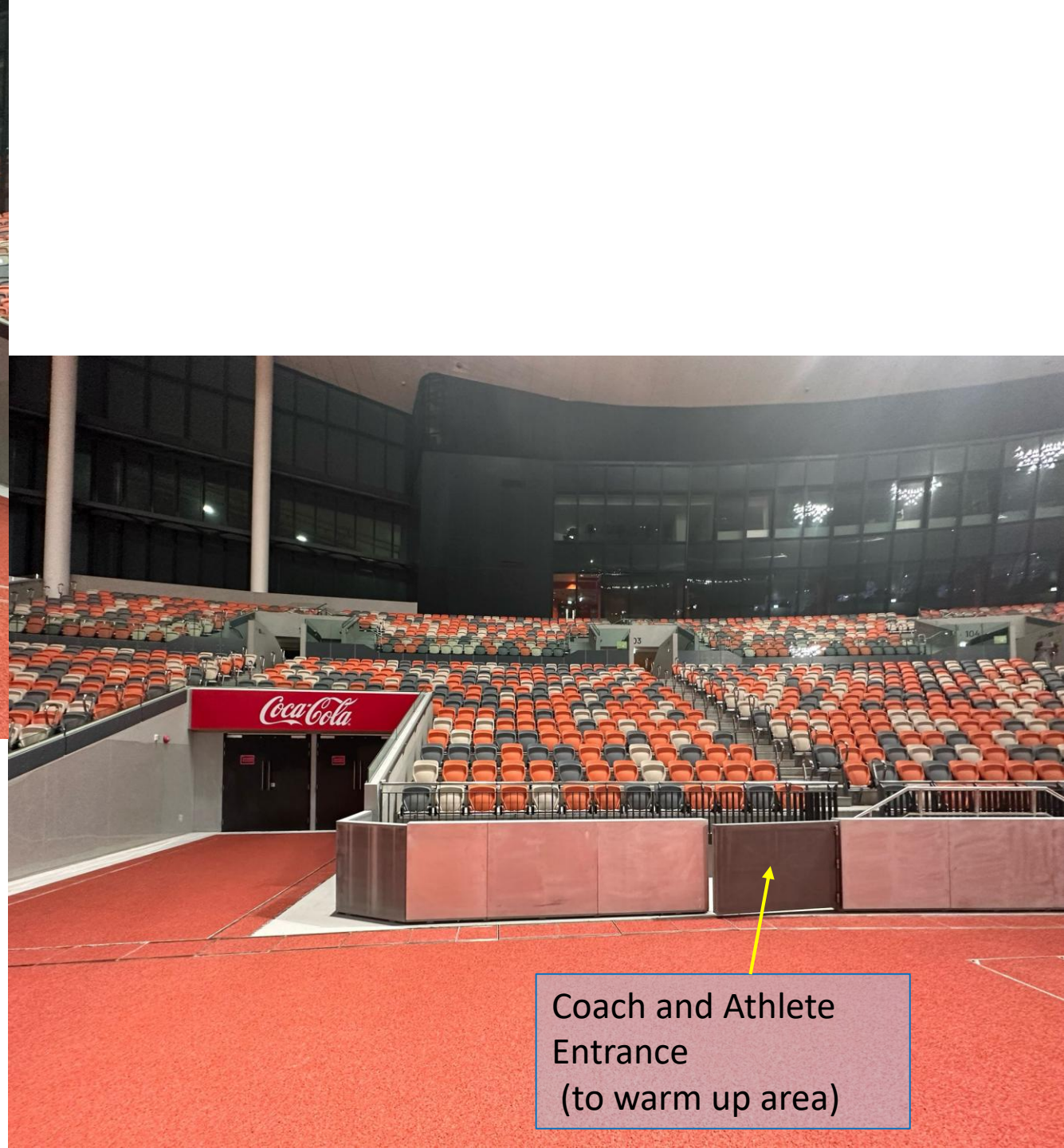
Warm-up Area

# Spectator Entrance

