

2024-2025 年度全港學界精英越野跑(團體)比賽

All Hong Kong Schools Jing Ying Cross Country (Team) Tournament

2024-2025

全港學界

主辦機構
Organiser



HKSSF
中國香港學界體育聯合會

資助機構
Subvented by



精英越野跑(團體)比賽

All Hong Kong Schools Jing Ying Cross Country (Team) Tournament

日期 Date

19/ 3 / 2025 (三 WED)

時間 Time

09:30 ~ 12:30

地點 Venue

大欖郊野公園(大棠段)

Tai Tong, Tai Lam Country Park

主辦機構
Organizer



HKSSF
中國香港學界體育聯合會

All Hong Kong Schools Jing Ying Cross Country(Team) Tournament 2024-2025

2024-2025 年度全港學界精英越野跑(團體)比賽

Cross Country Technical and selection committee

越野跑技術及遴選小組

	黎志亮老師(主委)	Mr. LAI Chi Leung	張振興伉儷書院
	謝嘉恒老師(副主委)	Mr. TSE Ka Hang	東華三院陳兆民中學
	奚達陽老師	Mr. HAI Tat Yeung	余振強紀念中學
	何海濤老師	Mr. HO Hoi To	長沙灣天主教英文中學
	黎昭麟老師	Mr. LAI Chiu Lun	德望學校
	黎可基老師	Mr. LAI Ho Ki	天主教新民書院
	劉俊基老師	Mr. LAU Chun Kei	樂善堂梁植偉紀念中學
	李擴領老師	Mr. LI Kwong Ling	賽馬會體藝中學
	陸鳳貞老師	Ms. LUK Fung Ching	聖馬可中學
	吳秀雯老師	Ms. NG Sau Man	瑪利諾修院學校
	徐韶華老師	Ms. TSUI Siu Wa	西貢崇真天主教學校(中學部)
	黃志騰老師	Mr. WONG Chi Tang, Charlton	順德聯誼總會胡兆熾中學
	黎博文先生	Mr. LAI Pok Man	顧問
	蕭周秀華女士	Mrs. SIU CHOW Sau Wah	顧問
	李慶堯先生	Mr. LEE Hing Yiu	顧問
	勞武寧先生	Mr. LO Mo Ling	顧問

全港學界精英越野跑(團體)比賽 ALL HK SCHOOLS JING YING CROSS COUNTRY (TEAM) TOURNAMENT

19 March 2025 (Wednesday)
 Tai Tong, Tai Lam Country Park
 大欖郊野公園(大棠段)

OFFICIAL LIST 工作人員名單

Cross Country Technical & Selection Committee Members:

Starter	Mr. Lai Chi Leung Mr. Lee Hing Yiu	Chong Gene Hang College Adviser
Marshalling	Mrs. Siu Chow Sau Wah	Adviser
Start A	Mr. Ho Hoi To Mr. Lai Chiu Lun	Cheung Sha Wan Catholic Secondary School Good Hope School
Check pt. B	Ms. Tsui Siu Wa	Sai Kung Sung Tsun Catholic School (Secondary Section)
Check pt. C	Mr. Lai Ho Ki	Newman Catholic College
Check pt. D	Mr. Wong Chi Tang, Charlton	STFA Seaward Woo College
Check pt. E	Mr. Lai Pok Man	Adviser
Check pt. F & Water Station	Mr. Lau Chun Kei Mr. Tse Ka Hang	LST Leung Chik Wai Memorial School TWGHs Chen Zao Men College
Check pt. G	Mr. Hai Tat Yeung	Yu Chun Keung Memorial College
Finish H	Mr. Li Kwong Ling Ms. Luk Fung Ching	Jockey Club Ti-I College St. Mark's School

Timing System: ChampionChip (Hong Kong China) Limited

Acknowledgement:

Student

Helpers : Chong Gene Hang College (10pax)
 Good Hope School (10 pax)
 Jockey Club Ti-I College (10 pax)
 Newman Catholic College (9 pax)
 Sai Kung Sung Tsun Catholic School (Secondary Section) (15pax)

Subvented by : Leisure and Cultural Services Department

THE SCHOOLS SPORTS FEDERATION OF HONG KONG, CHINA

All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2024-2025 2024-2025年度全港學界精英越野跑(團體)比賽



【General Rules】

1. Schedule

Date: 19 March 2025 (Wednesday)
Time: 08:00-13:00
Reporting Time: 09:30 – 10:00 (Girls), 10:00–10:30 (Boys)
Briefing Time: 10:00 (Girls), 10:30 (Boys)
Race Time: 10:30 (Girls), 11:00 (Boys)
Prize Presentation Ceremony: 12:00
Course: Tai Tong, Tai Lam Country Park

2. Eligibility

- 2.1 Participating schools must be the registered members of HKSSF in 2024-2025.
- 2.2 All participants must be registered students of HKSSF in 2024-2025.
- 2.3 The tournament will be contested in Boys & Girls Open Grades.
- 2.4 Best A Grade results of Top 6 teams from Division 1, Top 2 teams from Division 2, Top 4 teams from four Areas of Division 3, from HKSSRC; Top 2 teams from the six Area Committees of NT. A total of 24 teams will be invited to take part in each event of the tournament.
- 2.5 Neither open nomination nor individual nomination is accepted.
- 2.6 Should any invited teams withdraw from the tournament; its quota will not be replaced.
- 2.7 A team will consist of 8 runners with the first 6 home to count for points. Team with less than 6 runners will not be allowed to compete.
- 2.8 A maximum of 192 runners will take part in each event of the tournament.

3. Competition System

3.1	Category	Distance	Time Limit
	Boys	About 6 km	55 mins
	Girls	About 4.2 km	35 mins

- 3.2 There will be 8 starting zones for each category. (Depends on number of participants)

4. Timing System

- 4.1 A timing tag is attached to the race number bib which provides the official time, team and results.
- 4.2 The timing tag is attached to the back side of race number bib, please do not fold it.
- 4.3 Runners are required to step on the timing mats located at the Start, Finish and other timing locations.
- 4.4 The race number bib can be kept as a souvenir after the race.

