

All Hong Kong Schools

Jing Ying Athletics (Team) Tournament 2024-2025

2024-2025 年度全港學界
精英田徑(團體)比賽

全港學界

主辦機構



HKSSF
中國香港學界體育聯合會

贊助



LIFESTYLE FITNESS

飲品贊助



資助機構



精英田徑(團體)比賽

All Hong Kong Schools Jing Ying Athletics (Team) Tournament

Date:	10, 12 Mar 2025
Time:	9:00am - 6:00pm (Day 1)
	9:00am - 6:00pm (Day 2)
Venue:	Kai Tak Youth Sports Ground

主辦機構

Organiser



HKSSF
中國香港學界體育聯合會

資助機構

Subvented by



康樂及文化事務署
Leisure and Cultural
Services Department

贊助機構

Sponsored by



LIFESTYLE FITNESS

飲品機構

Beverage Sponsor



ALL HONG KONG SCHOOLS JING YING ATHLETICS (TEAM) TOURNAMENT 2024-2025

2024-2025 年度全港學界精英田徑(團體)比賽

ATHLETICS TECHNICAL AND SELECTION COMMITTEE

田徑技術及遴選小組

Mr.	LEE Siu Leung (Convenor)	Tin Shui Wai Methodist College
Mr.	CHAN Chin Wan (Deputy Convenor)	Wah Yan College (Hong Kong)
Ms.	HO Ka Man	Hong Kong Sheng Kung Hui Bishop Hall Secondary School
Mr.	HO Man Lok	Kwok Tak Seng Catholic Secondary School
Mr.	LI Kwong Ling	Jockey Club Ti-I College
Mr.	SZETO Man Ho Timothy	La Salle College
Mr.	WU Wai Ho	TWGHs Mrs. Wu York Yu Memorial College
Ms.	YAU Lin Tai	HHCKLA Buddhist Ma Kam Chan Memorial English Sec. Sch.
Mr.	YIP Chung Wa	STFA Leung Kau Kui College
Ms.	VUT Tsz Ying	Ma On Shan Ling Liang Primary School
Ms.	WONG Yuen Nam	Pui Ching Primary School
Mrs.	SIU CHOW Sau Wah	Adviser
Mr.	DONG Ka Chung	Adviser
Mr.	TAM Yiu Chung	Adviser
Mr.	TANG Kun Loi	Adviser
Mr.	TSE Ping Sin	Adviser
Dr.	YEUNG Sai Mo, Simon	Hong Kong, China Association of Athletics Affiliates

***** *Acknowledgements* *****

The Athletics T&S Committee wishes to express its appreciation to the following parties for their support and assistance to make this event every success: 田徑技術及遴選小組委員在此感謝以下各單位的鼎力支持 (In alphabetical order):

- ~ ECO Lifestyle Fitness (HK) Limited for sponsoring the Tournament 贊助本賽事
- ~ Hong Kong, China Association of Athletics Affiliates for sanctioning the event and providing technical support, and Mr. Chan Man Hau as Technical Manager 中國香港田徑總會提供技術支援
- ~ Banitore for providing first aid services 便利妥提供急救服務
- ~ Wah Yan College, Hong Kong for providing student helpers 香港華仁書院派出服務生
- ~ Diocesan Girls' School for providing student helpers 拔萃女書院提供服務生
- ~ Tin Shui Wai Methodist College for providing student helpers 天水圍循道衛理中學提供服務生
- ~ STFA Leung Kau Kui College for providing student helpers 順德聯誼總會梁銶琚中學提供服務生
- ~ for providing student helpers 賽馬會體藝中學提供服務生
- ~ La Salle College for providing student helpers 喇沙書院提供服務生
- ~ HKMA David Li Kwok Po College for providing student helpers 香港管理專業協會李國寶中學提供服務生
- ~ Yuen Long Merchants Associate School for providing student helpers 元朗商會中學提供服務生
- ~ for providing student helpers 佛教大雄中學提供服務生
- ~ Leisure and Cultural Services Department for subventing the event 康樂及文化事務署資助本賽事
- ~ Kai Tak Sports Park staffs for their co-operation and keen support 啟德體育園員工鼎力協助
- ~ All Officials, Judges & individual helpers of the event 所有工作人員及裁判員的參與

The Schools Sports Federation of Hong Kong, China

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Notice to Participating Schools

1. Competition Information

<u>Date</u>	<u>Time</u>	<u>Venue</u>
10 / 3 / 2025 (Mon)	0900 – 1800	Kai Tak Youth Sports Ground
12 / 3 / 2025 (Wed)	0900 – 1800	

2. Entries

- 2.1.1 24 teams by invitation of Boys and Girls teams (12 teams for HKSSRC and 12 teams for ACs of NT). Each school may have 2 athletes to participate in each individual event, and only 1 team to participate in each relay event. If an invited school declines its qualification to participate, its spot will be filled by the next best-ranked teams from the same group/area, up to a maximum of two teams. If all substitute schools decline to participate, spot of that group/area will be left vacant.
- 2.1.2 There will be 8 wild card nominations for open registration for each individual event, and the top 8 athletes with the best results will be eligible to participate. (Not applicable to invited schools)
- 2.2 Each athlete may enter 2 individual events.
- 2.3 All entries included school by invitation or wild card nomination, a maximum of 2 athletes per school can participate in each individual event.
The representative of the invited school cannot take part in the wild card nomination.
- 2.4 A maximum of 56 athletes in an individual event.
If the 9th position or subsequent athlete who is nominate via wild card has the same result as the 8th place, the number of participants of that event will increase.

3. Substitution

- 3.1 Substitution only consider in a case supported by registered doctor's certificate or obvious injuries on the day of the competition, the player who is replaced will be prohibited to participate in any event on the same day. This will only apply in preliminary round and no substitution may be made for individual finals. However, if an event is programmed as a straight final, substitution may be allowed.
- 3.2 Substitution is not allowed to make for any wild card athletes.

4. Registration of Competitors

- 4.1 Athletes must be registered and must produce their HKSSF registration card 2024-2025 to the officials of the meet. Athletes with no registration card are not allowed to take part in the competition.
- 4.2 This Tournament is a sanctioned event of the Hong Kong, China Association of Athletics Affiliates (HKAAA). For results to be included in the Hong Kong Ranking and used for selection to Hong Kong Athletic Team, athletes must have current valid HKAAA registration number. Registered athlete please fills in the HKAAA registration number on the entry form. If has any false information, this result(s) will be disqualified and may have further punishment.
- 4.3 For registration details, please visit https://www.hkaaa.com/en/athlete_registration_intro.php
- 4.4 Athletes with HKAAA Affiliated clubs can apply for registration via their respective clubs, for non-member of HKAAA affiliated clubs athletes, athletes require to bring along the HKAAA Registered Athletes application form and endorsed by HKSSF before sending the application to HKAAA.

5. Regulations

5.1 Competition Rules

All events will be held in accordance with the competition rules of the HKAAA as per World Athletics (WA) unless otherwise specified.

5.2 Equipment

- 5.2.1 The venue will provide equipment for all events.
- 5.2.2 Maximum length of tartan spikes :-
for High Jump and Javelin: up to 9mm :
for other events: up to 7mm

5.3 ***Reporting Procedure ****

5.3.1 Teacher in charge of participating schools should report to the Record Keeper Room to collect athlete’s number bibs.

5.3.2 There will be no announcement for the reporting time (Please refer to Main Clock at the Sports Ground) :

Athletes must report to the Roll Call Area on time by themselves, with their own registration card and number bibs. (The Roll Call Area is located at spectator stand near the Finish line.) Officials will escort the reported athletes to the competition area after the End of Roll Call. Athletes who fail to report to the Roll Call Area will be treated as absent and will not be allowed to compete in that event.

Events	Start of reporting time	End of Reporting time
Track event	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

5.3.3 Simultaneous Entries

If athlete in both a Track Event and a Field Event, or in more than one Field Event taking place simultaneously, please follow WA technical rules 4.3. Athletes must report to the referee before leaving and going back to the competition area.

5.3.4 All athletes must wear the number bibs issued by the HKSSF (Required for both days of competition). Replacement of number bib can be made at the Record Keeper Room and HK\$50.00 will be charged per re-issue of a number bib.

5.4 Field Event

5.4.1 For Triple Jump only: There will be 2 take off boards/marks (9m/11m). Once the decisions are conveyed to the officials, the take off mark will apply to the competitors concerned throughout the competition.

5.4.2 Warm up jump, High jump starting height and increasing height

Girls:

Starting height at 1.30m, two warm up jump at 1.3m and 1.55m respectively; each jump will increase 5cm from 1.35m to 1.6m, then 3cm increase onwards.

Boys:

Starting height at 1.6m, two warm up jumps at 1.55m and 1.75m respectively; each jump will increase 5cm from 1.6m to 1.8m, then 3cm increase onwards.

5.4.3 Jump off is not applicable in High Jump.

5.5 Track Event

5.5.1 The best 8 runners in heat will be qualified to final. Finalists will be seeded in lanes according to time as follow:

Draws	All (old)	Straight (new)	200m (new)	400m (new)
Top ranked	3, 4, 5, 6	3, 4, 5, 6	5, 6, 7	4, 5, 6, 7
Next ranked	7, 8	2, 7	3, 4, 8	3, 8
Last ranked	1, 2	1, 8	1, 2	1, 2

5.5.2 Straight finals

If 8 or less athletes or teams are reported to the Call Room after the End of Call, the event will be declared a straight final and to be run at time scheduled for that final. Draws for lane will be made.

5.5.3 Relay Events

Schools are requested to submit their Relay Team lists to the Roll Call Area **before reporting time of the relay competition**. Any late submission will not be accepted and the team will be disqualified.

5.5.4 Competition time limit for 5000m finals

Boys Open: 25mins

Girls Open: 30mins

6. Points

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Individual Event	9	7	6	5	4	3	2	1
Relay Event	18	14	12	10	8	6	4	2

6.1 When tying for a position each competitor tying for that position will be credited with an average of points awarded to that position and the position(s) following it.

6.2 Standard points shall be counted towards the Overall Champions of the Tournament. Standard points may only be awarded during heats, unless the event(s) is/are declared as straight final(s), in which case standard points may be gained in the final in addition to position points. The results of all participating athletes (including wild card athletes) are included in the Overall Champions of the Tournament.

Standard point: Individual Event : 1 point \ Relay Event : 2 points

6.3 When tying for the overall, the ranking will be determined by the number of gold medals won by the same team, if still tie, determined by the number of silver medals, and so on.

7. Award and Results

7.1 Please scan the QR code on the program for the update results for the tournament day. Result will be removed from that link after the tournament day and the final results will upload to our website (<http://hkssf.org.hk/>) on 14th March 2025 (Fri).

7.2 Trophies will be awarded to the 1st, 2nd, 3rd and 4th places in Boys and Girls Overall.

7.3 Medals and Certificates will be awarded to the 1st, 2nd, 3rd and 4th places in each event.

7.4 Each relay winning team will be awarded 6 medals and 4 certificates only.

7.5 Certificate of Merit will be awarded to record breakers. The certificates will send to schools by post after the Tournament.

7.6 Prizes sponsored by ECO Lifestyle Fitness (HK) Ltd. will be presented to 1st, 2nd, 3rd, 4th place in each event. (Both Individual and Relay Events)

8. Uniform

Athletes are required to wear their athletics uniform bearing school name / abbreviation / badge. Teams will be disqualified in the event if they are not properly dressed.

9. Outside Assistance

9.1 Coaches are not allowed to communicate with athletes in competition area. Athletes must pay attention to the competition situation when crossing the track. If they obstruct or affect the competition, they will be warned, and in serious cases they will be disqualified.

9.2 Athletes are not allowed to use any electronic communication devices within the competition area. The offender will be warned. If there is any repetition, he/she will be disqualified.

10. Protest

- 10.1 Protest should be made in writing by the teacher(s) in charge of the school(s) being affected at an incident within 30 minutes of the announcement of the result of the event concerned. Protest fee of \$200 will be returned if the appeal is successful. No protest will be accepted from student and spectator.
- 10.2 All protests concerning technical rules and interpretation should be made to the Referees. The decision of the Jury of Appeal shall be final.
- 10.3 All protests concerning the management of the tournament should be made to the Convenor. The decision of the Committee of the tournament shall be the final.

11. Warm Up Arrangement

Warm Up arrangement: All warm up should be done in the warm up track area. Athletes must present their bib to enter the warm-up area (only athletes who need to prepare for competition during that time are allowed entry). For teachers and coaches, they must present their coach pass will be distributed on event day in order to enter the warm-up area/coaching zone. Coach pass will be distributed on event day (maximum 5 passes for invited school and no more than 2 passes for wild card school based on the number of wild card athletes)

12. Safety Precautions

- 12.1 Athletes must leave the FIELD as soon as they finish their events.
Athletes participating in middle distance events should make special precaution to the Discus event. The Discus circle is located at the corner of the 1st baton area. Provision of discus net cannot be 100% safe.
Accidents can occur in Javelin and Discus events. The area around the Javelin Runway and Discus circle should be kept clear at all times. Athletes must station in the waiting area and can only enter the throwing area when he/she starts to compete.
- 12.2 Nobody will be allowed to go inside the field (grass area) except appointed officials & athletes of the events being held there. The field area has been roped off by plastic band and all appointed officials would wear official uniform for identification. If teachers or athletes do not follow regulation, the school concerned is liable to disqualification.
- 12.3 All attendees must comply with the Conditions of Entry of Kai Tak Youth Sports Ground

13. ECO Lifestyle Fitness (HK) Limited - Exhibition Booth

Event Sponsor ECO fitness consultant will be available at Exhibition Booth situated at the venue to provide professional advice and introduction on muscle relaxation and recovery devices and its products. Attendees are welcome to pay a visit and experience.

14. Others:

- 14.1 Aerial photographing is not allowed within KTYSG.
- 14.2 No parking will be available at KTYSG.
- 14.3 Admission time for Participating Schools: 8:15 a.m.
- 14.4 Please check the latest version of competition schedule on HKSSF website.