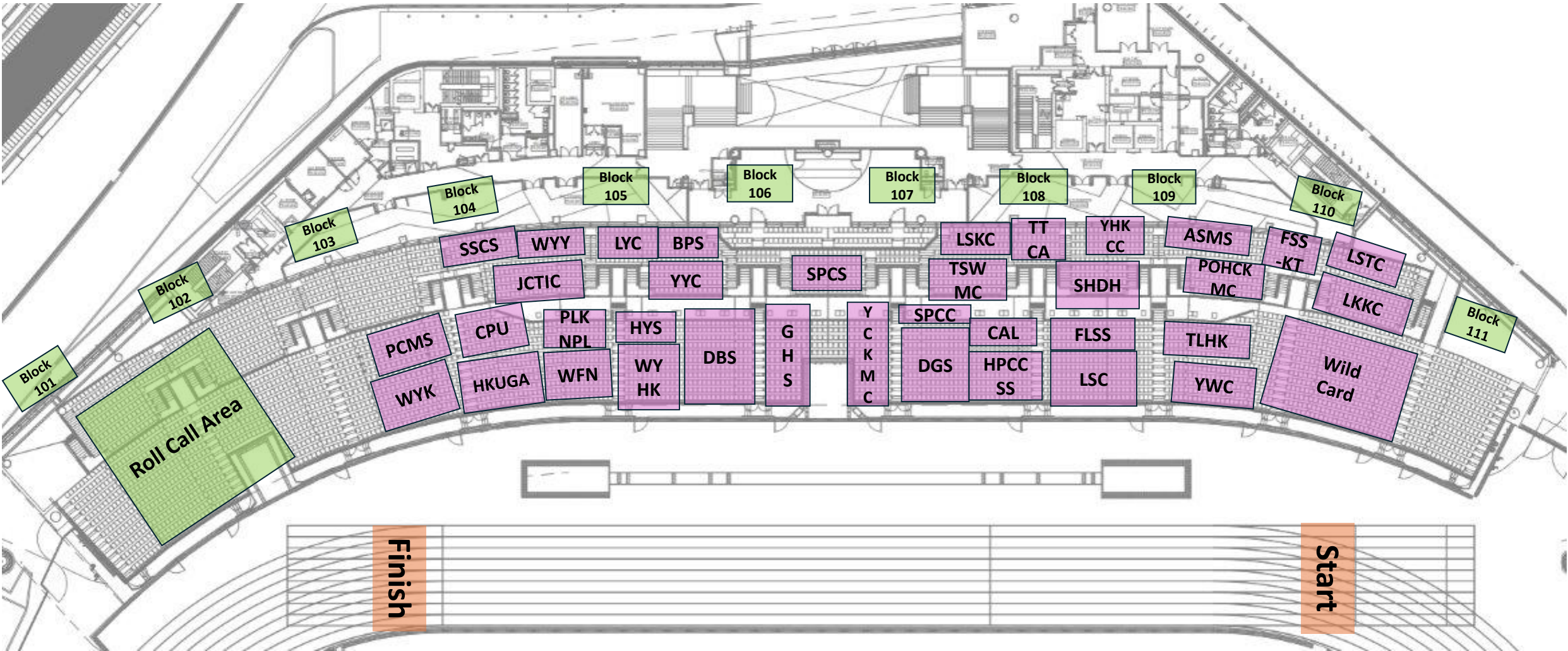




Roll Call Area



Coach and Athlete Entrance  
(to warm up area)