5. Uniform

- 5.1 Team members should wear identical uniform tops in same colour and same style. Teams will be disqualified in the event if they are not properly dressed.
- 5.2 Runners' uniform tops should have the same colour on the front and back.
- 5.3 All runners must wear appropriate sportswear when participating in the competition.
- 5.4 Runners are required to wear their uniform tops bearing school name / abbreviation / badge, which should be sewn, stenciled on permanently.
- 5.5 Uniform must not contain any slogans or advertising with indecent information, such as gambling, tobacco, spirits, political, and any discriminative, abusive, or unethical statements.

6. Awards

- 6.1 Team trophies and medals will be awarded to the top 8 teams of Boys & Girls category.
- 6.2 Individual trophies will be awarded to the top 10 positions of each category.
- 6.3 All winners will be awarded with certificates.

7. Scoring system

- 7.1 **Best 6 results** achieved from each team will be scored for overall team result.
- 7.2 The Team score is the sum of the individual rank of its members in team category, (e.g. for Boys, the positions of its members: 1, 3, 5, 7, 8, 10 the team score should be 34 (1+3+5+7+8+10), the team with lowest score will be the winning team of each category.
- 7.3 When two or more teams tie for a position, the position of last scoring runner from respective team will decide the final overall result.

8. Important Dates

- 8.1 Invitation of Entries : **3 Mar 2025**
- 8.2 Confirmation of Participation : **7 March 2025**
- 8.2 Confirmation of Entries : **10 Mar 2025 (by names of athletes)**
- 8.4 Accepted entries will be uploaded to the website of the HKSSF (www.hkssf.org.hk) on **11 March 2025** for checking. Schools should check the Participating List carefully to ensure entries are included and the names of competitors are correct. **Discrepancies must be reported to the Federation on or before 12 March 2025 via email.**

9. Entries

- 9.1 Participating schools are advised to select appropriate students to run at relevant zones by filling in at appropriate boxes.
- 9.2 Invited schools should receive the invitation letter from HKSSF. Participating schools should download the entry form from the HKSSF website (www.hkssf.org.hk).
【Jing Ying Tournament】→【Cross Country (Team)】→【Entry Form】 (Excel Format). Completed form(s) should be sent to external@hkssf.org.hk in EXCEL FORMAT before the deadline of entries.
- 9.3 **No entry will be entertained after the deadline of entries.**
- 9.4 All participating schools should confirm received of their entries by calling at 2768 8212 one working day after email. HKSSF would not be liable to any missing entry.
- 9.5 Substitution will only be accepted before the close of check-in time by filling out the Substitution Form. Participating schools should download the Substitution Form from the HKSSF website.

10. Rules & Regulations

- 10.1 Teams should report to the Registration Counter upon arrival and present his/her valid HKSSF Student Registration Card (**Electronic only**). After the announcement of registration, teams MUST report to the Marshaling Point with the valid Registration Card. Failing of which, the team will not be allowed to compete.
- 10.2 Should there be any disagreement with the judgment of the official, schools must hand in the appeal(s) in written form to the Convenor of the Organizing Committee **within 10 minutes** after the announcement of the results. All decisions from the Committee should be final.

11. Others

- 11.1 Participating teams must be accompanied by one Team Manager who is a full time staff member or an authorized member (non-staff member) appointed and registered with HKSSF, otherwise teams will not be allowed to participate in the Tournament. The Team Manager shall be responsible for the conduct of the athletes, students and supporters both on and off the field.

Registration: Application of non-staff member must be submitted online at least four working days prior to the Team Manager's assumption of duty. (<https://star.hkssf.org.hk/login>)

- 11.2 **Water station will be located at Checkpoint F.**
- 11.3 Rules and arrangements set by the Organizing Committee should be closely followed.
- 11.4 The Organizing Committee has full right to make amendments on any matters when necessary.

12. Enquiry

Email : external@hkssf.org.hk
Telephone No. : 2768 8212
Fax No. : 2768 4525
Website : www.hkssf.org.hk → **【Jing Ying Tournament】** → **【Cross Country (Team)】**

The Schools Sports Federation of Hong Kong, China
All Hong Kong School Jing Ying Cross Country (Team) Tournament 2024- 2025
19 March 2025 - Tai Tong, Tai Lam Country Park

Participating Schools List

13-Mar-25

No.	School	Boys	Girls
1	Baptist Wing Lung Secondary School	7	
2	Caritas Fanling Chan Chun Ha Secondary School	8	
3	Carmel Pak U Secondary School		8
4	Cheung Sha Wan Catholic Secondary School	8	
5	Chinese Y.M.C.A. College	8	
6	Chinese Y.M.C.A. Secondary School	8	
7	Christian Alliance S. C. Chan Memorial College		8
8	CNEC Lee I Yao Memorial Sec. Sch.	8	
9	Cumberland Presbyterian Church Yao Dao Secondary School		7
10	Diocesan Boys' School	8	
11	Diocesan Girls' School		8
12	Fanling Kau Yan College	8	8
13	Fukien Secondary School (Kwun Tong)	8	8
14	Good Hope School		8
15	Heep Yunn School		8
16	HHCKLA Buddhist Ching Kok Secondary School	8	
17	Heung To Middle School (Tai Hang Tung)	8	
18	HKWMA Chu Shek Lun Secondary School		8
19	Hoi Ping Chamber of Commerce Secondary School		8
20	Jockey Club Ti-I College	8	8
21	Lee Kau Yan Memorial School	8	
22	Newman Catholic College	8	
23	Po Leung Kuk Ngan Po Ling College		8
24	POH 80th Anniversary Tang Ying Hei College	8	
25	POH Chan Kai Memorial College		8
26	St Francis Xavier's School Tsuen Wan	8	
27	The South Island School		8
28	TWGHs Kwok Yat Wai College	7	
29	Wah Yan College (Hong Kong)	8	
30	Wah Yan College (Kowloon)	8	
31	West Island School	8	8
32	Yu Chun Keung Memorial College	8	
33	The ELCHK Yuen Long Lutheran Secondary School		8
34	Lui Ming Choi Lutheran College	8	
Total No. of Athletes Total No. of Teams		174	127
		22	16

