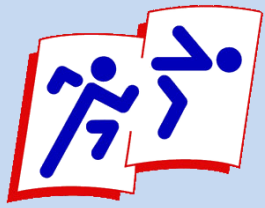


All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

Date: 17 March 2026 (Tuesday)

Time: 09:30 – 12:45

Venue: Tai Lam Country Park, Tai Tong



All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

Competition Schedule

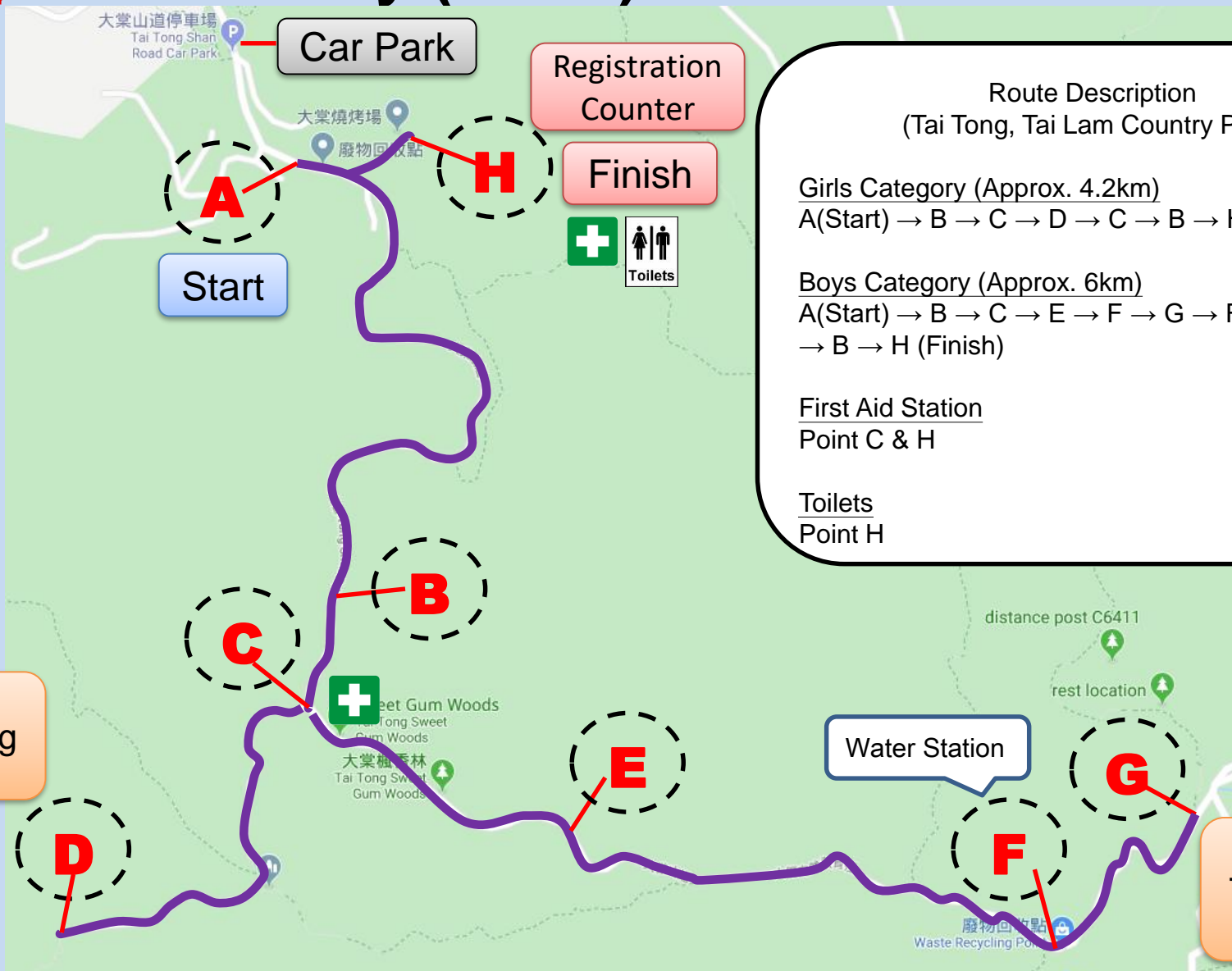
Girls	
09:30-10:00	Reporting Time
10:10	Briefing of Girls' Category (at starting point – Point A)
10:30	Starting Time

