

*All Hong Kong Schools*

*Jing Ying Athletics (Team) Tournament 2023-2024*

2023-2024 年度全港學界  
精英田徑(團體)比賽

2023-2024年度

主辦機構  
Organiser



中國香港學界體育聯會  
THE CHINESE HONG KONG SCHOOLS SPORTS ASSOCIATION

資助機構  
Subvented by



贊助機構  
Sponsored by



全港學界精英田徑(團體)比賽

All Hong Kong Schools Jing Ying Athletics (Team) Tournament



*Day 2 Programme*

<b>Date:</b>	<b>3 May 2024</b> <b>18 May 2024 (Rescheduled)</b>
<b>Time:</b>	<b>9:00am – 6:00pm (Day 1)</b> <b>8:45am – 1:00pm (Day 2)</b>
<b>Venue:</b>	<b>Wan Chai Sports Ground</b>

主辦機構

Organiser



HKSSF  
中國香港學界體育聯會

資助機構

Subvented by



康樂及文化事務署  
Leisure and Cultural  
Services Department

贊助機構

Sponsored by



政府文體旅計劃  
Government  
culture, sports and tourism programme



ECO  
LIFESTYLE FITNESS

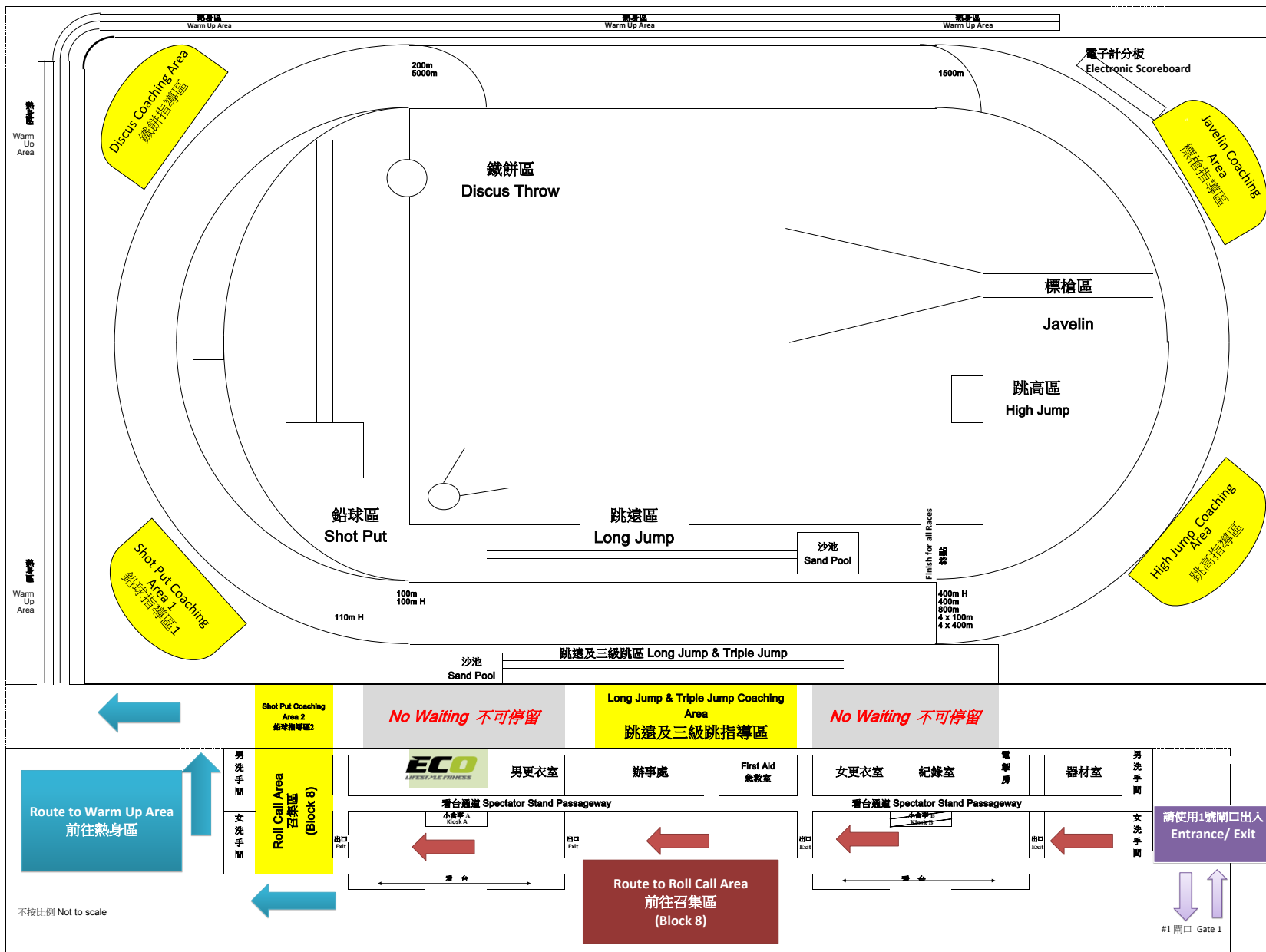
中國香港學界體育聯會  
The Schools Sports Federation of Hong Kong, China  
2023-2024年度全港學界精英田徑(團體)比賽 All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024  
3 & 18 / 5 / 2024

灣仔運動場 Wan Chai Sports Ground

馬師道 Marsh Road

鴻興道 Hung Hing Road

告士打道 Gloucester Road



不按比例 Not to scale

Wan Chai Sports Ground  
灣仔運動場  
Wan Chai Sports Ground  
灣仔運動場

ALL HONG KONG SCHOOLS JING YING ATHLETICS (TEAM) TOURNAMENT 2023-2024  
2023-2024 年度全港學界精英田徑(團體)比賽

ATHLETICS TECHNICAL AND SELECTION COMMITTEE  
田徑技術及遴選小組

Mr.	LEE Siu Leung (Convenor)	Tin Shui Wai Methodist College
Mr.	CHAN Chin Wan (Deputy Convenor)	Wah Yan College (Hong Kong)
Ms.	HO Ka Man	Po Leung Kuk Celine Ho Yam Tong College
Mr.	HO Man Lok	Kwok Tak Seng Catholic Secondary School
Mr.	LI Kwong Ling	Jockey Club Ti-I College
Mr.	SZETO Man Ho Timothy	La Salle College
Mr.	WU Wai Ho	Wah Yan College (Kowloon)
Ms.	YAU Lin Tai	HHCKLA Buddhist Ma Kam Chan Memorial English Sec. Sch.
Mr.	YIP Chung Wa	STFA Leung Kau Kui College
Mrs.	SIU CHOW Sau Wah	Adviser
Mr.	DONG Ka Chung	Adviser
Mr.	TAM Yiu Chung	Adviser
Mr.	TANG Kun Loi	Adviser
Mr.	TSE Ping Sin	Adviser
Dr.	YEUNG Sai Mo, Simon	Hong Kong, China Association of Athletics Affiliates

\*\*\*\*\* Acknowledgements \*\*\*\*\*

The Athletics T&S Committee wishes to express its appreciation to the following parties for their support and assistance to make this event every success: 田徑技術及遴選小組委員在此感謝以下各單位的鼎力支持 (In alphabetical order):