The Schools Sports Federation of Hong Kong, China
All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2024-2025

Boys Participating List

Bib No.	School Name	學校名稱	Eng_Name	Chi_Name
001	BAPTIST WING LUNG SECONDARY SCHOOL	浸信會永隆中學	HAR MAN HEI	夏文希
002	BAPTIST WING LUNG SECONDARY SCHOOL	浸信會永隆中學	CHAN TSZ CHAI	陳子齊
003	BAPTIST WING LUNG SECONDARY SCHOOL	浸信會永隆中學	KONG YING MING	江英明
004	BAPTIST WING LUNG SECONDARY SCHOOL	浸信會永隆中學	CHEUNG CHI YAN	張智仁
005	BAPTIST WING LUNG SECONDARY SCHOOL	浸信會永隆中學	WONG PUI TO ANSON	王培道
006	BAPTIST WING LUNG SECONDARY SCHOOL	浸信會永隆中學	CHOW HO NAM	周浩楠
007	BAPTIST WING LUNG SECONDARY SCHOOL	浸信會永隆中學	ZENG CHAK KWAI	曾澤桂
008	Cartias Fanling Chan Chun Ha Secondary School	明愛粉嶺陳震夏中學	REN CHUNG YAN	任重恩
009	Cartias Fanling Chan Chun Ha Secondary School	明愛粉嶺陳震夏中學	CHAN BO JUN	陳博俊
010	Cartias Fanling Chan Chun Ha Secondary School	明愛粉嶺陳震夏中學	LAI CHING YU LUCAS	黎靜宇
011	Cartias Fanling Chan Chun Ha Secondary School	明愛粉嶺陳震夏中學	LI HUNG TAT	李鴻達
012	Cartias Fanling Chan Chun Ha Secondary School	明愛粉嶺陳震夏中學	LEE TSZ MAN OSMAN	李梓文
013	Cartias Fanling Chan Chun Ha Secondary School	明愛粉嶺陳震夏中學	LIAO CHUN YU	廖振宇
014	Cartias Fanling Chan Chun Ha Secondary School	明愛粉嶺陳震夏中學	TAN SAI FU	談世虎
015	Cartias Fanling Chan Chun Ha Secondary School	明愛粉嶺陳震夏中學	CHAN KA KWAN	陳嘉軍
016	Cheung Sha Wan Catholic Secondary School	長沙灣天主教英文中學	KEI YIN	紀彥
017	Cheung Sha Wan Catholic Secondary School	長沙灣天主教英文中學	LO KA WAI	盧嘉威
018	Cheung Sha Wan Catholic Secondary School	長沙灣天主教英文中學	WONG CHUN HEI	黃俊僊
019	Cheung Sha Wan Catholic Secondary School	長沙灣天主教英文中學	LO ETON YIK TIN	羅驛天
020	Cheung Sha Wan Catholic Secondary School	長沙灣天主教英文中學	CHAN HO CHEUNG	陳浩翔
021	Cheung Sha Wan Catholic Secondary School	長沙灣天主教英文中學	LEUNG SING ZAN	梁昇
022	Cheung Sha Wan Catholic Secondary School	長沙灣天主教英文中學	SO CHEUK HEI	蘇倬希
023	Cheung Sha Wan Catholic Secondary School	長沙灣天主教英文中學	LAW LAP YIN	羅立言
024	Chinese Y.M.C.A. Secondary School	中華基督教青年會中學	LAI PAK LONG	黎栢朗
025	Chinese Y.M.C.A. Secondary School	中華基督教青年會中學	YICK PO SHUN YEMI	易甫鐸
026	Chinese Y.M.C.A. Secondary School	中華基督教青年會中學	NG LAP HEI	伍立熙
027	Chinese Y.M.C.A. Secondary School	中華基督教青年會中學	YIP NGAI	葉羿
028	Chinese Y.M.C.A. Secondary School	中華基督教青年會中學	LOK KAI HIM	駱啟謙
029	Chinese Y.M.C.A. Secondary School	中華基督教青年會中學	WAN TSZ YU	溫梓儒
030	Chinese Y.M.C.A. Secondary School	中華基督教青年會中學	LI HOI WA	李凱華
031	Chinese Y.M.C.A. Secondary School	中華基督教青年會中學	PAN MING YAO	潘銘曜
032	Chinese YMCA College	青年會書院	Ng Yui Fung	吳睿峰
033	Chinese YMCA College	青年會書院	Ng Ho Wai	吳鎬瑋
034	Chinese YMCA College	青年會書院	Fok Yan Hong	霍胤匡
035	Chinese YMCA College	青年會書院	Wong Lok Sum	黃銘森
036	Chinese YMCA College	青年會書院	Lau Shun Hei	劉信義
037	Chinese YMCA College	青年會書院	Fung King Chun	馮景晉
038	Chinese YMCA College	青年會書院	Tong Yam Pok Martin	湯欽博
039	Chinese YMCA College	青年會書院	Fung Hoi Shun	馮凱信
040	CNEC Lee I Yao Memorial Secondary School	中華傳道會李賢堯紀念中學	HO BAK HEI	何栢希
041	CNEC Lee I Yao Memorial Secondary School	中華傳道會李賢堯紀念中學	CHAN PAK KIU	陳柏翹
042	CNEC Lee I Yao Memorial Secondary School	中華傳道會李賢堯紀念中學	CHEN CHUANZHI	陳傳智
043	CNEC Lee I Yao Memorial Secondary School	中華傳道會李賢堯紀念中學	SU DESHEN	蘇德桑
044	CNEC Lee I Yao Memorial Secondary School	中華傳道會李賢堯紀念中學	WONG KIN WA	黃建華
045	CNEC Lee I Yao Memorial Secondary School	中華傳道會李賢堯紀念中學	AU HO NAM ALVIN	區浩楠
046	CNEC Lee I Yao Memorial Secondary School	中華傳道會李賢堯紀念中學	CHENG MING SUM	鄭銘深
047	CNEC Lee I Yao Memorial Secondary School	中華傳道會李賢堯紀念中學	LAU KA CHUN	劉嘉俊
048	Diocesan Boys' School	拔萃男書院	AU HO CHUN	區皓駿
049	Diocesan Boys' School	拔萃男書院	WANG NOK WANG	王諾弘
050	Diocesan Boys' School	拔萃男書院	LAM LOK SHI	林樂仕
051	Diocesan Boys' School	拔萃男書院	MOK POK FAN	莫柏助
052	Diocesan Boys' School	拔萃男書院	HUANG JAYDEN HEMING	黃鶴鳴
053	Diocesan Boys' School	拔萃男書院	AU CHEUK YIU JANOS	區卓堯
054	Diocesan Boys' School	拔萃男書院	SY KWAN HON JOHANN	施鈞瀚
055	Diocesan Boys' School	拔萃男書院	LAU HO REX	劉昊