Boys	
10:00-10:30	Reporting Time
10:40	Briefing of Boys' Category (at starting point – Point A)
11:00	Starting Time

Prize Presentation
12:00



All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026



Route Description (Tai Tong, Tai Lam Country Park)

Girls Category (Approx. 4.2km)

A(Start) → B → C → D → C → B → H (Finish)

Boys Category (Approx. 6km)

A(Start) → B → C → E → F → G → F → E → C → B → H (Finish)

First Aid Station

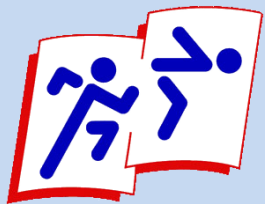
Point C & H

Toilets

Point H

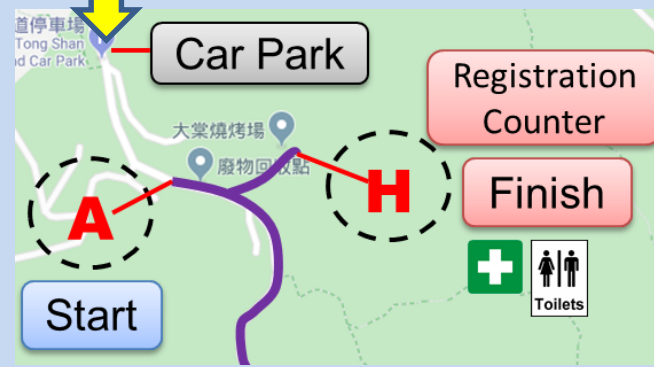
Girls
Turning
Point

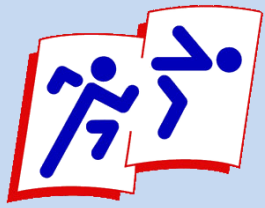
Boys
Turning
Point



All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Car Park (Drop off area)