- ~ AD & FD POHL Leung Sing Tak College for providing student helpers 博愛醫院歷屆總理聯誼會梁省德中學提供服務生
- ~ Auxiliary Medical Service for providing first aid services 醫療輔助隊提供急救服務
- ~ CMA Secondary School for providing student helpers 廠商會中學提供服務生
- ~ Cumberland Presbyterian Church Yao Dao Secondary School for providing student helpers 金巴崙長老會耀道中學提供服務生
- ~ Diocesan Boys' School for providing student helpers 拔萃男書院派出計時隊
- ~ Diocesan Girls' School for providing student helpers 拔萃女書院提供服務生
- ~ ECO Lifestyle Fitness (HK) Limited for sponsoring the Tournament 贊助本賽事
- ~ Hong Kong, China Association of Athletics Affiliates for sanctioning the event and providing technical support, and Mr. Lee Chi Wai as Technical Manager 中國香港田徑總會提供技術支援
- ~ the Hong Kong Institute of Vocational Education (IVE), Chai Wan for providing student helpers 香港專業教育學院(柴灣分校) 提供服務生
- ~ Leisure and Cultural Services Department for subventing the event 康樂及文化事務署資助本賽事
- ~ POH Chan Kai Memorial College for providing student helpers 博愛醫院陳楷紀念中學提供服務生
- ~ Wan Chai Sports Ground staff for their co-operation and keen support 灣仔運動場 員工鼎力協助
- ~ Tin Shui Wai Methodist College for providing student helpers 天水圍循道衛理中學提供服務生
- ~ All Officials, Judges & individual helpers of the event 所有工作人員及裁判員的參與

# All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023 - 2024

3 & 18/5/2024

Wan Chai Sports Ground

## Official List (DAY 2 18/5/2024) (Rescheduled)

Convenor	: Mr. Lee Siu Leung	
Management Committee	: All Athletics T&S members	
Competition Director	: Mr. Lee Siu Leung, Mr. Chan Chin Wan	
Technical Manager	: Mr. Lee Chi Wai	
Jury of Appeal	: Mr. Lee Siu Leung, Mr. Chan Chin Wan, Mr. Yim Chun Ming	
First Aid	: Auxiliary Medical Service (AMS) x 4	
Record Rm helpers:	: DGS	8 pax
Student helpers	: CMASS	8 pax
	CPCYDSS	10 pax
	DBS Timing Team	10 pax
	POHCKMC	17 pax
	LSTC	12 pax
	TSWMC	3 pax
Announcer	: 1. Ms. Cheng Ka Po, Mabel	
Prize Presentation	: 1. Mrs. Siu Chow Sau Wah - Chief	
Award Presentation	: 1. HKSSF staff	2. HKSSF Staff 3. TSWMC (x3)

## Field Events

Field Event Referee	: Mr. Lam Ho Fung	
High Jump	: 1. Mr. Wong Kwun Chung - Chief 3 LSTC 1-4	2. Ms. So Ka Yan
Shot Put	: 1. Mr. Lau Sai Man - Chief 3. Mr. Lam Kai Chung	2. Mr. Lam Chun Kit 4. POHCKMC 1-6
EDM operator	: 1. HKSSF Staff	

## Track Events

Track Event Referee	: Mr. Ho Ho Yee, Alex	
Starter	: 1. Mr. Liu Hang Chiu - Chief	2. Mr. Li Kwong Ling
Recall Starters	: 1. LSTC 5-6	
Starters' Assistants	: 1. POHCKMC 7-14	
Call Rm Judges (Roll Cal	: 1. Ms. Liu Ka Man	2. CPCYDSS 1-10
Track Umpires	: 1. Ms. Chui Tsz Ying - Chief 3. CMASS 1-6	2. Mr. Ng Cheuk Fung 4. LSTC 7-8
Photo Finishing Judge	: 1. Ms. Ho Sze Chun - Chief	2. Ms. Kong Chun Ki
Position Judges	: 1. Ms. Ho Ka Man 3. LSTC 9-10	2. POHCKMC 15-17
Wind Gauge Operators	: 1. CMASS 7-8	
Time keeper	: 1. Mr. Wu Wai Ho	2. DBS 1-10
Registration card distribution (Finish line)	: 1. LSTC 11-12	

**The Schools Sports Federation of Hong Kong, China**

**All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024  
3, 18 May 2024, Wan Chai Sports Ground**

**DAY 2 (18/5/2024) (Rescheduled)**

Event time	Reporting time		Boys		Girls	
	Track event	Field event	Track event	Field event	Track event	Field event
08:45	8:20-8:30	8:00-8:10	<sup>(29)</sup> 110mH(Final)	<sup>(27)</sup> High Jump		<sup>(28)</sup> Shot Put
08:55	8:30-8:40				<sup>(30)</sup> 100mH(Final)	
09:10	8:45-8:55		<sup>(31)</sup> 200m(Final)			
09:25	9:00-9:10				<sup>(32)</sup> 200m(Final)	
09:40	9:15-9:25		<sup>(33)</sup> 1500m(Final)			
10:15	9:50-10:00				<sup>(34)</sup> 1500m(Final)	
10:50	10:25-10:35	10:05-10:15	<sup>(37)</sup> 400m(Final)	<sup>(35)</sup> Shot Put		<sup>(36)</sup> High Jump
11:05	10:40-10:50				<sup>(38)</sup> 400m(Final)	
11:20	10:55-11:05		<sup>(39)</sup> 100m(Final)			
11:30	11:05-11:15				<sup>(40)</sup> 100m(Final)	
11:40	Prize Presentation					
12:00	11:35-11:45		<sup>(41)</sup> 4x400mRelay (Final)		<sup>(42)</sup> 4x400mRelay (Final)	
12:15	11:50-12:00		<sup>(43)</sup> 4x100mRelay (Final)		<sup>(44)</sup> 4x100mRelay (Final)	
12:30	Prize Presentation					

Remark : ( ) Event No.

Reporting Time

Events	Start of reporting time	End of Reporting time
Track event (Including Hurdle & Relay)	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

以上比賽時間表，將按各項目的報名人數而有機會作出修改。

**Event time may be changed depending on number of participants.**

**The Schools Sports Federation of Hong Kong, China**  
**All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024**

**Notice to Participating Schools**

**1. Competition Information**

<u>Date</u>	<u>Time</u>	<u>Venue</u>
3 / 5 / 2024 (Fri)	0900 – 1800	Wan Chai Sports Ground (WSCG)
18 / 5 / 2024 (Sat)(Rescheduled)	0845 – 1400	

**2. Entries**

- 2.1 24 teams by invitation of Boys and Girls teams (12 teams for HKSSRC and 12 teams for ACs of NT). There will be 8 wild card nominations for open registration for each individual event, and the top 8 athletes with the best results will be eligible to participate. (The school that is invited to participate can ONLY nominate 1 athlete to participate in individual events as a wild card nomination)
- 2.2 Each athlete may enter **TWO** individual events.
- 2.3 All entries included school by invitation or wild card nomination, a maximum of **two athletes** per school can participate in each individual event.  
The representative of the invited school cannot take part in the wild card nomination.
- 2.4 A maximum of thirty-two athletes in an individual event.  
If the 9<sup>th</sup> position or subsequent athlete who is nominate via wild card has the same result as the 8<sup>th</sup> place, the number of participants of that event will increase.

**3. Substitution**

- 3.1 Substitution only consider in a case supported by registered doctor's certificate or obvious injuries on the day of the competition, the player who is replaced will be prohibited to participate in any event on the same day. This will only apply in preliminary round and no substitution may be made for individual finals. However, if an event is programmed as a straight final, substitution may be allowed.
- 3.2 Substitution is not allowed to make for any wild card athletes.