The Schools Sports Federation of Hong Kong, China
All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2024-2025

Boys Participating List

Bib No.	School Name	學校名稱	Eng_Name	Chi_Name
056	Fanling Kau Yan College	粉嶺救恩書院	HUEN CHUN TAO	禰俊滔
057	Fanling Kau Yan College	粉嶺救恩書院	CHEN LIN MO	陳臨墨
058	Fanling Kau Yan College	粉嶺救恩書院	YEUNG PUI HIN	楊沛軒
059	Fanling Kau Yan College	粉嶺救恩書院	YIM YIK WUN	嚴翊桓
060	Fanling Kau Yan College	粉嶺救恩書院	TANG WAI KIT	鄧偉傑
061	Fanling Kau Yan College	粉嶺救恩書院	LEE KA KI	李嘉淇
062	Fanling Kau Yan College	粉嶺救恩書院	WONG CHEUK HIN	黃卓軒
063	Fanling Kau Yan College	粉嶺救恩書院	WU KA CHUNG	吳嘉翀
064	Fukien Secondary School	福建中學	CHAU YU HOI	周裕凱
065	Fukien Secondary School	福建中學	WANG YU SUM	王宇森
066	Fukien Secondary School	福建中學	NG SHING HON	吳承翰
067	Fukien Secondary School	福建中學	YUNG PU CHAK	翁溥澤
068	Fukien Secondary School	福建中學	ZHENG CHIN YIK ROBIN	鄭千易
069	Fukien Secondary School	福建中學	CHAN CHIN YEUNG	陳展揚
070	Fukien Secondary School	福建中學	LAI CHING TO	黎正滔
071	Fukien Secondary School	福建中學	NG YIN CHING	吳彥程
072	Heung Hoi Ching Kok Lin Association (HHCKLA) Buddhist Ching Kok Secondary School	香海正覺蓮社佛教正覺中學	CHAN CHI KIT	陳志杰
073	Heung Hoi Ching Kok Lin Association (HHCKLA) Buddhist Ching Kok Secondary School	香海正覺蓮社佛教正覺中學	HONG TSZ YAT	洪梓逸
074	Heung Hoi Ching Kok Lin Association (HHCKLA) Buddhist Ching Kok Secondary School	香海正覺蓮社佛教正覺中學	HUANG KWAN HO	黃均豪
075	Heung Hoi Ching Kok Lin Association (HHCKLA) Buddhist Ching Kok Secondary School	香海正覺蓮社佛教正覺中學	LAU HIN CHUN	劉衍駿
076	Heung Hoi Ching Kok Lin Association (HHCKLA) Buddhist Ching Kok Secondary School	香海正覺蓮社佛教正覺中學	LIN Junjie	林俊杰
077	Heung Hoi Ching Kok Lin Association (HHCKLA) Buddhist Ching Kok Secondary School	香海正覺蓮社佛教正覺中學	LI Kwun Lok	李冠樂
078	Heung Hoi Ching Kok Lin Association (HHCKLA) Buddhist Ching Kok Secondary School	香海正覺蓮社佛教正覺中學	LIU Shen Xi	劉晨熙
079	Heung Hoi Ching Kok Lin Association (HHCKLA) Buddhist Ching Kok Secondary School	香海正覺蓮社佛教正覺中學	CHUI NGAI LONG	徐艾朗
080	Heung To Middle School (Tai Hang Tung)	香島中學 (大坑東)	LEUNG KA MING	梁嘉銘
081	Heung To Middle School (Tai Hang Tung)	香島中學 (大坑東)	CHUNG HO YIN	鍾皓賢
082	Heung To Middle School (Tai Hang Tung)	香島中學 (大坑東)	FUNG CHEUK HIN	馮卓軒
083	Heung To Middle School (Tai Hang Tung)	香島中學 (大坑東)	CHAN TSZ KIT	陳梓傑
084	Heung To Middle School (Tai Hang Tung)	香島中學 (大坑東)	WONG TSUN YU	王浚羽
085	Heung To Middle School (Tai Hang Tung)	香島中學 (大坑東)	CHAN CHUN WAI	陳俊瑋
086	Heung To Middle School (Tai Hang Tung)	香島中學 (大坑東)	HO KA WAI	何嘉偉
087	Heung To Middle School (Tai Hang Tung)	香島中學 (大坑東)	Lai Jett Liting	賴立庭
088	Jockey Club Ti-I College	賽馬會體藝中學	Wong Nok Hei	王諾熙
089	Jockey Club Ti-I College	賽馬會體藝中學	Kwok Wai Lun	郭偉倫
090	Jockey Club Ti-I College	賽馬會體藝中學	Lau Yat Hei	劉溢熙
091	Jockey Club Ti-I College	賽馬會體藝中學	Yau Cheuk Nam Scott	邱卓楠
092	Jockey Club Ti-I College	賽馬會體藝中學	Lam Wik Derek	林域
093	Jockey Club Ti-I College	賽馬會體藝中學	Wong Tin Chak	黃天澤
094	Jockey Club Ti-I College	賽馬會體藝中學	Mak Yan Cheuk	麥殷綽
095	Jockey Club Ti-I College	賽馬會體藝中學	LEE Ho Ting	李灝庭
096	LEE KAU YAN MEMORIAL SCHOOL	李求恩紀念中學	XIE SHING CHUN	謝城俊
097	LEE KAU YAN MEMORIAL SCHOOL	李求恩紀念中學	LUK HOI	陸海
098	LEE KAU YAN MEMORIAL SCHOOL	李求恩紀念中學	LEE TSZ IP	李梓燁
099	LEE KAU YAN MEMORIAL SCHOOL	李求恩紀念中學	NGAI WING CHAK	魏泳澤
100	LEE KAU YAN MEMORIAL SCHOOL	李求恩紀念中學	XIAO CHUN HUNG	蕭鎮洪
101	LEE KAU YAN MEMORIAL SCHOOL	李求恩紀念中學	CHAN TSZ HIN	陳子軒
102	LEE KAU YAN MEMORIAL SCHOOL	李求恩紀念中學	LUK CHUN	陸潛
103	LEE KAU YAN MEMORIAL SCHOOL	李求恩紀念中學	SO TSZ CHUN ANSON	蘇子俊