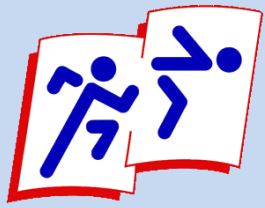




All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

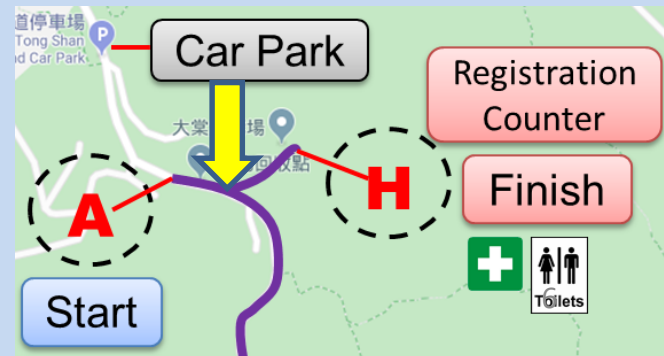
Take a walk to the Registration Counter





All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

Take a walk to the Registration Counter



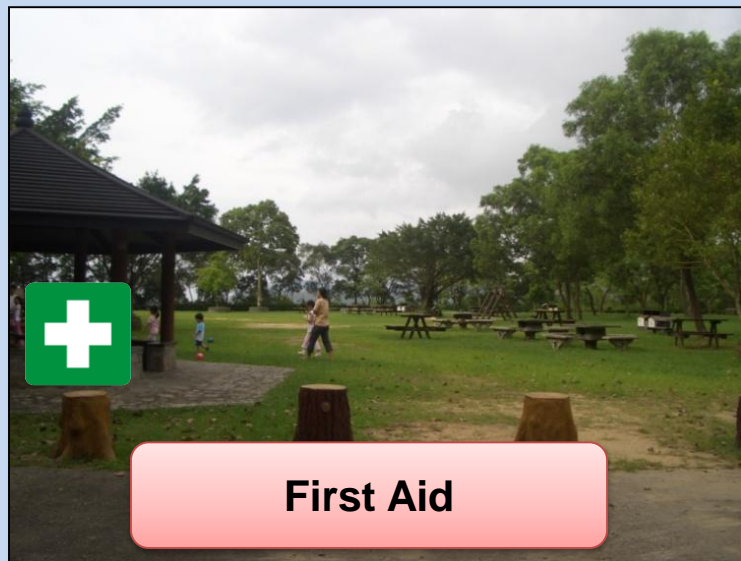


All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

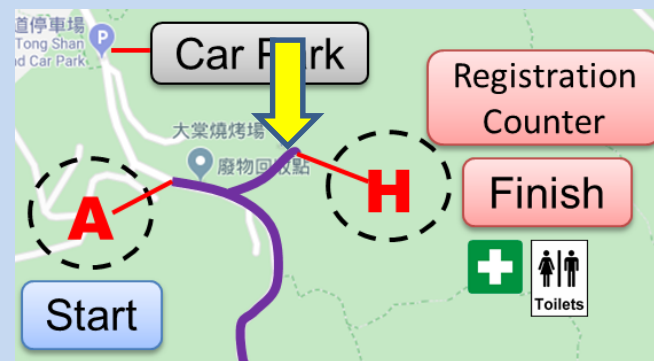
- Registration Counter & First Aid

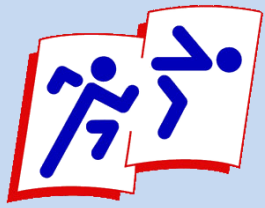


Registration Counter



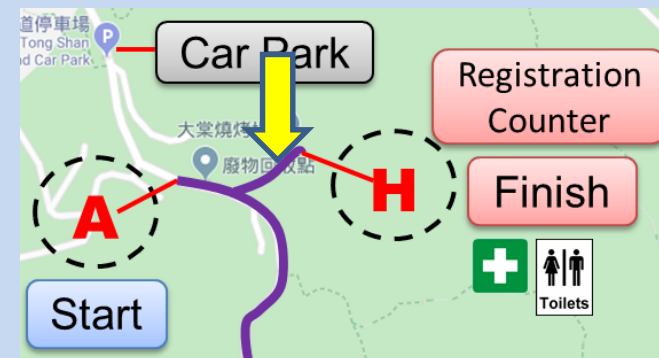
First Aid

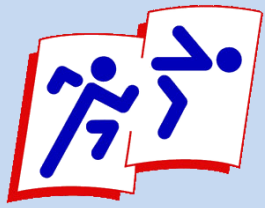




All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Toilet & First Aid





All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Point A (Start) and Briefing

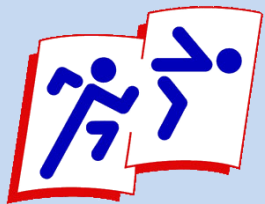


Zone 1 to 8



****Will check electronic student athlete cards AGAIN at Point A before starting**



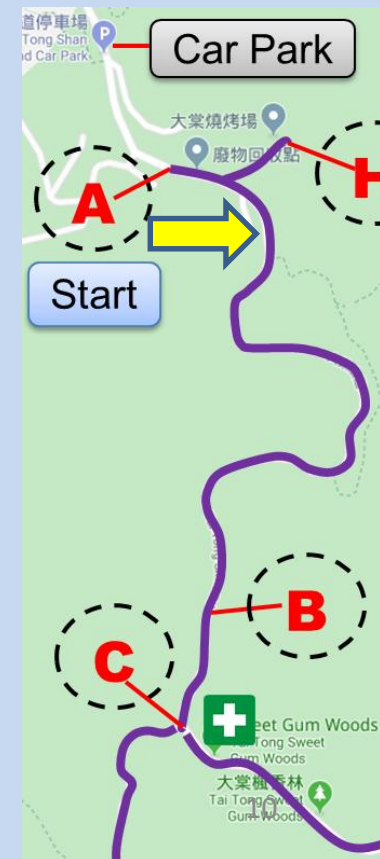


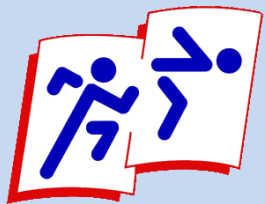
All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Point A (Start) to Point B