**4. Registration of Competitors**

- 4.1 Athletes must be registered and must produce their HKSSF registration card 2023-2024 to the officials of the meet. Athletes with no registration card are not allowed to take part in the competition.
- 4.2 This Tournament is a sanctioned event of the Hong Kong, China Association of Athletics Affiliates (HKAAA). For results to be included in the Hong Kong Ranking and used for selection to Hong Kong Athletic Team, athletes must have current valid HKAAA registration number. Registered athlete please fills in the HKAAA registration number on the entry form. If has any false information, this result(s) will be disqualified and may have further punishment.
- 4.3 For registration details, please visit [https://www.hkaaa.com/en/athlete\\_registration\\_intro.php](https://www.hkaaa.com/en/athlete_registration_intro.php)
- 4.4 Athletes with HKAAA Affiliated clubs can apply for registration via their respective clubs, for non-member of HKAAA affiliated clubs athletes, athletes require to bring along the HKAAA Registered Athletes application form and endorsed by HKSSF before sending the application to HKAAA.

**5. Regulations**

**5.1 Competition Rules**

All events will be held in accordance with the competition rules of the HKAAA as per World Athletics (WA) unless otherwise specified.

**5.2 Equipment**

- 5.2.1 The venue will provide equipment for all events.
- 5.2.2 Maximum length of tartan spikes :-  
for High Jump and Javelin: up to 9mm :  
for other events: up to 7mm

5.3 **\*\*\*Reporting Procedure \*\*\***

5.3.1 Teacher in charge of participating schools should report to the Record Keeper Room to collect athlete's number bibs.

5.3.2 **There will be no announcement for the reporting time (Please refer to Main Clock at the Sports Ground) :**

**Athletes must report to the Roll Call Area on time by themselves, with their own registration card and number bibs. (The Roll Call Area is located at Zone 8 of Spectator Stand d Officials will escort the reported athletes to the competition area after the End of Roll Call.**

**Athletes who fail to report to the Roll Call Area will be treated as absent and will not be allowed to compete in that event.**

Events	Start of reporting time	End of Reporting time
Track event	25mins prior event time	15mins prior event time
Field event	45mins prior event time	35mins prior event time

5.3.3 Simultaneous Entries

If athlete in both a Track Event and a Field Event, or in more than one Field Event taking place simultaneously, please follow WA technical rules 4.3. Athletes must report to the referee before leaving and going back to the competition area.

5.3.4 All athletes must wear the number bibs issued by the HKSSF (Required for both days of competition). Replacement of number bib can be made at the Record Keeper Room and HK\$50.00 will be charged per re-issue of a number bib.

5.4 Field Event

5.4.1 For Triple Jump only: There will be 2 take off boards/marks (9m/11m). Once the decisions are conveyed to the officials, the take off mark will apply to the competitors concerned throughout the competition.

5.4.2 Warm up jump, High jump starting height and increasing height

Girls:

Starting height at 1.35m, two warm up jump at 1.3m and 1.55m respectively; each jump will increase 5cm from 1.35m to 1.6m, then 3cm increase onwards.

Boys:

Starting height at 1.6m, two warm up jumps at 1.55m and 1.75m respectively; each jump will increase 5cm from 1.6m to 1.8m, then 3cm increase onwards.

5.4.3 Jump off is not applicable in High Jump.

5.5 Track Event

5.5.1 **Start Information System is used in the tournament. A Crouch start with starting blocks will be used for all races up to 400m.**

5.5.2 The best 8 runners in heat will be qualified to final. Finalists will be seeded in lanes according to time as follow:

Three draws for lanes will then be made:

one for the four highest ranked athletes or teams to determine placings in lanes

3, 4, 5 and 6; another for the fifth and sixth ranked athletes or teams to determine placings in lanes 7 and 8, and another for the two lowest ranked athletes or teams to determine placings in lanes 1 and 2.

5.5.3 Straight finals

If 8 or less athletes or teams are reported to the Call Room after the End of Call, the event will be declared a straight final and to be run at time scheduled for that final. Draws for lane will be made.

5.5.4 Relay Events

Schools are requested to submit their Relay Team lists to the Roll Call Area **before reporting time of the relay competition.** Any late submission will not be accepted and the team will be disqualified.



## 6. Points

Placing	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Individual Event	9	7	6	5	4	3	2	1
Relay Event	18	14	12	10	8	6	4	2

- 6.1 When tying for a position each competitor tying for that position will be credited with an average of points awarded to that position and the position(s) following it.
- 6.2 Standard points shall be counted towards the Overall Champions of the Tournament. Standard points may only be awarded during heats, unless the event(s) is/are declared as straight final(s), in which case standard points may be gained in the final in addition to position points. The results of all participating athletes (including wild card athletes) are included in the Overall Champions of the Tournament.  
Standard point: Individual Event : 1 point \ Relay Event : 2 points
- 6.3 When tying for the overall, the ranking will be determined by the number of gold medals won by the same team, if still tie, determined by the number of silver medals, and so on.

## 7. Award and Results

- 7.1 Please scan the QR code on the program for the update results for the tournament day. Result will be removed from that link after the tournament day and the final results will upload to our website (<http://hkssf.org.hk/>) on 20<sup>th</sup> May 2024 (Mon).
- 7.2 Trophies will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> places in Boys and Girls Overall.
- 7.3 Medals and Certificates will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> places in each event.
- 7.4 Each relay winning team will be awarded 6 medals and 4 certificates only.
- 7.5 Certificate of Merit will be awarded to record breakers. The certificates will send to schools by post after the Tournament.
- 7.6 Prizes sponsored by ECO Lifestyle Fitness (HK) Ltd. will be presented to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> place in each event. (Both Individual and Relay Events)

## 8. Uniform

Athletes are required to wear their athletics uniform bearing school name / abbreviation / badge. Teams will be disqualified in the event if they are not properly dressed.

## 9. Outside Assistance

- 9.1 Coaches are not allowed to communicate with athletes in competition area. Athletes must pay attention to the competition situation when crossing the track. If they obstruct or affect the competition, they will be warned, and in serious cases they will be disqualified.
- 9.2 Athletes are not allowed to use any electronic communication devices within the competition area. The offender will be warned. If there is any repetition, he/she will be disqualified.

## 10. Protest

- 10.1 Protest should be made in writing by the teacher(s) in charge of the school(s) being affected at an incident within 30 minutes of the announcement of the result of the event concerned. Protest fee of \$200 will be returned if the appeal is successful. No protest will be accepted from student and spectator.
- 10.2 All protests concerning technical rules and interpretation should be made to the Referees. The decision of the Jury of Appeal shall be final.
- 10.3 All protests concerning the management of the tournament should be made to the Convenor. The decision of the Committee of the tournament shall be the final.



## **11. Warm Up Arrangement**

- 11.1 Warm Up arrangement: All warm up should be done in the warm up track area.

## **12. Safety Precautions**

- 12.1 Athletes must leave the FIELD as soon as they finish their events.  
Athletes participating in middle distance events should make special precaution to the Discus event. The Discus circle is located at the corner of the start of the 200m. Provision of discus net cannot be 100% safe.  
Accidents can occur in Javelin and Discus events. The area around the Javelin Runway and Discus circle should be kept clear at all times. Athletes must station in the waiting area and can only enter the throwing area when he/she starts to compete.
- 12.2 Nobody will be allowed to go inside the field (grass area) except appointed officials & athletes of the events being held there. The field area has been roped off by plastic band and all appointed officials would wear official uniform for identification. If teachers or athletes do not follow regulation, the school concerned is liable to disqualification.
- 12.3 Refreshment Kiosk A (Open from 0900 a.m.)  
Neither food nor drink may be brought into the ground for sale, resale or free distribution.