**All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024 - 2025**

**10/3 - 12/3/2025**

Kai Tak Youth Sports Ground

**Official List (DAY 1 10/3/2025)**

Management Committee	Convenor : Mr. Lee Siu Leung (TSWMC) : All Athletics T&S members Competition Director : Mr. Lee Siu Leung(TSWMC), Mr. Chan Chin Wan(WYHK) Technical Manager : Mr. Chan Man Hau(HKAAA) Jury of Appeal : Dr. Tsang Cheuk Kuen, Eric(HKSSF), Mr. Yim Chun Ming(HKSSF), Mr. Tang Kun Loi(HKAAA) First Aid : Service provided by Banitore Record Rm helpers: : Helper X 10 (DGS)
Announcers	: 1. Ms. Cheng Ka Po, Mabel(MASS) 2. Ms. Wong Pui Kam(KTLS)
Prize Presentation	1. Mrs. Siu Chow Sau Wah(HKSSF)
Award Collection Point	1. Helper X 8 (MASS) 2. HKSSF Staff
<u>Field Events</u>	
Jump Event Referee	: Mr. Ho Ho Yee, Alex(HKAAA)
Long Jump	: 1. Mr. Lai Tsz Leung(SPCC) - Chief 2. Ms. Ho Ka Man(BHSS) 3. Ms. Chan Hiu Shuen(PLKNPL) 4. Mr Matthew Shum(DLKP) Helper X 3
High Jump	: 1. Mr. Wong Kwun Chung(MKPSS) - Chief 2. Ms. Wong Yuen Nam(PCPS) 3. Ms. Fong Kar Yan(BPS) Helper X 3
Throw Event Referee	: Mr. Alex Yiu(HKAAA)
Discus	: 1. Mr. Lau Sai Man(HKSSF) - Chief 2. Ms. Lee Tsz Yan(YYC) 3. Mr. Suen Chung Him(ASMS) 4. Mr. Lam Shing Tak(NMC) Helper X 8
<u>Track Events</u>	
Track Events Referee	Mr. Chan Yu Fai(PCMS) - Chief
Starter	: 1. Mr. Kwong Kwan Yin(SPCC) - Chief
Recall Starters	: 1. Mr. Joshua Bukowicki (YHKCC) 2. Ms. Yam Ching Yee(LSKC)
Starters' Assistants	: 1. Helper X 8
Call Rm Judges (Roll Cal)	: 1. Mr. Lam Chun Kit(BTHC) - Chief 2. Mr. Ho Man Lok(KTSCSS) 3. Mr. Yip Chung Wa(LKKC) Helper X 8
Track Umpires	: 1. Ms. Herlina Chi Ching Franki(HKAAA) - Chief 2. Mr. Law Hon Leung(YWC) 3. Ms Chan Hiu Lam(TTCA) 4. Mrs. Kwok Tang Wai Ping(CPU) 5. Teacher Of CAL Helper X 10
Photo Finishing Judge	: 1. Ms. Cheung Lai Ching(HKAAA) 2. Mr. Sezto Man Ho(LSC)
Track Judge & Timekeeper	1. Mr. Hassan, Abdul Rahman(SKSTCS) - Chief
Position Judges	: 1. Mr. Eden Cheng(HKSSF) 2. Ms. Vut Tsz Ying, Crystal (MOSLLPS) 3. Mr. Li Kwong Ling(JCTIC) Helper x 2
Time keeper	1. Mr. Yiu Chung Kin (HPCCSS) - Chief 2. Mr. Hai Tat Yeung(YCKMC) Helper x 15 (WYHK)
Wind Gauge Operators	: 1. Mr. Ng Chak Hin (POHCKMC) Helper x 2
Crowd Control	: 1. Mr. Ip Chun Kwan(LSTC) Helper x 2
EDM operator	1. Ms. Chung Wai Wa (DBS) 2. Mr. Wong Yat Cheong(SHDC) 3. Mr. Kong Chi Wai(FLSS) 4. Mr. Wu Wai Ho(WYY)
EDM Technical Support	1. Mr. Ng Wai Shing, Watson(HKSSF)

**All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024 - 2025**

**10/3 - 12/3/2025**

Kai Tak Youth Sports Ground

**Official List (DAY 2 - 12/3/2025)**

Management Committee : Convenor : Mr. Lee Siu Leung(TSWMC)  
: All Athletics T&S members  
Competition Director : Mr. Lee Siu Leung(TSWMC), Mr. Chan Chin Wan(WYHK)  
Technical Manager : Mr. Chan Man Hau(HKAAA)  
Jury of Appeal : Dr. Tsang Cheuk Kuen, Eric(HKSSF), Mr. Yim Chun Ming(HKSSF), Mr. Tang Kun Loi(HKAAA)  
First Aid : Service provided by Banitore  
Record Rm helpers: : Helper X 10 (DGS)

Announcers : 1. Ms. Cheng Ka Po, Mabel(MASS) 2. Ms. Wong Pui Kam(KTLS)

Prize Presentation 1. Mrs. Siu Chow Sau Wah(HKSSF)