End -

All Hong Kong Schools Jing Ying Athletics (Team) Tournament - RECORD

BOYS OPEN GRADE (under 19)

Event	Record	Year	Holder	School
100m	10.53	2023-2024	Kwok Chun Ting	Tai Kwong Hilary College
200m	21.61	2021-2022	Yip King Wai	Diocesan Boys' School
400m	49.39	2023-2024	Huang Yau Nam	Shun Tak Fraternal Association Yung Yau College
800m	1:57:56	2022-2023	Chu Lok Yin	Diocesan Boys' School
1500m	4:17.64	2022-2023	Wang Nok Wang	Diocesan Boys' School
5000m	16:26:28	2016-2017	Yu Shing Him	Fukien Secondary School (Kwun Tong)
110m Hurdles (0.914m)	14.08	2021-2022	Liu Hiu Long	Hoi Ping Chamber of Commerce Secondary School
400m Hurdle (0.838m)	54.55	2023-2024	Chu Lok Yin Ryan	Diocesan Boys' School
4 x 100m Relay	41.85	2022-2023	Zheng Wang Kei Leung Ching Hang Wesley Johannsson Magnus Prostur Koo Cheuk Fung Jasper	Diocesan Boys' School
4 x 400m Relay	3:26.67	2022-2023	Wong Ho Chuen Hugo Tsang Man Chi Lee Cheuk Hei Chu Lok Yin	Diocesan Boys' School
Long Jump	7.26	2022-2023	Lin Mingfu	Chan Sui Ki (La Salle) College
Triple Jump	14.41	2022-2023	Cheung Wing Lok	TWGHs Yow Kam Yuen College
High Jump	2.04	2016-2017	Lam Hin Chak Timothy	La Salle College
Shot Put (5Kg)	15.44	2023-2024	Zhang Weidong	Cheung Sha Wan Catholic Secondary School
Discus (1.5Kg)	49.36	2021-2022	Wong Kwan Yu	Hoi Ping Chamber of Commerce Secondary School
Javelin (700g)	63.50	2023-2024	Wong Yi Hin	Diocesan Boys' School

All Hong Kong Schools Jing Ying Athletics (Team) Tournament - RECORD

GIRLS OPEN GRADE (under 19)

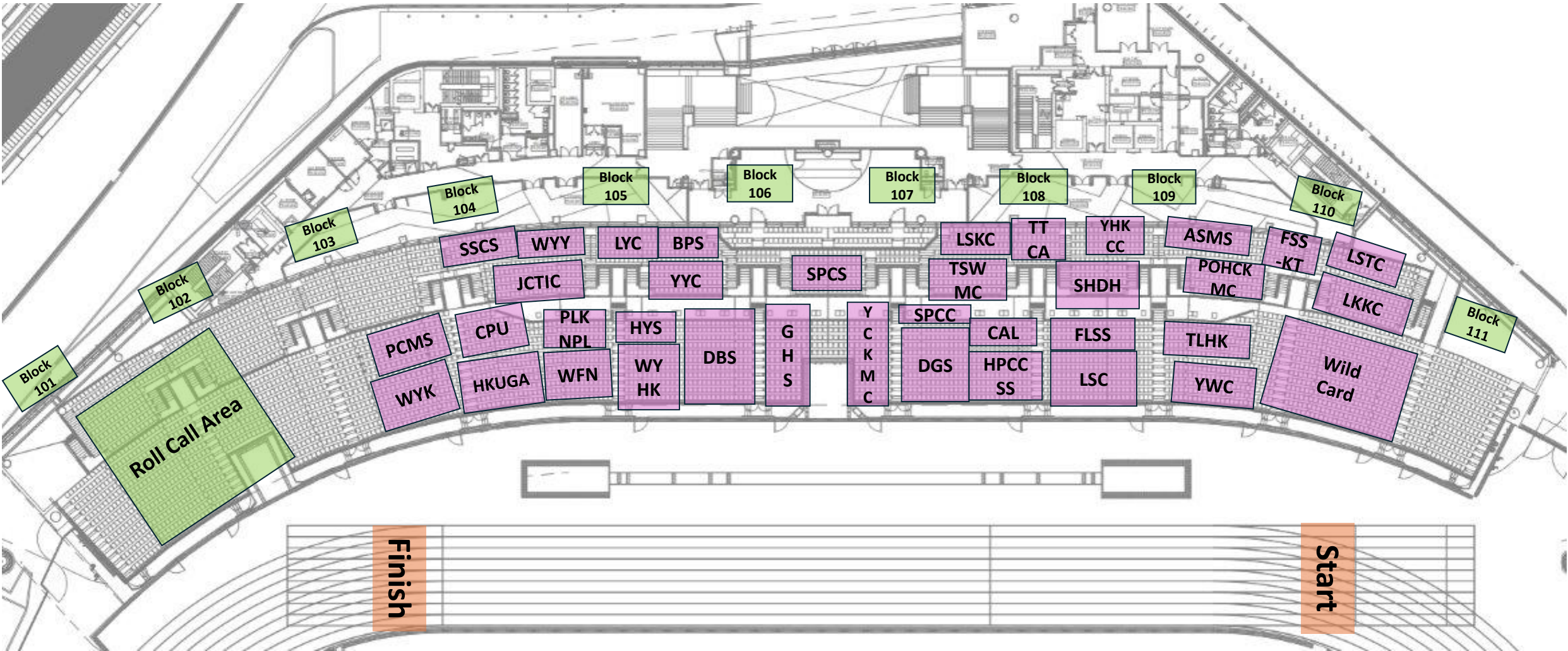
Event	Record	Year	Holder	School
100m	12.03	2023-2024	Yu Pui Yi Yip Man Yan	Good Hope School HKUGA College
200m	24.98	2022-2023	Li Tsz To	HKUGA College
400m	56.73	2022-2023	Karlsson Jane Christa Ming Suet	Diocesan Girls' School
800m	2:18.29	2022-2023	Karlsson Jane Christa Ming Suet	Diocesan Girls' School
1500m	4:51.09	2016-2017	Tong Lok Yu	St. Margaret's Co-Educational English Secondary and Primary School
5000m	-	-	-	-
100m Hurdles (0.762m)	13.89	2022-2023	Pak Hoi Man Chloe	Diocesan Girls' School
4 x 100m Relay	47.81	2022-2023	Chow Chi Kiu Sum Hei Lam Nicole Tang Cheuk Man Serena Pak Hoi Man Chloe	Diocesan Girls' School
4 x 400m Relay	3:59.21	2022-2023	Tseng, Hailey Li Man Ching Yip Yik Tung Karlsson Jane Christa Ming Suet	Diocesan Girls' School
Long Jump	6.14	2023-2024	Jia Wai Yin	St. Margaeat Co-Educational English Secondary And Primary School
High Jump	1.71	2016-2017	Cheung Ching Laam P.	Heep Yunn School
Shot Put (4Kg)	10.63	2016-2017	Cheung Yuet Ting	YCH Law Chan Chor Si College
Discus (1Kg)	36.22	2023-2024	Man Ho Lam Hina	Diocesan Girls' School
Javelin (600g)	40.87	2023-2024	Kwong Sze Oi Sarah	Baptist Lui Ming Choi Secondary School

The Schools Sports Federation of Hong Kong, China
All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025
 Participating School List

	School	Boys Open	Girls Open
AGHSS	Assembly of God Hebron Secondary School	-	1
ASMS	SKH All Saints' Middle School	17	-
BCKSS	HHCKLA Buddhist Ching Kok Secondary School	1	2
BHJS	Bishop Hall Jubilee School	1	-
BHSC	Buddhist Hung Sean Chau Memorial College	1	-
BLMCSS	Baptist Lui Ming Choi Secondary School	1	1
BMFMC	Buddhist Mau Fung Memorial College	1	-
BPS	Belilios Public School	-	13
BWLSS	Baptist Wing Lung Secondary School	1	-
CAL	Carmel Alison Lam Foundation Secondary School	16	-
CCCRSS	CCC Rotary Secondary School	1	-
CCCSS	Cheng Chek Chee Secondary School	1	-
CGHC	Chong Gene Hang College	2	-
CHECSS	Choi Hung Estate Catholic Secondary School	1	-
CLS	Concordia Lutheran School (Kowloon)	2	1
CMASS	CMA Secondary School	3	-
CMT	TWGHs Chang Ming Thien College	1	1
CPU	Carmel Pak U Secondary School	22	20
CREATIVE	Creative Secondary School	-	1
CSCMC	Christian Alliance S. C. Chan Memorial College	-	1
CSK	Chan Sui Ki (La Salle) College	2	-
CSWCSS	Cheung Sha Wan Catholic Secondary School	4	-
CYC	CCC Chuen Yuen College	1	-
CYMCA	Chinese Y.M.C.A. Secondary School	2	-
CZM	TWGHs Chen Zao Men College	1	-
DBS	Diocesan Boys' School	25	-
DGS	Diocesan Girls' School	-	19
DLKP	HKMA David Li Kwok Po College	-	1
DMS-HW	Delia Memorial School (Hip Wo)	1	-
ELCHK-LA	ELCHK Lutheran Academy	-	1
EVANGEL	Evangel College	1	1
FIS	French International School	-	1
FK1	Fung Kai No. 1 Secondary School	1	-
FLSS	Fanling Lutheran Secondary School	23	19
FSS-KT	Fukien Secondary School (Kwun Tong)	14	-
FYW	CCC Fong Yun Wah Secondary School	3	-
GHS	Good Hope School	20	-
GSIS	German Swiss International School	1	-
HDC	Ho Dao College (Sponsored by Sik Sik Yuen)	1	-
HKTLC	Hong Kong True Light College	-	1
HKUGA	HKUGA College	2	20
HPCCSS	Hoi Ping Chamber of Commerce Secondary School	26	3
HTC	Holy Trinity College	-	3
HTSS-TKO	Heung To Secondary School (Tseung Kwan O)	2	-
HWC	CCC Heep Woh College	2	-
HYS	Heep Yunn School	-	16
IHMC	Immaculate Heart of Mary College	-	2
ISFA	The Independent Schools Foundation Academy	1	-
ISS	Invictus Secondary School	1	-
JCTIC	Jockey Club Ti-I College	22	18
KSLBY	Kit Sam Lam Bing Yim Secondary School	-	1
KSSS	CCC Kei San Secondary School	1	-
KTKLGSS	Kwun Tong Kung Lok Government Secondary School	1	-
KTLS	Kowloon True Light School	-	1
KTSCSS	Kwok Tak Seng Catholic Secondary School	1	-
KYD	TWGHs Kap Yan Directors' College	-	1
KYWC	TWGHs Kwok Yat Wai College	1	-
LA	HKCCCU Logos Academy	1	1
LKKC	STFA Leung Kau Kui College	20	19
LKS	TWGHs Li Ka Shing College	-	1
LKYMS	Lee Kau Yan Memorial School	1	2
LSC	La Salle College	25	-
LSKC	STFA Lee Shau Kee College	16	8
LSTC	AD & FD POHL Leung Sing Tak College	20	17
LSTLKK	Lok Sin Tong Leung Kau Kui College	-	2
LSTWCM	Lok Sin Tong Wong Chung Ming Secondary School	2	-

The Schools Sports Federation of Hong Kong, China
All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025
 Participating School List

	School	Boys Open	Girls Open
LTFC	Lam Tai Fai College	2	3
LTPSS	Law Ting Pong Secondary School	-	1
LW	SKH Lam Woo Memorial Secondary School	1	-
LYC	TWGHs Lui Yun Choy Memorial College	-	17
MCS	Maryknoll Convent School	-	5
MKPC	Man Kwan Pak Kau College	-	2
MSC	Munsang College	2	1
NAMS	New Asia Middle School	1	-
NCC	Newman Catholic College	1	-
PCMS	Pui Ching Middle School	14	1
PKC	Pui Kiu College	2	1
PKMS	Pui Kiu Middle School	-	1
PLKLFC	Po Leung Kuk Laws Foundation College	-	1
PLKNPL	Po Leung Kuk Ngan Po Ling College	18	1
POHCKMC	POH Chan Kai Memorial College	19	14
QUALIED	Man Kwan QualiEd College	-	1
SFAC	St. Francis of Assisi's College	1	-
SHCC	Sacred Heart Canossian College	-	1
SHDC	TWGHs Sun Hoi Directors' College	11	16
SJA	St. Joan of Arc Secondary School	1	-
SJACS	St. Joseph's Anglo-Chinese School	1	-
SJC	St. Joseph's College	3	-
SKHKH	SKH Kei Hau Secondary School	-	1
SLS	St. Louis School	1	-
SMCESPS	St. Margaret's Co-Educational English Secondary and Primary School	1	3
SMS	St. Mark's School	1	-
SPC	St. Paul's College	3	-
SPCC	St. Paul's Co-educational College	-	20
SPCS	St. Paul's Convent School (Secondary Section)	-	20
SSCS	St. Stephen's College	1	7
STCC	ECF Saint Too Canaan College	1	1
STS	Sai Kung Sung Tsun Catholic School (Secondary Section)	-	1
STSS	St. Teresa Secondary School	-	1
STTSS	Sha Tin Tsung Tsin Secondary School	-	1
SWC	STFA Seaward Woo College	1	1
SYSS	Sing Yin Secondary School	1	-
TCCS	Tung Chung Catholic School	-	1
TKHC	Tai Kwong Hilary College	1	1
TKOGSS	Tseung Kwan O Government Secondary School	-	1
TLHK	The True Light School of Hong Kong	-	22
TMCSS	Tuen Mun Catholic Secondary School	-	1
TPSY	Tai Po Sam Yuk Secondary School	-	1
TPYC	STFA Tam Pak Yu College	-	1
TSIS	The South Island School	1	-
TSWMC	Tin Shui Wai Methodist College	18	14
TTCA	Tsung Tsin Christian Academy	7	3
UCC-KE	United Christian College (Kowloon East)	-	1
VSA	Victoria Shanghai Academy (Secondary Section)	-	1
WFLC	TWGHs Wong Fung Ling College	1	-
WFN	TWGHs Wong Fut Nam College	7	20
WIS	West Island School	1	2
WTSMC	HKSYCIA Wong Tai Shan Memorial College	2	1
WYHK	Wah Yan College (Hong Kong)	19	-
WYK	Wah Yan College (Kowloon)	20	-
WYY	TWGHs Mrs. Wu York Yu Memorial College	1	15
YCH2	Yan Chai Hospital No. 2 Secondary School	-	1
YCKMC	Yu Chun Keung Memorial College	21	2
YHKCC	YMCA of Hong Kong Christian College	6	4
YKN	Buddhist Yip Kei Nam Memorial College	1	-
YKYC	TWGHs Yow Kam Yuen College	1	1
YLLSS	The Evangelical Lutheran Church of Hong Kong Yuen Long Lutheran Secondary School	-	2
YMCA	Chinese Y.M.C.A. College	1	2
YWC	Ying Wa College	23	-
YYC	Shun Tak Fraternal Association Yung Yau College	22	14



Block 101

Roll Call Area

Finish

Start

Block 102

Block 103

Block 104

Block 105

Block 106

Block 107

Block 108

Block 109

Block 110

Block 111

SSCS

WYY

LYC

BPS

LSKC

TT CA

YHK CC

ASMS

FSS -KT

LSTC

JCTIC

YYC

SPCS

TSW MC

SHDH

POHCK MC

LKCC

PCMS

CPU

PLK NPL

HYS

DBS

G H S

Y C K M C

SPCC

CAL

FLSS

TLHK

WYK

HKUGA

WFN

WY HK

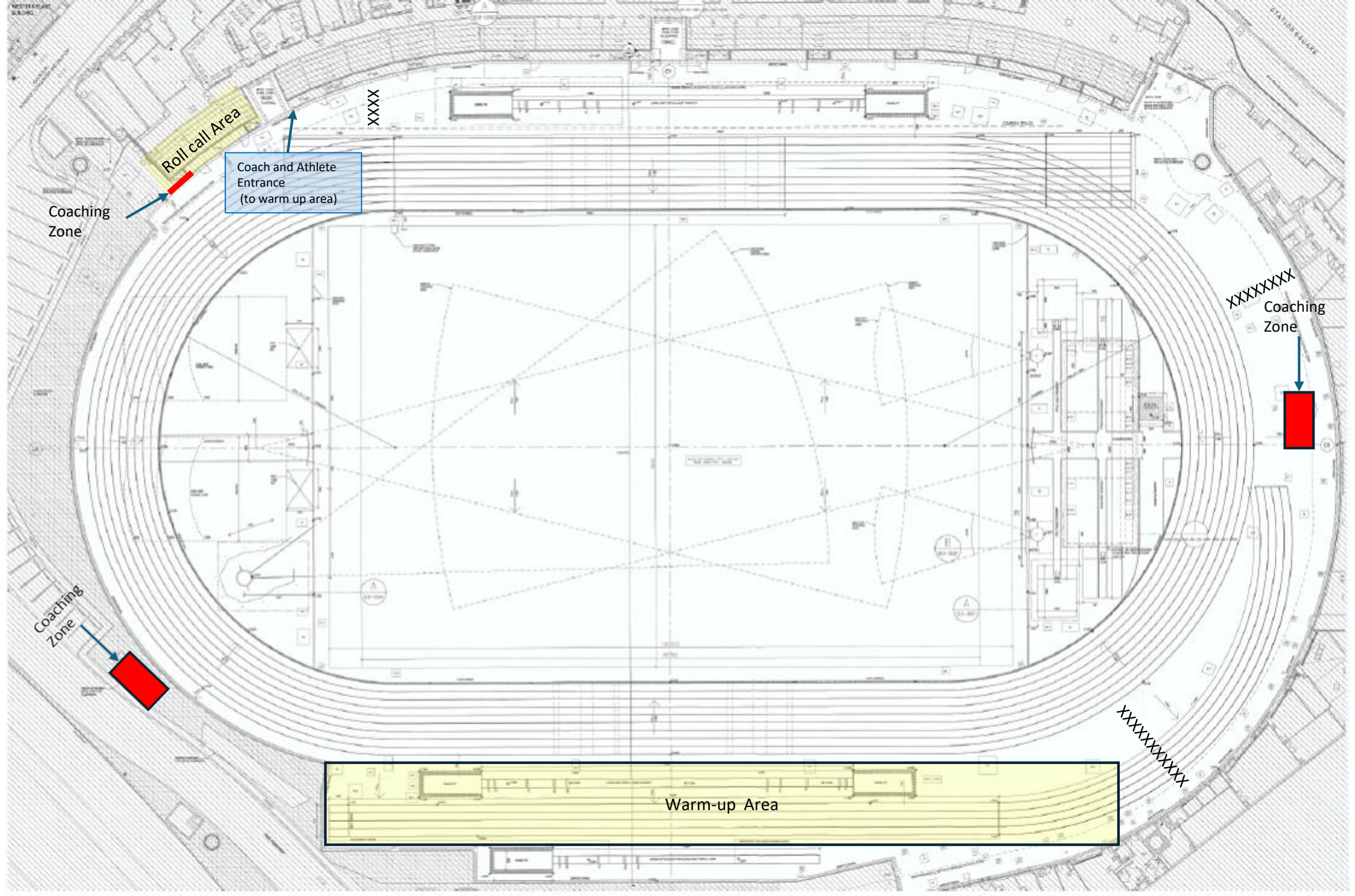
DGS

HPCC SS

LSC

YWC

Wild Card



Roll call Area

Coach and Athlete Entrance (to warm up area)

