

The Hong Kong Schools Sports Federation
All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2022-2023
Date: 29-3-2023
Tai Tong, Tai Lam Country Park

Boys

Position	BIB	School	Name	姓名	Official Time	Chip Time	Turning Time	Remark
1	025	Diocesan Boys' School	Yip Tsz Hin	葉子軒	0:21:07	0:21:07	0:09:07	
2	026	Diocesan Boys' School	Chan Yui Fung	陳睿鋒	0:21:22	0:21:22	0:09:12	
3	029	Diocesan Boys' School	Mok Pak Fan	莫柏勳	0:21:49	0:21:49	0:09:09	
4	007	Chong Gene Hang College	Gursewak Sarao	高健	0:21:52	0:21:51	0:09:44	
5	039	Fukien Secondary School (Kwun Tong)	Hui Yat Hang	許溢桁	0:21:55	0:21:55	0:09:41	
6	027	Diocesan Boys' School	Chu Lok Yin	朱洛言	0:22:09	0:22:03	0:09:22	
7	037	Fukien Secondary School (Kwun Tong)	Yung Pu Chak	翁溥澤	0:22:26	0:22:24	0:09:37	
8	121	West Island School	Loasby, Jiro Joey	-	0:22:33	0:22:33	0:09:45	
9	028	Diocesan Boys' School	Lam Lok Shi	林樂仕	0:22:39	0:22:39	0:09:18	
10	031	Fanling Kau Yan College	Hau Yu Kwan	侯宇軍	0:22:40	0:22:40	0:09:53	
11	002	Cheung Sha Wan Catholic Secondary School	Chan Ka Hei Cyrus	陳家晞	0:22:43	0:22:43	0:09:44	
12	052	Lam Tai Fai College	Tsang Wai Chun	曾滄滔	0:22:51	0:22:51	0:09:14	
13	030	Diocesan Boys' School	Tsang Kwong Hei	曾廣晞	0:22:55	0:22:50	0:09:13	
14	061	Pui Ching Middle School	Chan Ho	陳灝	0:22:59	0:22:59	0:09:36	
15	127	Yu Chun Keung Memorial College	Shu Hung Cheung	徐鴻璋	0:23:05	0:23:05	0:10:18	
16	103	TWGHs Kwok Yat Wai College	Kwok Chung Hin	郭誦軒	0:23:08	0:23:08	0:09:48	
17	128	Yu Chun Keung Memorial College	Tung Fu Shing	董富盛	0:23:12	0:23:09	0:10:01	
18	001	Cheung Sha Wan Catholic Secondary School	Law Wai Tung	羅偉東	0:23:41	0:23:41	0:10:03	
19	035	Fanling Kau Yan College	Lee Ka Ki	李嘉淇	0:23:46	0:23:46	0:10:26	
20	036	Fanling Kau Yan College	Kong Chi Hong	江智康	0:23:53	0:23:53	0:11:03	
21	122	West Island School	Hall, Tomas Zionede	-	0:24:03	0:24:03	0:10:26	
22	073	Sai Kung Sung Tsun Catholic School (Secondary Section)	Yeh Tsun Wai	葉峻瑋	0:24:13	0:24:13	0:10:51	
23	124	West Island School	Man, Tor Ryan	文天瀚	0:24:20	0:24:15	0:11:01	
24	130	Yu Chun Keung Memorial College	Chen Yik Fa	陳奕帆	0:24:24	0:24:24	0:11:29	
25	009	Chong Gene Hang College	Tsang Matthew Wing Lok	曾榮樂	0:24:29	0:24:26	0:10:41	
26	019	Delia Memorial School (Broadway)	Khan Muzamil	-	0:24:29	0:24:29	0:10:38	
27	041	Fukien Secondary School (Kwun Tong)	Cheung Yuk Kin	張沃鍵	0:24:34	0:24:31	0:11:02	
28	091	STFA Leung Kau Kui College	Cheng Cheuk Nam	鄭卓男	0:24:36	0:24:36	0:10:22	
29	033	Fanling Kau Yan College	Zeng Qingtao	曾慶韜	0:24:43	0:24:43	0:11:15	
30	020	Delia Memorial School (Broadway)	Ali Haider	-	0:24:45	0:24:45	0:10:39	
31	043	H.K. & Kln. Kaifong Women's Association Sun Fong Chung College	Chan Chung Hong	陳頌康	0:24:46	0:24:46	0:11:09	