Award Collection Point 1. Helper x 8(MASS) 2. HKSSF Staff

**Field Events**

Jump Event Referee : Mr. Ho Ho Yee, Alex(HKAAA)  
Long Jump and Triple Jump : 1. Mr. Lai Tsz Leung(SPCC) - Chief 2. Ms. Ho Ka Man(BHSS)  
3. Ms. Chan Shannon Vera(GHS) Mr Matthew Shum(DLKP)  
Helper x 3

Throw Event Referee : Mr. Alex Yiu(HKAAA)  
Shot Put : 1. Mr. Lau Sai Man(HKSSF) - Chief 2. Mr. Suen Chung Him(ASMS)  
2. Ms. Lai Shing Yan(WFN) 4. Mr. Wu Ho Chuen Ronald(WYK)  
5. Mr. Wong Yat Cheong(SHDC)  
Helper x 5

Javelin : 1. Mr. Eden Cheng(HKSSF) - Chief 2. Mr. Wu Wai Ho(WYY)  
3. Mr. Lam Shing Tak(NMC) 4. Mr. Yu Wing Wing(POHCKMC)  
Helper x 8

**Track Events**

Track Event Referee : 1. Mr. Chan Yu Fai(PCMS) :

Starter : 1. Mr. Kwong Kwan Yin(SPCC) - Chief

Recall Starters : 1. Mr. Joshua Bukowicki(YHKCC) 2. Ms. Yam Ching Yee(LSKC)

Starters' Assistants : 1. Helper x 8

Call Rm Judges (Roll Call) : 1. Mr. Lam Chun Kit(BTHC) - Chief 2. Mr. Ho Man Lok(KTSCSS)  
3. Mr. Yip Chung Wa(LKKC)  
Helper x 8

Track Umpires : 1. Ms. Herlina Chi Ching Franki(HKAAA) - Chief 2. Mrs Miranda Iu(SPCS)  
3. Mrs. Chu Yeung Kai Long(CPU) 4. Teacher of TTCA  
5. Mr. Sam Lau (SSCS)  
Helper x 10

Photo Finishing Judge : 1. Ms. Cheung Lai Ching(HKAAA) 2. Mr. Sezto Man Ho (LSC)

Track Judge & Timekeeper 1. Mr. Hassan, Abdul Rahman(SKSTCS) - Chief

Position Judges : 1. Mr. Li Kwong Ling (JCTIC) 2. Ms. Vut Tsz Ying, Crystal (MOSLLPS)  
3. Teacher Of FSS-KT 4. Ms. Wong Yuen Nam(PCPS)  
Helper x 2

Time keeper 1. Teacher of LYC - Chief 2. Mr. Kwok Wing Yan (TLHK)  
Helper x 15(WYHK)

Wind Gauge Operators : 1. Mr. Leung Tat Shing(YYC)  
Helper x 2

EDM operator 1. Mr. Li Hong Yi (DGS)  
2. Ms. Li Sau Sau (HKUGA)  
3. Mr. Kong Chi Wai(FLSS)  
4. Mr. Liu Kwok Ho(HYS)

Crowd Control : 1. Yau Yuen Yee(LSTC)  
Helper x 2

EDM Technical Support 1. Mr. Ng Wai Shing, Watson(HKSSF)



**The School Sports Federation of Hong Kong, China**  
**All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025**  
Competition Schedule  
 10 & 12 March 2025

updated: 7/3/2025

**DAY1 (10/3/2025)**

Event time	Reporting time		Boys		Girls	
	Track event	Field event	Track event	Field event	Track event	Field event
9:30	09:05-09:15	08:45-08:55	<sup>(3)</sup> 400mH(Heat)	<sup>(1)</sup> High Jump		<sup>(2)</sup> Discus
10:10	09:45-09:55				<sup>(4)</sup> 100m (Heat)	
10:30	10:05-10:15		<sup>(5)</sup> 100m (Heat)			
10:55	10:30-10:40				<sup>(6)</sup> 1500m (Final)	
11:10	10:45-10:55		<sup>(7)</sup> 1500m (Final)			
11:30	11:05-11:15				<sup>(8)</sup> 400m (Heat)	
11:50	11:25-11:35		<sup>(9)</sup> 400m (Heat)			
LUNCH						
13:30	13:05-13:15	12:45-12:55	<sup>(13)</sup> 400mH(Final)	<sup>(10)</sup> Long Jump <sup>(11)</sup> Discus		<sup>(12)</sup> High Jump
13:45	13:20-13:30				<sup>(14)</sup> 800m (Heat)	
14:05	13:40-13:50		<sup>(15)</sup> 800m (Heat)			
14:20	13:55-14:05				<sup>(16)</sup> 200m (Heat)	
14:40	14:15-14:25		<sup>(17)</sup> 200m (Heat)			
15:05	14:40-14:50				<sup>(18)</sup> 4x400mRelay (Heat)	
15:25	15:00-15:10		<sup>(19)</sup> 4x400mRelay (Heat)			
15:50	Prize Presentation					