Coaching Zone

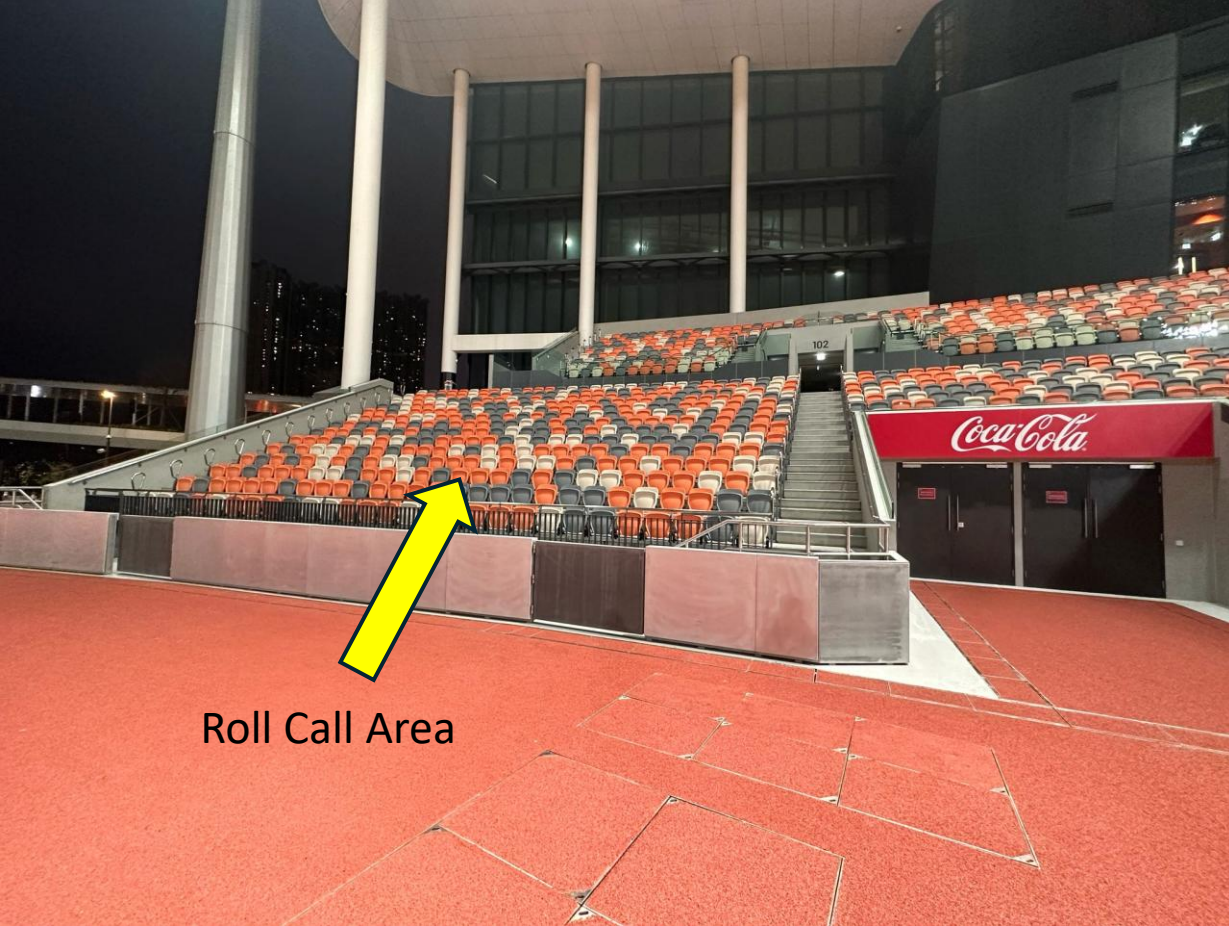
XXXXXXXXX Coaching Zone

Coaching Zone

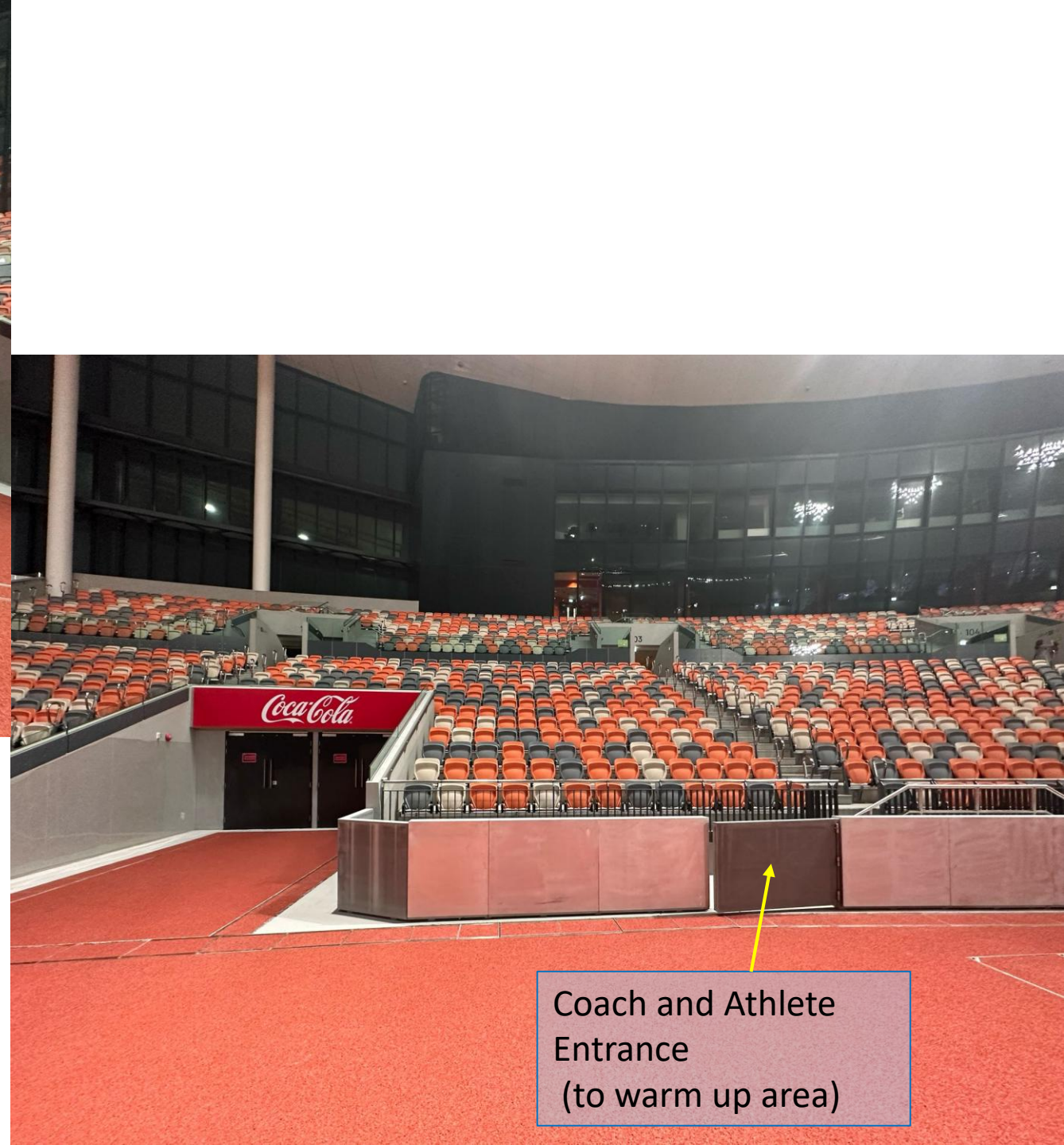
Warm-up Area

Spectator Entrance





Roll Call Area



Coach and Athlete
Entrance
(to warm up area)

The School Sports Federation of Hong Kong, China
All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025
Competition Schedule
 10 & 12 March 2025

updated: 7/3/2025

DAY1 (10/3/2025)

Event time	Reporting time		Boys		Girls	
	Track event	Field event	Track event	Field event	Track event	Field event
9:30	09:05-09:15	08:45-08:55	⁽³⁾ 400mH(Heat)	⁽¹⁾ High Jump		⁽²⁾ Discus
10:10	09:45-09:55				⁽⁴⁾ 100m (Heat)	
10:30	10:05-10:15		⁽⁵⁾ 100m (Heat)			
10:55	10:30-10:40				⁽⁶⁾ 1500m (Final)	
11:10	10:45-10:55		⁽⁷⁾ 1500m (Final)			
11:30	11:05-11:15				⁽⁸⁾ 400m (Heat)	
11:50	11:25-11:35		⁽⁹⁾ 400m (Heat)			
LUNCH						
13:30	13:05-13:15	12:45-12:55	⁽¹³⁾ 400mH(Final)	⁽¹⁰⁾ Long Jump ⁽¹¹⁾ Discus		⁽¹²⁾ High Jump
13:45	13:20-13:30				⁽¹⁴⁾ 800m (Heat)	
14:05	13:40-13:50		⁽¹⁵⁾ 800m (Heat)			
14:20	13:55-14:05				⁽¹⁶⁾ 200m (Heat)	
14:40	14:15-14:25		⁽¹⁷⁾ 200m (Heat)			
15:05	14:40-14:50				⁽¹⁸⁾ 4x400mRelay (Heat)	
15:25	15:00-15:10		⁽¹⁹⁾ 4x400mRelay (Heat)			
15:50	Prize Presentation					

Remark : () Event No.

Reporting Time

Events	Start of reporting time	End of reporting time
Track event (Including Hurdle & Relay)	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

以上比賽時間表，將按各項目的報名人數而有機會作出修改。

Event time may be changed depending on number of participants.

The School Sports Federation of Hong Kong, China
All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025
Competition Schedule
 10 & 12 March 2025

updated: 7/3/2025

DAY 2 (12/3/2025)

Event time	Reporting time		Boys		Girls	
	Track event	Field event	Track event	Field event	Track event	Field event
9:30	09:05-09:15	08:45-08:55		⁽²⁰⁾ Javelin	⁽²³⁾ 100mH(Heat)	⁽²¹⁾ Long Jump ⁽²²⁾ Shot Put
9:55	09:30-09:40		⁽²⁴⁾ 110mH(Heat)			
10:20	09:55-10:05		⁽²⁵⁾ 400m (Final)		⁽²⁶⁾ 400m (Final)	
10:35	10:10-10:20				⁽²⁷⁾ 5000m (Final)	
11:40	11:15-11:25		⁽²⁸⁾ 200m (Final)		⁽²⁹⁾ 200m (Final)	
11:55	11:30-11:40		⁽³⁰⁾ 800m (Final)		⁽³¹⁾ 800m (Final)	
12:10	11:45-11:55				⁽³²⁾ 4x100mRelay (Heat)	
12:30	12:05-12:15		⁽³³⁾ 4x100mRelay (Heat)			
LUNCH						
13:30		12:45-12:55		⁽³⁴⁾ Triple Jump ⁽³⁵⁾ Shot Put		⁽³⁶⁾ Javelin
14:00	13:35-13:45				⁽³⁷⁾ 100mH (Final)	
14:10	13:45-13:55		⁽³⁸⁾ 110mH (Final)			
14:25	14:00-14:10		⁽³⁹⁾ 5000m (Final)			
15:20	14:55-15:05		⁽⁴⁰⁾ 100m (Final)		⁽⁴¹⁾ 100m (Final)	
15:35	Prize Presentation					
15:55	15:30-15:40		⁽⁴²⁾ 4x400mRelay (Final)		⁽⁴³⁾ 4x400mRelay (Final)	
16:10	15:45-15:55		⁽⁴⁴⁾ 4x100mRelay (Final)		⁽⁴⁵⁾ 4x100mRelay (Final)	
16:30	Prize Presentation					

Remark : () Event No.

Reporting Time

Events	Start of reporting time	End of reporting time
Track event (Including Hurdle & Relay)	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

以上比賽時間表，將按各項目的報名人數而有機會作出修改。

Event time may be changed depending on number of participants.

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 1	Boys 400mH (H)	09:30AM		
	Record : 54.55	Standard : 01:07.5		
Heat 1	2	Chen Ao Yu	LSKC	1046
	3	Tse Tsz Yui	CLS	1533
	4	Chan Hin Cha	HPCCSS	1168
	5	Chan Lai Yin	PLKNPL	1290
	6	Chee Ka Ki	POHCKMC	1344
	7	Cheung Chi Hin Hugo	DBS	1107
	Heat 2	2	Cheung Chi Kit	YCKMC
3		Cheung Jun Jonathan	LSC	1194
4		Chung Long Hei Cyrus	MSC	1531
5		Wong Ka Chun	ASMS	1267
6		Lai Hoi Kit	FLSS	1326
7		Koo Yat Nam	CPU	1004
8		Kan Chung Yat	LSKC	1053
Heat 3		2	Hui Yik Yeung Colby	HPCCSS
	3	Huang George	YYC	1407
	4	Guo Hai Feng	YWC	1083
	5	Lam Kit Lun	CMASS	1535
	6	Lau Chi Hong	WFN	1532
	7	Lau Yat Hei	JCTIC	1366
	8	Lau Yiu Hei	WYHK	1234
	Heat 4	2	Lee Tung Lam	CAL
3		Wen Him Shing	FLSS	1325
4		Shum Chun Hei Regan	YWC	1082
5		Ng Cyrus	WFN	1536
6		Li Shing Cheung Neo	CPU	1011
7		Li Kai King Justin	WYK	1254
8		Leung Ho Him	PKC	1534
Heat 5		2	Leung Kin Pan	YCKMC
	3	Li Chun Kit	YYC	1398
	4	Li Hok Yin	DBS	1108
	5	Tam Chun Hei	LKKC	1148
	6	Tsui Chi Lam	POHCKMC	1345
	7	So Hoi Nok	WYHK	1229
	8	Fong Chun Kit Jacky	LSC	1193
	Heat 6	2	Zhan Yulin	ASMS
3		Yu Hon Chiu	CGHC	1460
4		Yip Sheung Hei	PLKNPL	1291
5		Yeung Yat Tin Isaac	JCTIC	1364
6		Yee Ching Kwan	SWC	1529
7		Xu Yui Hang	LSTC	1033
8		Wong Man Hong	WYK	1253

