



# All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2025-2026



## Route Description (Tai Tong, Tai Lam Country Park)

### Girls Category (Approx. 4.2km)

A(Start) → B → C → D → C → B → H (Finish)

### Boys Category (Approx. 6km)

A(Start) → B → C → E → F → G → F → E → C → B → H (Finish)

### First Aid Station

Point C & H

### Toilets

Point H