32	086	St. Paul's College	Yung Cheuk Nam	容卓男	0:25:00	0:25:00	0:10:28	
33	010	Chong Gene Hang College	Wan To Yin	溫道賢	0:25:03	0:24:59	0:11:03	
34	055	New Asia Middle School	Sze Sum Tik	施心迪	0:25:10	0:25:10	0:11:04	
35	087	St. Paul's College	Hung Ling In	孔令弦	0:25:13	0:25:10	0:10:48	
36	034	Fanling Kau Yan College	Wu Ka Chung	吳嘉翀	0:25:19	0:25:13	0:11:27	
37	032	Fanling Kau Yan College	Mak Tsz Yin Daniel	麥子言	0:25:19	0:25:15	0:11:11	
38	092	STFA Leung Kau Kui College	Ng Yuen Ho	吳元昊	0:25:32	0:25:30	0:10:47	
39	105	TWGHs Kwok Yat Wai College	Boateng Samuel Kwasi	森姆寶頓	0:25:33	0:25:29	0:11:09	
40	126	West Island School	Carmichael, Simon Hamish Temujin Fraser	-	0:25:36	0:25:29	0:11:07	
41	044	H.K. & Kln. Kaifong Women's Association Sun Fong Chung College	Chan Wun Hei	陳煥熙	0:25:39	0:25:38	0:11:05	
42	068	Rosaryhill Secondary School	Wood John Charles Temuulen	-	0:25:40	0:25:39	0:10:52	
43	097	Tin Shui Wai Government Secondary School	Yu Cheuk Wing	余卓榮	0:25:41	0:25:39	0:11:03	
44	042	Fukien Secondary School (Kwun Tong)	Lui Lam Anson	呂林	0:25:48	0:25:43	0:11:16	
45	085	St. Paul's College	Liu Tsz Fung	廖子豐	0:25:49	0:25:44	0:11:27	
46	125	West Island School	Blennerhassett, Max Rowland	彼志偉	0:25:50	0:25:50	0:11:09	
47	054	Lam Tai Fai College	Chan Wang Leong	陳弘亮	0:25:50	0:25:46	0:10:50	
48	012	Chong Gene Hang College	Chu Pak Yin	朱栢言	0:25:51	0:25:51	0:11:07	
49	008	Chong Gene Hang College	Wang Junhui	王俊輝	0:25:52	0:25:51	0:11:06	
50	074	Sai Kung Sung Tsun Catholic School (Secondary Section)	Chan Chun Hei	陳俊熙	0:25:54	0:25:54	0:10:53	
51	004	Cheung Sha Wan Catholic Secondary School	Kei Yin	紀彥	0:25:56	0:25:56	0:11:31	
52	003	Cheung Sha Wan Catholic Secondary School	Lo Ka Wai	盧嘉威	0:25:57	0:25:57	0:11:20	
53	038	Fukien Secondary School (Kwun Tong)	Ng Shing Hon	吳承翰	0:25:58	0:25:51	0:11:19	
54	115	TWGHs Sun Hoi Directors' College	Guo Ka Hin	郭鏞軒	0:25:59	0:25:59	0:11:28	
55	013	CNEC Lee I Yao Memorial Sec. Sch.	Chan Yu Hin	陳宇軒	0:26:03	0:26:01	0:11:20	
56	062	Pui Ching Middle School	Nip Long Ho Adrian	聶朗皓	0:26:04	0:26:01	0:11:05	
57	065	Pui Ching Middle School	Choi Man Jit Isaac	蔡文哲	0:26:09	0:26:03	0:11:43	
58	132	Yu Chun Keung Memorial College	Chan Matthew	陳杰鋒	0:26:09	0:26:03	0:11:23	
59	096	STFA Leung Kau Kui College	Law Wing Lap	羅永立	0:26:11	0:26:03	0:11:38	
60	118	TWGHs Sun Hoi Directors' College	Szeto Lap Man	司徒岷岷	0:26:12	0:26:10	0:11:27	
61	081	SKH Li Ping Secondary School	Lui Pak Nap Bernard	呂柏納	0:26:21	0:26:17	0:11:14	
62	040	Fukien Secondary School (Kwun Tong)	Fung Tsz Hin	馮子軒	0:26:21	0:26:15	0:11:20	

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Position	BIB	School	Name	姓名	Official Time	Chip Time	Turning Time	Remark
63	093	STFA Leung Kau Kui College	Tam Pok Hin	譚博騫	0:26:34	0:26:30	0:11:42	