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 2	Boys High Jump		09:30AM	
	Record : 2.04		Standard : 1.60m	
Final	1	Au Yeung Hey	LSC	1203
	2	Cai Hiu Tung	HPCCSS	1178
	3	Chan Hiu Lok	TSWMC	1393
	4	Chen Xi	YWC	1093
	5	Kan Jeremy	LKKC	1147
	6	Pang Yin Kwong	ASMS	1279
	7	Wong Chak Sum	YCKMC	1223
	8	Huang Hai Feng	PLKNPL	1297
	9	Ho Siu Fung	YYC	1416
	10	He Chi Ngai	ASMS	1280
	11	Fok Yui Chun	DBS	1119
	12	Lin Lung Kit	CHCLSC	1514
	13	Liang Tung Pui	YKYC	1511
	14	Li Zi Bin	LKKC	1146
	15	Li Man Long	POHCKMC	1353
	16	Li Ho Lam	WYK	1259
	17	Lam Ching Hei	CPU	1021
	18	Zheng Jeff	POHCKMC	1354
	19	Chow Tin Nok	HWC	1510
	20	Kwan Jayden	CMT	1516
	21	Kwong Yau Lam	PLKNPL	1298
	22	Lai Kit Hei	TSWMC	1394
	23	Lo Hoi Long	YYC	1415
	24	Low Ho Lum	DBS	1117
	25	Mai Kin San	WYK	1263
	26	Ng Paak Yu	JCTIC	1375
	27	Jiang Yuk Chun	HWC	1512
	28	Poon Chit Hei Harold	HPCCSS	1179
	29	Song Jia Jie Gavin	WFN	1515
	30	Sze Ho Yiu Gordon	CPU	1022
	31	Tsang Hong Yat Arthur	CSWCSS	1513
	32	Tsoi Hon Kan Hanz	WFN	1509
	33	Tung Wai Chin	FLSS	1335
	34	Hui Chi Man	YCKMC	1224
	35	Wu Kam Kuen	WYHK	1242
	36	Wu Tin Yeuk	JCTIC	1376
	37	Wu To Kuen	WYHK	1243
	38	Yu Chi Yan	YWC	1094
	39	Lai Pak Hei	LSC	1202

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 3	Girls Discus (F)		09:30AM	
	Record : 36.22		Standard : 18.80m	
Final	1	Chan Cui Yi Cherie	TLHK	2336
	2	Chan Hiu Yan	TLHK	2337
	3	Ip Hong Lam Alexis	JCTIC	2159
	4	Hung On Kiu	HYS	2257
	5	Hui Hiu Naam	JCTIC	2158
	6	Huang Ka Ki	LSTC	2357
	7	Ho Hoi Lun Helen	YYC	2188
	8	He Ching Yi Cherry	POHCKMC	2140
	9	Chu Wai Ling	YKYC	2413
	10	Chiu Hoi Lam	LYC	2046
	11	Chiang Lok Tung	CPU	2026
	12	Cheng Hermione Pui Man	BPS	2011
	13	Chan Tung Yan Samantha	GHS	2239
	14	Leung Sze Nga	SMCESPS	2421
	15	Leung Cho Yan Chloe	CMT	2418
	16	Kwan Yan Yi	YMCA	2417
	17	Lee Lok Yau	UCC-KE	2411
	18	Chan Tsz Ying	WYY	2373
	19	Leung Wing Tung	SPCS	2295
	20	Chan Nga Man	SHDC	2203
	21	Lai Cheuk Kei	TTCA	2081
	22	Chan Megan Kaitlyn	SPCC	2074
	23	Lai Jing Jun	CPU	2027
	24	Li Ho Man Katrina	HKUGA	2276
	25	Li Ka Ki	BPS	2010
	26	Li Pui Ling	SHDC	2202
	27	Li Yue Kiu Sofie	SPCS	2296
	28	Liu Hoi Ching	DGS	2220
	29	Liu Wai Kiu Eunice	SPCC	2075
	30	Lo Wing Lam Venus	WYY	2371
	31	Lui Pak Yi	WFN	2313
	32	Mak Hiu Ching	POHCKMC	2141
	33	Mei Joy Casera Jover	TSWMC	2170
	34	Zeng Yuen Man	WTSMC	2459
	35	Yuen Hei Pui	MKPC	2419
	36	Yeung Yan Yu Erica	HKUGA	2274
	37	Xu Chuwei	DGS	2221
	38	Wu Jia Yi	FLSS	2123
	39	Wong Yuen Sim	YYC	2186
	40	Wong Ching	WFN	2315
	41	Tse Wing Shan	HYS	2255
	42	Tse Pui Yi	FLSS	2124
	43	Tsang Hau Ching	LYC	2048
	44	So Man Man	LKS	2420
	45	Siu Hiu Ka	LSTC	2356
	46	Poon Suen Man	GHS	2238
	47	Mok Ka Ying	TSWMC	2172

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 4	Girls 100m (H)	10:10AM	
	Record : 12.03	Standard :	14.5
Heat 1	2	Ngan Chloe Hoi Yiu	SSCS 2106
	3	Chung Wing Ching	LSTC 2345
	4	Chui Ming Tung	CSCMC 2386
	5	Chu Yun Yat	CPU 2014
	6	Sum Hei Lam Nicole	DGS 2207
	7	Chan Hong Yau	SPCC 2060
	8	Chan Hui Wing Nuria	MCS 2456
	Heat 2	2	Chan Kai Ni
3		Cheung Ka Yu	LKKC 2086
4		Wong Wan Chi	HKUGA 2263
5		Cheung Yan Tung	EVANGEL 2377
6		Hui Ching Grace	HYS 2247
7		Hung Tsz Yiu	JCTIC 2146
8		Jiang Yau Chun	BPS 2002
Heat 3		2	Ku Wing Ching Jasmine
	3	Kwok Tsz Tung	SHDC 2191
	4	Liu Hui Yuet	GHS 2227
	5	Cheung Yiu Gi Janice	CREATIVE 2376
	6	Cheung Shan Shan	ELCHKLA 2380
	7	Li Pui Yin	WFN 2303
	8	Leong Yu Ching	WYY 2361
	Heat 4	2	Lee Yuen Ying
3		Yip Man Yan	HKUGA 2262
4		Lau Hong Ching	SPCS 2283
5		Lau Hoi Ying	JCTIC 2145
6		Shi Hedy	FLSS 2113
7		Shek Xin Yi	TKHC 2379
8		Pau Pak Qiu	TLHK 2322
Heat 5		2	Chan Ying Wai
	3	Ng Hoi Ying Hannah	SSCS 2105
	4	Yau Sin Ting Nicole	SPCS 2282
	5	Man Hau Ching	POHCKMC 2131
	6	Wong Tsz Ling	FLSS 2112
	7	Wong Tsz Ching	TSWMC 2164
	8	Tsui Yan Tung	POHCKMC 2132
	Heat 6	1	Tsui Yan Hei
2		Sze Hei Man Joby	LTFC 2378
3		Lam Yin Tung	DGS 2208
4		Liu Jiazhen	YYC 2177
5		Lin Hei Tung Anisa	LYC 2035
6		Shum Man Huen	WFN 2302
7		Lee Yan Lum	YHKCC 2082
8		Zuo Yunshu Isabel	BPS 2001
Heat 7	1	Yeung Stacy	LSTC 2344
	2	Wong Wing Tung	HYS 2246
	3	Wun Hoi Lam Sapphire	IHMC 2462
	4	Luk Tsz Ching Katreena	TLHK 2323
	5	Yu Pui Yi	GHS 2226
	6	Wu Tsz Ching	LKKC 2087
	7	Li Yan Ning	TSWMC 2163
	8	Man Sin Ying	WYY 2362

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 5	Boys 100m (H)	10:30AM	
	Record : 10.53	Standard :	12.2
Heat 1	2	Chan Lit Man	LSKC 1044
	3	Huang Chuanghao Eren	ASMS 1264
	4	Chan Ting Fong James	CHECSS 1445
	5	Chui Long Hei Rex	DBS 1096
	6	Lau Hiu Leong	PCMS 1121
	7	Lam Chun Ho	FSS-KT 1299
	8	Kuan Feng Yi	JCTIC 1356
	Heat 2	2	Cheng Pak Hei
3		Chen Tsz Yuk Lemuel	LSC 1181
4		Chang Tin Hang Kyle	LSTC 1023
5		Cheung Chun Yin	LTFC 1452
6		Cheuk Kwan Yin	POHCKMC 1336
7		Kwok Chun Ting	TKHC 1444
8		Xu Wai Lok	YYC 1395
Heat 3		2	Fong Yat Hei
	3	Cheung Marcus	WFN 1450
	4	Lam Tsun Hei	WYHK 1226
	5	Fong Yu Hin Isaac	YHKCC 1066
	6	Lam Chun Ting	PLKNPL 1281
	7	Liu Ching	LSTC 1024
	8	Lau Tsun Yin	CAL 1428
	Heat 4	1	Po Ling Kit
2		Lo Chun Ho	CPU 1001
3		Sio King Tin	FLSS 1314
4		Ngan Pak Him	FSS-KT 1300
5		Wong Kwok Yau	WYK 1244
6		Lau Kai Kit	HPCCSS 1154
7		Man Him Ng	ISS 1447
8		Law Siu Hang	JCTIC 1355
Heat 5	1	Tong Kwok Fung	LKKC 1135
	2	Weng Ji Huan	LSKC 1043
	3	Lam Pak Ki	TSWMC 1377
	4	Koo Cheuk Fung Jasper	DBS 1095
	5	Law Ho Man	PCMS 1120
	6	Li Lok Hin	PLKNPL 1282
	7	Li Lok Tin	TTCA 1059
	8	Chan Hon Chiu	YCKMC 1204
Heat 6	1	Wan Fu Wang David	WYK 1245
	2	Wong Hoi Yuen	HKUGA 1449
	3	Tam King Hei	YCKMC 1205
	4	Tsang Yuk Pui	YHKCC 1067
	5	Leung Chi Hang	YWC 1073
	6	Tsang Tsz Hang	YYC 1396
	7	Wong Lai Fung	LSC 1180
	8	Jun Chaemin	TSIS 1446
Heat 7	1	Yau Leong Yan Nathan	YWC 1072
	2	Yip Chun Ho	WYHK 1225
	3	Yim Chi Yiu	POHCKMC 1337
	4	Zeng Yuen Cho	HPCCSS 1155
	5	Zhao Yam Mang	FLSS 1313
	6	Yeung Man Chun	CZM 1448
	7	Yang Zhao Zhi George	CPU 1002
	8	Wu Ming Fung	ASMS 1265

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 6		Girls 1500m (F)	10:55AM	
		Record : 04:51.1	Standard : 06:15.0	
Final 1	1	Lui Cheuk Lam	BPS	2007
	2	Cheung Kam Sau	CPU	2021
	3	Lau Ka Wai	DGS	2214
	4	Lee Wing Kiu Winki	FLSS	2119
	5	Chan Pak Yin	GHS	2233
	6	Chu Po Jewel	HKUGA	2270
	7	Man Lai Ki Nicole	HYS	2252
	8	Wong Lok Tung	JCTIC	2154
	9	Lo Ching Lam	LKKC	2094
	10	Tse Yi Lee Eliz	LSTC	2352
	11	Wong Hei Yu	LYC	2043
	12	Ng Pui Ka	POHCKMC	2136
	13	So Hiu Ting	SHDC	2197
	14	Lan Jacey Laura	SPCC	2067
	15	Chan Ching Laam Caanon	SPCS	2290
	16	Chan Ting Yeung	TLHK	2330
	17	Lam Lok Tung	TSWMC	2168
	18	Cao Jia En	WFN	2309
	19	Li Tsz Ki	WYY	2367
	20	Kam Ian Lam	YYC	2182
	21	Charlotte Megan Goldsmith	YHKCC	2085
	22	Hayley Tsang	LTFC	2401
	23	Han Xiuqi Elise	TCCS	2402
	24	Lam Tsz Ki	TPSY	2394
	25	Tan Nim Chun	YMCA	2400
Final 2	1	Mang Hin Ki	YYC	2181
	2	Tse Tung Ling	YLLSS	2399
	3	So Tsz Wing	WYY	2366
	4	Chan Wing Tung	WFN	2308
	5	Chan Ming Sum	TTCA	2079
	6	Cheung Nga Ching	TSWMC	2167
	7	Chan Tung Yan	TLHK	2329
	8	Ackber Bertha	SPCS	2289
	9	Fong Yan Lam	SPCC	2066
	10	To Nga Yi Hailey	SHDC	2196
	11	Lee Wing Sze	SHCC	2392
	12	Luo Tsz Yee	POHCKMC	2135
	13	Cheng Yi Tung Hilary	LYC	2042
	14	Lau Shuk Kwan	LSTC	2351
	15	Leung Hui Ching	LKKC	2093
	16	Wong Wan Tung	JCTIC	2153
	17	Ng Yuet Hei	HYS	2251
	18	Yeung Shu Kiu	HKUGA	2269
	19	Wong Wan Ki	GHS	2232
	20	Chung Yuet Ching	FLSS	2117
	21	Modiano Sarah Elise	FIS	2390
	22	Chow Kiu	DGS	2213
	23	Wan Hay Yuet Jayden	CPU	2019
	24	Chan Yui Yin	BPS	2005
	25	Shen Tong	AGHSS	2398

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 7 Boys 1500m (F) 11:10AM
Record : 04:17.6 Standard : 5:00.00

Final 1	1	Leung Tze Yui Darryl	SJC	1477
	2	Sze Sum Tik	NAMS	1479
	3	MIRZA, Kabir Neil	ISFA	1541
	4	Ip Wan Hin	CPU	1008
	5	Yu Haorong	LSTC	1028
	6	Chan Chun Pang	LSKC	1051
	7	Wong Tsz Chung	YWC	1080
	8	Au Ho Chun	DBS	1102
	9	Ng Kwan Chak Bosco	LKCC	1143
	10	Chow Yik Ming	HPCCSS	1163
	11	Fong Yuk Ning Matthew	LSC	1188
	12	Ho Chun Hang	YCKMC	1211
	13	Wong Cheuk Him	WYHK	1231
	14	Chan Ching Hei	WYK	1251
	15	Pan Ka Him	ASMS	1270
	16	Thai Klemens	PLKNPL	1287
	17	Yung Pu Chak	FSS-KT	1306
	18	Chan Cheuk Him Daniel	FLSS	1321
	19	Sung Man To	POHCKMC	1341
	20	Kwok Wai Lun	JCTIC	1363
	21	Leung Yat Hei	TSWMC	1383
	22	Luo Zihao	YYC	1402
	23	Chan Cheuk Long	SHDC	1420
	24	Loi Chun Man	CAL	1436
	25	Ng Ho Wai	YMCA	1484
	26	Orh Shing Yan	TTCA	1062
	27	Christopher Charles Whitehead	YHKCC	1070
Final 2	1	Li Zhao Li	CPU	1007
	2	Chow Chi Yin	LSTC	1027
	3	Kwok Siu Hin	LSKC	1050
	4	Ho Tsz Him Stanley	YWC	1079
	5	Wang Nok Wang	DBS	1100
	6	Tse Hei Yiu	PCMS	1125
	7	Cheung Kit Ming Jacob	PCMS	1126
	8	Tang Tsz Hei	LKCC	1142
	9	Li Shun Hang	HPCCSS	1162
	10	Ho Hoi Wai Howard	LSC	1186
	11	Chen Yik Fan	YCKMC	1210
	12	Law Tsun Lam	WYHK	1230
	13	Wong Kin Long	WYK	1250
	14	Fang Yuyan	ASMS	1269
	15	Chu Ho Ting	PLKNPL	1286
	16	Chau Yu Hoi	FSS-KT	1305
	17	Choy Wing Yip	FLSS	1320
	18	Wong Lok Ching	POHCKMC	1340
	19	Wong Nok Hei	JCTIC	1362
	20	Cheung Chu Yuen	TSWMC	1382
	21	Chen Ko Kin	YYC	1401
	22	Wong Chun Long	SHDC	1419
	23	Yeung Yun Sing	CAL	1435
	24	Lai Chun Ching	CCCSS	1465
	25	Lai Tai Long	SJA	1474
	26	Lai Pak Long	CYMCA	1475
	27	Yip Ka Kui	YKN	1476