## **13. ECO Lifestyle Fitness (HK) Limited - Exhibition Booth**

Event Sponsor ECO fitness consultant will be available at Exhibition Booth situated at Ground Floor, Fitness Room to provide professional advice and introduction on muscle relaxation and recovery devices and its products. Attendees are welcome to pay a visit and experience.

## **14. Others:**

- 14.1 Aerial photographing is not allowed within WCSG.
- 14.2 No parking will be available at WCSG.
- 14.3 Admission time for Participating Schools: 7:45 a.m. Please use Gate 1 to enter or exit the WCSG.

End -

## All Hong Kong Schools Jing Ying Athletics (Team) Tournament - RECORD

### BOYS OPEN GRADE (under 19)

Event	Record	Year	Holder	School
100m	10.72	2021-2022	Cheung Ho Hin	Diocesan Boys' School
200m	21.61	2021-2022	Yip King Wai	Diocesan Boys' School
400m	49.58	2021-2022	Lai Hiu Long	HKUGA College
800m	1:57:56	2022-2023	Chu Lok Yin	Diocesan Boys' School
1500m	4:17.64	2022-2023	Wang Nok Wang	Diocesan Boys' School
5000m	16:26:28	2016-2017	Yu Shing Him	Fukien Secondary School (Kwun Tong)
110m Hurdles (0.914m)	14.08	2021-2022	Liu Hiu Long	Hoi Ping Chamber of Commerce Secondary School
400m Hurdle (0.838m)	55.48	2022-2023	Lee Cheuk Hei	Diocesan Boys' School
4 x 100m Relay	41.85	2022-2023	Zheng Wang Kei Leung Ching Hang Wesley Johannsson Magnus Prostur Koo Cheuk Fung Jasper	Diocesan Boys' School
4 x 400m Relay	3:26.67	2022-2023	Wong Ho Chuen Hugo Tsang Man Chi Lee Cheuk Hei Chu Lok Yin	Diocesan Boys' School
Long Jump	7.26	2022-2023	Lin Mingfu	Chan Sui Ki (La Salle) College
Triple Jump	14.41	2022-2023	Cheung Wing Lok	TWGHs Yow Kam Yuen College
High Jump	2.04	2016-2017	Lam Hin Chak Timothy	La Salle College
Shot Put (5Kg)	14.54	2016-2017	Sit Wai Lok	TWGHs Wong Fut Nam College
Discus (1.5Kg)	49.36	2021-2022	Wong Kwan Yu	Hoi Ping Chamber of Commerce Secondary School
Javelin (700g)	59.25	2016-2017	Fong Wai Lik	Diocesan Boys' School

## All Hong Kong Schools Jing Ying Athletics (Team) Tournament - RECORD

### GIRLS OPEN GRADE (under 19)

Event	Record	Year	Holder	School
100m	12.04	2016-2017	Chan Pui Kei	Good Hope School
200m	24.98	2022-2023	Li Tsz To	HKUGA College
400m	56.73	2022-2023	Karlsson Jane Christa Ming Suet	Diocesan Girls' School
800m	2:18.29	2022-2023	Karlsson Jane Christa Ming Suet	Diocesan Girls' School
1500m	4:51.09	2016-2017	Tong Lok Yu	St. Margaret's Co-Educational English Secondary and Primary School
100m Hurdles (0.762m)	13.89	2022-2023	Pak Hoi Man Chloe	Diocesan Girls' School
4 x 100m Relay	47.81	2022-2023	Chow Chi Kiu Sum Hei Lam Nicole Tang Cheuk Man Serena Pak Hoi Man Chloe	Diocesan Girls' School
4 x 400m Relay	3:59.21	2022-2023	Tseng, Hailey Li Man Ching Yip Yik Tung Karlsson Jane Christa Ming Suet	Diocesan Girls' School
Long Jump	5.86	2022-2023	Jia Wai Yin	St. Margaeat Co-Educational English Secondary And Primary School
High Jump	1.71	2016-2017	Cheung Ching Laam P.	Heep Yunn School
Shot Put (4Kg)	10.63	2016-2017	Cheung Yuet Ting	YCH Law Chan Chor Si College
Discus (1Kg)	34.61	2016-2017	Chan Janice	Good Hope School
Javelin (600g)	39.70	2021-2022	Lau Kit Ying	Pok Oi Hospital Tang Pui King Memorial College

All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024

Result



**SCAN ME!**

**2023-2024年度全港學界精英田徑(團體)比賽 All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024**  
**座位分配表 Seating Plan**

Zone 1		Zone 2		Zone 3		Zone 4		Zone 5		Zone 6		Zone 7		Zone 8	
Exit to G/F ⇨				⇨ Exit to G/F				Exit to G/F ⇨				⇨ Exit to G/F			
		<b>Control Room</b>													
<i>SS</i>	<i>LS</i>	<i>TCCS</i>	<i>SMCESPS</i>	<i>LCCS</i>	<i>FYW</i>	<i>MS</i>	<i>WTSMC</i>	<i>HNC</i>	<i>MSC</i>	<i>WILD CARD</i>	<i>Roll Call Area</i>				
<i>TSWMC</i>			<i>LTFC</i>			<i>SJC</i>			<i>CMASS</i>			<i>CPU</i>			
<i>SPCS</i>		<i>FKI</i>	<i>WFN</i>		<i>LKKC</i>	<i>WYK</i>	<i>JCTIC</i>	<i>NCC</i>							
<i>FLSS</i>	<b>Exit</b>	<i>POHCKMC</i>	<i>YYC</i>	<b>Exit</b>	<i>LSTC</i>	<i>WYY</i>	<i>LSK</i>	<i>SHDC</i>	<b>Exit</b>						
<b>看台通道 Spectator Stand Passageway</b>															
<i>HPCCSS</i>	<i>HYS</i>	<i>HKUGA</i>	<i>DBS</i>	<i>GHS</i>	<i>VIP</i>	<i>YCKMC</i>	<i>DGS</i>	<i>LSC</i>	<i>WILD CARD</i>						
<b>Exit</b>															<b>Exit</b>

The Schools Sports Federation of Hong Kong, China  
**All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023- 2024**  
 3-4 May 2024 - Wan Chai Sports Ground  
 List of Participating Schools