Always keep left



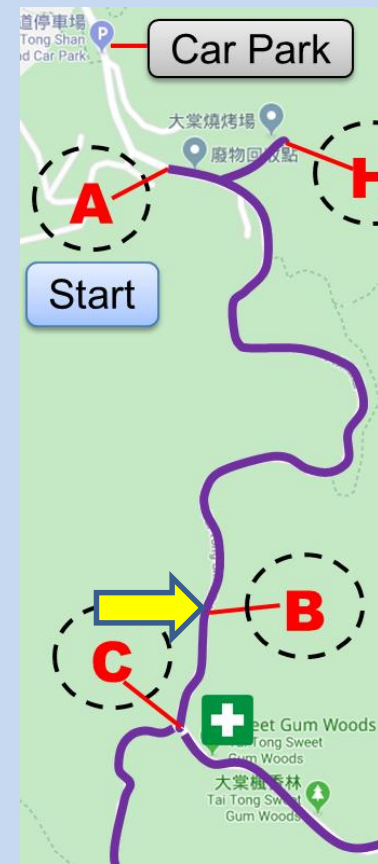


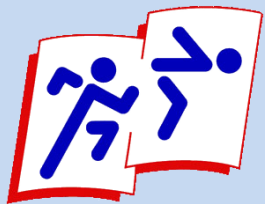
All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Point B