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Boys Participating List

Bib No.	School Name	學校名稱	Eng_Name	Chi_Name
104	Lui Ming Choi Lutheran College	路德會呂明才中學	Nian Hao	念豪
105	Lui Ming Choi Lutheran College	路德會呂明才中學	TSANG KING KIU	曾敬喬
106	Lui Ming Choi Lutheran College	路德會呂明才中學	YU XIANG	余翔
107	Lui Ming Choi Lutheran College	路德會呂明才中學	Kwok Sze Shing	郭思城
108	Lui Ming Choi Lutheran College	路德會呂明才中學	LIN JUNHAO	林君浩
109	Lui Ming Choi Lutheran College	路德會呂明才中學	LAI KIN PON	黎健邦
110	Lui Ming Choi Lutheran College	路德會呂明才中學	CHOW POK HOM	周博焯
111	Lui Ming Choi Lutheran College	路德會呂明才中學	XIE KAILE	謝凱樂
112	Newman Catholic College	天主教新民書院	LEUNG TSUN HEI	梁峻熙
113	Newman Catholic College	天主教新民書院	CHAN PAK SUM	陳栢深
114	Newman Catholic College	天主教新民書院	IP NGAI SING	葉毅陞
115	Newman Catholic College	天主教新民書院	QIU CHEUK NGAI KEVIN	邱卓毅
116	Newman Catholic College	天主教新民書院	LIU PAK LAM	廖柏霖
117	Newman Catholic College	天主教新民書院	CHEUNG HO HO	張浩皓
118	Newman Catholic College	天主教新民書院	LI XIUXIAN	李修賢
119	Newman Catholic College	天主教新民書院	HUI KWONG SING	許廣勝
120	P.O.H. 73th Anniversary Tang Ying Hei College	博愛醫院八十週年鄧英喜中學	CHAN NOK YAT	-
121	P.O.H. 74th Anniversary Tang Ying Hei College	博愛醫院八十週年鄧英喜中學	SHEK CHUN SANG	-
122	P.O.H. 75th Anniversary Tang Ying Hei College	博愛醫院八十週年鄧英喜中學	HUANG WAN POK	-
123	P.O.H. 76th Anniversary Tang Ying Hei College	博愛醫院八十週年鄧英喜中學	NG CHEUK HANG	-
124	P.O.H. 77th Anniversary Tang Ying Hei College	博愛醫院八十週年鄧英喜中學	HUANG WAN CHUN	-
125	P.O.H. 78th Anniversary Tang Ying Hei College	博愛醫院八十週年鄧英喜中學	WONG WAI LOK	-
126	P.O.H. 79th Anniversary Tang Ying Hei College	博愛醫院八十週年鄧英喜中學	LAM FAI CHING	-
127	P.O.H. 80th Anniversary Tang Ying Hei College	博愛醫院八十週年鄧英喜中學	MA TSZ TONG	-
128	ST. FRANCIS XAVIER'S SCHOOL, TSUEN WAN	荃灣聖芳濟中學	CHUNG CHI KO	鍾志高
129	ST. FRANCIS XAVIER'S SCHOOL, TSUEN WAN	荃灣聖芳濟中學	LUO JIAXI	羅嘉希
130	ST. FRANCIS XAVIER'S SCHOOL, TSUEN WAN	荃灣聖芳濟中學	WONG WU YIN	黃護然
131	ST. FRANCIS XAVIER'S SCHOOL, TSUEN WAN	荃灣聖芳濟中學	CHUNG KAM HO	鍾錦浩
132	ST. FRANCIS XAVIER'S SCHOOL, TSUEN WAN	荃灣聖芳濟中學	LAU PAK YU JAN	劉柏譽
133	ST. FRANCIS XAVIER'S SCHOOL, TSUEN WAN	荃灣聖芳濟中學	WONG CHAU KIT	黃秋傑
134	ST. FRANCIS XAVIER'S SCHOOL, TSUEN WAN	荃灣聖芳濟中學	YIP HOI NGAI	葉鎧毅
135	ST. FRANCIS XAVIER'S SCHOOL, TSUEN WAN	荃灣聖芳濟中學	LAU POK HEI	劉博熙
136	TWGHs Kwok Yat Wai College	東華三院郭一葦中學	MOK Tsz Him	莫子謙
137	TWGHs Kwok Yat Wai College	東華三院郭一葦中學	YU JIAXIN	余佳鑫
138	TWGHs Kwok Yat Wai College	東華三院郭一葦中學	BOATENG Samuel Kwasi	森姆寶頓
139	TWGHs Kwok Yat Wai College	東華三院郭一葦中學	LO KA O	盧加奧
140	TWGHs Kwok Yat Wai College	東華三院郭一葦中學	LEE HIU SING	李曉星
141	TWGHs Kwok Yat Wai College	東華三院郭一葦中學	CHAN MAN HEI	陳文熙
142	TWGHs Kwok Yat Wai College	東華三院郭一葦中學	HO TSZ YUI	何子睿
143	Wah Yan College, Hong Kong	香港華仁書院	Law Tsun Lam	羅浚霖
144	Wah Yan College, Hong Kong	香港華仁書院	Wong Cheuk Him	黃卓謙
145	Wah Yan College, Hong Kong	香港華仁書院	So Hoi Nok	蘇凱諾
146	Wah Yan College, Hong Kong	香港華仁書院	Fong Yik Yuen	方奕元
147	Wah Yan College, Hong Kong	香港華仁書院	Chan Pak Hei Ryan	陳柏熙
148	Wah Yan College, Hong Kong	香港華仁書院	Choi Ian Ashton	蔡思行
149	Wah Yan College, Hong Kong	香港華仁書院	Chan Chit Yat	陳哲一
150	Wah Yan College, Hong Kong	香港華仁書院	Wong Winfred	黃柏曦