64	058	New Asia Middle School	Wong Hon Ting	黃瀚霆	0:26:35	0:26:31	0:11:29	
65	076	Sai Kung Sung Tsun Catholic School (Secondary Section)	Tung Tin Chi	董天賜	0:26:37	0:26:33	0:12:12	
66	063	Pui Ching Middle School	Choy Ho Long Colin	蔡昊朗	0:27:02	0:27:00	0:10:52	
67	100	Tin Shui Wai Government Secondary School	Wong Wu Yin	黃護然	0:27:03	0:27:03	0:11:22	
68	079	SKH Li Ping Secondary School	Ng Siu Hei	吳少熙	0:27:04	0:27:02	0:11:11	
69	060	New Asia Middle School	Ng Sai Wong	伍世旺	0:27:06	0:27:06	0:12:10	
70	056	New Asia Middle School	Li Zijie	李子杰	0:27:06	0:27:04	0:11:51	
71	066	Pui Ching Middle School	Wong Long Hymn Joshua	王朗謙	0:27:08	0:27:01	0:11:50	
72	089	St. Paul's College	Ng Lucas	吳煜勳	0:27:09	0:27:05	0:10:54	
73	104	TWGHs Kwok Yat Wai College	Chui Tsun Yin	徐浚賢	0:27:10	0:27:07	0:11:25	
74	070	Rosaryhill Secondary School	Lin King Shing Timothy	練景城	0:27:17	0:27:17	0:10:26	
75	123	West Island School	Duangthip, Wee	-	0:27:17	0:27:14	0:11:16	
76	120	TWGHs Sun Hoi Directors' College	Deng Kam Cheung	鄧錦祥	0:27:17	0:27:14	0:11:26	
77	051	Lam Tai Fai College	Chan Ho Yin Michael	陳昊延	0:27:25	0:27:22	0:11:07	
78	016	CNEC Lee I Yao Memorial Sec. Sch.	Chan Tsz Shun	陳子淳	0:27:35	0:27:35	0:11:45	
79	095	STFA Leung Kau Kui College	Mang Cheuk Hong	孟偉匡	0:27:38	0:27:32	0:11:39	
80	005	Cheung Sha Wan Catholic Secondary School	Tang Chi Ho	鄧智浩	0:27:42	0:27:37	0:11:30	
81	080	SKH Li Ping Secondary School	Tong Chun Wai	童俊偉	0:27:46	0:27:46	0:10:38	
82	050	Lam Tai Fai College	Lau Hoi Pak	劉海柏	0:27:47	0:27:47	0:11:43	
83	011	Chong Gene Hang College	Law Tsz Hin	羅梓軒	0:27:50	0:27:44	0:11:54	
84	023	Delia Memorial School (Broadway)	Itaf Maaz Bin	馬俊傑	0:27:51	0:27:48	0:11:15	
85	021	Delia Memorial School (Broadway)	Vaswani Roshan Manohar Sayo	-	0:27:59	0:27:55	0:11:53	
86	075	Sai Kung Sung Tsun Catholic School (Secondary Section)	Wan Chun Hei	溫俊熙	0:28:00	0:28:00	0:12:15	
87	108	TWGHs Kwok Yat Wai College	Yu Jiaxin	余佳鑫	0:28:02	0:27:55	0:12:07	
88	112	TWGHs Mrs. Wu York Yu Memorial College	Cheng Tsz Him	鄭梓謙	0:28:03	0:28:03	0:12:32	
89	107	TWGHs Kwok Yat Wai College	Kwong Wan Yi	鄺允宜	0:28:05	0:27:59	0:12:17	
90	024	Delia Memorial School (Broadway)	Puneet Sangar	-	0:28:09	0:28:02	0:12:08	
91	088	St. Paul's College	Tsui Hin Fung Herman	徐衍鋒	0:28:11	0:28:05	0:11:50	
92	053	Lam Tai Fai College	Tsang Auscar	曾竟瑋	0:28:12	0:28:06	0:10:59	
93	099	Tin Shui Wai Government Secondary School	Wong Yat San Aska	黃逸紳	0:28:12	0:28:09	0:12:02	
94	071	Rosaryhill Secondary School	Lin Chi Shing Keith	練智城	0:28:14	0:28:11	0:10:49	
95	094	STFA Leung Kau Kui College	Lam Tsz Ming	林子銘	0:28:17	0:28:14	0:11:47	
96	064	Pui Ching Middle School	Lee King Sang Garey	李敬生	0:28:27	0:28:22	0:11:56	