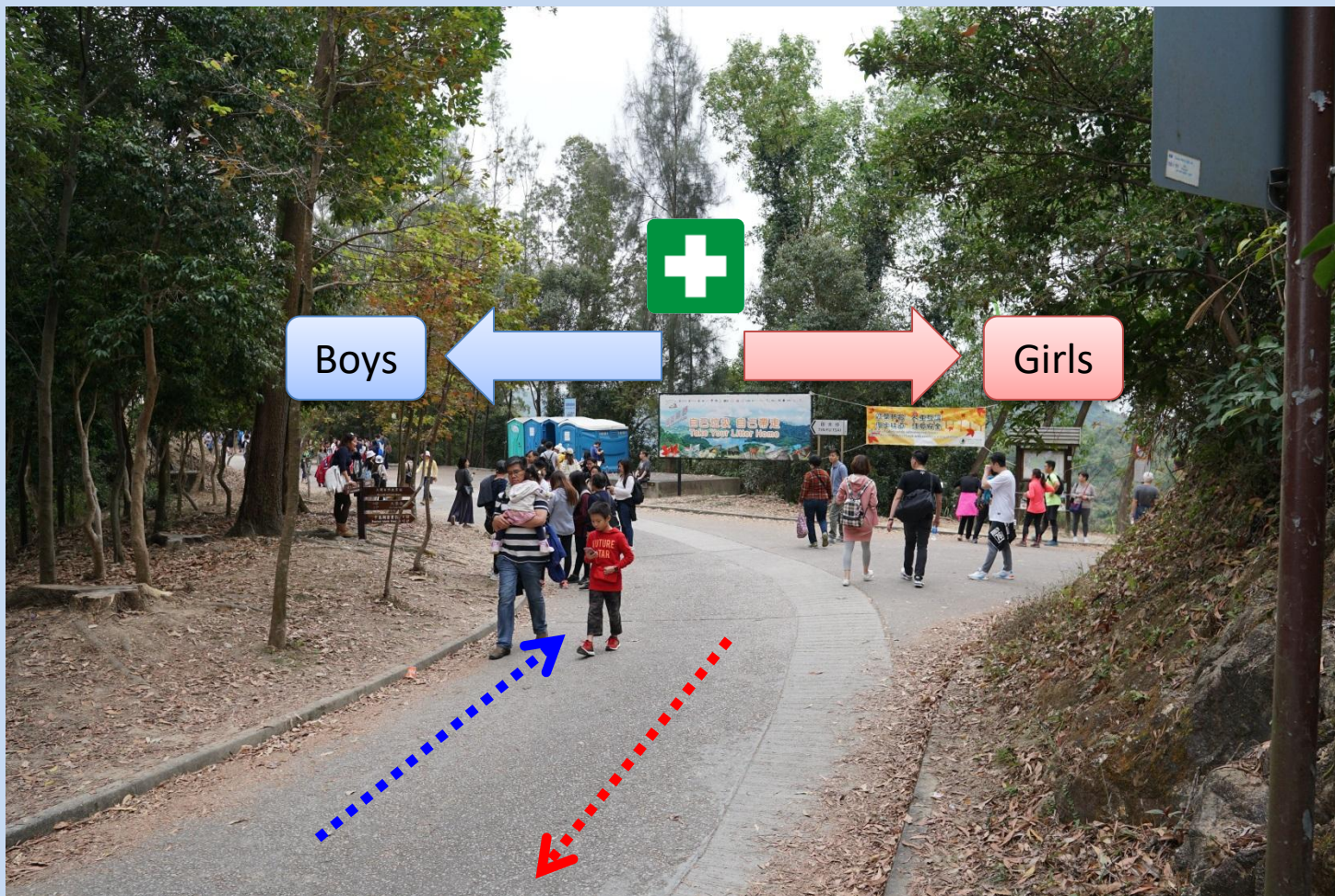
Always keep left



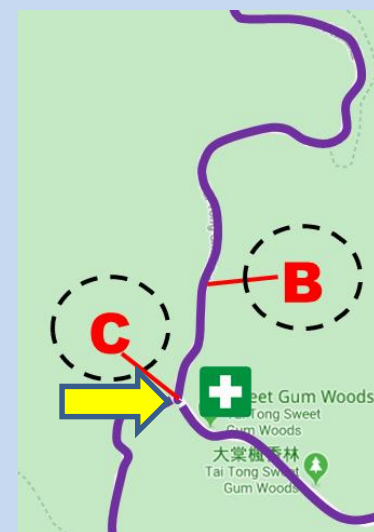


All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Point C



At Point C
Girls turn RIGHT
Boys turn LEFT



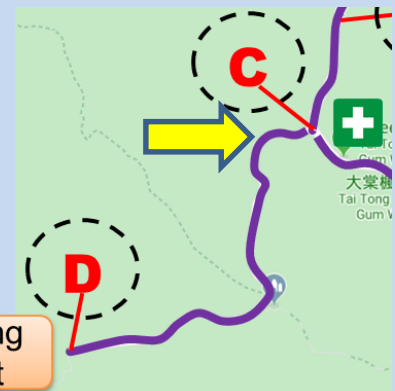


All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Point C to Point D (Girls)



Always keep left



Turning Point

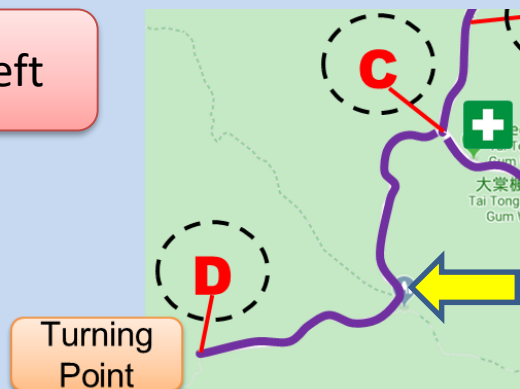


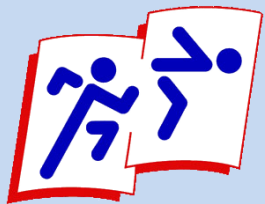
All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Point C to Point D (Girls)