No.	School	學校	ABBR	Boys	Girls
1	AD & FD POHL Leung Sing Tak College	博愛醫院歷屆總理聯誼會梁省德中學	LSTC	13	8
2	Baptist Lui Ming Choi Secondary School	浸信會呂明才中學	BLMCSS	-	1
3	Baptist Wing Lung Secondary School	浸信會永隆中學	BWLSS	1	-
4	Buddhist Mau Fung Memorial College	佛教茂峰法師紀念中學	BMFMC	1	-
5	Caritas Fanling Chan Chun Ha Secondary School	明愛粉嶺陳震夏中學	CFCCH	1	-
6	Carmel Pak U Secondary School	迦密柏雨中學	CPU	-	11
7	CCC Chuen Yuen College	中華基督教會全完中學	CYC	1	-
8	CCC Fong Yun Wah Secondary School	中華基督教會方潤華中學	FYW	10	-
9	CCC Heep Woh College	中華基督教會協和書院	HWC	1	-
10	CCC Kei To Secondary School	中華基督教會基道中學	CCCKT	-	1
11	CCC Tam Lee Lai Fun Memorial Sec. Sch.	中華基督教會譚李麗芬紀念中學	TLLF	2	-
12	Chan Sui Ki (La Salle) College	陳瑞祺(喇沙)書院	CSK	2	-
13	Cheung Sha Wan Catholic Secondary School	長沙灣天主教英文中學	CSWCSS	4	-
14	Chinese Y.M.C.A. College	青年會書院	YMCAC	-	1
15	Chong Gene Hang College	張振興伉儷書院	CGHC	2	-
16	CMA Secondary School	廠商會中學	CMASS	12	-
17	Concordia Lutheran School (Kowloon)	路德會協同中學	CLS	1	-
18	Creative Secondary School	啟思中學	CREATIVE	-	1
19	De La Salle Secondary School N.T.	新界喇沙中學	DLS	-	1
20	Diocesan Boys' School	拔萃男書院	DBS	21	-
21	Diocesan Girls' School	拔萃女書院	DGS	-	18
22	ELCHK Lutheran Academy	基督教香港信義會宏信書院	ELCHK	-	1
23	ELCHK Lutheran Secondary School	基督教香港信義會信義中學	LS	-	5
24	Fanling Kau Yan College	粉嶺救恩書院	FKYC	1	-
25	Fanling Lutheran Secondary School	基督教香港信義會心誠中學	FLSS	14	10
26	Fukien Secondary School (Kwun Tong)	福建中學	FSS-KT	1	1
27	Fung Kai No. 1 Secondary School	鳳溪第一中學	FK1	11	-
28	Good Hope School	德望學校	GHS	-	15
29	Heep Yunn School	協恩中學	HYS	-	14
30	Heung To Middle School(Tin Shui Wai)	天水圍香島中學	HTMS	1	-
31	Heung To Secondary School (Tseung Kwan O)	將軍澳香島中學	HTSS-TKO	1	-
32	HKMA David Li Kwok Po College	香港管理專業協會李國寶中學	DLKP	-	1
33	HKSYCIA Wong Tai Shan Memorial College	香港四邑商工總會黃棣珊紀念中學	WTSMC	1	10
34	HKUGA College	港大同學會書院	HKUGA	12	11
35	Ho Ngai College (Sponsored By Sik Sik Yuen)	薈色園主辦可藝中學	HNC	11	-
36	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	HPCCSS	16	11
37	Holy Trinity College	寶血會上智英文書院	HTC	-	1
38	Homantin Government Secondary School	何文田官立中學	HGSS	-	1
39	Hong Kong True Light College	香港真光書院	HKTLC	-	1
40	Immaculate Heart of Mary College	聖母無玷聖心書院	IHMC	-	1
41	Jockey Club Ti-I College	賽馬會體藝中學	JCTIC	2	12
42	Kowloon True Light School	九龍真光中學	KTLS	-	1
43	La Salle College	喇沙書院	LSC	18	-
44	Lam Tai Fai College	林大輝中學	LTFC	8	-
45	Lee Kau Yan Memorial School	李求恩紀念中學	LKYMS	3	2
46	LST Ku Chiu Man Secondary School	樂善堂顧超文中學	KCM	1	1
47	Man Kwan QualiEd College	萬鈞匯知中學	QUALIED	1	-
48	Maryknoll Convent School	瑪利諾修院學校(中學部)	MCS	-	3
49	Maryknoll Secondary School	瑪利諾中學	MS	7	-
50	Munsang College	民生書院	MSC	3	11

The Schools Sports Federation of Hong Kong, China  
**All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023- 2024**  
 3-4 May 2024 - Wan Chai Sports Ground  
 List of Participating Schools

No.	School	學校	ABBR	Boys	Girls
51	New Asia Middle School	新亞中學	NAMS	1	-
52	Newman Catholic College	天主教新民書院	NCC	12	-
53	Ng Yuk Secondary School	五育中學	NYSS	1	-
54	Po Kok Secondary School	寶覺中學	PKSS	-	2
55	POH 80th Anniversary Tang Ying Hei College	博愛醫院八十週年鄧英喜中學	TYH	1	-
56	POH Chan Kai Memorial College	博愛醫院陳楷紀念中學	POHCKMC	11	9
57	Pui Ching Middle School	香港培正中學	PCMS	1	-
58	Pui Kiu Middle School	培僑中學	PKMS	-	1
59	Sacred Heart Canossian College	嘉諾撒聖心書院	SHCC	-	1
60	Sai Kung Sung Tsun Catholic School (Secondary Section)	西貢崇真天主教學校(中學部)	STS	-	1
61	Salesian English School (Secondary Section)	慈幼英文學校(中學部)	SS	11	-
62	Sha Tin Tsung Tsin Secondary School	沙田崇真中學	STTSS	-	1
63	Shun Tak Fraternal Association Yung Yau College	順德聯誼總會翁祐中學	YYC	14	10
64	SKH Bishop Baker Secondary School	聖公會白約翰會督中學	BBSS	-	1
65	St. Joan of Arc Secondary School	聖貞德中學	SJA	1	-
66	St. Joseph's College	聖若瑟書院	SJC	11	-
67	St. Margaret's Co-Educational English Secondary and Primary School	聖瑪加利男女英文中小學	SMCESPS	1	11
68	St. Mark's School	聖馬可中學	SMS	1	-
69	St. Paul's College	聖保羅書院	SPC	2	-
70	St. Paul's Convent School (Secondary Section)	聖保祿學校(中學部)	SPCS	-	8
71	St. Stephen's College	聖士提反書院	SSCS	-	1
72	St. Teresa Secondary School	德蘭中學	STSS	-	2
73	STFA Lee Shau Kee College	順德聯誼總會李兆基中學	LSK	12	7
74	STFA Leung Kau Kui College	順德聯誼總會梁銑琚中學	LKKC	13	9
75	STFA Seaward Woo College	順德聯誼總會胡兆熾中學	SWC	1	-
76	STFA Tam Pak Yu College	順德聯誼總會譚伯羽中學	TPYC	-	1
77	Tai Kwong Hilary College	大光德萃書院	TKHC	2	-
78	The Evangelical Lutheran Church of Hong Kong Yuen Long Lutheran Secondary School	基督教香港信義會元朗信義中學	YLLSS	-	2
79	The South Island School	南島中學	TSIS	1	-
80	Tin Shui Wai Methodist College	天水圍循道衛理中學	TSWMC	2	6
81	Tseung Kwan O Government Secondary School	將軍澳官立中學	TKOGSS	-	1
82	Tung Chung Catholic School	東涌天主教學校	TCCS	11	10
83	TWGHs Chang Ming Thien College	東華三院張明添中學	CMT	-	2
84	TWGHs Kap Yan Directors' College	東華三院甲寅年總理中學	KYD	-	2
85	TWGHs Kwok Yat Wai College	東華三院郭一葦中學	KYWC	2	-
86	TWGHs Mrs. Wu York Yu Memorial College	東華三院伍若瑜夫人紀念中學	WYY	6	6
87	TWGHs Sun Hoi Directors' College	東華三院辛亥年總理中學	SHDC	-	8
88	TWGHs Wong Fung Ling College	東華三院黃鳳翎中學	WFLC	1	-
89	TWGHs Wong Fut Nam College	東華三院黃笏南中學	WFN	12	9
90	TWGHs Yow Kam Yuen College	東華三院邱金元中學	YKYC	4	1
91	United Christian College (Kowloon East)	匯基書院(東九龍)	UCC-KE	-	1
92	Wah Yan College (Hong Kong)	香港華仁書院	WYHK	7	-
93	Wah Yan College (Kowloon)	九龍華仁書院	WYK	14	-
94	West Island School	西島中學	WIS	3	-
95	Yan Chai Hospital No. 2 Secondary School	仁濟醫院第二中學	YCH2	-	1
96	YCH Law Chan Chor Si College	仁濟醫院羅陳楚思中學	LCCS	-	10
97	Ying Wa Girls' School	英華女學校	YWG	-	1
98	YMCA of Hong Kong Christian College	港青基信書院	YHKCC	1	-
99	Yu Chun Keung Memorial College	余振強紀念中學	YCKMC	18	2
<b>Sub Total:</b>				<b>362</b>	<b>282</b>
<b>Total:</b>				<b>644</b>	