97	017	CNEC Lee I Yao Memorial Sec. Sch.	Chan Pak Kiu	陳柏翹	0:28:33	0:28:29	0:12:21	
98	022	Delia Memorial School (Broadway)	Limbu Ayush Anchongwo	-	0:28:35	0:28:30	0:11:56	
99	102	Tin Shui Wai Government Secondary School	Chan Jeffrey	陳俊博	0:28:37	0:28:30	0:11:33	
100	098	Tin Shui Wai Government Secondary School	Chu Ho Pong	朱浩邦	0:28:48	0:28:43	0:12:27	
101	046	H.K. & Kln. Kaifong Women's Association Sun Fong Chung College	Wong Wai Lok	黃偉諾	0:28:54	0:28:47	0:12:10	
102	006	Cheung Sha Wan Catholic Secondary School	Ho Wang Lok	何泓樂	0:28:55	0:28:55	0:12:12	
103	082	SKH Li Ping Secondary School	Wang Sze Yeung	王思揚	0:29:02	0:28:57	0:11:37	
104	084	SKH Li Ping Secondary School	Ye Mao	葉茂	0:29:02	0:28:55	0:11:47	
105	049	Lam Tai Fai College	Wong King Yin	黃競賢	0:29:09	0:29:07	0:11:29	
106	069	Rosaryhill Secondary School	Kwan Ching Po	關鈺溥	0:29:09	0:29:04	0:11:15	
107	057	New Asia Middle School	Wan Yu Chiu	溫宇釗	0:29:16	0:29:13	0:11:49	
108	110	TWGHs Mrs. Wu York Yu Memorial College	Cheung Ho Tin	張灝天	0:29:38	0:29:38	0:11:19	
109	015	CNEC Lee I Yao Memorial Sec. Sch.	Lian Sau Hin	連修顯	0:29:48	0:29:43	0:12:20	
110	045	H.K. & Kln. Kaifong Women's Association Sun Fong Chung College	Lam Wai Pui	林煒培	0:29:50	0:29:46	0:12:12	
111	106	TWGHs Kwok Yat Wai College	Li Yen Yiu	李欽堯	0:29:59	0:29:53	0:12:19	
112	048	H.K. & Kln. Kaifong Women's Association Sun Fong Chung College	Chan Lok Him	陳樂謙	0:30:09	0:30:06	0:11:53	
113	014	CNEC Lee I Yao Memorial Sec. Sch.	Ng Man Hei	吳文熹	0:30:13	0:30:11	0:11:56	
114	114	TWGHs Mrs. Wu York Yu Memorial College	Tai Wa Kong	戴華江	0:30:34	0:30:30	0:12:27	
115	101	Tin Shui Wai Government Secondary School	Lau Tsz Ho	劉梓浩	0:30:37	0:30:29	0:11:52	
116	109	TWGHs Mrs. Wu York Yu Memorial College	Lam Chung Sum	林宗琛	0:30:57	0:30:57	0:12:34	
117	059	New Asia Middle School	Man Tsz Yin	文子賢	0:30:59	0:30:59	0:12:18	
118	047	H.K. & Kln. Kaifong Women's Association Sun Fong Chung College	Fong Pak Kiu	方栢翹	0:31:05	0:30:58	0:12:34	
119	117	TWGHs Sun Hoi Directors' College	Chan Cheuk Long	陳緯朗	0:31:15	0:31:10	0:12:42	
120	090	St. Paul's College	Lam Wai Nok	林滄諾	0:31:20	0:31:13	0:12:53	
121	077	Sai Kung Sung Tsun Catholic School (Secondary Section)	Cheng Kin Yat	鄭健一	0:31:31	0:31:31	0:13:01	
122	067	Rosaryhill Secondary School	Wong Yuk Hei	黃煜熙	0:31:37	0:31:32	0:13:43	
123	129	Yu Chun Keung Memorial College	Chor Wai Pang	左偉鵬	0:32:54	0:32:50	0:11:40	
124	131	Yu Chun Keung Memorial College	Chen Shun Tin	陳信典	0:32:55	0:32:49	0:12:31	

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Position	BIB	School	Name	姓名	Official Time	Chip Time	Turning Time	Remark
125	072	Rosaryhill Secondary School	Chan Tsz Kong	陳梓剛	0:33:00	0:32:53	0:11:40	
126	116	TWGHs Sun Hoi Directors' College	Deng Kam Hung	鄧錦鴻	0:34:42	0:34:34	0:13:46	