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Boys Participating List

Bib No.	School Name	學校名稱	Eng_Name	Chi_Name
151	Wah Yan College, Kowloon	九龍華仁書院	CHAN Ching Hei	陳政希
152	Wah Yan College, Kowloon	九龍華仁書院	WONG Kin Long	黃健朗
153	Wah Yan College, Kowloon	九龍華仁書院	Lo Cheuk Him	盧卓謙
154	Wah Yan College, Kowloon	九龍華仁書院	Ku Cheuk Lok	辜卓樂
155	Wah Yan College, Kowloon	九龍華仁書院	LIU Tsz Hang	廖梓亨
156	Wah Yan College, Kowloon	九龍華仁書院	TONG Sai Hang	唐世鏗
157	Wah Yan College, Kowloon	九龍華仁書院	CHOI Chi Chi	蔡致志
158	Wah Yan College, Kowloon	九龍華仁書院	LEE Hong Lap	李匡立
159	West Island School	西島中學	TOBBACK, Ilias	-
160	West Island School	西島中學	SZENTES, Koppany	-
161	West Island School	西島中學	GAO, Yichen Zhong	-
162	West Island School	西島中學	HALL, Tomas Zionede	-
163	West Island School	西島中學	KAO, Yuwei Ethan	高宇崴
164	West Island School	西島中學	CARMICHAEL, Simon Hamish Temujin Fraser	-
165	West Island School	西島中學	LING, Marcus Asher	-
166	West Island School	西島中學	WATTS, Theodore William	-
167	YU CHUN KEUNG MEMORIAL COLLEGE	余振強紀念中學	Ho Chun Hang	何駿鏗
168	YU CHUN KEUNG MEMORIAL COLLEGE	余振強紀念中學	Yang Ho Vincent	楊皓
169	YU CHUN KEUNG MEMORIAL COLLEGE	余振強紀念中學	Chen Yik Fan	陳奕帆
170	YU CHUN KEUNG MEMORIAL COLLEGE	余振強紀念中學	Rahulpreet-Raymond	柏偉文
171	YU CHUN KEUNG MEMORIAL COLLEGE	余振強紀念中學	Lam Haden	林義弦
172	YU CHUN KEUNG MEMORIAL COLLEGE	余振強紀念中學	Hong Weikai	洪煒凱
173	YU CHUN KEUNG MEMORIAL COLLEGE	余振強紀念中學	Lau Wai Kit	劉煒桀
174	YU CHUN KEUNG MEMORIAL COLLEGE	余振強紀念中學	Lai Hoi Shun	黎海信