# All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024

Day Two 18 May 2024

Event 27	Boys High Jump		08:45AM	
	Record : 2.04		Standard : 1.60m	
Final	1	Chan Sheung Yin	陳尚彥	CMASS 041
	2	Low Ho Lum	劉澔霖	DBS 062
	3	Tung Wai Chin	童尉展	FLSS 084
	4	Ko Man Hong	高敏航	FYW 021
	5	Hon King Hang	韓景行	HKUGA 106
	6	Cai Hiu Tung	蔡曉東	HPCCSS 126
	7	Li Zi Bin	李梓繽	LKKC 272
	8	Chan Tsz Yin	陳子言	LSC 144
	9	Chen Jiexi	陳杰熙	LSK 255
	10	Chen Haokang	陳昊康	LSTC 002
	11	Lam Kai Yip	林啟燁	LTFC 165
	12	Ng Tsz Chun	吳子俊	MS 180
	13	Huang Weixuan	黃偉軒	NCC 189
	14	Li Man Long	李文朗	POHCKMC 203
	15	Wong Ching Hin	黃晴軒	SJC 248
	16	Yeung Ho Kiu	楊昊橋	SS 220
	17	Chan Cheuk Yu	陳卓宇	WFN 304
	18	Mai Kin San	麥建桑	WYK 333
	19	Pang Sung Him	彭崇謙	YCKMC 354
	20	Ho Siu Fung	何韶豐	YYC 227
	21	Lai Pak Hei	黎柏希	LSC 151
	22	Jiang Yuk Chun	江毓晉	HWC 028
	23	Hui Chi Man	許智文	YCKMC 350
	24	Tsang Hong Yat	曾康溢	CSWCSS 035
	25	Fok Yui Chun	霍銳縉	DBS 055
	26	Leung Chi Ho Ryan	梁智皓	HTMS 100
	27	Liang Tung Pui	梁棟培	YKYC 318
	28	Chu Ho Yin	朱浩然	TSWMC 282

# All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024

Day Two 18 May 2024

Event 28	Girls Shot Put		08:45AM	
	Record : 10.63		Standard : 6.90m	
Final	1	Au Huen Yi	歐暄宜	FLSS 539
	2	Rana Kangana	-	SMCESPS 706
	3	Wong Ching	王晴	WFN 748
	4	He Ching Yi Cherry	何靜宜	POHCKMC 680
	5	Yu Yuet	余悅	SHDC 696
	6	Lui Pak Yi	呂柏誼	WFN 746
	7	Lee Pui Yee	李沛儀	DLS 537
	8	Lee Lok Yau	李樂悠	UCC-KE 739
	9	Lee Ching Yan Stephanie	李澄欣	SPCS 709
	10	Xiao Jingjing	尚晶晶	HPCCSS 588
	11	Lam Tsz Yin Esther	林子言	CPU 511
	12	Chapman Elizabeth	唐曉晴	JCTIC 606
	13	Hong Wing Lam Chloe	康穎霖	DGS 521
	14	Cheung Hoi Yan	張鎧恩	DGS 519
	15	Leung Wa Yan	梁華恩	HYS 598
	16	Mok Ching Hei	莫靜希	TCCS 726
	17	Mak Ching Man	麥靜文	CCCKT 503
	18	Wan Tsoi Wing	溫采穎	LCCS 629
	19	Wong Tsz Yee	黃芷儀	WTSMC 756
	20	Wong Tsz Ying	黃芷瑩	MSC 675
	21	Wong Man Hei	黃敏晞	TSWMC 736
	22	Wong Yuen Sim	黃琬嬋	YYC 781
	23	Yeung Yan Yu Erica	楊殷瑜	HKUGA 576
	24	Ip Charmaine Chi Maan	葉子漫	GHS 554
	25	Lau Yin Tung	劉彥彤	LKKC 635
	26	Tang Tsz Yan	鄧芷欣	BBSS 501
	27	Lo Wing Lam Venus	盧咏琳	WYY 761
	28	Siu Hiu Ka	蕭曉嘉	LSTC 657
	29	Chung Yan Ting Jennifer	鍾欣庭	GHS 552
	30	Tam On Ki	譚安琪	HGSS 565

# All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024

Day Two 18 May 2024

<b>Event 29</b>	<b>Boys 110m Hurdles (F)</b>			<b>08:45AM</b>	
	Record : 14.08			Standard : 18.50	
<b>Final</b>	1	Chong Ho Lun	莊浩麟	HTSS-TKO	101
	2	Ng Yue Kiu	吳宇橋	LTFC	167
	3	Leung Wai Kwan	梁偉鈞	CSK	031
	4	Tsang Pui Tin	曾沛田	YCKMC	358
	5	Mak Tsz Ching	麥子正	WTSMC	102
	6	Chau Ho Yin	周昊賢	LSC	145
	7	Lam Yu Hin	林宇軒	LSC	152
	8	Kwok Chun Ting	郭俊廷	TKHC	280
<b>Event 30</b>	<b>Girls 100m Hurdles (F)</b>			<b>08:55AM</b>	
	Record : 13.89			Standard : 19.50	
<b>Final</b>	1	Chen Jia Lan	陳嘉嵐	JCTIC	607
	2	Lie Hiu Yee	李曉頤	GHS	557
	3	Wo Hoi Yiu Richelle	鄔凱堯	DGS	531
	4	Yu Pui Yi	庾沛怡	GHS	563
	5	Yeung Patricia Anne Celoso	楊寶儀	TCCS	729
	6	Pak Hoi Man Chloe	白凱文	DGS	528
	7	So Sin Hau Hilary	蘇倩巧	HYS	601
	8	Tam Yan Q	譚因喬	STSS	718
<b>Event 31</b>	<b>Boys 200m (F)</b>			<b>09:10AM</b>	
	Record : 21.61			Standard : 25.50	
<b>Final</b>	1	Yeung Tsz Fung	楊子鋒	LSC	161
	2	Cheung Chun Yin	張俊然	LTFC	163
	3	Leung Ching Hang Wesley	梁靖恆	DBS	060
	4	Chan Chun Yu Lucas	陳俊宇	WYK	328
	5	Chaemin Jun	-	TSIS	281
	6	Yu Ka Lun	余嘉倫	SS	222
	7	Yip Tin Long	葉天朗	TLLF	030
	8	Johannsson Magnus Prostur	吳君浩	DBS	056
<b>Event 32</b>	<b>Girls 200m (F)</b>			<b>09:25AM</b>	
	Record : 24.98			Standard : 30.50	
<b>Final</b>	1	Woo Joy Hei	胡在曦	GHS	561
	2	Ng Yuen Fan	伍沅芬	DGS	527
	3	Yip Man Yan	葉泯妍	HKUGA	577
	4	Yau Sin Ting Nicole	邱禧庭	SPCS	714
	5	Cheng Tsz Yan	鄭芷殷	HYS	590
	6	Wong Wan Chi	黃韻之	HKUGA	575
	7	Chow Chi Kiu	鄒子蕎	DGS	520
	8	Shum Man Huen	沈汶暄	WFN	747