127	113	TWGHs Mrs. Wu York Yu Memorial College	Chan Pak Hin	陳柏軒	0:34:47	0:34:42	0:13:28	
128	018	CNEC Lee I Yao Memorial Sec. Sch.	Chu Wai Cheong	朱瑋鏘	0:35:33	0:35:27	0:13:04	
129	083	SKH Li Ping Secondary School	Lam Tsz Hoi	林子凱	0:36:52	0:36:45	0:13:58	
130	119	TWGHs Sun Hoi Directors' College	Yu Tsun Hei Ryan	余浚曦	-	-	0:13:16	DNF

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Girls

Position	BIB	School	Name	姓名	Official Time	Chip Time	Turning Time	Remark
1	025	Good Hope School	Chan Pak Yin Katie	陳柏延	0:15:05	0:15:05	0:07:10	
2	038	Heep Yunn School	Man Lai Ki	文麗淇	0:15:21	0:15:18	0:07:10	
3	037	Heep Yunn School	Guan Tsz Yin	關子妍	0:15:25	0:15:25	0:07:21	
4	114	West Island School	Tobback, Maya	-	0:15:53	0:15:51	0:07:11	
5	013	Diocesan Girls' School	Wong Jit	黃哲	0:16:06	0:16:06	0:07:27	
6	029	Good Hope School	Poon Sum Yuet	潘心悅	0:16:10	0:16:10	0:07:33	
7	026	Good Hope School	Lam Tsz Yee	林祉兒	0:16:12	0:16:10	0:07:36	
8	014	Diocesan Girls' School	Kong Jerika	江瀛	0:16:18	0:16:16	0:07:35	
9	039	Heep Yunn School	Kwok Sze Ming	郭思銘	0:16:23	0:16:20	0:07:33	
10	053	Jockey Club Ti-I College	Wong Hillary	黃心怡	0:16:26	0:16:26	0:07:27	
11	061	Shatin Tsung Tsin Secondary School	Shum Chung Ning	岑頌寧	0:16:32	0:16:32	0:07:36	
12	098	STFA Leung Kau Kui College	Chow Wing Lam	周泳林	0:16:36	0:16:36	0:07:53	
13	022	Fukien Secondary School (Kwun Tong)	Tang Yuen Shuen	鄧琬璇	0:16:37	0:16:37	0:07:37	
14	079	St. Margaret's Co-Educational English Secondary and Primary School	Tsang Hayley	曾熹兒	0:16:39	0:16:38	0:07:36	
15	115	West Island School	Work, Charlotte Alisha	韋睿	0:16:39	0:16:37	0:07:43	
16	081	St. Margaret's Co-Educational English Secondary and Primary School	Kwong Tsz Yu	鄺芷羽	0:16:46	0:16:42	0:07:38	
17	041	Heep Yunn School	Tian Mui Hing	田梅卿	0:16:56	0:16:51	0:08:01	
18	049	Jockey Club Ti-I College	Lau Ka Wai	劉嘉慧	0:17:02	0:17:00	0:07:58	
19	028	Good Hope School	Law Mei Hang	羅美行	0:17:03	0:16:58	0:07:54	
20	030	Good Hope School	Lee Tsz Yiu	李紫瑤	0:17:05	0:16:58	0:08:03	
21	062	Shatin Tsung Tsin Secondary School	Yu Long Ching	余朗晴	0:17:07	0:17:04	0:08:05	
22	015	Diocesan Girls' School	Chan Mei Yan	陳美昕	0:17:16	0:17:13	0:07:43	
23	017	Diocesan Girls' School	Yau Man Hei Meri	丘汶希	0:17:17	0:17:12	0:08:06	
24	001	AD & FD POHL Leung Sing Tak College	Ng Yuet Hei	吳悅曦	0:17:21	0:17:18	0:07:48	
25	040	Heep Yunn School	Li Christina	李沛嘉	0:17:24	0:17:19	0:08:02	
26	050	Jockey Club Ti-I College	Wong Lok Tung	王樂彤	0:17:25	0:17:22	0:08:06	
27	118	West Island School	Mcmahon, Tea Susie	-	0:17:26	0:17:20	0:08:15	
28	018	Diocesan Girls' School	Lok Wing Sum	駱穎芯	0:17:32	0:17:27	0:07:59	
29	052	Jockey Club Ti-I College	Tang Hiu Tung	鄧曉桐	0:17:32	0:17:26	0:08:05	