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 8	Girls 400m (H)	11:30AM		
	Record : 56.73	Standard : 01:12.5		
Heat 1	2	Zuo Yunshu Isabel	BPS	2001
	3	Ng Cheuk Yiu	CLS	2452
	4	Ku Lok Yin	HYS	2249
	5	Siu Ho Kiu	KTLS	2453
	6	So Sum Cheuk Kasey	WYY	2365
	7	Sy Mei Han Sabrina	PKMS	2388
	Heat 2	2	Tsang Lok Yan	BPS
3		Wong Chin Wai	TSWMC	2165
4		Yung Nga Man	POHCKMC	2134
5		Yuen Tsz Ching	SPCS	2286
6		Lee Fay Yee	GHS	2230
7		Yu Tsz Yan Serina	SHDC	2195
8		Mak Man Yuet	PKC	2454
Heat 3		2	Leung Ka Yui Kami	HYS
	3	Wong Tsz Ching	JCTIC	2150
	4	Man Kit Yin	SWC	2455
	5	Mak Wing Yi	SHDC	2194
	6	Yip Yik Tung	DGS	2211
	7	Dai Yongshan	WFN	2306
	8	Lai Melissa	LSTC	2348
	Heat 4	2	Lam Wing Chi	TPYC
3		Lam Wing Sum	FLSS	2115
4		Lau Yee Tung Macy	LYC	2038
5		Lee Tsz Yiu	GHS	2229
6		Lee Tsam Yi	LKKC	2089
7		Yim Sum Yu	LYC	2039
8		Lui Ellen	SPCC	2063
Heat 5		2	Li Ho Kiu	LSTC
	3	Chiu Yan To	TSWMC	2166
	4	Chui Jiao	CPU	2018
	5	Fung Pui Wai Shell	WFN	2305
	6	Kwong Hiu Yau	TLHK	2326
	7	Fong Tsz Yi	LKKC	2090
	8	Cheung Tsz Ching	JCTIC	2149
	Heat 6	2	Hui Wing Laam	LSKC
3		Cheng Tsz Yan	HKUGA	2264
4		Luk Pui Ching	WYY	2363
5		Lui Lauren	SPCC	2064
6		Chung Ho Lam Leona	CPU	2017
7		Li Wing Chi	YYC	2179
8		Li Hoi Ching	LA	2389
Heat 7		2	Ng Zitelia	LSKC
	3	Cheung Yuet Hei	TLHK	2325
	4	Karlsson Jane Christa Ming Suet	DGS	2210
	5	Yuen Long Ching	SPCS	2285
	6	Chan Suen Fei	FLSS	2116
	7	Chan Lok Yi	YHKCC	2084
	8	Chan Chi Ching	HKUGA	2266

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 9	Boys 400m (H)	11:50AM	
	Record : 49.39	Standard :	57.8
Heat 1	2	Chen Ao Yu	LSKC 1046
	3	Aryan Chu Denace Docherty	YHKCC 1069
	4	Choi Ho Cheung	YWC 1076
	5	Ma Yung Sang	WYHK 1228
	6	Koo Yat Nam	CPU 1004
	7	Lai Ho Ting	LSTC 1026
	8	Lam Lok Him Ernest	HPCCSS 1159
	Heat 2	2	Wong Tsz Ngo
3		Lau Hoi Tsun	DBS 1099
4		Lau Ho Lam	POHCKMC 1338
5		Law Chi Hin	FLSS 1317
6		Michael Prem Hiran Hart	YHKCC 1068
7		Leung Kin Pan	YCKMC 1208
8		Ren Jiaqi	TTCA 1060
Heat 3		2	Tam Wai Pong
	3	Tam Wan Yiu	HPCCSS 1158
	4	Lee Lok Chit	WYHK 1227
	5	Ho Yik San	YWC 1075
	6	Tang Hao Cheng	LKKC 1139
	7	Tsang Hoi Kwong	PCMS 1124
	8	Lam Chun Hei	LSTC 1025
	Heat 4	1	Wong Ka Chun
2		Ho Yu Hei	PLKNPL 1285
3		Wu Zewei	TSWMC 1380
4		Lau Ka Lun Hamish	LSC 1184
5		Leung Ching Shun Jensen	DBS 1098
6		Ng Cheuk Yin	PLKNPL 1284
7		Ng Pak Ki	POHCKMC 1339
8		Kwok Lok Hei	FLSS 1316
Heat 5	1	Chau Hoi Tim	CYC 1457
	2	Cheung Cheuk Hei Isaac	MSC 1458
	3	Li Chun Kit	YYC 1398
	4	Vrijmoed Justin	SPC 1459
	5	Wong Siu Chung	CAL 1431
	6	Xiang Zhexing	JCTIC 1358
	7	He Junxi	ASMS 1266
	8	Tsang Ngo Shun	LKKC 1138
Heat 6	1	Shi Jiahui	KTKLGSS 1461
	2	Tong Pak Hin Issac	PKC 1542
	3	Wong Kwok Man	WYK 1247
	4	Lau Hin Wai	LSC 1185
	5	Wan Sze Chai	TSWMC 1379
	6	Yeung Chun Kiu	PCMS 1123
	7	Yeung Ho Lai	CPU 1003
	8	Yeung Hoi To	YCKMC 1206
Heat 7	1	Ying Lok Dio	CAL 1432
	2	Lai Yat Hin	LTFC 1455
	3	Huang Yau Nam	YYC 1397
	4	Li Wai Ting	SHDC 1417
	5	Liem Ho Yat Isaac	SMS 1453
	6	Ngan Pak Him	FSS-KT 1300
	7	Yau Cheuk Nam Scott	JCTIC 1359
	8	Yu Hon Chiu	CGHC 1460

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 10	Boys Long Jump (F)	01:30PM	
	Record : 7.26	Standard :	5.45m
Final	1	Zhao Haojun	CPU 1019
	2	Wong Chun Keung	YCKMC 1221
	3	Wong Man Kit	FLSS 1332
	4	Wong Ngo Fung	YWC 1090
	5	Wong Nok Kwan Leo	TSWMC 1390
	6	Yang Chun Kit	WYK 1260
	7	Ng Ching Wang Markus	LSTC 1040
	8	Ng King Yin	YYC 1414
	9	Ng Tsz Ho	YWC 1091
	10	Poon Wai Sum	LSC 1199
	11	Shing Ka Hei	DBS 1115
	12	Siu Paak Man	KTSCSS 1517
	13	Siu Tsz Lai	LKKC 1152
	14	Zhang Ka Chun	ASMS 1278
	15	Yip Long Hei	YHKCC 1071
	16	Yeung Man Long	HPCCSS 1176
	17	Tsui Kai Yin	TTCA 1065
	18	Tsang Yuk Pui	YHKCC 1067
	19	Tan Kwan Ho	WYHK 1241
	20	Sun Zhen Hang Neil	YCKMC 1222
	21	Mok Nai Tin Victor	SMCESPS 1518
	22	Mak Tsz Ching	WTSMC 1537
	23	Mai Chin Wai	DBS 1116
	24	Loi Hoi Yin	POHCKMC 1350
	25	Lo Chung Wang	SJC 1519
	26	Liu Guanfeng	YYC 1413
	27	Li Ho Lam	WYK 1259
	28	Kwok Yuk Lam	LSC 1200
	29	Lai Ching To	FSS-KT 1311
	30	Lau Kwok Hay	HPCCSS 1175
	31	Lau Yu Sum	POHCKMC 1351
	32	Lee Cheuk Hin	JCTIC 1373
	33	Leung Tsz Hin Bosco	WYHK 1240
	34	Leung Cheuk Yu	SHDC 1427
	35	Leong Chi Kan Kanny	TSWMC 1391
	36	Lee Yuen Hon Brendan	PLKNPL 1296
	37	Hui Pak Hin Keith	CPU 1018
	38	Chan Yat Cho	SPC 1520
	39	Chen Benito	DMS-HW 1540
	40	Cheng Pak Hei	LKKC 1134
	41	Cheung King Fung	SHDC 1426
	42	Cheung Marcus	WFN 1450
	43	Chung, Ethan	PLKNPL 1295
	44	Fang Chuangyu	ASMS 1277
	45	Fu Cheong Ho	LSTC 1041
	46	Hui Ho Tai Brandon	EVANGEL 1539
	47	Chan Lok Wai	JCTIC 1372
	48	Chan Chun Ting	FLSS 1333
	49	Chan Hoi Chiu	LSKC 1057

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 11	Boys Discus (F)		01:30PM	
	Record : 49.36		Standard : 26.00m	
Final	1	Wong Shun Hei	LSKC	1055
	2	Lai Pak Chun	CAL	1442
	3	Chan Kwun Nam	CMASS	1496
	4	Chan Hoi Yin	PCMS	1131
	5	Lam Chak Kwan	POHCKMC	1347
	6	Chang Yi Tik	TSWMC	1381
	7	Chan Ming Hong	TTCA	1063
	8	Chan Sing Yeung	WYK	1257
	9	Cheng Yat Fung	YCKMC	1216
	10	Cheng Wai Lok	YYC	1410
	11	Lau Ka Yu Andy	CAL	1440
	12	Li Ho Him	JCTIC	1370
	13	Lam Chung Hei Moses	FLSS	1329
	14	Lau Chun Yin	PLKNPL	1292
	15	Lee Wing To	YCKMC	1218
	16	Leung Tin Long	LSC	1198
	17	Lau Shing Cheung	HPCCSS	1172
	18	Liao Chi Fung	CPU	1015
	19	Hu Wenxuan	LSTC	1036
	20	Lam Yau Shing	LSTC	1037
	21	Leung Yu To Kian	DBS	1112
	22	Chow Conan Chun Kiu	PCMS	1129
	23	Chan Yuk Pan	HPCCSS	1171
	24	Liu In Hei	LSC	1197
	25	Wong Hou	YWC	1086
	26	To Man Tik	FLSS	1328
	27	Xue Junhui	FSS-KT	1308
	28	Wong Tsz Chun	FYW	1500
	29	Liu Xinhang	JCTIC	1369
	30	Tsang Hok Ming	LKKC	1149
	31	Tam Hoi Fu	PLKNPL	1294
	32	Ou Chun Ngai	WYHK	1238
	33	Tse Cedrick	WYK	1255
	34	Lo Yee Ka Caden	YWC	1087
	35	Wan Chi Ho	CSWCSS	1495
	36	Tsui Ho Sing	CGHC	1497
	37	Lu Ka Chun	CCCRSS	1494
	38	Wu Zhihao	ASMS	1275
	39	Poon Pak Wai	HDC	1499
	40	Wong Kin Ming	TSWMC	1386
	41	Yip Tin Ching Walter	WYHK	1237
	42	Yu Nok Him	LW	1498
	43	Yu Tak Wai	WYY	1501
	44	Yuen Ngo Long	POHCKMC	1346
	45	Zhou Zidun	CPU	1014
	46	Zhu Jiahao	DBS	1111
	47	Zou Yu Shen	YYC	1411

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 12	Girls High Jump (F)		01:30PM	
	Record : 1.71		Standard : 1.30m	
Final	1	Bareng Chau Wei Ying Rhianna	LTPSS	2432
	2	Kam Yee	BPS	2003
	3	Chan Yuk Lam	CPU	2033
	4	Chan Tsz Kiu	LKKC	2103
	5	Chen Jia Lan	JCTIC	2156
	6	Chan Lok Yan	TSWMC	2176
	7	Choy Ceci	HYS	2260
	8	Chan Him Yau Janus	SPCS	2301
	9	Fung Cheuk Li	HKUGA	2281
	10	Hou Sheung Yi Cathy	YLLSS	2435
	11	Hung Tsz Ying	LSTC	2360
	12	Kwok Cho Sze Leann	MCS	2429
	13	Lam Nok Yin	HYS	2261
	14	Lau Hong Ching	SPCS	2283
	15	Lee Ming Ki	SPCC	2071
	16	Lui Yui Ching Karis	DGS	2225
	17	Mak Hiu Ting	HPCCSS	2430
	18	Leung Nga Yin	TKOGSS	2428
	19	Tong Ching Tung	WYY	2375
	20	Wong Suet	LYC	2050
	21	Wong Nok Yiu	LKKC	2104
	22	Wong Ho Ching Emily	GHS	2245
	23	Wong Hei Sen	JCTIC	2162
	24	Wong Ching Tung	CPU	2032
	25	Tang Pui Lam	TLHK	2343
	26	Tang Katrina	FLSS	2130
	27	So Tsz Ying	WYY	2374
	28	Li Simiao Emily	WFN	2320
	29	Shing Yuet Kwai	TSWMC	2175
	30	Yim Nga Ting	TLHK	2342
	31	Yip Hau Chee	SPCC	2076
	32	Siu Brianna	HKUGA	2280
	33	Woo Sum Yau	GHS	2244
	34	Wu Mengni	FLSS	2129
	35	Li Tsz Yee	MCS	2434
	36	Zhao Kaitong	TMCSS	2433
	37	Zhang Sin Man	WFN	2321
	38	Yip Pui Yan	POHCKMC	2144
	39	Yang Zhichu	DGS	2224
	40	Xie Peiyu	BCKSS	2431

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 13	Boys 400mH (F)	01:30PM
	Record : 54.55	Standard : 01:07.5

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 14	Girls 800m (H)		01:45PM
	Record : 02:18.3		Standard : 02:55.0
Heat 1	1	Kay Yan Mei	BPS 2006
	2	Jiang Tsz Kei	CPU 2020
	3	Kong Jerika	DGS 2212
	4	Ye Tingting Angel	FLSS 2118
	5	Wong Wan Ki	GHS 2232
	6	Chan Ching Man	HKUGA 2268
	7	Ip Heung Ching	HYS 2250
	8	Lee Tsz Yau	JCTIC 2152
	9	Choi Pik Yi	LKKC 2092
	10	Lau Yee Pui	LSTC 2350
	11	Lam Ying Kwan	LYC 2041
	12	To Nga Yi Hailey	SHDC 2196
	13	Fong Yan Lam	SPCC 2066
	14	Li Yee Kiu Audrey	SPCS 2288
	15	Chiu Tsz Ching	TLHK 2328
	16	Cheung Nga Ching	TSWMC 2167
	17	Lo Chung Yin Chloe	TTCA 2080
Heat 2	1	Chan Wing Tung	WFN 2308
	2	Pudwill Christine Vipa	WIS 2393
	3	So Tsz Wing	WYY 2366
	4	Chan Yi Chun	YYC 2180
	5	Li Hoi Ching	LA 2389
	6	Wong Kok Yuet	PLKLFC 2451
	7	Au Oi Yu Angelina	SSCS 2107
	8	Shum Chung Ning	STTSS 2395
	9	Lam Tsz Ki	TPSY 2394
	10	Chan Yui Yin	BPS 2005
	11	Zhang Qiaoruo	TLHK 2327
	12	Yung Nga Man	POHCKMC 2134
	13	Yu Yanxin	LSTC 2349
	14	Yiu Wing Hei	JCTIC 2151
	15	Wan Hay Yuet Jayden	CPU 2019
	16	Tang Tsz Kiu	LKKC 2091
	17	So Sum Cheuk Kasey	WYY 2365
Heat 3	1	Modiano Sarah Elise	FIS 2390
	2	Mak Wing Yi	SHDC 2194
	3	Magrath, Naia Mei	WIS 2391
	4	Luo Tsz Yee	POHCKMC 2135
	5	Li Wing Chi	YYC 2179
	6	Li Tsz Wai	SPCS 2287
	7	Lee Wing Sze	SHCC 2392
	8	Lan Jasmine Lauren	SPCC 2065
	9	Lai Tsz Sen	WFN 2307
	10	Ku Lok Yin	HYS 2249
	11	Karlsson Jane Christa Ming Suet	DGS 2210
	12	Ho Cheuk Kiu	LYC 2040
	13	Fan On Wing	GHS 2231
	14	Chung Yuet Ching	FLSS 2117
	15	Chiu Yan To	TSWMC 2166
	16	Cheung Cheuk Ning	HKUGA 2267
	17	Chan Ming Sum	TTCA 2079
	18	Wang Yan Lam	LSKC 2055