Remark : ( ) Event No.

**Reporting Time**

Events	Start of reporting time	End of reporting time
Track event (Including Hurdle & Relay)	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

以上比賽時間表，將按各項目的報名人數而有機會作出修改。

**Event time may be changed depending on number of participants.**

**The School Sports Federation of Hong Kong, China**  
**All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025**  
Competition Schedule  
 10 & 12 March 2025

updated: 7/3/2025

**DAY 2 (12/3/2025)**

Event time	Reporting time		Boys		Girls	
	Track event	Field event	Track event	Field event	Track event	Field event
9:30	09:05-09:15	08:45-08:55		<sup>(20)</sup> Javelin	<sup>(23)</sup> 100mH(Heat)	<sup>(21)</sup> Long Jump <sup>(22)</sup> Shot Put
9:55	09:30-09:40		<sup>(24)</sup> 110mH(Heat)			
10:20	09:55-10:05		<sup>(25)</sup> 400m (Final)		<sup>(26)</sup> 400m (Final)	
10:35	10:10-10:20				<sup>(27)</sup> 5000m (Final)	
11:40	11:15-11:25		<sup>(28)</sup> 200m (Final)		<sup>(29)</sup> 200m (Final)	
11:55	11:30-11:40		<sup>(30)</sup> 800m (Final)		<sup>(31)</sup> 800m (Final)	
12:10	11:45-11:55				<sup>(32)</sup> 4x100mRelay (Heat)	
12:30	12:05-12:15		<sup>(33)</sup> 4x100mRelay (Heat)			
LUNCH						
13:30		12:45-12:55		<sup>(34)</sup> Triple Jump <sup>(35)</sup> Shot Put		<sup>(36)</sup> Javelin
14:00	13:35-13:45				<sup>(37)</sup> 100mH (Final)	
14:10	13:45-13:55		<sup>(38)</sup> 110mH (Final)			
14:25	14:00-14:10		<sup>(39)</sup> 5000m (Final)			
15:20	14:55-15:05		<sup>(40)</sup> 100m (Final)		<sup>(41)</sup> 100m (Final)	
15:35	Prize Presentation					
15:55	15:30-15:40		<sup>(42)</sup> 4x400mRelay (Final)		<sup>(43)</sup> 4x400mRelay (Final)	
16:10	15:45-15:55		<sup>(44)</sup> 4x100mRelay (Final)		<sup>(45)</sup> 4x100mRelay (Final)	
16:30	Prize Presentation					

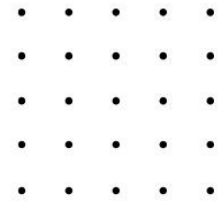
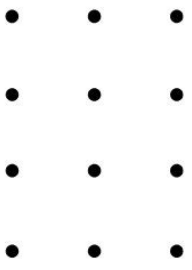
Remark : ( ) Event No.

**Reporting Time**

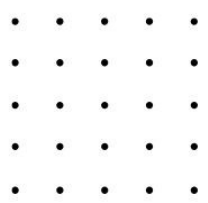
Events	Start of reporting time	End of reporting time
Track event (Including Hurdle & Relay)	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

以上比賽時間表，將按各項目的報名人數而有機會作出修改。

**Event time may be changed depending on number of participants.**



**THE SCHOOLS SPORTS FEDERATION OF HONG KONG, CHINA**  
**ALL HONG KONG SCHOOLS JING YING ATHLETICS (TEAM)**  
**TOURNAMENT 2024-2025**



**SCAN HERE**