30	042	Heep Yunn School	Lo Lok Tung	羅洛桐	0:17:36	0:17:30	0:08:16	
31	051	Jockey Club Ti-I College	Wong Wan Tung	黃允彤	0:17:36	0:17:30	0:08:10	
32	080	St. Margaret's Co-Educational English Secondary and Primary School	Lo Tsz Ching	盧祉澄	0:17:42	0:17:42	0:07:49	
33	086	St. Mary's Canossian College	Szeto, Emmie Chi Ching	司徒芷晴	0:17:48	0:17:46	0:08:22	
34	116	West Island School	Magrath, Naia Mei	-	0:17:52	0:17:48	0:08:07	
35	119	West Island School	Pudwill, Christine Vipa	-	0:17:53	0:17:46	0:08:12	
36	008	Baptist Wing Lung Secondary School	Chan Yim Chi	陳艷姿	0:17:53	0:17:53	0:08:28	
37	054	Jockey Club Ti-I College	Man Hoi Ying	文凱瑩	0:18:09	0:18:03	0:08:31	
38	016	Diocesan Girls' School	Tao Hoi Ting	杜愷庭	0:18:20	0:18:13	0:08:12	
39	007	Baptist Wing Lung Secondary School	Saffa-Fiaz	徐芷琪	0:18:59	0:18:59	0:08:24	
40	096	STFA Leung Kau Kui College	Zhang Hing Yi	張馨兒	0:19:01	0:18:56	0:08:57	
41	082	St. Margaret's Co-Educational English Secondary and Primary School	Chan Tsz Yin	陳梓賢	0:19:03	0:18:57	0:09:02	
42	100	STFA Leung Kau Kui College	Tang Tsz Kiu	鄧芷喬	0:19:10	0:19:06	0:09:01	
43	101	STFA Leung Kau Kui College	Leung Hui Ching	梁曉晴	0:19:14	0:19:08	0:09:01	
44	085	St. Mary's Canossian College	Yau, Tsz Tung Aubrey	丘芷彤	0:19:18	0:19:18	0:08:28	
45	090	STFA Lee Shau Kee College	Wu Ka Wai	吳嘉慧	0:19:20	0:19:20	0:09:05	
46	027	Good Hope School	Wong Wan Ki	黃蘊祈	0:19:20	0:19:17	0:07:55	
47	064	Shatin Tsung Tsin Secondary School	Chan Suki	陳淑琪	0:19:23	0:19:18	0:08:58	
48	044	Heung To Middle School (Tai Hang Tung)	Zhang Yuqing	張雨晴	0:19:26	0:19:26	0:09:24	
49	117	West Island School	Cheng, Zoe Jane	鄭祖兒	0:19:32	0:19:27	0:08:35	
50	109	Tin Shui Wai Methodist College	Poon Man Kei	潘文琦	0:19:34	0:19:31	0:08:49	
51	108	Tin Shui Wai Methodist College	Zhang Sum Yuet	張心悅	0:19:34	0:19:34	0:08:32	
52	031	H.K. & Kln. Kaifong Women's Association Sun Fong Chung College	Cheung Ho Yan	張可欣	0:19:35	0:19:35	0:09:20	
53	023	Fukien Secondary School (Kwun Tong)	Chow Man Kwan	周汶筠	0:19:36	0:19:34	0:08:39	
54	063	Shatin Tsung Tsin Secondary School	Ho Tung Ching	何冬晴	0:19:43	0:19:39	0:09:03	
55	055	Queen Elizabeth Sch. Old Students' Assn. Sec. Sch.	Chan Yuen Lam	陳婉霖	0:19:45	0:19:45	0:09:06	
56	009	Baptist Wing Lung Secondary School	Chan Sze Leung	陳思良	0:19:53	0:19:49	0:08:56	
57	011	Baptist Wing Lung Secondary School	Yu Hoi Tik	余海迪	0:19:54	0:19:54	0:09:22	
58	084	St. Margaret's Co-Educational English Secondary and Primary School	Lai Hou Yan Tara	黎昊恩	0:19:56	0:19:49	0:09:40	
59	066	Shatin Tsung Tsin Secondary School	Kong Hei Yi	江希兒	0:19:58	0:19:51	0:09:40	
60	019	Fukien Secondary School (Kwun Tong)	Chan Beatrice	陳芯怡	0:19:59	0:19:54	0:09:23	
61	020	Fukien Secondary School (Kwun Tong)	Wong Wing Yin	王穎妍	0:20:00	0:19:54	0:09:27	