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 15	Boys 800m (H)	02:05PM		
	Record : 1:57:56	Standard : 02:20.0		
Heat 1	1	Cheung Ho Wai	FLSS	1319
	2	Chan Chin Yeung	FSS-KT	1304
	3	Han Tsun Kwong	HPCCSS	1161
	4	Wong Tin Chak	JCTIC	1361
	5	Tsang Lok	KSSS	1470
	6	Cheang King Hei	LKKC	1141
	7	Li Cheuk Long	LSC	1187
	8	Lam Ching Hei	LSKC	1049
	9	Thai Klemens	PLKNPL	1287
	10	Wong Chun Long	SHDC	1419
	11	Tam Yuk Hon	SSCS	1469
	12	Wu Zewei	TSWMC	1380
	13	Ren Jiaqi	TTCA	1060
	14	Ma Yung Sang	WYHK	1228
	15	Cheung Long Hin	WYK	1249
	16	Chen Yik Fan	YCKMC	1210
	17	Zainudeen Rahim Abbas	YWC	1078
	18	Chak Yuk Chit	YYC	1400
Heat 2	1	Li Sing Ngo	SHDC	1418
	2	Fang Yuyan	ASMS	1269
	3	Huang Kwan Ho	BCKSS	1466
	4	Law Ho Shing Andrew	CAL	1434
	5	So Ka Hang	CPU	1006
	6	Sy Kwan Hon Johann	DBS	1101
	7	Colin-Jones Jack William Russ	GSIS	1467
	8	Lai Ho Ting	LSTC	1026
	9	Wong Lok Ching	POHCKMC	1340
	10	Chang Yi Tik	TSWMC	1381
	11	Ma Chun Yin	TTCA	1061
	12	Hall, Tomas Zionede	WIS	1464
	13	So Hoi Nok	WYHK	1229
	14	Lo Cheuk Him	WYK	1248
	15	Yang, Ho Vincent	YCKMC	1209
	16	Christopher Charles Whitehead	YHKCC	1070
	17	Wong Chun Him	YWC	1077
	18	Wong Tsz Wa	YYC	1399
Heat 3	1	Liang Jiahao	ASMS	1268
	2	Lee Ngai Nam	CAL	1433
	3	Lai Chun Ching	CCCSS	1465
	4	Feng Weitao	CPU	1005
	5	Wang Nok Wang	DBS	1100
	6	Wang Kelvin	FLSS	1318
	7	Zheng Chin Yik Robin	FSS-KT	1303
	8	Chan Ming Chi	HPCCSS	1160
	9	Mak Yan Cheuk	JCTIC	1360
	10	Law Wing Lap	LKKC	1140
	11	Xie Shing Chun	LKYMS	1463
	12	Ho Hoi Wai Howard	LSC	1186
	13	Mak Cheuk Kiu	LSKC	1048
	14	Chow Chi Yin	LSTC	1027
	15	Chu Ho Ting	PLKNPL	1286
	16	Chan Pak Sum	NCC	1468
	17	Ng Pak Ki	POHCKMC	1339

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 16	Girls 200m (H)		02:20PM	
	Record : 24.98		Standard :	30.50s
Heat 1	2	Bella Kashga Quigley	YHKCC	2083
	3	Chan Chi Yan	YCH2	2460
	4	Chan Hay Yee Jessy	DGS	2209
	5	Chan Ho Ching Mona	TLHK	2324
	6	Cheung Yan Tung	EVANGEL	2377
	7	Cheung Sin Yee Renee	JCTIC	2148
	8	Cheung Ka Yu	LKCC	2086
	Heat 2	2	Cheng Yuen Yung	LSKC
3		Cheng Tsz Yan	HKUGA	2264
4		Chan Hui Wing Nuria	MCS	2456
5		Chan Wa	FLSS	2114
6		Chan Wing Kiu	LKCC	2088
7		Cheung Yuet Hei	TLHK	2325
8		Chui Ming Tung	CSCMC	2386
Heat 3		2	Chung Wing Ching	LSTC
	3	Leung Sin Ki	POHCKMC	2133
	4	Leung Ka Yui Kami	HYS	2248
	5	Lau Tsz Wun Amber	STCC	2457
	6	Lam Wing Sum	FLSS	2115
	7	Lam Wing Suet	YYC	2178
	8	Kwok Yi Tak Amber	SPCC	2061
	Heat 4	2	Kwok Tsz Tung	SHDC
3		Fong Hei Ching	LYC	2036
4		Fung Kai Yung	LSTC	2346
5		Hui Ching Grace	HYS	2247
6		Gan Ho Yan	SPCC	2062
7		Ho Hiu Yuet Hayley	JCTIC	2147
8		Lum Hei Ching	WFN	2304
Heat 5		2	Kam Yee	BPS
	3	Tsui Yan Hei	CPU	2015
	4	Wong Chin Wai	TSWMC	2165
	5	Sum Hei Lam Nicole	DGS	2207
	6	Sze Hoy Lam Catherine	SPCS	2284
	7	Sze Hei Man Joby	LTFC	2378
	8	Tse Yu Yee	SHDC	2193
	Heat 6	2	Shum Man Huen	WFN
3		Ngan Chloe Hoi Yiu	SSCS	2106
4		Lin Ka Wai	WYY	2364
5		Liu Hui Yuet	GHS	2227
6		Luk Lin Sum	BCKSS	2461
7		Luk Pui Ching	WYY	2363
8		He Yin Lok	LYC	2037
Heat 7		1	Man Hau Ching	POHCKMC
	2	Ng Hoi Ying Hannah	SSCS	2105
	3	Ng Wing Kiu	HKUGA	2265
	4	Yau Sin Ting Nicole	SPCS	2282
	5	Wong Tsz Ching	TSWMC	2164
	6	Woo Joy Hei	GHS	2228
	7	Wun Hoi Lam Sapphire	IHMC	2462
	8	Tsui Nok Yin	CPU	2016

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 17	Boys 200m (H)		02:40PM	
	Record : 21.61		Standard :	25.50s
Heat 1	2	Cheung Chun Yin	LTFC	1452
	3	Yang Zhao Zhi George	CPU	1002
	4	Chang Tin Hang Kyle	LSTC	1023
	5	Huang Chuanghao Eren	ASMS	1264
	6	Wong Tsz Ngo	WYK	1246
	7	Lam Tsun Hei	WYHK	1226
	8	Siu Heung Shing	LKKC	1136
	Heat 2	2	Chak Karl Yau Jing	PCMS
3		Cheuk Kwan Yin	POHCKMC	1336
4		Fong Yu Hin Isaac	YHKCC	1066
5		Jun Chaemin	TSIS	1446
6		Kwok Chun Ting	TKHC	1444
7		Lam Chun Hei	LSTC	1025
8		Lam Chun Ting	PLKNPL	1281
Heat 3		2	Lam Pak Ki	TSWMC
	3	Yeung Ho Lai	CPU	1003
	4	Law Ho Man	PCMS	1120
	5	Law Siu Hang	JCTIC	1355
	6	Lee Ho Kuen	HPCCSS	1157
	7	Leung Ching Hang Wesley	DBS	1097
	8	Lu Ching Chiu	LKKC	1137
	Heat 4	2	Lung Yat Long Anskar	YWC
3		Man Him Ng	ISS	1447
4		Chen Junying	FLSS	1315
5		Leung Kwok Fung	LSC	1183
6		Ng Tsz Tai	YCKMC	1207
7		Koo Cheuk Fung Jasper	DBS	1095
8		Tsang Pak Yu	LSKC	1045
Heat 5		2	Tsui Man Hin	HPCCSS
	3	Wong Kwok Man	WYK	1247
	4	Lau Tsun Yin	CAL	1428
	5	Wu Pak Hang	LSC	1182
	6	Yau Leong Yan Nathan	YWC	1072
	7	Yeung Hoi To	YCKMC	1206
	8	Yim Chi Yiu	POHCKMC	1337
	Heat 6	2	Yip Chun Ho	WYHK
3		Zhao Yam Mang	FLSS	1313
4		He Junxi	ASMS	1266
5		Hu Tony	FSS-KT	1302
6		Law Chun Wo	PLKNPL	1283
7		Kon King Long	JCTIC	1357
8		Lai Yat Hin	LTFC	1455
Heat 7		2	Li Wai Ting	SHDC
	3	Liem Ho Yat Isaac	SMS	1453
	4	Tung Kiu Fung Paul	SJC	1454
	5	Wan Sze Chai	TSWMC	1379
	6	Yuen Pak Kiu	FSS-KT	1301
	7	Zhong Junxiang	BHSC	1456
	8	Zhong Man Chun	CAL	1430

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 18	Girls 4x400m (H)	03:05PM
	Record : 03:59.2	Standard : 04:55.0
<hr/>		
Heat 1	1 BPS	
	2 CPU	
	3 LYC	
	4 GHS	
	5 SPCC	
	6 LKKC	
	7 FLSS	
Heat 2	2 POHCKMC	
	3 WFN	
	4 TSWMC	
	5 JCTIC	
	6 SHDC	
	7 DGS	
	8 LSKC	
Heat 3	2 HYS	
	3 LSTC	
	4 SPCS	
	5 YYC	
	6 TLHK	
	7 HKUGA	
	8 WYY	

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day One 10 March 2025

Event 19	Boys 4x400m (H)	03:25PM
	Record : 03:26.7	Standard : 03:54.0
<hr/>		
Heat 1	2 CPU	
	3 ASMS	
	4 YWC	
	5 LSTC	
	6 PCMS	
	7 LKKC	
Heat 2	2 HPCCSS	
	3 DBS	
	4 YCKMC	
	5 TSWMC	
	6 WYK	
	7 POHCKMC	
	8 PLKNPL	
Heat 3	2 FSS-KT	
	3 FLSS	
	4 LSC	
	5 JCTIC	
	6 WYHK	
	7 YYC	
	8 CAL	

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 20	Boys Javelin (F)		09:30AM	
	Record : 63.5		Standard :	30.00m
Final	1	Wong Shun Hei	LSKC	1055
	2	Cheung Yiu Cheong	SFAC	1505
	3	Cai Kong Lam	WFLC	1504
	4	Chan Kwun Nam	CMASS	1496
	5	Chan Ka Hang	CAL	1441
	6	Cheng Wai Lok	YYC	1410
	7	Chan Hei	POHCKMC	1348
	8	Chan Lok Hei Ewan	PCMS	1133
	9	Lam Cho Hei	CSWCSS	1507
	10	Lai Ka Yin	TTCA	1064
	11	Kwong Chi Tat	LSTWCM	1508
	12	Kwok Wing Fung	CLS	1502
	13	Kwok Chun Hei	YCKMC	1220
	14	Ku Yan Ming	YWC	1088
	15	Kan Ethan	YCKMC	1219
	16	Ip Tsun Lok Marcus	SHDC	1425
	17	Huang Jiahe	ASMS	1276
	18	Hung Yi Ji	DBS	1114
	19	Ip Ho	JCTIC	1371
	20	Hui Kin Cheung	LKKC	1151
	21	Chan Lok Yung Jaden	PCMS	1132
	22	Hu Rain	PLKNPL	1293
	23	Ip Kwan Shing	TSWMC	1388
	24	Chu Yat Shun Anson	WYK	1258
	25	Lui Cheuk Nam	LSTC	1039
	26	Cheung Hyman	YWC	1089
	27	Leung Tin Long	LSC	1198
	28	Lau Ching Yeung	FSS-KT	1310
	29	Li Ho Him	JCTIC	1370
	30	Lau Chi Ho	TSWMC	1389
	31	Yu Chun Hei	CPU	1016
	32	Tong Kiu Him	HPCCSS	1174
	33	Siu Yuk Nam	LSC	1195
	34	Tam Hoi Fu	PLKNPL	1294
	35	Ng Pierce Anrew Lin	POHCKMC	1349
	36	Leung Zhi Zheng	SHDC	1424
	37	So Ting Hei	STCC	1506
	38	Ng Lok Hei Anthony	WYK	1256
	39	Wong Yi Hin	DBS	1113
	40	Wong Ho Ning	FLSS	1331
	41	Wu Shing Hei	HPCCSS	1173
	42	Wu Kwan Yui	LKKC	1150
	43	Wang Chuxin	LSKC	1056
	44	Wong Yan Ho	LSTC	1038
	45	Zhang Jiarun Lucas	FSS-KT	1309
	46	Zhan Yimin	YYC	1412
	47	Lee Wing Hei	CAL	1443
	48	Yu Boran	CPU	1017
	49	Yip Tin Ching Walter	WYHK	1237
	50	Yang Guan hao	FLSS	1330
	51	Vrijmoed Joshua	WYHK	1239
	52	Li Hoi Wa	CYMCA	1503

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 21	Girls Long Jump		09:30AM	
	Record : 6.14		Standard :	4.10m
Final	1	Yip Pui Yan	POHCKMC	2144
	2	Wong Hei Ching	MSC	2438
	3	Xie Peiyu	BCKSS	2431
	4	Yeung Wun Yi	TSWMC	2174
	5	Yeung Stacy	LSTC	2344
	6	Yang Zhichu	DGS	2224
	7	Wong Wing Tung	HYS	2246
	8	Wong Ming Kit	GHS	2243
	9	Tsang Tsz Ying Laura	QUALIED	2448
	10	Tong Ching Tung	WYY	2375
	11	Tsang Jia Li	LSTC	2353
	12	Tsang Alana	HKUGA	2278
	13	Sum Hau Kiu	HYS	2254
	14	Suen Chor Ching	YYC	2190
	15	Leung Lok Tung	SPCS	2300
	16	Li Man Ching	DGS	2217
	17	Lin Ka Wai	WYY	2364
	18	Sha Cheuk Tung	BPS	2013
	19	Tso Nga Ting	CPU	2031
	20	Wong Hei Sen	JCTIC	2162
	21	Tsoi Shu Ying	POHCKMC	2143
	22	Cheung Yiu Gi Janice	CREATIVE	2376
	23	Shi Tsz Tong Aviola	FLSS	2127
	24	Luk Ka Man	TSWMC	2173
	25	Lui Tsam Ying	TLHK	2341
	26	Lo Tsz Ching	LKKC	2101
	27	Lee Yee Ching	SPCS	2299
	28	Lee Yan Lum	YHKCC	2082
	29	Lee Hoi Wan	CPU	2030
	30	Lee Hei Man	LYC	2044
	31	Lau Yui	SHDC	2206
	32	Lau Tsz Ching	YCKMC	2450
	33	Jia Wai Yin	SMCESPS	2436
	34	Tang Ying Tung	YYC	2189
	35	Kwok Bo Kei	TLHK	2340
	36	Ho Tsz Wing Jacelyn	WFN	2319
	37	Cheung Hoi Ki	WFN	2318
	38	Cheung Ka Yu Casey	HKUGA	2279
	39	Chan Sze Ching	GHS	2242
	40	Lau Hoi Ying	JCTIC	2145
	41	Lam Ying Kwan	LYC	2041
	42	Kwok Sze Ching Elise Sylvia	SPCC	2077
	43	Kwok Kiu Sum	SSCS	2111
	44	Hui Wing Yan Melanie	SPCC	2078
	45	Gao Hanxi	FLSS	2128
	46	Chow Wan Hei	LKKC	2102
	47	Cheung Hoi Ki	SSCS	2110
	48	Chan Tsz Ching	LSKC	2058
	49	Chan Sum Yau Charlotte	VSA	2449
	50	Chan Kai Ni	SHDC	2192
	51	Chan Hong Yau	HPCCSS	2439
	52	Lee Yuet Hei	LSKC	2057