## All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024

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Event 33	Boys 1500m (F)		09:40AM	
	Record : 4:17.64		Standard : 5:00.00	
Final 1	1	Chow Chi Yin	周知言	LSTC 005
	2	Li Shun Hang	李信恒	HPCCSS 133
	3	Lai Man Lap	黎文立	WYY 298
	4	Ng Cheuk Him	吳卓謙	WFN 311
	5	Fong Yuk Ning	方旭寧	LSC 149
	6	Guevarra, Jan Jeff Claus	高子傑	TCCS 285
	7	Ko Nok Him	高諾謙	LKKC 267
	8	Jiang Fu Shing	江富城	HNC 119
	9	Cheung Ho Wai	張浩維	FLSS 075
	10	Leung King Chung	梁景從	HKUGA 107
	11	Chan Chun Pang	陳振鵬	LSK 253
	12	Leung Tsun Hei	梁峻熙	NCC 192
	13	Ng Wai Hin	吳煒軒	FK1 093
	14	Chan Wui Fung	陳滙峯	POHCKMC 200
	15	Yang Zili	楊子立	FYW 027
	16	Tsui Wing Long Vinci	徐穎朗	SS 219
Final 2	1	Wong Nok Hei	王諾熙	JCTIC 143
	2	Szentes, Koppany	-	WIS 343
	3	Wong Kin Long	黃健朗	WYK 336
	4	Lee Ka Ki	李嘉淇	FKYC 073
	5	Leung Tze Yui Darryl	梁子睿	SJC 242
	6	Chu Lok Yin Ryan	朱洛言	DBS 053
	7	Lai Tin Long	黎天朗	SJA 237
	8	Tung Fu Shing	童富盛	YCKMC 360
	9	Wang Nok Wang	王諾弘	DBS 068
	10	Chen Yik Fan	陳奕帆	YCKMC 347
	11	Tsang Wai Chun	曾濶潛	LTFC 168
	12	Kwok Chung Hin	郭誦軒	KYWC 296
	13	He Tak Shing	何德晟	FYW 020
	14	Wong Chun Hei	黃俊僊	MS 181
	15	Hu Ching Ham	胡正哈	CMASS 044
	16	Cheung Yuk Hang	張煜恆	YYC 224

# All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024

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Event 34	Girls 1500m (F)		10:15AM		
	Record : 4:51.09		Standard : 6:15.00		
Final 1	1	Ng Lo Yee	吳璐儀	WYY	764
	2	Tam Hei Tung	譚悌桐	LS	645
	3	Zhang Hannah	張夢麟	FLSS	548
	4	Chow Wing Lam	周泳淋	LKKC	633
	5	So Hei Shun	蘇悌淳	MSC	673
	6	Wong Tsz Yan	黃梓欣	SHDC	695
	7	Han Xiuqi Elise	韓修齊	TCCS	723
	8	Wong Ching Hei	黃靜熙	HPCCSS	587
	9	Lam Lok Tung	林洛彤	TSWMC	734
	10	Ng Pui Ka	吳貝珈	POHCKMC	684
	11	Cao Jia En	曹加恩	WFN	740
	12	Cheung Kam Sau	張金琇	CPU	508
	13	Chan Hoi Ching	陳鎧澄	LCCS	621
	14	Lau Yee Pui	劉綺珮	LSTC	655
	15	Guo Yuqi	郭羽綺	WTSMC	751
Final 2	1	Guan Tsz Yin	關子妍	HYS	592
	2	Kong Jerika	江瀛	DGS	523
	3	Wong Jit	黃哲	DGS	532
	4	Lau Ka Wai	劉嘉慧	JCTIC	611
	5	Cheung Tsz Yuet	張子悅	YLLSS	769
	6	Tse Tung Ling	謝冬寧	YLLSS	770
	7	Wong Wan Ki	黃蘊祈	GHS	560
	8	Man Lai Ki Nicole	文麗淇	HYS	600
	9	Chan Pak Yin Katie	陳柏延	GHS	550
	10	Koo Hiu Lam	顧曉琳	STS	717
	11	Shum Chung Ning	岑頌寧	STTSS	720
	12	Lee Wing Sze	李穎思	SHCC	688
	13	Tsoi Wai Kiu	蔡蕙蕎	YYC	780
	14	Ackber Bertha	區曉彤	SPCS	708
	15	Ng Sum Yau Isa	吳心悠	HKUGA	572
	16	Lo Tsz Ching	盧祉澄	SMCESPS	705

# All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024

Day Two 18 May 2024

Event 35	Boys Shot Put		10:50AM		
	Record : 14.54		Standard : 10.05m		
Final	1	Wong Lok Hang	黃樂恒	CMASS	049
	2	Ku Hok Ching	古學政	DBS	058
	3	Zheng Tai Kit	鄭泰傑	FK1	098
	4	To Man Tik	杜旻迪	FLSS	083
	5	Wong Ho Ming	王灝銘	FYW	025
	6	Chan Sin Ching Kirin	陳善正	HKUGA	105
	7	Lin Ka Hin	林嘉軒	HNC	121
	8	Tse Ming Hong	謝銘康	HPCCSS	135
	9	Lam Chak Him	林澤謙	LKKC	269
	10	Wong Kin Ming	黃健銘	TSWMC	283
	11	Wen Tsz Hing	溫子慶	LSK	263
	12	Liu Xi	劉熙	LSTC	010
	13	Lau Lok Yin Ethan	劉洛言	LTFC	166
	14	Kwong Sze Ho	鄺思浩	MS	179
	15	Yung Ka Kit	翁家杰	NCC	197
	16	Yuen Ngo Long	袁傲朗	POHCKMC	210
	17	Chan Tsz Kiu	陳子喬	SJC	238
	18	Cheung Chit Hei	張哲熙	SS	214
	19	Lam Ching Yin	林靖然	TCCS	286
	20	Yan Jason Tsz Shing	燕梓誠	WFN	315
	21	Ng Lok Hei Anthony	吳洛曦	WYK	334
	22	Szeto Nok Tin	司徒諾天	WYY	301
	23	Cheng Yat Fung	鄭逸楓	YCKMC	348
	24	Shum Sheung Wun	沈尚桓	YYC	233
	25	Siu Yuk Nam	蕭煜楠	LSC	157
	26	Zhang Weidong	張偉東	CSWCSS	036
	27	Ng Sze Pang	吳思澎	LKYMS	171
	28	Yung Ngai Tsun	翁藝峻	HPCCSS	140
	29	Zhong Tsz Chung	鍾梓聰	CGHC	038
	30	Tsang Cheung Yu	曾祥裕	YCKMC	357
	31	Chow Pak Yin	周柏言	BMFMC	015
	32	Sze Wai Shun	施懷舜	CSWCSS	034

# All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024

Day Two 18 May 2024

Event 36	Girls High Jump			10:50AM	
	Record : 1.71			Standard : 1.30m	
Final	1	Leung Ka Lam Charis	梁家霖	FSS-KT	549
	2	Chan Wing Lin	陳穎霖	LKKC	631
	3	Chan Yuk Lam	譚玉琳	CPU	507
	4	Cheng Hoi Tung	鄭凱彤	WTSMC	749
	5	Choy Ceci	蔡繕施	HYS	591
	6	Lam Pui Shan	林沛珊	WFN	745
	7	Lam Tsz Ying	林芷瑩	LSK	652
	8	Li Rou Rou	李柔柔	LS	644
	9	Lui Yui Ching, Karis	呂睿晴	DGS	524
	10	Yiu Hoi Lam	姚凱嵐	TSWMC	738
	11	Mak Hiu Ting	麥曉婷	HPCCSS	584
	12	Wu Meng Ni	巫夢妮	FLSS	547
	13	Tao Kwan Po	杜君寶	SMCESPS	707
	14	Yuen Pui Pui	阮鎮鎮	LSTC	661
	15	Zhou Ziyi	周梓藝	LCCS	630
	16	Yiu Hong Ching Katelyn	姚康晴	DGS	535
	17	Woo Sum Yau	胡芯攸	GHS	562
	18	Chan Joellie	陳悅晴	MSC	665
	19	Leung Nga Yin	梁雅賢	TKOGSS	731
	20	Kwok Cho Sze Leann	郭楚斯	MCS	664
	21	Mak Hiu Ching	麥曉晴	POHCKMC	683
	22	Wong Hei Sen	黃希晨	JCTIC	613
	23	Wong Cherise	黃悅芯	STSS	719
	24	Wong Ho Ching Emily	黃浩澄	GHS	559
	25	Yeung Lok Yee Jasmine	楊洛頤	SPCS	715
	26	Yeung Ka Wai	楊嘉慧	PKSS	678
	27	Lai Hoi Yi	黎鎧宜	KCM	617
	28	Siu Brianna	蕭瑤	HKUGA	574