62	072	SKH Kei Hau Secondary School	Mok Wai Yan	莫瑋恩	0:20:03	0:20:03	0:09:08	

The Hong Kong Schools Sports Federation
All Hong Kong Schools Jing Ying Cross Country (Team) Tournament 2022-2023
Date: 29-3-2023
Tai Tong, Tai Lam Country Park

Girls

Position	BIB	School	Name	姓名	Official Time	Chip Time	Turning Time	Remark
63	043	Heung To Middle School (Tai Hang Tung)	Leung Yuet Tung Enya	梁月彤	0:20:07	0:20:07	0:09:04	
64	110	Tin Shui Wai Methodist College	Poon Yan Kei	潘忻琦	0:20:08	0:20:05	0:09:05	
65	099	STFA Leung Kau Kui College	Yip Ching Man	葉靜文	0:20:10	0:20:02	0:09:22	
66	083	St. Margaret's Co-Educational English Secondary and Primary School	Tsang Yuet Tung	曾悅潼	0:20:11	0:20:05	0:09:17	
67	021	Fukien Secondary School (Kwun Tong)	Tong Wing Yan Michelle	湯穎欣	0:20:18	0:20:15	0:09:22	
68	060	Queen Elizabeth Sch. Old Students' Assn. Sec. Sch.	Leung Wing Sze	梁詠思	0:20:20	0:20:20	0:09:38	
69	065	Shatin Tsung Tsin Secondary School	Chung Nga Ching	鍾雅晴	0:20:22	0:20:16	0:09:11	
70	088	St. Mary's Canossian College	Chow, Sze Lok	鄒思樂	0:20:23	0:20:23	0:09:12	
71	097	STFA Leung Kau Kui College	Lin Ka Wai	連珈唯	0:20:33	0:20:30	0:09:04	
72	068	SKH Kei Hau Secondary School	Kwan Wing Yan	關詠欣	0:20:37	0:20:34	0:09:49	
73	074	SKH Lam Woo Memorial Secondary School	Yip Sum Kiu Grace	葉心橋	0:20:44	0:20:41	0:09:46	
74	033	H.K. & Kln. Kaifong Women's Association Sun Fong Chung College	Ng Lok Ching	吳洛澄	0:20:45	0:20:42	0:09:32	
75	095	STFA Lee Shau Kee College	Lee Lok Yan	李樂恩	0:20:46	0:20:43	0:09:54	
76	105	Tin Ka Ping Secondary School	Wong Hei Lam	黃熙琳	0:20:48	0:20:45	0:09:44	
77	047	Heung To Middle School (Tai Hang Tung)	Leung Man Wai	梁文蔚	0:20:48	0:20:41	0:09:35	
78	112	Tin Shui Wai Methodist College	Wong Man Hei	黃敏晞	0:20:57	0:20:51	0:09:31	
79	075	SKH Lam Woo Memorial Secondary School	Chan Sum Ying	陳芯瑩	0:21:00	0:21:00	0:09:57	
80	107	Tin Ka Ping Secondary School	Ng Hoi Yin	伍愷妍	0:21:01	0:20:53	0:09:44	
81	087	St. Mary's Canossian College	Cheung, Hau Nok Abby	張巧諾	0:21:02	0:20:58	0:08:57	
82	073	SKH Lam Woo Memorial Secondary School	Cheung Ching Yau Yolanda	張婧柔	0:21:03	0:21:03	0:09:41	
83	010	Baptist Wing Lung Secondary School	Yeung Ching Yan	楊靖欣	0:21:04	0:20:58	0:10:14	
84	103	Tin Ka Ping Secondary School	Wong King Tsang	黃景禎	0:21:04	0:21:04	0:09:40	
85	094	STFA Lee Shau Kee College	Ng Chau Ying	吳秋瑩	0:21:06	0:20:59	0:10:02	
86	024	Fukien Secondary School (Kwun Tong)	Leung Lok Ching	梁樂澄	0:21:06	0:21:00	0:09:36	
87	003	AD & FD POHL Leung Sing Tak College	Siu Pui Ki, Peggy	蕭佩琪	0:21:09	0:21:09	0:09:11	
88	036	H.K. & Kln. Kaifong Women's Association Sun Fong Chung College	Chan Ngo Lam	陳傲藍	0:21:11	0:21:05	0:09:38	
89	005	AD & FD POHL Leung Sing Tak College	Gao Meng Ting	高夢婷	0:21:12	0:21:06	0:10:20	