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 22	Girls Shot Put		09:30AM	
	Record : 10.63		Standard :	6.90m
Final	1	Chan Nga Man	SHDC	2203
	2	Chan Yan Ki	JCTIC	2157
	3	Chiang Lok Tung	CPU	2026
	4	Chiu Hoi Lam	LYC	2046
	5	Cheuk Lok Yi Daphane	POHCKMC	2139
	6	Chu Wai Ling	YKYC	2413
	7	Ding Wing Sum	YCKMC	2410
	8	Ku Cheuk Luciana	SPCC	2073
	9	He Ching Yi Cherry	POHCKMC	2140
	10	Chen Ziyu	LSTC	2355
	11	Lam Tsz Tyu	LKYMS	2409
	12	Hui Hiu Naam	JCTIC	2158
	13	Lee Lok Yau	UCC-KE	2411
	14	Lee Sum Yin	TLHK	2335
	15	Lee Ching Yan Stephanie	SPCS	2293
	16	Lee Ariane Cheuk Wai	SPCC	2072
	17	Li Cheuk Wing	LYC	2047
	18	Chung Yan Ting Jennifer	GHS	2237
	19	Heung Suet Ying	FLSS	2122
	20	Cheung Hoi Yan	DGS	2219
	21	Lui Pak Yi	WFN	2313
	22	Lo Wing Lam Venus	WYY	2371
	23	Lo Hang Yi	YYC	2187
	24	Liu Yi Wan	HTC	2412
	25	Liu Hoi Ching	DGS	2220
	26	Lin Ching Tung	PCMS	2416
	27	Li Pui Ling	SHDC	2202
	28	Li Ka Ki	BPS	2010
	29	Tong Yin Tong	WYY	2372
	30	Mei Joy Casera Jover	TSWMC	2170
	31	Sin Ka Yin	TLHK	2334
	32	Tang Wing Yan	LSTLKK	2415
	33	Siu Hiu Ka	LSTC	2356
	34	Tang Sum Yuen	HYS	2256
	35	Yeung Yan Yu Erica	HKUGA	2274
	36	Yeung Karin	SPCS	2294
	37	Xiao Jingjing	HPCCSS	2414
	38	Wu Jia Yi	FLSS	2123
	39	Wong Yuen Sim	YYC	2186
	40	Wong Man Hei	TSWMC	2171
	41	Tse Wing Shan	HYS	2255
	42	Tsang Tsz Tung	HKUGA	2275
	43	Tsang Nga Ching	WFN	2314
	44	Poon Suen Man	GHS	2238
	45	Lam Tsz Yin Esther	CPU	2025

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 23	Girls 100mH (Heat)		09:30AM	
	Record : 13.89		Standard :	19.50s
Heat 1	2	Yeung Yuen Ting	MKPC	2442
	3	Tam Yan Q	STSS	2440
	4	Tsang Jia Li	LSTC	2353
	5	Yau Jasmine Hiu Tung	SPCS	2291
	6	Vong Shu Wing Annette	DGS	2218
	7	Xue Runhe Rachel	HKUGA	2272
	8	Ng Tsz Yu	SSCS	2108
	Heat 2	2	Sing Sin Ying	JCTIC
3		So Sin Hau Hilary	HYS	2253
4		So Yuen Chi	SKHKH	2447
5		Soo Cho Kei	HKTLC	2443
6		Sum Hau Kiu	HYS	2254
7		Wan Sum Yu	CPU	2023
8		Ngai Yee Ki	YYC	2185
Heat 3		2	Man Sin Ying	WYY
	3	Pau Pak Qiu	TLHK	2322
	4	Lai Tsz Ching	SPCS	2292
	5	Szeto Alice Ming Lok	HKUGA	2273
	6	Wong Chi Yan	SPCC	2070
	7	Mak Emen	SHDC	2201
	8	Lee Chi Yin	TLHK	2333
	Heat 4	2	Ng Wing Kiu Nakita	GHS
3		Li Man Ching	DGS	2217
4		Liu Hok Ying	POHCKMC	2137
5		Sham Lok Tung	FLSS	2121
6		Chan Cheuk Ying	WFN	2312
7		Leung Tze Yin	LKKC	2098
8		Lee Ming Ki	SPCC	2071
Heat 5		2	Lee Hei Man	LYC
	3	Leung Wai Yiu	BPS	2008
	4	Wong Candise Ching Kiu	SSCS	2109
	5	Lau Hoi Ching	CPU	2024
	6	Chow Lok Yin Blue	LYC	2045
	7	Huang Yaying	LSKC	2056
	8	Lam Sum Yu	YYC	2184
	Heat 6	2	Ho Sze Ki	SHDC
3		Ho Sum Kiu Cassidy	GHS	2236
4		Chan Cheuk Ying	WYY	2370
5		Cheung Ching Laam	WFN	2311
6		Lee Ngar Nam	BPS	2009
7		Leung Siu Tung	FLSS	2120
8		Cheung Ka Kiu	SMCESPS	2441
Heat 7		2	Chan Tsik Hei	POHCKMC
	3	Chan Yee Nam Nicole	PLKNPL	2446
	4	He Wing Hei	LSTLKK	2445
	5	Choi Ming Yan	LSTC	2354
	6	Chung Tsz Yan	LKYS	2444
	7	Chan Wing Lin	LKKC	2097
	8	Chen Jia Lan	JCTIC	2156

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 24	Boys 110mH (Heat)		09:55AM	
	Record : 14.08		Standard :	18.50s
Heat 1	2	Au Kin Ping	HPCCSS	1165
	3	Au Yeung Yu Ho	LSTC	1031
	4	Fu Yongqi	ASMS	1272
	5	Yee Ching Kwan	SWC	1529
	6	Ng Tsz Ho	SJACS	1530
	7	Mak Tsz Ching	WTSMC	1537
	8	Chee Ka Ki	POHCKMC	1344
	Heat 2	2	Chong Ho Lun	HTSS-TKO
3		Cheung Man Hei	WTSMC	1538
4		Lam Yu Hin	LSC	1192
5		Li Shing Cheung Neo	CPU	1011
6		Wen Him Shing	FLSS	1325
7		Yeung Yat Tin Isaac	JCTIC	1364
8		Mak Wai Lok	WYHK	1233
Heat 3		2	Ng Shing Lok	DBS
	3	Pang Shung Him	YCKMC	1213
	4	Zhan Yulin	ASMS	1273
	5	Yip Sheung Hei	PLKNPL	1291
	6	Leung Wai Kwan	CSK	1526
	7	Wong Sean	WYK	1252
	8	Yang Xinkai	POHCKMC	1343
	Heat 4	2	Wong Kei Laam	FLSS
3		Li Zi Bin	LKKC	1146
4		Wan Lok Hang	YCKMC	1214
5		Tang Ho Chun	LSKC	1052
6		Shum Chun Hei Regan	YWC	1082
7		Luo Tsz Yeung	CPU	1010
8		Wong Chun Ho	CAL	1438
Heat 5		1	Lian Hung Lam	SHDC
	2	Wong Man Hong	WYK	1253
	3	Lai Kin Lok	YYC	1406
	4	Hui Hiu Fung	JCTIC	1365
	5	Huang Tsz Hang	TSWMC	1385
	6	Chan Yat Hei	HPCCSS	1166
	7	Chau Ho Yin	LSC	1191
	8	Chua Chiu Hei	LSTC	1032
Heat 6	1	Kan Chung Yat	LSKC	1053
	2	Kan Jeremy	LKKC	1147
	3	Cheng Chi Chung	WYHK	1232
	4	Lam Kin Hei	DBS	1106
	5	Guo Juanhao	FYW	1528
	6	Chan Lai Yin	PLKNPL	1290
	7	Cai Tsz Hin	YYC	1405
	8	Tse Tsz Yui	CLS	1533

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 25	Boys 400m (Final)	10:20AM
	Record : 49.39	Standard : 57.80s

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 26	Girls 400m (Final)	10:20AM
	Record : 56.73	Standard : 01:12.5

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 27	Girls 5000m (Final)	10:35AM	
	Record : -	Standard :	25:00.0
Final 1	1	Wong Yuet Tung	CPU 2022
	2	Ho So Wai	DGS 2216
	3	Lui Yan Tung	GHS 2234
	4	Murakami Haru	HKUGA 2271
	5	Mok Wing Lam	HTC 2407
	6	Man Lai Ki Nicole	HYS 2252
	7	Wong Lok Tung	JCTIC 2154
	8	Leung Ho Ching	LKKC 2096
	9	Ho Lok Yi	SHDC 2199
	10	Wong Tsz Huen	SPCC 2069
	11	Ackber Bertha	SPCS 2289
	12	Chang Charis	TLHK 2332
	13	Chang Yi Tung	TSWMC 2169
	14	Ng Pui Yu	WFN 2310
	15	Hui Hoi Sze	WYY 2369
	16	Tsoi Wai Kiu	YYC 2183
	17	Xie Tsz Ching	HTC 2405
	18	CHENG CHAK YAN	KSSS 2408
	19	Lam Hau Man	MCS 2406
	20	Kay Yan Mei	BPS 2006
Final 2	1	Shen Tong	AGHSS 2398
	2	Mang Hin Ki	YYC 2181
	3	Tse Tung Ling	YLLSS 2399
	4	Ng Lo Yee	WYY 2368
	5	Cao Jia En	WFN 2309
	6	Lam Lok Tung	TSWMC 2168
	7	Fung Tsz Ching Christy	TLHK 2331
	8	Koo Hiu Lam	STS 2403
	9	Au Oi Yu Angelina	SSCS 2107
	10	Li Tsz Wai	SPCS 2287
	11	Cheung Sin Tung	SPCC 2068
	12	Wong Tsz Yan	SHDC 2198
	13	Ng Pui Ka	POHCKMC 2136
	14	Leong Pui Sze Priscilla	LKKC 2095
	15	Wong Wan Tung	JCTIC 2153
	16	Lee Tsz Tung	IHMC 2404
	17	Ng Yuet Hei	HYS 2251
	18	Yeung Shu Kiu	HKUGA 2269
	19	Chan Pak Yin	GHS 2233
	20	Ho So Yu	DGS 2215
	21	Cheung Kam Sau	CPU 2021

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 28	Boys 200m (Final)	11:40AM
	Record : 21.61	Standard : 25.50s

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 29	Girls 200m (Final)	11:40AM
	Record : 24.98	Standard : 30.50s

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 30	Boys 800m (Final)	11:55AM
	Record : 1:57:56	Standard : 02:20.0

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 31	Girls 800m (Final)	11:55AM
	Record : 02:18.3	Standard : 02:55.0

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 32	Girls 4x100m Relay (Heat)	12:10PM
	Record : 47.81	Standard : 56.80s
<hr/>		
Heat 1	2 BPS	
	3 CPU	
	4 LKKC	
	5 GHS	
	6 SPCC	
	7 HKUGA	
	8 LSTC	
Heat 2	2 FLSS	
	3 POHCKMC	
	4 JCTIC	
	5 HYS	
	6 YYC	
	7 SHDC	
	8 LSKC	
Heat 3	1 LYC	
	2 DGS	
	3 SSCS	
	4 SPCS	
	5 WFN	
	6 TLHK	
	7 TSWMC	
	8 WYY	

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 33	Boys 4x100m Relay (Heat)	12:30PM
	Record : 41.85	Standard : 47.50s
<hr/>		
Heat 1	2 POHCKMC	
	3 YCKMC	
	4 LSKC	
	5 YWC	
	6 CPU	
	7 PCMS	
	8 LSTC	
Heat 2	2 HPCCSS	
	3 LSC	
	4 LKKC	
	5 WYHK	
	6 TSWMC	
	7 ASMS	
	8 PLKNPL	
Heat 3	2 FSS-KT	
	3 FLSS	
	4 DBS	
	5 JCTIC	
	6 WYK	
	7 YYC	
	8 CAL	

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 34	Boys Triple Jump (Final)		01:30PM	
	Record : 14.41		Standard :	11.20m
Final	1	Au Yeung Tin	WYK	1262
	2	Fu Yongqi	ASMS	1272
	3	Fang Chuangyu	ASMS	1277
	4	Chan Chun Yuen	WFN	1523
	5	Chan Chung Yin	WYK	1261
	6	Chan Pok Him	HPCCSS	1177
	7	Cheung King Fung	SHDC	1426
	8	Chin Wai Lok	FSS-KT	1312
	9	Chong Ho Lun	HTSS-TKO	1527
	10	Huang Hai Feng	PLKNPL	1297
	11	Lai Ching To	FSS-KT	1311
	12	Lam Chun Ho	TSWMC	1392
	13	Lam Yung Chun	POHCKMC	1352
	14	Lau Yiu Hei	WYHK	1234
	15	Lee Cheuk Hin	JCTIC	1373
	16	Lee Chi Yuen Brian	LSTC	1042
	17	Low Ho Lum	DBS	1117
	18	Loi Hoi Yin	POHCKMC	1350
	19	Lo Hok Kwan Evan	CPU	1020
	20	Lo Hoi Long	YYC	1415
	21	Lee Wing-Yin	SPC	1524
	22	Lee Yuen Hon Brendan	PLKNPL	1296
	23	Leung Ka Fung	LSKC	1058
	24	Leung Kin Chai	DBS	1118
	25	Mak Wai Lok	WYHK	1233
	26	Mok Nai Tin Victor	SMCESPS	1518
	27	Tsang Hong Yat Arthur	CSWCSS	1513
	28	Siu Tsz Lai	LKKC	1152
	29	Poon Wai Sum	LSC	1199
	30	Po Ling Kit	CAL	1429
	31	Pang Shung Him	YCKMC	1213
	32	Ng Tsz Ho	YWC	1091
	33	Ng Cheuk Him Matthew	JCTIC	1374
	34	Ng Ching Wang Markus	LSTC	1040
	35	Ng King Yin	YYC	1414
	36	Ng Lucas Qulong	BLMCSS	1522
	37	Tsui Pak Yeung	YWC	1092
	38	Tung Wai Chin	FLSS	1335
	39	Zhao Haojun	CPU	1019
	40	Yeung Tin Long	LSC	1201
	41	Yeung Man Long	HPCCSS	1176
	42	Yan Jayden	HKUGA	1525
	43	Xie Jerry	LKKC	1153
	44	Xian Yiu Man	FLSS	1334
	45	Wong Nok Kwan Leo	TSWMC	1390
	46	Wong Chak Sum	YCKMC	1223
	47	Wai Cheong Lok	FK1	1521

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 35	Boys Shot Put (Final)		01:30PM	
	Record : 15.44		Standard : 10.05m	
Final	1	Zheng Junhao	YWC	1084
	2	Zhao Hung Pan	CPU	1012
	3	Zhang Yuen Shek	LSC	1196
	4	Xu Hoi Ming	YCKMC	1217
	5	Yan Jason Tsz Shing	WFN	1489
	6	Yuen Ngo Long	POHCKMC	1346
	7	Yim Long Ting	PCMS	1130
	8	Wong Lok Hang	CMASS	1493
	9	Wong Ho Ming	FYW	1492
	10	Zhang Weidong	CSWCSS	1486
	11	Wu Pak Lam	YYC	1409
	12	Lai Hau Wang	WYHK	1235
	13	Zhang Jiarun Lucas	FSS-KT	1309
	14	Ng Chun Hei	LSKC	1054
	15	Wu Ming Fung	ASMS	1265
	16	Wu Kin Fai	LSTC	1034
	17	Tse Ming Hong	HPCCSS	1169
	18	Wong Cheuk Hei	DBS	1110
	19	Wang Zhibo	LSTC	1035
	20	Shum Sheung Wun	YYC	1408
	21	Tsui Ying Yeung Gordon	YWC	1085
	22	Xue Junhui	FSS-KT	1308
	23	Ng Lok Hei Anthony	WYK	1256
	24	Wang Xuanwen	ASMS	1274
	25	Chow Pak Yin	BMFMC	1487
	26	Liu Sing Yu Rain	CPU	1013
	27	Lee Sui Choi	CSK	1491
	28	To Man Tik	FLSS	1328
	29	Tse Cedrick	WYK	1255
	30	Wong Kin Ming	TSWMC	1386
	31	Tsang Hok Ming	LKKC	1149
	32	Siu Yuk Nam	LSC	1195
	33	Boahene Adesida Gbolahan Bliss	TSWMC	1387
	34	Chan Ka Hang	CAL	1441
	35	Cheng Yat Fung	YCKMC	1216
	36	Cho Ngo Hin Oliver	JCTIC	1367
	37	Chow Conan Chun Kiu	PCMS	1129
	38	Chow Ki Hin	HPCCSS	1170
	39	Hui Wong Huen	WYHK	1236
	40	Lau Chun Yin	PLKNPL	1292
	41	Man Chun Ho	FLSS	1327
	42	Lau Ka Yu Andy	CAL	1440
	43	Wong Lok Yin	DBS	1109
	44	Hu Rain	PLKNPL	1293
	45	Lam Chak Kwan	POHCKMC	1347
	46	Choy Sze Long	JCTIC	1368
	47	Macatuman Tobin Bradley	SLS	1488
	48	So Wing Hin	LSTWCM	1490

