香港學界體育聯會 The Hong Kong Schools Sports Federation

第四十二屆亞洲中學生足球 (U18) 錦標賽
The 42nd Asian Schools Football (U18) Championship 2014
(4-14/6/2014, Solo, Indonesia印尼梭羅)

香港學界足球集訓隊 Hong Kong Schools Football Training Team

Training Schedule 集訓時間表

[第一階段訓練 First Stage Training Schedule]

| Month月份 | Date日期 | Time時間 | Venue場地 |
|---------|-----------------------|---------------|---|
| April四月 | 3, 10, 17, 24 (Thu 四) | 17:30 - 19:00 | Po Kong Village Road Park Artificial-Turf Pitch No. 1 蒲崗村道公園仿真草一號足球場 |

[第二階段訓練 Second Stage Training Schedule]

| April四月 | 29 (Tue <u> </u> | 18:00 - 19:30 | Tin Shui Wai Sports Ground 天水圍運動場 |
|---------|-----------------------|---------------|---|
| | 1 (Thu 四) * | 18:00 - 19:30 | Tin Shui Wai Sports Ground |
| | 3 (Sat 六) * | 16:30 - 18:00 | 天水圍運動場 |
| | 6 (Tue) * | 20:00 - 21:30 | Po Tsui Park Football Pitch 寶翠公園足球場 |
| | 13 (Tue) * | 20:00 - 21:30 | Tin Fai Road Sports Centre 天暉路體育館 |
| | 20 (Tue) * | 21:30 - 23:00 | Kowloon Tsai Park Artificial Turf Pitch 1 九龍仔公園仿真草一號足球場 |
| May五月 | 23 (Fri 五) * | 09:30 - 11:00 | Shek Kip Mei Park (Phase III) 石硤尾公園第三期 |
| | 24 (Sat 六) * | 18:00 - 19:30 | Kwong Fuk Park Football Pitch 廣福公園足球場 |
| | 26 (Mon —) * | 19:30 - 21:00 | Yuen Long Stadium 元朗大球場 |
| | 8, 15, 22, 29 (Thu 四) | 17:30 - 19:00 | Po Kong Village Road Park Artificial-Turf Pitch No. 1 蒲崗村道公園仿真草一號足球場 |

^{*} 加堂(場地由教練提供)

Remarks 備註

1) Selected athletes must attend the above training sessions ON TIME, and wear proper sportswear during the training session.

入選運動員必須按照上列集訓時間表出席訓練·並必須<u>準時</u>到達場地及穿著合適運動服裝進行集訓。

2) If athletes are not able to attend the training sessions due to sickness/ personal issues, please return [Leave Notification Form] to HKSSF office prior to the activity via fax or email at the training day. [Leave Notification Form] can be downloaded at HKSSF official website [www.hkssf.org.hk → Jing Ying , Interport and Oversea Competition→Others→ Student Leave Notification Form (Pre-Competition Training Use)]. HKSSF **WOULD NOT ACCEPT** the leave by phone.

運動員因生病/要事未能出席課堂者‧必須填寫「學生請假通知書」‧然後電郵或傳真至學體會請假。「學生請假通知書」可於聯會網頁下載[www.hkssf.org.hk→精英賽、埠際賽及其他海外比賽→其他→學生請請假通知書(賽前集訓適用)]。聯會恕**不接受**電話請假。

3) Contact No. 查詢電話: 2768 8212 Fax No. 傳真號碼: 2768 4525

Email Address 電郵地址: external@hkssf.org.hk