90	102	Tin Ka Ping Secondary School	Kwong Tsz Nok	鄺子諾	0:21:14	0:21:08	0:09:58	
91	111	Tin Shui Wai Methodist College	Leung Cheuk Ying	梁卓瑩	0:21:29	0:21:24	0:09:42	
92	057	Queen Elizabeth Sch. Old Students' Assn. Sec. Sch.	Wong Siu Ting	黃筱婷	0:21:29	0:21:24	0:10:10	
93	069	SKH Kei Hau Secondary School	Kwan Man Ching	關文晴	0:21:34	0:21:34	0:09:38	
94	071	SKH Kei Hau Secondary School	Wu Yee Lam	吳依霖	0:21:36	0:21:31	0:09:54	
95	059	Queen Elizabeth Sch. Old Students' Assn. Sec. Sch.	Lee Kit Ying	李杰熒	0:21:40	0:21:32	0:10:11	
96	104	Tin Ka Ping Secondary School	Yu Wing Lam	余詠琳	0:21:46	0:21:41	0:09:53	
97	077	SKH Lam Woo Memorial Secondary School	Lung Tsz Tung	龍芷潼	0:21:47	0:21:42	0:10:10	
98	056	Queen Elizabeth Sch. Old Students' Assn. Sec. Sch.	Wong Ying Fei	黃映斐	0:21:56	0:21:52	0:09:57	
99	067	SKH Kei Hau Secondary School	Chan Hiu Yee	陳曉儀	0:21:59	0:21:53	0:09:59	
100	032	H.K. & Kln. Kaifong Women's Association Sun Fong Chung College	Wong Tsun Ki	黃濠淇	0:21:59	0:21:56	0:09:40	
101	002	AD & FD POHL Leung Sing Tak College	Lau Yee Pui	劉綺佩	0:22:02	0:22:00	0:09:51	
102	012	Baptist Wing Lung Secondary School	Chau Tsz Yau	周芷悠	0:22:05	0:21:58	0:10:16	
103	058	Queen Elizabeth Sch. Old Students' Assn. Sec. Sch.	Kan Wing Hai	鄺穎瑜	0:22:11	0:22:04	0:10:09	
104	004	AD & FD POHL Leung Sing Tak College	Lai Kwai Yin	黎桂妍	0:22:17	0:22:13	0:10:16	
105	070	SKH Kei Hau Secondary School	Sit Pui Tung	薛珮彤	0:22:21	0:22:13	0:10:12	
106	076	SKH Lam Woo Memorial Secondary School	Chun Ting Na	秦定娜	0:22:27	0:22:27	0:10:09	
107	091	STFA Lee Shau Kee College	Fan Sze Ki	范思祺	0:22:27	0:22:22	0:10:34	
108	106	Tin Ka Ping Secondary School	Kan Wai Nam Chloe	簡蔚楠	0:22:30	0:22:25	0:10:03	
109	092	STFA Lee Shau Kee College	Choi Yi Man	蔡伊汶	0:22:33	0:22:29	0:10:19	
110	093	STFA Lee Shau Kee College	Wang Yan Lam	王恩琳	0:22:42	0:22:42	0:10:14	
111	046	Heung To Middle School (Tai Hang Tung)	Cheung Ka Foo	張嘉芙	0:23:05	0:23:01	0:09:42	
112	113	Tin Shui Wai Methodist College	Chan Li Tung	陳理彤	0:23:07	0:22:59	0:10:04	
113	078	SKH Lam Woo Memorial Secondary School	Lee Yan Sin	李欣蓓	0:23:07	0:23:00	0:10:49	
114	034	H.K. & Kln. Kaifong Women's Association Sun Fong Chung College	Cheng Tin Sum	鄭田心	0:23:23	0:23:18	0:10:12	
115	045	Heung To Middle School (Tai Hang Tung)	Chau Hiu Yuk	周曉玉	0:23:51	0:23:47	0:10:23	
116	035	H.K. & Kln. Kaifong Women's Association Sun Fong Chung College	Chan Pui Kwan	陳珮君	0:24:11	0:24:04	0:10:42	
117	048	Heung To Middle School (Tai Hang Tung)	Li Man Hei	李汶滢	0:25:27	0:25:19	0:10:37	
118	006	AD & FD POHL Leung Sing Tak College	Hosokawa, Takala	細川寶	0:26:12	0:26:04	0:11:11	
119	089	St. Mary's Canossian College	Tsui, Hoi Kiu Mia	徐海菁	0:31:04	0:30:57	0:12:12	