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 36	Girls Javelin (Final)		01:30PM	
	Record : 40.87		Standard :	30.00m
Final	1	Yip Hau Chee	SPCC	2076
	2	Yan Wah	DLKP	2427
	3	Xiao Jingjing	HPCCSS	2414
	4	Wong Man Hei	TSWMC	2171
	5	Wang Cho Ham	LKKC	2100
	6	Tung Hin Ching	JCTIC	2161
	7	Tse Sau Lam Bernice	DGS	2222
	8	Tse Hei Tung	FLSS	2125
	9	To Lok Yee	SPCS	2297
	10	Tang Wing Yan	LSTLKK	2415
	11	Tam Kiu Chun Seles	CPU	2029
	12	Sze Wing Yee	LYC	2049
	13	Sze Hei Nam Jacy	LTFC	2426
	14	So Tsz Ying	WYY	2374
	15	Poek Ying Lam	GHS	2240
	16	Li Cheuk Wing	LYC	2047
	17	Li Yan Ning	TSWMC	2163
	18	Liu Yi Ki	SHDC	2205
	19	Lee Phyllis	DGS	2223
	20	Poek Wai Ching	GHS	2241
	21	Li Ho Man Katrina	HKUGA	2276
	22	Ng Tsz Ying	LSTC	2358
	23	Ng Lo Yee	WYY	2368
	24	Lo Ho Kiu Karis	TLHK	2338
	25	Lin Hui Ching	SPCS	2298
	26	Li Yi Suen Annabel	HKUGA	2277
	27	Leung Wan Chi	LSTC	2359
	28	Kwong Sze Oi Sarah	BLMCSS	2423
	29	Kwan Yan Yi	YMCA	2417
	30	Hui Man Yi	KYD	2425
	31	Hui Ho Ching	LKKC	2099
	32	Hui Cyrene	MCS	2424
	33	Ho Hoi Lun Helen	YYC	2188
	34	Ho Ching Yin	WFN	2316
	35	Chong Chi Hang	HYS	2259
	36	Choi San Yi	WFN	2317
	37	Cheuk Lok Yi Daphane	POHCKMC	2139
	38	Cheng Tsang Kei	HYS	2258
	39	Cheng Hermione Pui Man	BPS	2011
	40	Chau Cheuk Laam	POHCKMC	2142
	41	Chan Tsz Wai	TLHK	2339
	42	Chan Sze Ning	JCTIC	2160
	43	Chan Sui Ying	BPS	2012
	44	Chan Mei Jun	CPU	2028
	45	Chan Megan Kaitlyn	SPCC	2074
	46	Au Yuk Ki	SHDC	2204
	47	Au Huen Yi	FLSS	2126

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 37	Girls 100mH (Final)	02:00PM
	Record : 13.89	Standard : 19.50S

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 38	Boys 110mH (Final)	02:10PM
	Record : 14.08	Standard : 18.50S

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 39	Boys 5000m (Final)		02:25PM	
	Record : 16:26:28		Standard : 20:00.0	
Final 1	1	Lam Hoi	CAL	1437
	2	Tsang Chun Kit	CPU	1009
	3	Lam Lok Shi	DBS	1104
	4	Kwong Tsz Chun	FLSS	1323
	5	Ng Shing Hon	FSS-KT	1307
	6	Lam Ho Tung	HPCCSS	1164
	7	Kwok Wai Lun	JCTIC	1363
	8	Ho Yuet Hi	LKKC	1145
	9	Chan Hau Chun	LSC	1190
	10	Chan Chun Pang	LSKC	1051
	11	Wong Wing Him	LSTC	1030
	12	Tang Yuen Pok	PCMS	1128
	13	Lam Yui	PLKNPL	1289
	14	Zhang Zhiyue	POHCKMC	1342
	15	Leung Wing Hong	SHDC	1422
	16	Chow Yu Chak	TSWMC	1384
	17	Orh Shing Yan	TTCA	1062
	18	Wong Cheuk Him	WYHK	1231
	19	Chan Ching Hei	WYK	1251
	20	Lam Haden	YCKMC	1212
	21	Suen Chung On	YWC	1081
	22	Lee Hin Ching Matthew	YYC	1404
	23	Cheung Chi Yan	BWLSS	1485
	24	Tang Ho Hin	HTSS-TKO	1482
	25	Chan Wai Yin	LA	1483
	26	Mo Aojie	ASMS	1271
Final 2	27	Loi Chun Man	CAL	1436
	28	Ip Wan Hin	CPU	1008
	29	Mok Pak Fan	DBS	1103
	30	Ng Ka Lok	FLSS	1322
	31	Yung Pu Chak	FSS-KT	1306
	32	Chow Yik Ming	HPCCSS	1163
	33	Wong Nok Hei	JCTIC	1362
	34	Mok Tsz Him	KYWC	1481
	35	Ko Nok Him	LKKC	1144
	36	Cheng Tsz Leong Louie	LSC	1189
	37	Kwok Siu Hin	LSKC	1050
	38	Cheung Ho Fung	LSTC	1029
	39	Sze Sum Tik	NAMS	1479
	40	Ma Hoi Fan	PCMS	1127
	41	Lau Kiu Lok Matthew	PLKNPL	1288
	42	Sung Man To	POHCKMC	1341
	43	Lee Wai Ting Angus	SHDC	1421
	44	Chung Tak Chak	SYSS	1478
	45	Leung Yat Hei	TSWMC	1383
	46	Ma Chun Yin	TTCA	1061
	47	Law Tsun Lam	WYHK	1230
	48	Wong Kin Long	WYK	1250
	49	Ho Chun Hang	YCKMC	1211
	50	Ng Ho Wai	YMCA	1484
	51	Wong Chun Him	YWC	1077
	52	Fan Tat Ho	YYC	1403
	53	Jim Ho Kiu	BHJS	1480

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 40	Boys 100m (Final)	03:20PM
	Record : 10.53	Standard : 12.20s

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 41	Girls 100m (Final)	03:20PM
	Record : 12.03	Standard : 14.50s

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 42	Boys 4x100 Relay (Final)	03:55PM
	Record : 41.85	Standard : 47.50s

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 43	Girls 4x100 Relay (Final)	03:55PM
	Record : 47.81	Standard : 56.80s

- | | |
|-------|---|
| Final | 1 |
| | 2 |
| | 3 |
| | 4 |
| | 5 |
| | 6 |
| | 7 |
| | 8 |

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 44	Boys 4x400 Relay (Final)	04:10PM
	Record : 03:26.7	Standard : 03:54.0

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024-2025

Day Two 12 March 2025

Event 45	Girls 4x400 Relay (Final)	04:10PM
	Record : 03:59.2	Standard : 04:55.0

Final	1
	2
	3
	4
	5
	6
	7
	8

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024 - 2025

10/3 - 12/3/2025

Kai Tak Youth Sports Ground

Official List (DAY 1 10/3/2025)

Management Committee	Convenor : Mr. Lee Siu Leung (TSWMC) : All Athletics T&S members Competition Director : Mr. Lee Siu Leung(TSWMC), Mr. Chan Chin Wan(WYHK) Technical Manager : Mr. Chan Man Hau(HKAAA) Jury of Appeal : Dr. Tsang Cheuk Kuen, Eric(HKSSF), Mr. Yim Chun Ming(HKSSF), Mr. Tang Kun Loi(HKAAA) First Aid : Service provided by Banitore Record Rm helpers: : Helper X 10 (DGS)
Announcers	: 1. Ms. Cheng Ka Po, Mabel(MASS) 2. Ms. Wong Pui Kam(KTLS)
Prize Presentation	1. Mrs. Siu Chow Sau Wah(HKSSF)
Award Collection Point	1. Helper X 8 (MASS) 2. HKSSF Staff
<u>Field Events</u>	
Jump Event Referee	: Mr. Ho Ho Yee, Alex(HKAAA)
Long Jump	: 1. Mr. Lai Tsz Leung(SPCC) - Chief 2. Ms. Ho Ka Man(BHSS) 3. Ms. Chan Hiu Shuen(PLKNPL) 4. Mr Matthew Shum(DLKP) Helper X 3
High Jump	: 1. Mr. Wong Kwun Chung(MKPSS) - Chief 2. Ms. Wong Yuen Nam(PCPS) 3. Ms. Fong Kar Yan(BPS) Helper X 3
Throw Event Referee	: Mr. Alex Yiu(HKAAA)
Discus	: 1. Mr. Lau Sai Man(HKSSF) - Chief 2. Ms. Lee Tsz Yan(YYC) 3. Mr. Suen Chung Him(ASMS) 4. Mr. Lam Shing Tak(NMC) Helper X 8
<u>Track Events</u>	
Track Events Referee	Mr. Chan Yu Fai(PCMS) - Chief
Starter	: 1. Mr. Kwong Kwan Yin(SPCC) - Chief
Recall Starters	: 1. Mr. Joshua Bukowicki (YHKCC) 2. Mr. Yam Ching Yee(LSKC)
Starters' Assistants	: 1. Helper X 8
Call Rm Judges (Roll Cal)	: 1. Mr. Lam Chun Kit(BTHC) - Chief 2. Mr. Ho Man Lok(KTSCSS) 3. Mr. Yip Chung Wa(LKKC) Helper X 8
Track Umpires	: 1. Ms. Herlina Chi Ching Franki(HKAAA) - Chief 2. Mr. Law Hon Leung(YWC) 3. Ms Chan Hiu Lam(TTCA) 4. Mrs. Kwok Tang Wai Ping(CPU) 5. Teacher Of CAL Helper X 10
Photo Finishing Judge	: 1. Ms. Cheung Lai Ching(HKAAA) 2. Mr. Sezto Man Ho(LSC)
Track Judge & Timekeeper	1. Mr. Hassan, Abdul Rahman(SKSTCS) - Chief
Position Judges	: 1. Mr. Eden Cheng(HKSSF) 2. Ms. Vut Tsz Ying, Crystal (MOSLLPS) 3. Mr. Li Kwong Ling(JCTIC) Helper x 2
Time keeper	1. Mr. Yiu Chung Kin (HPCCSS) - Chief 2. Mr. Hai Tat Yeung(YCKMC) Helper x 15 (WYHK)
Wind Gauge Operators	: 1. Mr. Ng Chak Hin (POHCKMC) Helper x 2
Crowd Control	: 1. Mr. Ip Chun Kwan(LSTC) Helper x 2
EDM operator	1. Ms. Chung Wai Wa (DBS) 2. Mr. Wong Yat Cheong(SHDC) 3. Mr. Kong Chi Wai(FLSS) 4. Mr. Wu Wai Ho(WYY)
EDM Technical Support	1. Mr. Ng Wai Shing, Watson(HKSSF)

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2024 - 2025

10/3 - 12/3/2025

Kai Tak Youth Sports Ground

Official List (DAY 2 - 12/3/2025)

Management Committee : Convenor : Mr. Lee Siu Leung(TSWMC)
: All Athletics T&S members
Competition Director : Mr. Lee Siu Leung(TSWMC), Mr. Chan Chin Wan(WYHK)
Technical Manager : Mr. Chan Man Hau(HKAAA)
Jury of Appeal : Dr. Tsang Cheuk Kuen, Eric(HKSSF), Mr. Yim Chun Ming(HKSSF), Mr. Tang Kun Loi(HKAAA)
First Aid : Service provided by Banitore
Record Rm helpers: : Helper X 10 (DGS)

Announcers : 1. Ms. Cheng Ka Po, Mabel(MASS) 2. Ms. Wong Pui Kam(KTLS)

Prize Presentation 1. Mrs. Siu Chow Sau Wah(HKSSF)

Award Collection Point 1. Helper x 8(MASS) 2. HKSSF Staff

Field Events

Jump Event Referee : Mr. Ho Ho Yee, Alex(HKAAA)
Long Jump and Triple Jump : 1. Mr. Lai Tsz Leung(SPCC) - Chief 2. Ms. Ho Ka Man(BHSS)
3. Ms. Chan Shannon Vera(GHS) Mr Matthew Shum(DLKP)
Helper x 3

Throw Event Referee : Mr. Alex Yiu(HKAAA)
Shot Put : 1. Mr. Lau Sai Man(HKSSF) - Chief 2. Mr. Suen Chung Him(ASMS)
2. Ms. Lai Shing Yan(WFN) 4. Mr. Wu Ho Chuen Ronald(WYK)
5. Mr. Wong Yat Cheong(SHDC)
Helper x 5

Javelin : 1. Mr. Eden Cheng(HKSSF) - Chief 2. Mr. Wu Wai Ho(WYY)
3. Mr. Lam Shing Tak(NMC) 4. Mr. Yu Wing Wing(POHCKMC)
Helper x 8

Track Events

Track Event Referee : 1. Mr. Chan Yu Fai(PCMS) :

Starter : 1. Mr. Kwong Kwan Yin(SPCC) - Chief

Recall Starters : 1. Mr. Joshua Bukowicki(YHKCC) 2. Mr. Yam Ching Yee(LSKC)

Starters' Assistants : 1. Helper x 8

Call Rm Judges (Roll Call) : 1. Mr. Lam Chun Kit(BTHC) - Chief 2. Mr. Ho Man Lok(KTSCSS)
3. Mr. Yip Chung Wa(LKKC)
Helper x 8

Track Umpires : 1. Ms. Herlina Chi Ching Franki(HKAAA) - Chief 2. Mrs Miranda Iu(SPCS)
3. Mrs. Chu Yeung Kai Long(CPU) 4. Teacher of TTCA
5. Mr. Sam Lau (SSCS)
Helper x 10

Photo Finishing Judge : 1. Ms. Cheung Lai Ching(HKAAA) 2. Mr. Sezto Man Ho (LSC)

Track Judge & Timekeeper 1. Mr. Hassan, Abdul Rahman(SKSTCS) - Chief

Position Judges : 1. Mr. Li Kwong Ling (JCTIC) 2. Ms. Vut Tsz Ying, Crystal (MOSLLPS)
3. Teacher Of FSS-KT 4. Ms. Wong Yuen Nam(PCPS)
Helper x 2

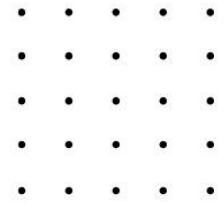
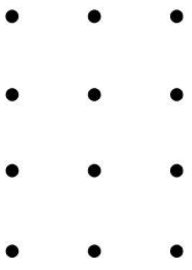
Time keeper 1. Teacher of LYC - Chief 2. Mr. Kwok Wing Yan (TLHK)
Helper x 15(WYHK)

Wind Gauge Operators : 1. Mr. Leung Tat Shing(YYC)
Helper x 2

EDM operator 1. Mr. Li Hong Yi (DGS)
2. Ms. Li Sau Sau (HKUGA)
3. Mr. Kong Chi Wai(FLSS)
4. Mr. Liu Kwok Ho(HYS)

Crowd Control : 1. Yau Yuen Yee(LSTC)
Helper x 2

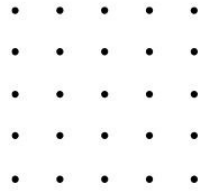
EDM Technical Support 1. Mr. Ng Wai Shing, Watson(HKSSF)



THE SCHOOLS SPORTS FEDERATION OF HONG KONG, CHINA

ALL HONG KONG SCHOOLS JING YING ATHLETICS (TEAM)

TOURNAMENT 2024-2025



SCAN HERE