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Girls Participating List

Bib No.	School Name	學校名稱	Eng_Name	Chi_Name
001	Carmel Pak U Secondary School	迦密柏雨中學	CHEUNG KAM SAU	張金琇
002	Carmel Pak U Secondary School	迦密柏雨中學	WAN HAY YUET JAYDEN	溫熙悅
003	Carmel Pak U Secondary School	迦密柏雨中學	Jiang Tsz Kei	江芷琦
004	Carmel Pak U Secondary School	迦密柏雨中學	WONG YUET TUNG	黃侶佟
005	Carmel Pak U Secondary School	迦密柏雨中學	Tse Ka Nam	謝迦嵐
006	Carmel Pak U Secondary School	迦密柏雨中學	Chung Ho Lam Leona	鍾皓琳
007	Carmel Pak U Secondary School	迦密柏雨中學	NG SUM YU	吳芯渝
008	Carmel Pak U Secondary School	迦密柏雨中學	CHUI JIAO	徐嬌
009	Christian Alliance S C Chan Memorial College	宣道會陳瑞芝紀念中學	Lee Tin Yan Candice	李天恩
010	Christian Alliance S C Chan Memorial College	宣道會陳瑞芝紀念中學	Kou Gaoqi	寇高綺
011	Christian Alliance S C Chan Memorial College	宣道會陳瑞芝紀念中學	Lee Sze Yui Edna	李栖榮
012	Christian Alliance S C Chan Memorial College	宣道會陳瑞芝紀念中學	Cheng Yuen Ting	鄭苑霆
013	Christian Alliance S C Chan Memorial College	宣道會陳瑞芝紀念中學	WU YU WEI	吳娛微
014	Christian Alliance S C Chan Memorial College	宣道會陳瑞芝紀念中學	TANG CHING JAYCY	鄧靖
015	Christian Alliance S C Chan Memorial College	宣道會陳瑞芝紀念中學	JEN HIU YAN	曾曉恩
016	Christian Alliance S C Chan Memorial College	宣道會陳瑞芝紀念中學	CHAN WING HUEN	陳泳萱
017	Cumberland Presbyterian Church Yao Dao Secondary School	金巴崙長老會耀道中學	YAU TSZ CHING	丘芷晴
018	Cumberland Presbyterian Church Yao Dao Secondary School	金巴崙長老會耀道中學	HUANG XINQI	黃欣祺
019	Cumberland Presbyterian Church Yao Dao Secondary School	金巴崙長老會耀道中學	NG KA TUNG	吳嘉彤
020	Cumberland Presbyterian Church Yao Dao Secondary School	金巴崙長老會耀道中學	TANG TSZ YIU	鄧紫瑤
021	Cumberland Presbyterian Church Yao Dao Secondary School	金巴崙長老會耀道中學	FUNG ZI KIU	馮芷喬
022	Cumberland Presbyterian Church Yao Dao Secondary School	金巴崙長老會耀道中學	PANG TSZ CHING	龐紫晴
023	Cumberland Presbyterian Church Yao Dao Secondary School	金巴崙長老會耀道中學	SONG TIAN YU	宋天瑜
024	Diocesan Girls' School	拔萃女書院	Kong Jerika	江瀛
025	Diocesan Girls' School	拔萃女書院	Ho So Yu	何素如
026	Diocesan Girls' School	拔萃女書院	Chow Kiu	周蕎
027	Diocesan Girls' School	拔萃女書院	Wan Ching Yiu Iris	溫靖瑤
028	Diocesan Girls' School	拔萃女書院	Ho Sum Yin	何芯言
029	Diocesan Girls' School	拔萃女書院	Lau Ka Wai	劉嘉慧
030	Diocesan Girls' School	拔萃女書院	Yau Cheuk Yin	邱焯然
031	Diocesan Girls' School	拔萃女書院	Yeung Tin Wing	楊天穎
032	Fanling Kau Yan College	粉嶺救恩書院	LEE LOK CHING	李洛程
033	Fanling Kau Yan College	粉嶺救恩書院	TSUI SHING KI	徐聖淇
034	Fanling Kau Yan College	粉嶺救恩書院	WU XUTONG	吳栩彤
035	Fanling Kau Yan College	粉嶺救恩書院	CHAN SZE LAM	陳思霖
036	Fanling Kau Yan College	粉嶺救恩書院	WU XUXIN	吳栩欣
037	Fanling Kau Yan College	粉嶺救恩書院	LAU YAN TUNG	劉恩彤
038	Fanling Kau Yan College	粉嶺救恩書院	CAI KAIYU	蔡凱語
039	Fanling Kau Yan College	粉嶺救恩書院	CHAN HEE TUNG	陳熙潼
040	Fukien Secondary School	福建中學	WU MAN QI	吳曼祺
041	Fukien Secondary School	福建中學	CHAN BEATRICE	陳芯怡
042	Fukien Secondary School	福建中學	WONG WING YIN	王穎妍
043	Fukien Secondary School	福建中學	CHAN JANNA	陳彥霖
044	Fukien Secondary School	福建中學	CHANG YIU HEI	陳焜希
045	Fukien Secondary School	福建中學	LEUNG SZE YAN	梁詩恩
046	Fukien Secondary School	福建中學	NG HONG YU NADIA	吳康瑜
047	Fukien Secondary School	福建中學	CHOW MUK WOO	周牧和
048	Good Hope School	德望學校	CHAN PAK YIN KATIE	陳柏延
049	Good Hope School	德望學校	CHAN OI YIN	陳愛妍
050	Good Hope School	德望學校	WONG WAN KI	黃蘊祈
051	Good Hope School	德望學校	LEE HAU TING	李考庭
052	Good Hope School	德望學校	LUI YAN TUNG	呂恩桐
053	Good Hope School	德望學校	POON SUM YUET	潘心悅
054	Good Hope School	德望學校	LAM TSZ YEE	林祉兒
055	Good Hope School	德望學校	LEE TSZ YIU	李紫瑤
056	HEEP YUNN SCHOOL	協恩中學	Ng Yuet Hei	吳悅曦
057	HEEP YUNN SCHOOL	協恩中學	Man Lai Ki Nicole	文麗淇
058	HEEP YUNN SCHOOL	協恩中學	YU LONG CHING	余朗晴
059	HEEP YUNN SCHOOL	協恩中學	Guan Tsz Yin	關子妍
060	HEEP YUNN SCHOOL	協恩中學	LI Yuqing	李雨晴
061	HEEP YUNN SCHOOL	協恩中學	Ip Heung Ching	葉向晴
062	HEEP YUNN SCHOOL	協恩中學	YEUNG Hiu Yau	楊曉悠
063	HEEP YUNN SCHOOL	協恩中學	LEUNG Shui Yan	梁瑞昕