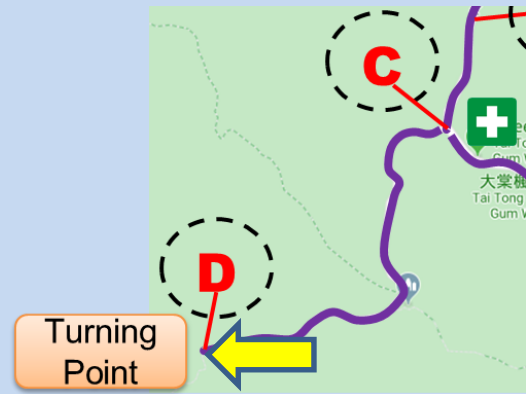
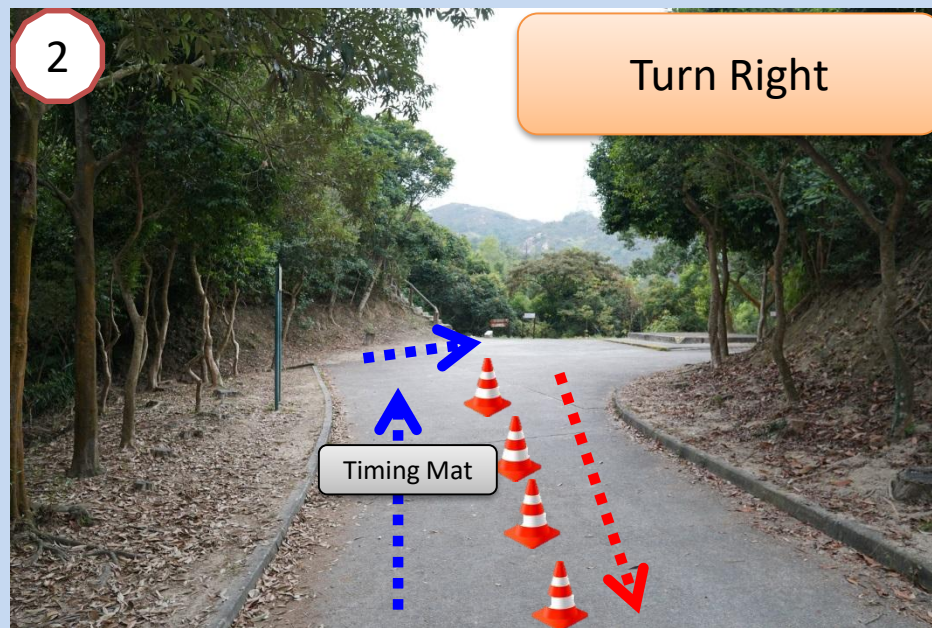
Always keep left

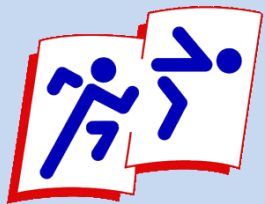




All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

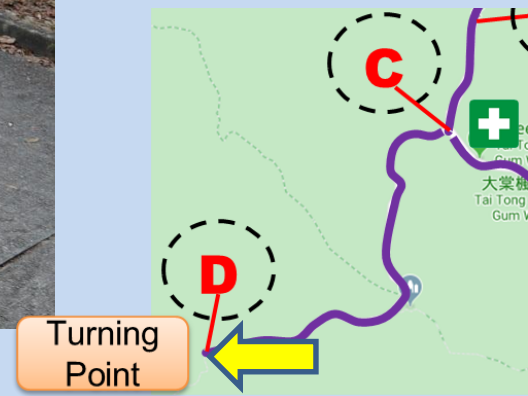
- Point D (Girls)

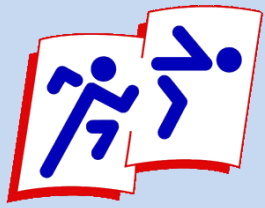




All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Point D (Girls)



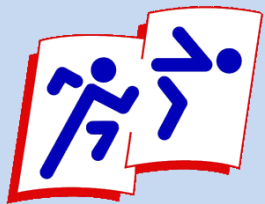


All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Point C

At Point C
Girls turn RIGHT
Boys turn LEFT



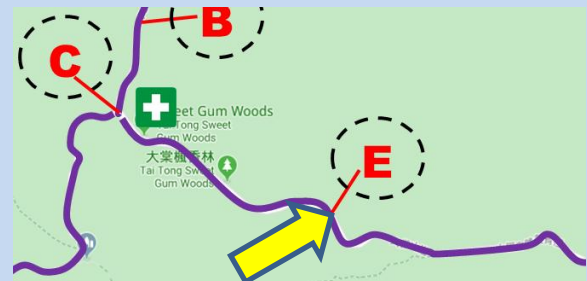


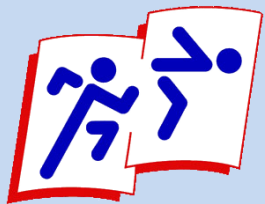
All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Point E (Boys)



Always keep left





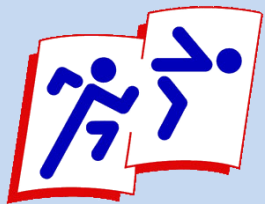
All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Point F (Boys)