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<b>Event 37</b>	<b>Boys 400m (F)</b>			<b>10:50AM</b>	
	<b>Record : 49.58</b>			<b>Standard : 57.80</b>	
<b>Final</b>	<b>1</b>	<b>Yeung Kit Chuen</b>	<b>楊傑全</b>	<b>CMASS</b>	<b>050</b>
	<b>2</b>	<b>Wong Tsz Ngo</b>	<b>黃梓昇</b>	<b>WYK</b>	<b>340</b>
	<b>3</b>	<b>Huang Yau Nam</b>	<b>黃佑楠</b>	<b>YYC</b>	<b>229</b>
	<b>4</b>	<b>Lau Ka Lun</b>	<b>劉珈麟</b>	<b>LSC</b>	<b>153</b>
	<b>5</b>	<b>Chau Hoi Tim</b>	<b>鄒凱添</b>	<b>CYC</b>	<b>017</b>
	<b>6</b>	<b>Liem Ho Yat Isaac</b>	<b>林皓壹</b>	<b>SMS</b>	<b>250</b>
	<b>7</b>	<b>Yeung Hoi To</b>	<b>楊愷滔</b>	<b>LKYMS</b>	<b>172</b>
	<b>8</b>	<b>Kwan Yik Yin</b>	<b>關亦然</b>	<b>MSC</b>	<b>183</b>
<b>Event 38</b>	<b>Girls 400m (F)</b>			<b>11:05AM</b>	
	<b>Record : 56.73</b>			<b>Standard : 1:12.50</b>	
<b>Final</b>	<b>1</b>	<b>Sum Hau Kiu</b>	<b>沈考翹</b>	<b>HYS</b>	<b>602</b>
	<b>2</b>	<b>Chan Ching Man</b>	<b>陳靖玟</b>	<b>HKUGA</b>	<b>567</b>
	<b>3</b>	<b>Lam Wing Chi</b>	<b>林穎姿</b>	<b>TPYC</b>	<b>732</b>
	<b>4</b>	<b>Cheng Tsz Yan</b>	<b>鄭芷殷</b>	<b>HYS</b>	<b>590</b>
	<b>5</b>	<b>Lee Tsz Yiu</b>	<b>李紫瑤</b>	<b>GHS</b>	<b>556</b>
	<b>6</b>	<b>Jane Karlsson Christa Ming Suet</b>	<b>徐穎恩</b>	<b>DGS</b>	<b>522</b>
	<b>7</b>	<b>Chow Chi Kiu</b>	<b>鄒子蕎</b>	<b>DGS</b>	<b>520</b>
	<b>8</b>	<b>Chan Lok Ching</b>	<b>陳樂晴</b>	<b>HKUGA</b>	<b>568</b>
<b>Event 39</b>	<b>Boys 100m (F)</b>			<b>11:20AM</b>	
	<b>Record : 10.72</b>			<b>Standard : 12.20</b>	
<b>Final</b>	<b>1</b>	<b>Cheuk Kwan Yin</b>	<b>卓鈞賢</b>	<b>POHCKMC</b>	<b>201</b>
	<b>2</b>	<b>Wan Fu Wang David</b>	<b>尹富弘</b>	<b>WYK</b>	<b>335</b>
	<b>3</b>	<b>Kwok Chun Ting</b>	<b>郭俊廷</b>	<b>TKHC</b>	<b>280</b>
	<b>4</b>	<b>Johannsson Magnus Prostur</b>	<b>吳君浩</b>	<b>DBS</b>	<b>056</b>
	<b>5</b>	<b>Yu Ka Lun</b>	<b>余嘉倫</b>	<b>SS</b>	<b>222</b>
	<b>6</b>	<b>Wong Hoi Yuen Xavier</b>	<b>王凱炫</b>	<b>HKUGA</b>	<b>113</b>
	<b>7</b>	<b>Chan Yat Lok</b>	<b>陳一樂</b>	<b>TKHC</b>	<b>279</b>
	<b>8</b>	<b>Koo Cheuk Fung Jasper</b>	<b>古綽峰</b>	<b>DBS</b>	<b>057</b>
<b>Event 40</b>	<b>Girls 100m (F)</b>			<b>11:30AM</b>	
	<b>Record : 12.04</b>			<b>Standard : 14.50</b>	
<b>Final</b>	<b>1</b>	<b>Yau Sin Ting Nicole</b>	<b>邱禧庭</b>	<b>SPCS</b>	<b>714</b>
	<b>2</b>	<b>Yu Tsz Lam</b>	<b>余紫琳</b>	<b>GHS</b>	<b>564</b>
	<b>3</b>	<b>Yip Man Yan</b>	<b>葉泯妍</b>	<b>HKUGA</b>	<b>577</b>
	<b>4</b>	<b>Cheung Yiu Gi Janice</b>	<b>張鈞芝</b>	<b>CREATIVE</b>	<b>517</b>
	<b>5</b>	<b>Yu Pui Yi</b>	<b>庾沛怡</b>	<b>GHS</b>	<b>563</b>
	<b>6</b>	<b>Pak Hoi Man Chloe</b>	<b>白凱文</b>	<b>DGS</b>	<b>528</b>
	<b>7</b>	<b>Wong Wing Tung</b>	<b>黃詠瞳</b>	<b>HYS</b>	<b>603</b>
	<b>8</b>	<b>Wong Wan Chi</b>	<b>黃韻之</b>	<b>HKUGA</b>	<b>575</b>

# All Hong Kong Schools Jing Ying Athletics (Team) Tournament 2023-2024

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Event 41	Boys 4x400m Relay (F)	12:00AM
	Record : 3:26.67	Standard : 3:54.00

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Final	1	HKUGA
	2	DBS
	3	YYC
	4	WFN
	5	LTFC
	6	WYK
	7	POHCKMC
	8	YCKMC

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Event 42	Girls 4x400m Relay (F)	12:00PM
	Record : 3:59.21	Standard : 4:55.00

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Final	1	SMCESPS
	2	YYC
	3	DGS
	4	HKUGA
	5	GHS
	6	HYS
	7	JCTIC
	8	WFN

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Event 43	Boys 4x100m Relay (F)	12:15PM
	Record : 41.85	Standard : 47.50

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Final	1	WYK
	2	SS
	3	DBS
	4	LSC
	5	HPCCSS
	6	HKUGA
	7	POHCKMC
	8	YCKMC

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Event 44	Girls 4x100m Relay (F)	12:15PM	
	Record :	47.81	Standard : 56.80

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Final	1	POHCKMC
	2	LKKC
	3	SPCS
	4	HYS
	5	GHS
	6	HKUGA
	7	JCTIC
	8	DGS