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Girls Participating List

Bib No.	School Name	學校名稱	Eng_Name	Chi_Name
064	HKWMA CHU SHEK LUN SECONDARY SCHOOL	香港布廠商會朱石麟中學	LAU WING YI	劉詠怡
065	HKWMA CHU SHEK LUN SECONDARY SCHOOL	香港布廠商會朱石麟中學	NG TSZ YIN	吳芷言
066	HKWMA CHU SHEK LUN SECONDARY SCHOOL	香港布廠商會朱石麟中學	LAW PUI CHI	羅佩芝
067	HKWMA CHU SHEK LUN SECONDARY SCHOOL	香港布廠商會朱石麟中學	HUANG NGA WING	黃雅穎
068	HKWMA CHU SHEK LUN SECONDARY SCHOOL	香港布廠商會朱石麟中學	TSANG SIN KI	曾倩琪
069	HKWMA CHU SHEK LUN SECONDARY SCHOOL	香港布廠商會朱石麟中學	TO WING HEI	杜詠熙
070	HKWMA CHU SHEK LUN SECONDARY SCHOOL	香港布廠商會朱石麟中學	CHUI HOI YING	徐海瑩
071	HKWMA CHU SHEK LUN SECONDARY SCHOOL	香港布廠商會朱石麟中學	YE JIA XI	葉嘉熙
072	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	CHOY KA YEE	蔡嘉儀
073	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	HUEN TSZ LAM	禰紫臨
074	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	WONG LOK YEE	黃焯怡
075	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	LIU Xinyi	劉心怡
076	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	KONG Ka Yu	孔嘉瑜
077	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	YUEN HAU YING	袁巧櫻
078	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	Wong Ching Hei	黃靜熙
079	Hoi Ping Chamber of Commerce Secondary School	旅港開平商會中學	HO CHING YI	何靜宜
080	Jockey Club Ti-I College	賽馬會體藝中學	Wong Wan Tung	黃允彤
081	Jockey Club Ti-I College	賽馬會體藝中學	Hui Hiu Naam	許曉嵐
082	Jockey Club Ti-I College	賽馬會體藝中學	Yiu Wing Hei	姚穎希
083	Jockey Club Ti-I College	賽馬會體藝中學	Leung Tsz Shan	梁子珊
084	Jockey Club Ti-I College	賽馬會體藝中學	Wong Tsz Ching	黃芷晴
085	Jockey Club Ti-I College	賽馬會體藝中學	LEE Tsz Yau	李紫悠
086	Jockey Club Ti-I College	賽馬會體藝中學	Wong Lok Tung	王樂彤
087	Jockey Club Ti-I College	賽馬會體藝中學	Ip Hong Lam Alexis	葉康琳
088	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	YEUNG LOK TUNG	楊灤彤
089	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	CHAN HANG LAM	陳幸林
090	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	HA TIN YUET	夏天悅
091	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	LEE MAN HEI	李旻熹
092	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	YUNG HEI LAAM	容義嵐
093	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	WOO HUI YAN	胡曉欣
094	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	LAU HONG CHING	劉康澄
095	Po Leung Kuk Ngan Po Ling College	保良局顏寶鈴書院	LO HEI MUNG HEBE	盧希夢
096	Pok Oi Hospital Chan Kai Memorial College	博愛醫院陳楷紀念中學	MAK HIU CHING	麥曉晴
097	Pok Oi Hospital Chan Kai Memorial College	博愛醫院陳楷紀念中學	Tse Wing Tung	謝詠彤
098	Pok Oi Hospital Chan Kai Memorial College	博愛醫院陳楷紀念中學	Cheng Ping Hong	鄭炳康
099	Pok Oi Hospital Chan Kai Memorial College	博愛醫院陳楷紀念中學	NG PUI KA	吳貝珈
100	Pok Oi Hospital Chan Kai Memorial College	博愛醫院陳楷紀念中學	WU HUI KIU	胡佩喬
101	Pok Oi Hospital Chan Kai Memorial College	博愛醫院陳楷紀念中學	CHAN TSIK HEI	陳汐晞
102	Pok Oi Hospital Chan Kai Memorial College	博愛醫院陳楷紀念中學	Luo Tsz Yee	羅梓綺
103	Pok Oi Hospital Chan Kai Memorial College	博愛醫院陳楷紀念中學	LIU WAI YING	劉瑋瑩
104	The ELCHK Yuen Long Lutheran Secondary School	基督教香港信義會元朗信義中學	TSE TUNG LING	謝冬寧
105	The ELCHK Yuen Long Lutheran Secondary School	基督教香港信義會元朗信義中學	TSANG LING SUM	曾令心
106	The ELCHK Yuen Long Lutheran Secondary School	基督教香港信義會元朗信義中學	LAI HA PING	賴夏萍
107	The ELCHK Yuen Long Lutheran Secondary School	基督教香港信義會元朗信義中學	SIN CHUI YING	冼翠瑩
108	The ELCHK Yuen Long Lutheran Secondary School	基督教香港信義會元朗信義中學	NG HEI TUNG	吳滄彤
109	The ELCHK Yuen Long Lutheran Secondary School	基督教香港信義會元朗信義中學	LAW WING KI	羅泳棋
110	The ELCHK Yuen Long Lutheran Secondary School	基督教香港信義會元朗信義中學	YE QIANYU	叶千予
111	The ELCHK Yuen Long Lutheran Secondary School	基督教香港信義會元朗信義中學	LI SIN HEI	李善希
112	The South Island School	南島中學	CHEUNG, Wan Yi Christy	張韻兒
113	The South Island School	南島中學	FROIDEVAUX, Nellie Christina	-
114	The South Island School	南島中學	HERMINJARD, Chloe Anna	-
115	The South Island School	南島中學	HUANG, Valerie Yat Tung	黃逸桐
116	The South Island School	南島中學	KOO, Carina Nok Yin	顧諾妍
117	The South Island School	南島中學	LAU, Megan Mary	劉洛楓
118	The South Island School	南島中學	TONG, Leia Chi-lok	唐子洛
119	The South Island School	南島中學	WILLIAMSON, Clemence Athenais Claire M.	-
120	West Island School	西島中學	MAGRATH, Naia Mei	-
121	West Island School	西島中學	PUDWILL, Christine Vipa	-
122	West Island School	西島中學	POON, Jasmine Yan Tung	潘欣桐
123	West Island School	西島中學	O'DONNELL, Zoe Elizabeth	-
124	West Island School	西島中學	FAULKNER, Emily Jane	-
125	West Island School	西島中學	MCMAHON, Tea Susie	-
126	West Island School	西島中學	SZENTES, Reka	-
127	West Island School	西島中學	GILHAM, Safiya Isabella	-