Always keep left





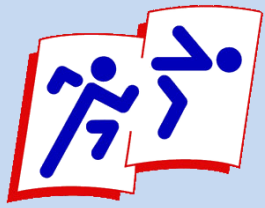
All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Point G (Boys)



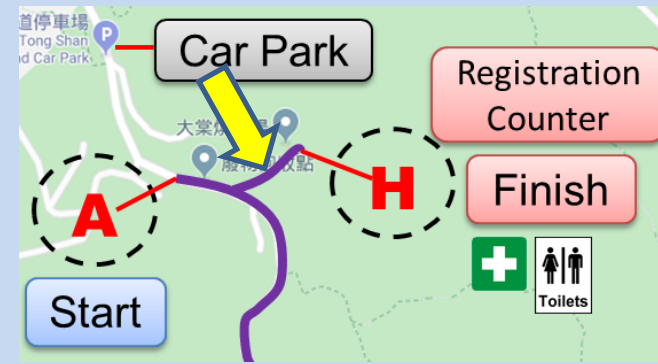
Turn Right

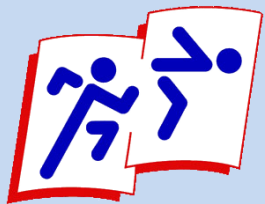




All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

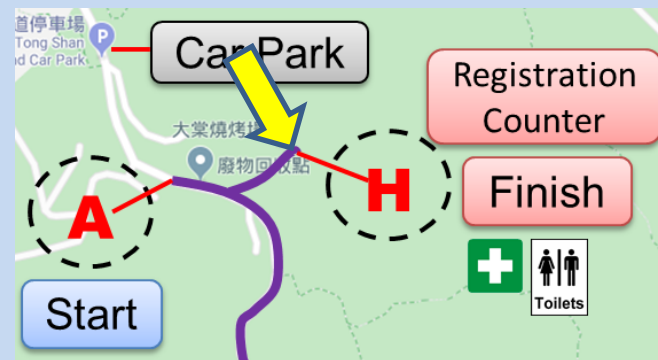
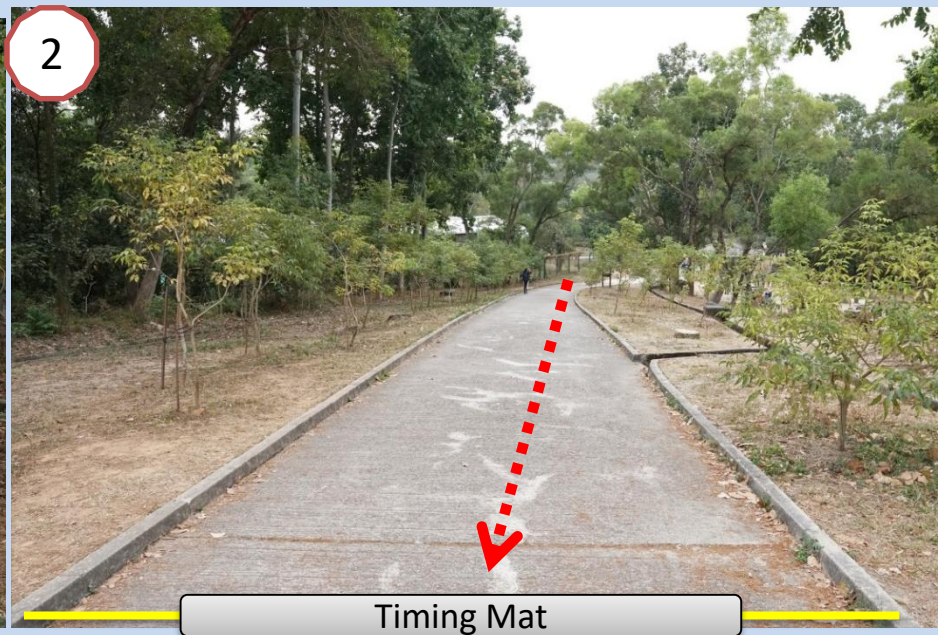
- Point B to Point H

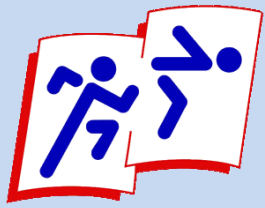




All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

- Point H (Finish)





All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026

~ END ~